[in]visible

the dragon 2012

[in]visible

visible

6 sports
48 academics

[in]visible

72 mugshots & spotlights

invisible

130 student life
150 organizations

reference

188 senior ads
202 index



[in]visible

2012 Dragon Volume 65
6501 NW 62nd Avenue
Johnston, Iowa 50131
515.278.0449
Fax 515.276.5795
Enrollment 1,310



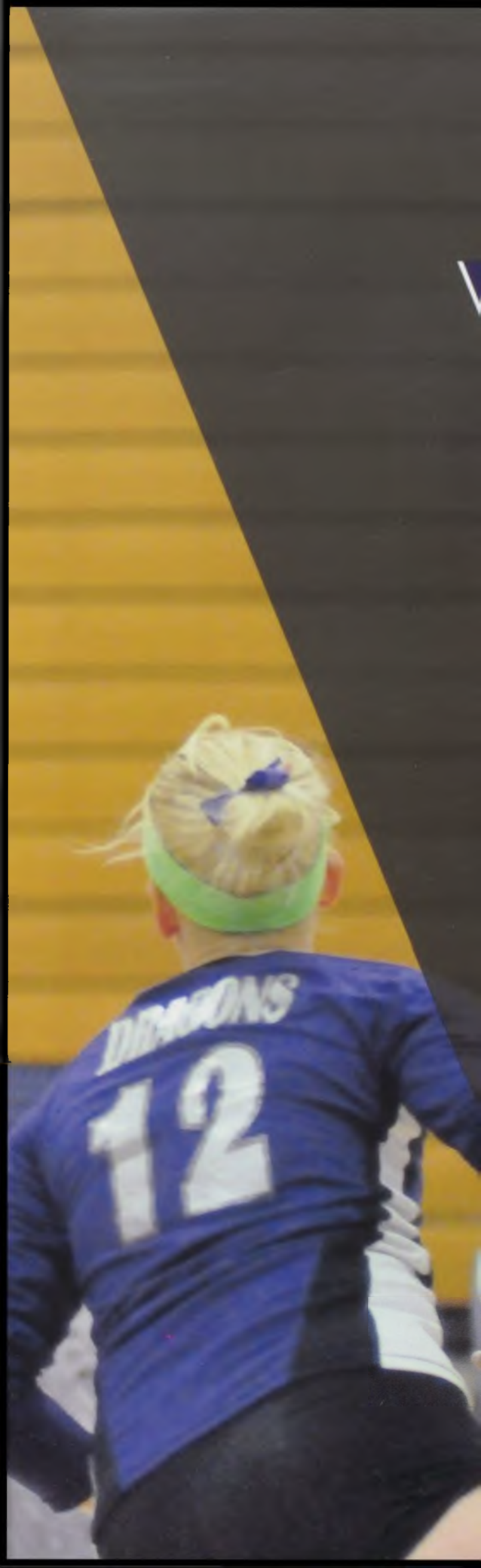
[in]visible

A content shift for the "Black and White." The death of Steve Jobs. A Chuck-A-Duck fundraiser to support a fellow swimmer. The 10-year anniversary of the Sept. 11 terrorist attacks. The loss of two district students. We live our days by moments and by experiences. We observe these events closely and draw conclusions based on their perceived impact. Some seem insignificant and pass us by, while others become defining moments in our lives. There is much to absorb in just one, single year and the result of your observations depends upon your own perceptions of reality. This compilation of your year at JHS is based on visible and invisible moments. Let the unveiling begin.

copy by lisa friesth

Hitting a forehand volley, junior Blake Lipzinski competes at a home meet against Ankeny. Lipzinski dropped two matches to a tough Ankeny JV team April 17.
photo by anna lam


18


DRAGONS
12

visible

[6] sports
[48] academics

Within these pages you will find the record of your reality - the easily-identifiable events that define your high school career. Friday night football. Winners of a logo creation contest. A boys' basketball double-overtime victory over our neighbor rivals. The switch to year-long science classes. These typified major events appear in your everyday lives as a high school student. The Dragon is here to help enhance your observations of this visible reality.

copy by lisa friesth

Setting the ball for junior Sanna Rassmussen, sophomore Melinda Paszkiewicz plays against Ottumwa on Aug. 30. The girls won 3-1 and finished the year 23-13.
photo by lisa friesth

ames	**2-0**
valley	**1-4**
boone	**9-0**
marshalltown	**13-0/5-2**
dallas center grimes	**3-6**
dsm east	**6-4/10-0**
s.e. polk	**6-13/2-12**
ankeny	**4-2/2-7**
waukee	**5-0**
urbandale	**2-9/2-10**
indianola	**3-1/4-5**
ottumwa	**7-9/10-5**
dowling catholic	**1-13/0-11**
s.e. polk	**2-4/7-5**
dsm lincoln	**5-2**
ankeny	**4-3/0-6**
urbandale	**5-6/11-2**
bettendorf	**5-6**
norwalk	**9-0**
indianola	**9-6/5-0**
dowling catholic	**2-3/13-3**
dsm roosevelt	**9-4/7-2**
ottumwa	**3-0**
substate	
valley	**4-2**
dsm roosevelt	**2-3**
overall record	**22-17**



Stealing home plate, graduate Mitch Bruckshaw slides across to score after a wild pitch against Roosevelt. Bruckshaw scored the first run in a 7-2 victory.
photo by helen lagerblade



Attempting to get on first base, senior Ben Larpenter tries to outrun the ball coming towards Roosevelt's first baseman. Larpenter scored a run after senior Cody Brenner hit a double.
photo by helen lagerblade



Senior Derek Winchester hits a foul tip during the Ankeny game. During the season, Winchester scored 10 runs out of his 81 at-bats.
photo by nicole gibbons



Making a double play, senior Cody Brenner throws the ball to first baseman, graduate DJ Swift during a Roosevelt game. The double play was completed, making it one of the two doubles achieved in the game.
photo by helen lagerblade



Lunging for the catch, graduate DJ Swift makes the final out of the second game against Roosevelt in a double header. Swift played first base during both games.
photo by helen lagerblade



Junior Joe Hawks pitches during the S.E. Polk JV game as junior Travis Brenner readies to catch. "I like to listen to Eminem or John Mayer to get relaxed (before the game)," Hawks said. "I think it gets you in a state of mind where you can't get rattled."
photo by bonnie lepage

an *unexpected* twist



"I was surprised that we lost to Roosevelt (during substate). Since we beat them two times earlier, we thought we would just roll over them. They were hitting shots in gaps all night, it was unlucky."

Jeff Pavelka '12



"Something that happened that I thought was unexpected was probably the amount of people we had hurt each week so we never really had all of our starters playing all together at the same time. (So) more people from the bench had to step up and play."

Sam Schade '13





SECOND TIME'S A CHARM

Facing Valley a second time brings different results

Keep the ball low, just keep the ball low. Thinking to himself, junior Michael Kinning stands on the pitcher's mound during the Valley sub-state game.

It had been almost two months since the team had seen Valley. But this time, Kinning and the team were hoping for a win. The previous game on May 27, the second game of the season, had resulted in a 1-4 loss.

Learning the sub-state game was against Valley, who was known for their hitting, led to a lot of preparation. "Coach (Michael) Barta said that we had to have a better practice than they did each and every day in order to beat them," senior Derek Winchester said.

Because of this, practices got more intense and focused on hitting. "At the beginning of the year we weren't hitting the ball as well," Kinning said. "But as the year progressed we improved."

A way of doing this was to bring in pitching machines to practice hitting off faster speeds than what would normally be pitched during a game. They also brought in underclassmen to face different pitching styles. If they were to face a left-handed pitcher in their next game, they brought in a left-handed underclassman. The same went for if they would face a right-handed pitcher.

At the beginning of the game, the goal was to score as many runs as possible. "They hadn't brought in their ace (pitcher) so we knew we had to score early, because they could at any time," Kinning said. That was exactly what they did, scoring all four runs during the first four innings, all prior to Valley's runs.

After Kinning pitched, graduate Ryan Stapes came in to pitch the sixth and seventh innings. His focus was slightly different than the team's focus on hitting. "The only thing I was thinking on the mound was to strike everyone out," Stapes said.

Between Kinning and Stapes, Valley had two runs. "Practice made me better, and all my pitches were working that night," Stapes said. "I didn't change anything (about my pitching)."

Being up on the pitching mound for five innings, Kinning pitched with no earned runs. "I thought it was my best game of the year," Kinning said. "Valley is known for their hitters and I shut them up for five innings."

All the work paid off when they finished the game with a 4-2 win. This win took the team through to the next round of sub-state, where they lost to Des Moines Roosevelt 2-3.

spread by / helen lagerblade

individual awards

first team all-conference
utility
cody brenner
second team all-conference
infielder
jordan ross
first team all-district utility-north central
cody brenner
second team all-district third base-north central
jordan ross
honorable mention
cameron biondi
mitch bruckshaw
michael kinning
dj swift
cory stapes
ryan stapes
ethan kumbera

marshalltown	4-3/1-2
dsm east	3-2
waterloo west	6-4
dsm abraham lincoln	4-5
winterset	7-0
s.e. polk	1-11/7-3
ankeny	2-0/3-12
bondurant-farrar	5-2
keokuk	4-1
maquoketa	13-3
urbandale	0-1/6-0
indianola	8-2/1-3
adel	9-1
solon	13-1
c.r. xavier	8-11
dsm abraham lincoln	9-1
dowling catholic	3-2/5-3
roosevelt	10-0/11-1
s.e. polk	4-1/2-5
pleasant valley	14-4
saydel	13-0
glenwood	10-0
ankeny	3-8/4-2
urbandale	6-0/7-2
indianola	1-5/2-3
dowling catholic	1-3/16-5
overall record	26-12

Focusing on the ball, freshman Addy Pender practices catching prior to the Aug. 7 game. "(Catching) is always exciting and there's no down time," Pender said. "I love being involved in every play."
photo by lisa friesth





Graduate Erica White prepares to react to the batter's swing after senior Abbey Wilmes' pitch. White started all 38 games of the season.
photo by lisa friesth



Senior Sammie Hildreth looks to first base after fielding a ground ball at the Dowling Catholic game. "Dowling is one of our CIML rivalries," Hildreth said. "It is always a great feeling when our team can beat them."
photo by lisa friesth



Junior Bailey Wilmes sprints through first base safely while Dowling Catholic junior Alicia Crivaro misses the catch. Wilmes had a .402 on-base percentage
photo by lisa friesth



Senior Katie Newbury rushes forward in preparation to bunt the ball. "We had a young team this year with only two seniors," Newbury said. "But we played very well together and did a lot better than we ever thought we would."
photo by helen lagerblade



Winding up, senior Abbey Wilmes pitches at the Dowling Catholic doubleheader. "I've been pitching since I started playing softball, so for about 11 years," Wilmes said. "I like pitching because I feel like I can control the pace of the game."
photo by lisa friesth

an *unexpected* twist



"Before every varsity game, we made a high five train and gave every single player on the team a high five to get pumped up for the game. That and the "Go Big J" cheer always seemed to get us ready before taking the field."

Hannah Berger '14



"We were all obsessed with doing the bernie. It was just really random. Someone would start doing it and then the next thing you know the whole team was doing it."

Bernadette Willis '13



individual awards

first team all-conference
abbey wilmes
bailey wilmes
erica white

second team all-conference
lauren goodale
sammie hildreth

honorable mention
katie newbury
lauren thilges
stanzy snyder
bernadette willis
claire nichols

IGCA 4A central all-district
abbey wilmes
bailey wilmes

first team 4A all-state
abbey wilmes

third team 4A all-state
bailey wilmes

honorable mention
erica white
lauren goodale
sammie hildreth



BELIEF *BREAKS* LONG PATTERN

Doubleheader win against Dowling breaks a nine-year tradition

Home field. Last play. Dowling Catholic runner on first. Runner on third. The anticipation builds as the pitcher winds up. The Dowling player hits a line drive toward third base, and it lands in the glove of graduate Erica White.

White's mind raced. "We had finally swept Dowling," White said. "I was so excited that we had pulled off one of the best things in the season."

For the first time in nine years, the varsity softball team swept Dowling in a doubleheader on June 20. The team won the first game 3-2 and the second 5-3.

The previous year, the team struggled in extra innings during the sub-state game against Dowling, resulting in a loss. This loss and the conference rivalry between the two teams motivated the players.

White said hitting was key against Dowling. The team also kept errors to a minimum.

Sophomore Lauren Thilges thought the win was a significant moment. "Dowling has always been a difficult team to beat," Thilges said. "We were all so emotional knowing how proud our coach was of us."

But the rivalry was not over. The team faced Dowling in another doubleheader on July 7. Although their motivation was high, the team lost the first game 1-3. "We didn't put our hits together and we left runners on base," White said.

Junior Emma Monthei agreed with White. "We weren't fully focused," Monthei said. "We knew we could beat them, but didn't apply ourselves."

Coach Todd Merical said the pitching and defensive sides were strong, but thought the team struggled when trying to score runs. "When we did (get hits), we were unable to come up with the clutch hit to score runs and gain some offensive momentum," Merical said.

During the second game, the girls scored a few runs early on, but Dowling came back in the middle innings. White thought the seventh inning was a turning point. "Everyone batted at least once during that inning and we really kept the energy going," White said.

Multiple hits followed. "It was one of those games when everybody went to the plate with confidence after taking the lead and they all had some great at-bats," Merical said.

The team took this confidence and finished the second game with a 16-5 win. "The girls kept hitting the ball hard and ran the bases aggressively," Merical said, "which resulted in an unusually large amount of runs against a good team."

spread by / lisa friesth

ottumwa	45-20
council bluffs	28-0
marshalltown	21-35
urbandale	10-31
indianola	14-7
sioux city west	49-7
dowling catholic	14-27
ankeny	6-31
s. e. polk	0-46
play-offs	
urbandale	15-23
overall record	4-6



Senior Connor Yocum holds onto the ball while being tackled by Ankeny senior Jorden Studer. Yocum rushed for 753 yards and had five touchdowns during the season.
photo by helen lagerblade



Energetically, sophomore Mitch Boals and senior Josh Cronin sprint through the notorious "Be the Hammer" poster, for the last time. The Marshalltown coach pointed out that it was against regulations, ending the tradition.
photo by helen lagerblade



Junior Craig Kimble dives to tackle Ottumwa junior Seth Griffiths in the game against Ottumwa, as senior Kyle Arnold watches close by. The game gave the team their first win of the season.
photo by helen lagerblade



Sophomore Nick Stitzel pumps his feet in the Ankeny game. Stitzel was one of the few sophomores that played varsity, along with Mitch Boals and Brandon Sexton.
photo by helen lagerblade



Seniors Matt Zinselmeier and Kyle Arnold listen as the defensive line gathers to discuss the first game of the season. Coach Rod Weibers pointed out the little adjustments that needed to be made, which led them to a win.
photo by helen lagerblade



During the first half of the Ottumwa game, junior Michael Kinning passes the ball to senior Eric Bass. Bass caught the ball and ran it in for a touchdown, adding to their 45-20 win.
photo by helen lagerblade

an *unexpected* twist



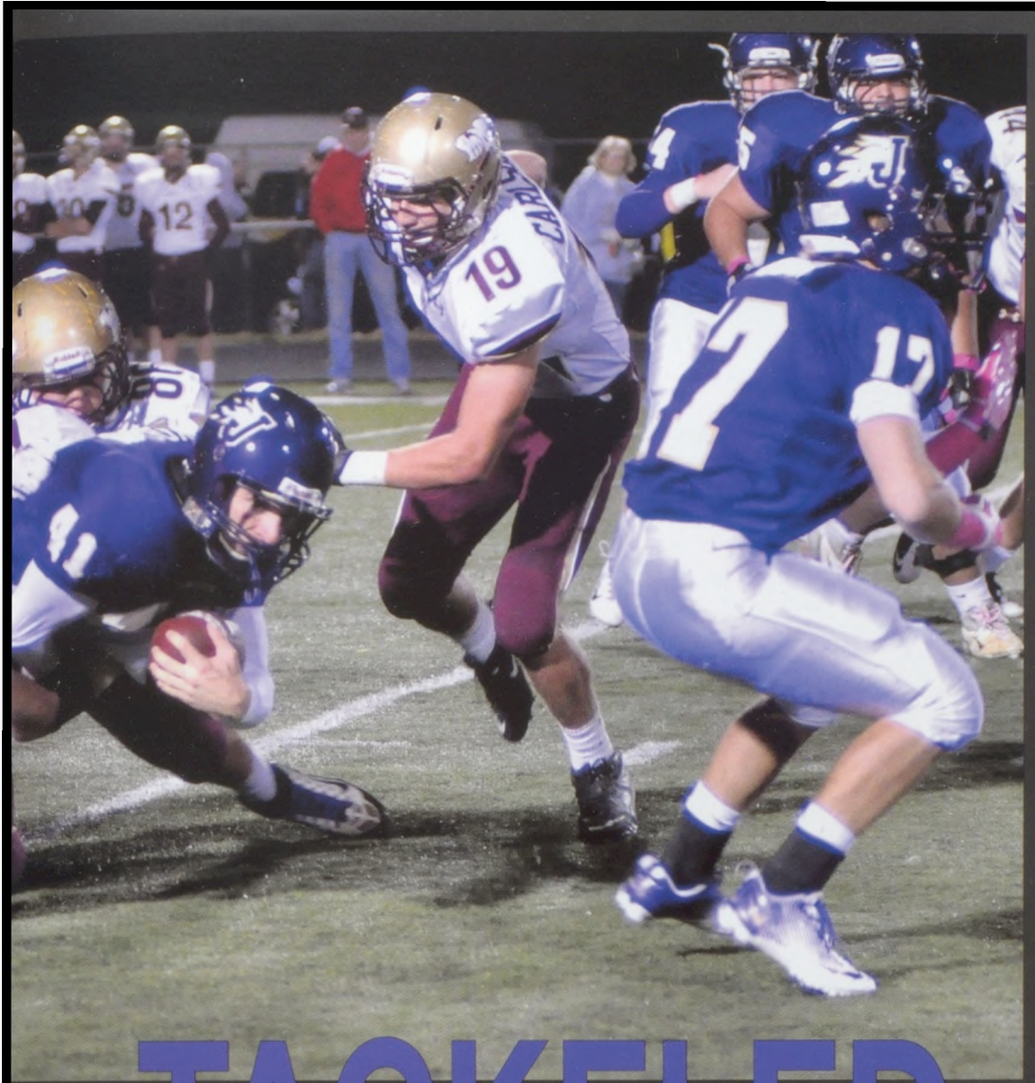
"I learned that you have to be persistent and committed. Nobody is going to give you anything. You have to earn it all."

Zeyad Alghool '13



"My favorite game was when we played Waukee because we were struggling to put up points and make plays and after halftime we came back and scored 30 unawnsered points and won the game. The word I would use to describe this season is memorable."

Jasmin Muratovic '14





TACKELED BY CONFIDENCE

Varsity football team predicts a winning season but finishes with a losing record

Friday night, August 19th. With music blaring and the guys getting focused, the Dragons fired up for their first game. They understood that this game was going to kick off the season.

The Dragons were nothing but confident to start the season. They were in great shape and predicted a mostly winning season. "Going into and starting the season, the young men worked very hard," varsity coach Brian Woodley said. "That really should've carried on throughout the season."

In the summer, the team had attended a football team camp to bond and improve their physique. "The team screwed around together," junior Will Krone. "It was pretty good bonding." At the camp, the athletes spent a few days at Central College getting to know their teammates and coaches.

The Dragons were victorious the first two games against Ottumwa and Council Bluffs Abe Lincoln. "We were excited and we had high expectations because everyone was working hard," senior Marcus McKay said.

When the Dragons played Urbandale, they lost by 21 points. The teams they previously played depended on passing plays while Urbandale preferred to run the ball down the field. The difference in strategy contributed towards the season's corruption.

Despite the struggles, a large group of players and the managers ate at Buffalo Wild Wings or other restaurants after every game to stay close. "It was more of a celebration when we won, but even when we lost we were hungry," McKay said.

The coaches helped throughout the season. They gave pump-up speeches and showed Al Pacino's pre-game speech from the movie "Any Given Sunday." "We had to get the attitude to kill so we talked ourselves into that mood," Mckay said.

The boys tried to stay positive and end on a postive note. "For the last ten years we've known that the last three games are tough," Woodley said. "Ideally you want to win all of those." Contrary to the team's beliefs, they did not manage to win the last games.

No one on the team could pinpoint the reasons for the losses, but members of the team learned valuable lessons. "When you're losing like this, you have a tendency to blame, and blaming doesn't help anything," McKay said. "But being a closer team helps you through a losing season."

spread by kelsey acheson and bailey perotti

individual awards

first all-conference
- chris sexton

second all-conference
- connor yocum
- michael kinning
- eric bridgewater

honorable mention
- marcus mckay
- julian holder
- marcus montgomery

pella christian	**2-3**
ottumwa	**3-1**
c.r. washington invite	**no placing**
roosevelt	**3-2**
fort dodge	**3-1**
ballard invite	**1st**
s.e. polk	**3-0**
ankeny	**0-3**
urbandale invite	**no placing**
urbandale	**1-3**
c.r. prairie invite	**2nd**
indianola	**3-0**
johnston invite	**2nd**
dowling catholic	**0-3**
hoover	**3-0**
urbandale	**2-3**
overall record	**23-13**



Making a kill against Pella Christian, senior Emily McDowell watches to see where the ball lands. McDowell was successful in her kill, making it one of her 99 from the season.
photo by katie holcomb



Setting the ball to sophomore Taylor Joens, senior Claire Westemeyer watches as the ball leaves her hands during the Indianola match. This night was the Dig Pink/ Spike Blue event which raised profits for breast and colon cancer.
photo by helen lagerblade



Sophomore Abby Hallman sets the ball hoping that junior Sanna Rasmussen or sophomore Emily Hansen is able to pass it over the net during the Boone match at the Johnston Invite. Hallman made 95 sets, the second highest amount for this season.
photo by helen lagerblade



Celebrating a point, junior Sanna Rasmussen cheers with her teammates seniors Sam Philiph and Taylor Anderson after making a spike against Marshalltown at the Johnston Invite. Rasmussen and the team won the match 25-22.
photo by helen lagerblade



Sophomore Keely Larkin, the team libero, gets ready to play off a spike from Ankeny. Senior Sam Philiph was able to play off Larkin's hit and spike the ball, ending the play.
photo by katie holcomb



Running to get the ball, sophomore Kaari Devens prepares to make a kill against Marshalltown during the Johnston Invite. Throughout the season, Devens completed 58 kills
photo by helen lagerblade

an *unexpected* twist



"Our team aways had a routine of doing two specific pump-up cheers in the locker room prior to going out on the court. The cheers always got everyone excited and ready to play! It really brought us together."

Morgan Jungman '12



"During the national anthem we hold pinkies and make sure our feet are touching one anothers. During certain parts of the song we squeeze our pinkies together. It's just a tradition we do before every game."

Taylor Anderson '12



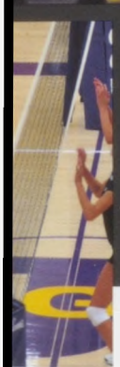
individual awards

first all-conference
taylor joens

second all-conference
keely larkin

honorable mention
sam philiph
bri nelson
sanna rasmussen
abby hallman

FIGHT TO THE END



Girls play a close match against Urbandale in the state playoffs

Eyes closed, and minds focused. The locker room is silent during the minutes prior to running out on the court in the playoff match against Urbandale. "Coach (Rick) Brooks asked us to be silent for a little while and visualize playing and what we were gonna do to better the team," senior Sam Philiph said. "I visualized being consistent with my shots but staying aggressive. I imagined diving for the ball and having that killer instinct."

Brooks had his team sit quietly for a few minutes for various reasons. "In a match that is this emotional and has a lot riding on the outcome, athletes can sometimes get too excited to play," Brooks said. "I wanted to try to help them get in control, maintain poise, and calm their minds so they could be focused on the things important for success."

With confidence and determination, the girls left the locker room and took the court. Having already played Urbandale four times throughout the season, the girls knew winning this match was not going to be easy.

From the start, the intensity level was through the roof. With points being scored on both sides, it was difficult to decipher which team would get the momentum going for their side. "During the first match we were down by a lot," Philiph said. "That's when our bench of girls really made a difference. Anything we did remotely well, they would all freak out and wave towels around and cheer as loud as they could."

With the support from their fellow teammates, the girls managed to come back and win the first match 25-22.

Heading into the second match, Urbandale came back hard, and ended up winning both the second and third matches 25-23. "We had the chance to make some plays late in the game and we just weren't able to capitalize in those crucial moments," Brooks said.

With Urbandale holding a 2-1 lead over the team, the pressure was on to win the fourth match to hopefully lead to the tie-breaking fifth match.

The girls stayed calm and didn't let the pressure get to them, continuing to fire back and hit their spots better than ever. The girls won the fourth match 27-25, resulting in the fifth match.

Emotions ran high during the last match. "The intensity level was crazy," sophomore Taylor Joens said. "Energy is a big part in volleyball and both sides of the gym felt like they were going to collapse."

In the end the girls lost the fifth match 12-15, losing the game 2-3. "We all felt like we gave it everything we had, and did everything we could," senior Bri Nelson said. "Our coaches were proud of how we played as a team and not individuals."

spread by / katie holcomb and helen lagerblade

ames	**6th**
johnston	**3rd**
valley	**5th**
roosevelt	**19th**
indianola	**6th**
ankeny	**4th**
fort dodge	**7th**
conference	**3rd**
districts	**4th**



Finishing strong, senior Alex Hershey sprints toward the finish line at the Johnston Invite. Hershey placed ninth in the varsity race that was held at Walnut Ridge, which hosts all home cross country invitationals.
photo by helen lagerblade



Maintaining his pace, junior Shane Wiley fights his way to the top of a hill at the Ames Invitational. The junior varsity team took third place.
photo by sierra ballard



Battling against Iowa City West senior Ben Fick, senior Matthew Poss approaches the finish line at districts held in Marshalltown. Poss came in 19th with a time of 16:57, beating Fick by .01 seconds.
photo by sierra ballard



Junior Tyson Wieland and sophomore Connor Westlake round the corner on their second mile of the district race held in Marshalltown. Wieland and Westlake finished the season running at Marshalltown as the team did not qualify for state as a whole.
photo by sierra ballard



Junior Josh Boeschen sprints towards the finish line of the conference meet held at S.E. Polk. "It was the hardest race of the season with the most hills and the most terrain," said Boeschen. "It was the fitting end to a season of hard work."
photo by helen lagerblade



To finish strong, junior Ryan Tigges and sophomore Jeremy Caracci stride ahead as they work their way closer to the end of the Ames meet. Caracci finished in a time of 18:54 and Tigges in 19:17.
photo by sierra ballard

an *unexpected* twist



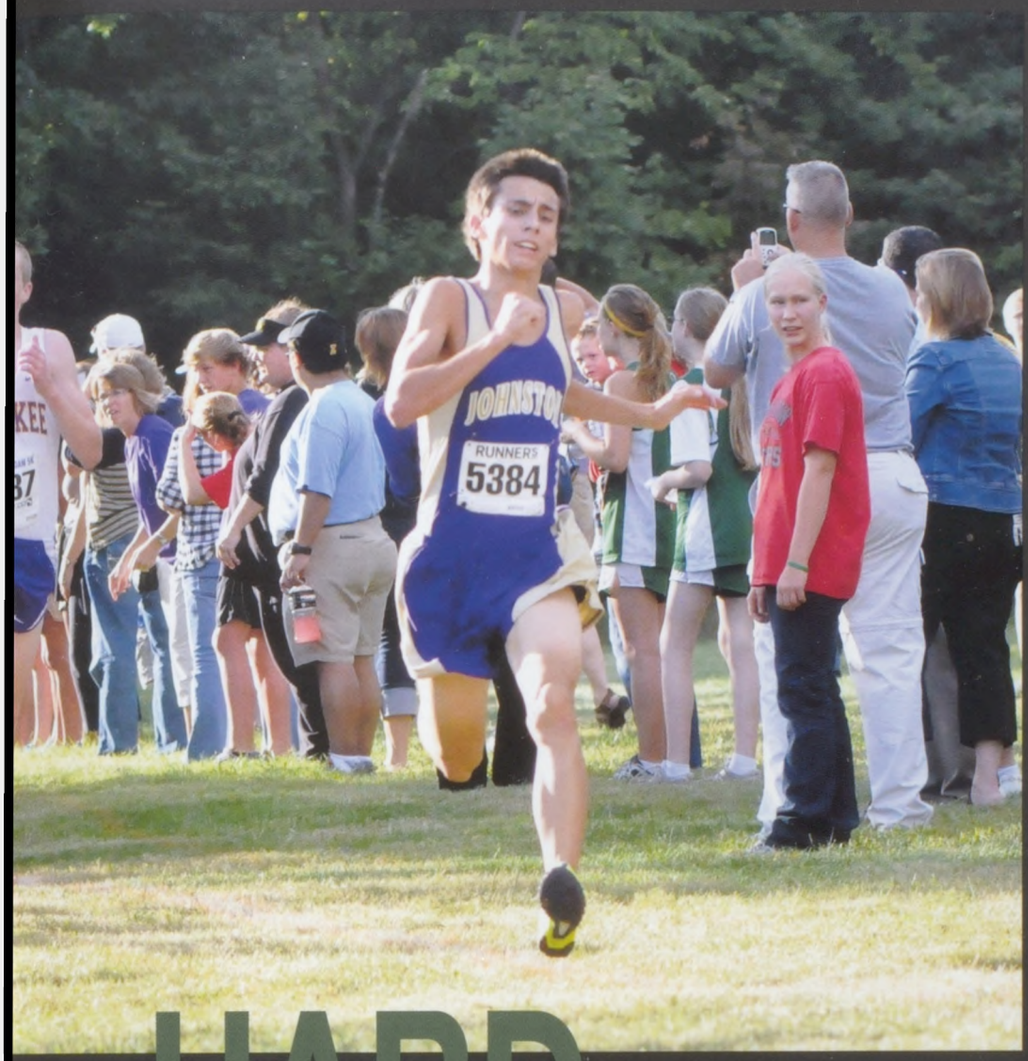
"I definitely didn't expect our team to do so well and everyone to be so dedicated. Coach (Matt) Jaschen really emphasized mental toughness and made people who didn't like to run into people who loved to run, like me."

Ben Poss '14



"I wasn't expecting to ever run a varsity race but we had too many people with similar times and they couldn't decide who to have run the last two spots. So, they chose two seniors to run in the varsity race and I was one of them. Now I can use that on my college applications!"

Chris Caracci '12



individual awards

all-conference
alex hershey
matt poss

all-district
alex hershey

state qualifier
alex hershey, 25th



HARD AHEAD

TRACK

Varsity team meets goal of beating Ankeny at conference

With wind blowing loudly and the sun just about to set, a gunshot sounded at 6:02 p.m. The varsity runners began their trek to the finish line.

The conference meet was held Oct. 13 at the Metro Waste Field Station at S.E. Polk. The course was refurbished from an old landfill, which made for uneven ground. In addition, the course differed from others because there were no landmarks with which to judge progress. They felt isolated.

"It was in the middle of a cornfield," sophomore Jeremy Caracci said. "The only thing you could hear was your breathing, heart pounding, and your feet knocking against the ground."

The course and weather posed problems, and so did their rival, Ankeny. "Our main goal for conference was to beat Ankeny," senior Alex Hershey said. "Ankeny was going to be guaranteed to go to state, so we thought if we could beat them, then that would mean we may have a chance to make it."

They arrived with a strategy — the pack mentality. Several runners, upon seeing an Ankeny pack, would break the pack by running past it or join it hoping to outrun it at the finish. "When we saw an Ankeny guy we just engulfed them," junior Tyson Wieland said. "We knew we had to beat them."

Another obstacle was the middle mile. "The second mile is always the hardest," senior Matthew Poss said. "You are in the middle of the race, and you don't see the end. All you can think of is pain, pain, pain and at this point I really have to tell myself to keep going."

The end was a struggle as well. "The last few meters of the race were very annoying," Poss said. "To get to the end, you have to cross a bridge, run up a steep hill, and basically sprint your way to the finish line. It was one of the most painful finishes I've had."

Reward waited near the finish line. Once up the hill, runners could finally see the cheering crowd after three miles of nothingness. "You had the whole crowd cheering for you after you ran up the steep hill," Caracci said.

The team was uncertain of how they finished, but the runners had a good idea of the results. They knew for sure when coach Matt Jaschen stepped onto the bus with a big smile.

The team missed state by one place, but they were still able to support their team captain, Hershey, who ran at state individually. "Beating Ankeny was a turning point," Hershey said. "That was the point where we really thought we had a chance of making it to state, even though we had a really hard district."

spread by / jiahui huang and sierra ballard

johnston	**2nd**
valley	**3rd**
roosevelt	**12th**
indianola	**2nd**
ankeny	**3rd**
fort dodge	**6th**
conference	**2nd**
districts	**3rd**
state	**7th**



Flanked between two Ankeny girls, junior Bailey Eppard fights through the crowd at the Roosevelt meet. Eppard ended up finishing the race 2nd for the team and 49th over all. *photo by nicole gibbins*



Striding towards the finish line, senior Taylor Miithelman makes her way to the end of the race. Mithelman finished with a time of 15:08 putting her in 49th place at the state meet in Fort Dodge. *photo by lisa friesth*



Sophomore Kenzie Foldes runs along a pond on the DMACC course in Ankeny. She finished in 13th place overall and third for the team. *photo by laura schwartz*



Sophomore Lydia Sinclair leads a pack during conference at S.E. Polk. The team finished with a total of 53 points overall and a total time of 1:19:13. *photo by helen lagerblade*



Huddled around head coach Chris Siewert at districts in Marshalltown, the varsity girls' cross country team prepare for the race. Placing 3rd at districts helped the team qualify for state. *photo by sierra ballard*



Senior Maddie Kleve rounds the corner at the state meet in Fort Dodge. Kleve placed 29th with a time of 14:51. Her sister, freshman Jordyn Kleve finished right behind her with the exact same time *photo by lisa friesth*

an *unexpected* twist



"When I'm with the cross country team I feel like I'm a part of somthing more than just a sport. Even if you're on JV and not a part of the varsity team you feel connected. Unlike other sports, the cross country team feels like one big team."

Amanda Jensen '14



"Coming into the season we weren't expecting to do as good as we did. Our overall team time at state is now the school's fastest time. On top of that, multiple girls made the school's record board of the top ten individual times in the school's history."

Andrea Renner '13



individual awards

state qualifiers
maddie kleve
jordyn kleve
kenzie foldes
bailey eppard
andrea renner
taylor mithelman
jady polson



FIGHTING THROUGH THE WIND

The girls' cross country team battles wind throughout the season

Pump your arms hard and power through, senior Maddie Kleve thought to herself while running against the wind.

During the season, the girls' cross country team battled the wind at the Ankeny and Fort Dodge Invitationals as well as the CIML Conference meet at S.E. Polk. Similar to racecar driving, the girls had to draft behind a pack of the runners to block out the wind. They then ran at an angle and waited for an opportunity to pass the runners in front of them.

During these three meets, wind was a big obstacle for the team to overcome. "The wind was a variable out of anyone's control and the girls had to rethink their strategies to win the race," one of the head coaches, Chris Siewert, said.

The wind affected more than just their times. The team typically set up a tent at every meet to help block out the wind, rain, and the sun. It was a place for them to sit and relax before and after a meet.

However, after setting up the team tent at the invitational meet in Fort Dodge, a huge gust of wind came through and knocked it down.

During the Ankeny Invite, the team resorted to using trees for a wind block, instead of the tent.

At the CIML meet in S.E. Polk, the team didn't even bother bringing out the tent knowing that it would probably blow away yet again. "We realized it was kind of a pain anyways so we just left the tent," assistant coach Tim Brickley said.

While the Fort Dodge meet for JV was occurring, a combine was harvesting the wheat nearby. This created a huge wheat cloud and haze. "It was really distracting running through the wheat haze because it was kind of getting into your eyes and mouth," sophomore Kate Fjelstad said. "The smell was terrible."

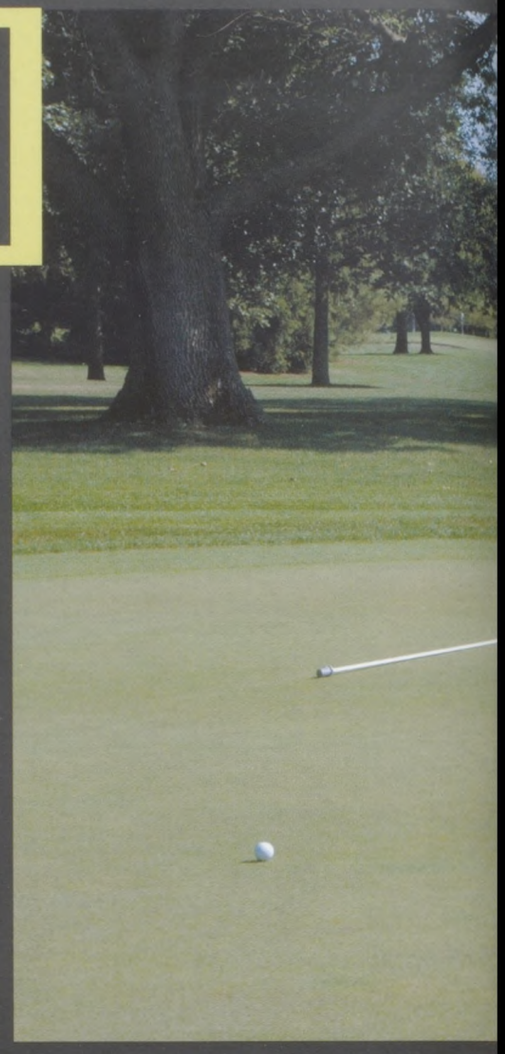
Despite the struggle, many of the girls achieved new personal records at these races. "They came aware, excited, and they didn't put the wind and weather as a factor," Siewert said. Although some of the girls didn't improve their times, they still had good attitudes knowing they did their best.

The girls' physical fitness helped push them to the finish. "The girls were in their best physical shape and geared up," one of the head coaches, Patrick Hennes, said. The team typically ran six days a week to maximize their stamina and running ability.

The team tackled the wind during any practice and meet. "You've got to run on the windy days because you're going to have meets with bad weather," Brickley said."You put on your gloves and stocking cap, get out there, and go."

spread by / katrina fey and jordan poore

s.e. polk	**297/5th**
indianola invite	**332**
urbandale	**169**
dragon invite	**316/4th**
lincoln invite	**312/5th**
ankeny	**164**
ames invite	**318/4th**
valley invite	**319/6th**
s.e. polk invite	**315/3rd**
indianola	**162**
CIML	**336/3rd**
districts	**327/5th**



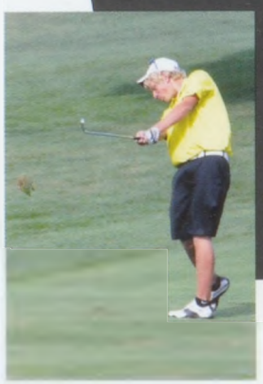
Senior Evan Bergman putts on the first hole at the Hyperion Golf Course. Bergman earned a varsity letter and qualified for the all-academic team.
photo by sydney dimarco



Driving on the first tee at Jester Park, junior Joe Hawks swings his golf club. Hawks was one of the ten people who became a varsity letter winner.
photo by helen lagerblade



Winding up with his driver, for his first stroke at Jester Park, junior Chase Kramer focuses on his ball. "I enjoyed practices when we would play games like best ball, best shot, or alternate shots in groups," Kramer said.
photo by helen lagerblade



Using an iron, sophomore Jacob Campbell attacks the ball. The varsity team averaged a score of 160.33 on a nine-hole course.
photo by helen lagerblade



Senior Nate Joens matches up the line on his ball to aim for his putt at Hyperion. The varsity team averaged a 319.11 score on an eighteen hole course.
photo by sydney dimarco



Senior Ryan Lowder uses his sand wedge on the fifth hole at Hyperion. The JV team averaged a score of 167.7 on a nine-hole course.
photo by helen lagerblade

an *unexpected* twist



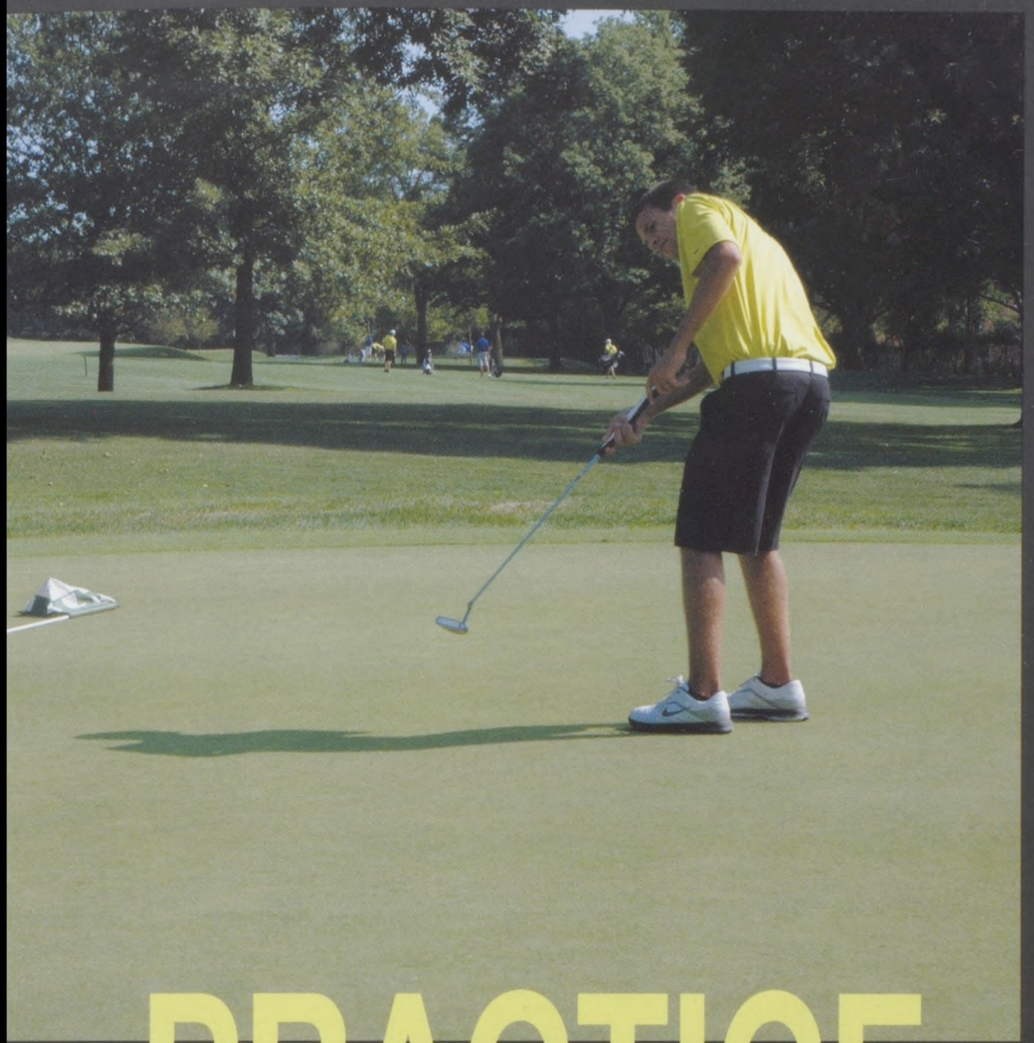
"The senior golfers were fun to hang out with because they made golf enjoyable. They would joke around a lot and they came up with the name Korbie Pie, and that name stuck. They named me this because I'm small and kind of cute, which is weird."

Korbin Sesker '14



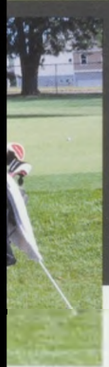
"(Junior) Joe Hawks and I would always have a good time no matter what was going on. We did a lot of stuff together, like the drills. We liked to make golf fun, no matter what we shot. We pretty much kept the team's spirits up with our positive attitudes and jokes."

Jared Wilson '12



individual awards

all-state
grant smith
all-conference
jacob tinker
jared wilson
grant smith
korbin sesker



PRACTICE *FOR* FUTURE YEARS

Members of the boys golf team acquire jobs at a local course to work, practice, and learn

Practicing on the range at Hyperion Golf and Country, seniors Evan Bergman and Andrew Dickelman get caught in a thunderstorm. They pack up their clubs and jump in the cart. On the way back to the pro shop, their cart breaks down in the middle of the range, forcing the boys to run back with their clubs on their backs to the garage.

This summer, some members of the boys' golf team worked and played on the 18-hole course at Hyperion. "It's a good job," junior Grant Smith said. "It's not that hard and we get to play free golf."

Coach Steve Smith believes working on a course provides them with skills for the future. "The staff treats them well and helps them learn intrapersonal skills by working with many bosses (members)," Smith said.

The boys would wash carts and clubs, service carts, and work in the pro shop in exchange for free balls on the range and free rounds of golf. Many took advantage of the free rounds, and practiced often. "It helped me personally," Grant said. "We need to play in the summer, even if it's just around here."

Grant played throughout the summer at Hyperion, Jester Park, as well as other states for college tournaments. A goal of receiving college golf exposure led Grant to play in places such as Kansas City, Wisconsin, and Springfield. "It's kind of like an early recruiting," Grant said. Working and practicing in the summer helped Grant move toward his goals.

For others, the push to practice frequently came from the motivation of graduated seniors leaving the team, rather than a college golf career. They knew some had never played before, and they needed to work on their game.

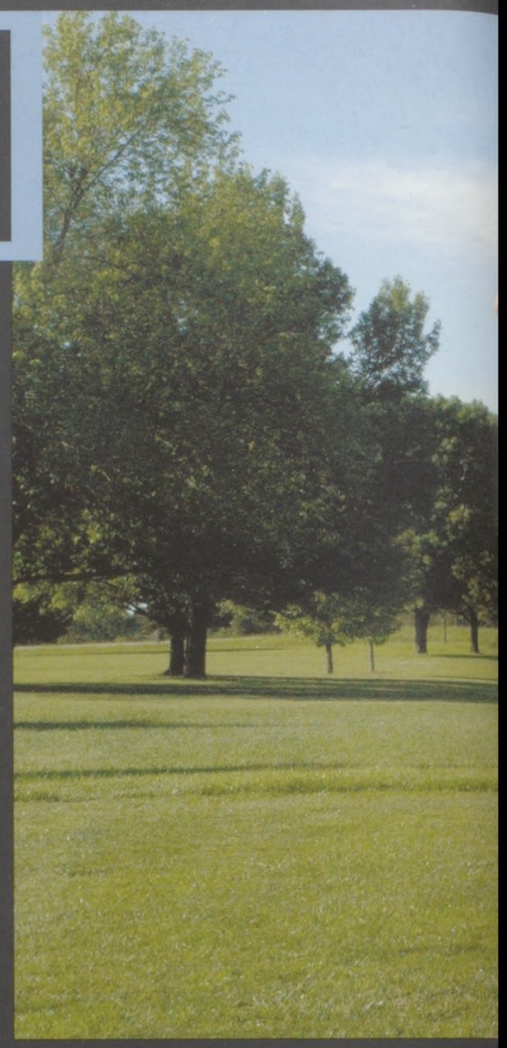
The returning members had mixed feelings about the incoming boys. "I was impressed with the incoming guys," senior Andrew Dickelman said, "But they were a little immature at times."

Not every guy joined as an underclassman. Senior Nate Joens had been working at Hyperion for two years and decided to go out. "I played a lot more golf when I started working at Hyperion," Joens said. "It made practicing more fun because it didn't cost money to go out and play with your friends."

The ability to work and play together over the summer helped the guys immensely. "(At Hyperion) the pros were really nice and helped me with my skills," Joens said. "But I liked servicing carts more than washing things."

spread by *mariah wellman and sydney dimarco*

urbandale invite	**214/6th**
s.e. polk	**210-193**
valley lamson invite	**388/9th**
ames invintational	**437/4th**
ankeny	**192-184**
johnston invitational	**397/8th**
newton	**197/4th**
indianola	**205-198**
dowling catholic	**203-195**
urbandale	**211-200**
ciml conference	**389/5th**
regionals	**403/4th**
overall record	**27-43**



Preparing to swing, senior Kali Van Zee golfs at the Hyperion Field Club in a meet against Urbandale. The varsity team averaged a score of 204.6 on nine-hole courses throughout the season. *photo by ashley norris*



Sophomore Kelsey Kramer prepares to tee off at practice. The JV team had a nine-hole meet average of 219. *photo by ashley norris*



Prepping her swing, senior Taylor O'Bryan competes at the Ankeny meet held at Jester Park. The varsity and JV teams practiced daily at Jester. *photo by ashley norris*



Sophomore Amanda Chance lines up her shot at the Ankeny meet on April 24 held at Jester Park. The varsity team averaged a score of 402.8 on 18-hole courses throughout the season *photo by ashley norris*



Putting the ball, senior Cory Upton competes at the conference meet on May 16. "I'll never forget our dual with S.E.Polk when Rachel Waljasper forgot her shoes," Upton said. "Rachel ended up playing in Coach (Vickie) Borich's shoes while Borich wore her flip flops." *photo by kaitlyn ellerman*



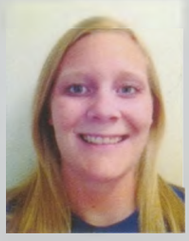
Sophomore Alison Kretzinger tees off, and watches her ball soar. "I go behind the ball and find something to aim for in line of flight with the flag," Kretzinger said. Kretzinger finished the season with a low score of 92 at Indianola Country Club *photo by kaitlyn ellerman*

an *unexpected* twist



"I thought that the golf season this year was more strict that I thought it would be, and it was a little harder than I thought. My favorite part was at the first meet against Waukee because I played a girl who was really nice and at the same skill level that I was, and I didn't really expect that."

Veronica Bertelsen '14



"During practice I walked over by this pond and I saw a dorsal fin. This creature was huge! I immediately yelled 'shark!' to my group but they and (coach Vickie) Borich thought I was joking. Borich eventually asked the course pro and he said he had seen the 'shark' too, and that there were actually two of them. He said they were grass carps. From then on we always looked for the sharks."

Brenna Robinson '13



individual awards

all-conference

alison kretzinger:
92 (9th place)

cory upton:
94 (10th place)

FORCE ON THE COURSE

With the help of their t-shirts, the golf team let the force be with them

Sitting in the cafeteria one afternoon, seniors Taylor O'Bryan, Cory Upton and Kali Van Zee go back and forth trying to decide what they want the girls' golf t-shirts to say. Joking around, Upton says, "May the course be with you."

The girls laughed but began to like the saying from the film "Star Wars." "It sounded funny," O'Bryan said, "and the more we said it the more we liked it." It was then decided that "the course would definitely be with them."

For the back of the shirts, the girls wanted to keep the galactic theme going, while still maintaining an old tradition. Past golf teams always chose a quote that inspired them, and the seniors were not going to defer from tradition.

Off the top of their heads they picked out a quote of Yoda's: "Do or do not, there is no try."

"We picked (Yoda's quote) because it was the most memorable," Upton said, "and it was inspirational."

At the next meeting, the seniors described their idea for the t-shirt to the underclassmen. "They were a little hesitant at first about the Star Wars theme," Upton said. "But as they got some compliments on the shirts they warmed up to the idea. And it doesn't matter anyway, seniors get the final say."

Next came picking the color. They looked back at past shirts and saw the same pattern of black, grey and purple. To break the cycle, the girls wanted to have something that popped. "We had decided to do pink or orange, and we didn't want orange shirts so we decided on pink," Van Zee said.

With the shirts finished, and the team proudly sporting their look, they headed to the Ames invitational. There, sophomore Alison Kretzinger earned 12th place overall. "I was so excited when I heard my name called to receive a flag," Kretzinger said. "It meant a lot to me to be able to represent my team and Johnston High School."

Upton and the rest of the team were very happy for Kretzinger as well. "That is the hardest course we play," Upton said. "So we were all excited for her."

The invite proved "the course was definitely with them," just like they'd thought, and would stay with them throughout the season. At the end of it all, Upton was pleased. "Our shirts were awesome, the team was great and we had a pretty good season," Upton said.

Spread by kaitlyn ellerman and ashley norris

indianola	**139-31**
mason city	**77-17**
ames invitational	**298/1st**
ames	**117-53**
roosevelt	**122-48**
iowa city invite	**1st**
dowling catholic	**75-95**
ankeny	**85.5-84.5**
johnston invitational	**412/1st**
newton	**126-44**
s.e. polk	**133-37**
conference	**353/2nd**
districts	**305/2nd**
state	**127.5/3rd**
overall record	**8-1**



Gasping for air, junior Tyson Wieland swims the 100 yard butterfly at the Johnston Invite. Wieland went to state for the first time and participated in four events, the maximum one can swim at state.
photo by nicole gibbons



Taking a breath, junior Tyler Cracraft participates in the 400 yard freestyle relay at the Roosevelt dual meet. Cracraft holds the second fastest 100 yard freestyle split time with a time of 47.93.
photo by nicole gibbons



Sophomore Justin Winnett swims the 100 yard backstroke against Roosevelt. Winnett swam the 200 individual medley at state and placed 16th with a time of 2:04.75.
photo by nicole gibbons



As senior Justin Nicolet hits the wall, junior Jordan VanScoy takes off the block in the 400 yard free relay at the Dowling Catholic dual meet. The relay placed fifth place with a time of 4:01.36.
photo by helen lagerblade



Breaking through the water, Des Moines Christian junior Cody Carlson swims the 100 yard breaststroke during the Ames dual meet. Carlson was one of two who swam the 100 yard breaststroke at state, placing 20th. Sophomore Justin Winnett, who also swam, placed second.
photo by nicole gibbons



Swimming against Dowling Catholic, senior Brian Ross approaches the wall during the 400 yard freestyle relay. Dowling Catholic junior Jonathan Fiepke beat Ross by 2.5 seconds resulting in Dowling's win.
photo by helen lagerblade

an *unexpected* twist



"On New Year's Eve the team met for a lock-in where we played games overnight. The team camaraderie was unexpectedly high that night and we all enjoyed each other's company."

Alex Peterson '12



"The New Year's Eve lock-in party was a blast! Our team (Russia) won the speed ball tournament and received a chalice full of gold coins. Then we played some fun games in the pool 'til we left. All in all, it was a really great night."

Ethan Moran '14





FIGHTING FOR A PODIUM SPOT

Boys' swim team works to earn highest place in history at the state meet

Walking into the Marshalltown YMCA, the boys' swimming state qualifiers look around to see that they are one of the first teams to arrive. "We went and looked at the pool and played some UNO," senior Brian Ross said. "We just tried to stay relaxed for the most part." Arriving at the meet early gave the team time to process what was ahead of them — a chance to break records, and an opportunity to place higher than they ever had before.

From the first practice, the boys, along with coach Shari Walling, knew they had potential. "They swam in the off season and came into practice really ready to go," Walling said. "We started out (the season) swimming higher yards than we did after Christmas the year before."

Some members of the team had new outlooks from previous years. "What really brought the change was my mindset," senior Ross Winget said. "My junior year was like 'if you lose, laugh it off.' This year was 'let's see what I did wrong and focus on it next practice.'"

Along with the new attitudes came a new strategy, limiting the varsity team to 16 members. "The year before we had members on varsity that didn't make it to districts," Walling said. "This year, every member of varsity made it." Although districts were postponed two days due to weather, limiting the size of varsity helped the district qualifiers taper better in order to compete at the state meet.

At state, the team had at least one qualifier in every race, giving them a greater chance of earning points. "From a team points standpoint, every race we were in was incredibly important," Ross said. "Literally every race we were in was the most important."

Throughout the meet, the top teams were extremely close in points. The boys placed third in the final race, the 400 yard free relay, putting them half a point above Dubuque. This earned them third place overall, the highest they had ever placed as a team. "It was by far the most fun meet I have ever been in," Ross said. "There was no disappointment because the team had done so well."

Placing third was a large accomplishment for the team, but Ross believed there was more to be proud of. "A lot of people think it's about the end result," Ross said. "The more important thing is enjoying and learning from the process. Swimming has taught me so many things about myself and about how to succeed, but also how to fail. There's a lot more to any sport than what happens in the end."

spread by / helen lagerblade and mariah wellman

individual awards

state qualifiers
- brian ross
  - 200 yd medley relay
  - 50 yd freestyle
  - 200 yd freestyle relay
  - 400 yd freestyle relay
- adam rieck
  - 200 yd freestyle
  - 400 yd freestyle relay
- tyler cracraft
  - 200 yd medley relay
  - 100 yd freestyle
  - 100 yd backstroke
  - 400 yd freestyle relay
- reed molander
  - 200 yd medley relay
  - 100 yd butterfly
- justin winnett
  - 200 yd medley relay
  - 200 yd individual medley
  - 100 yd breaststroke
- alex clark
  - 200 yd freestyle
  - 500 yd freestyle
- tyson wieland
  - 50 yd freestyle
  - 100 yd freestyle
  - 200 yd freestyle relay
  - 400 yd freestyle relay
- dylan johnson
  - 50 yd freestyle
  - 200 yd freestyle relay
- cody carlson
  - 200 yd freestyle relay
  - 100 yd breaststroke
- ross winget
  - 100 yd backstroke

consideration all-american times
- 200 yd medley relay
  - brian ross
  - justin winnett
  - reed molander
  - tyler cracraft

des moines north	**125-45**
marshalltown	**131-55**
ames invite	**300/2nd**
des moines east	**119-51**
ottumwa	**132.5-50.5**
marshalltown invite	**345/1st**
c.r. kennedy invite	**470/2nd**
ankeny	**114-55**
s.e. polk	**121-65**
johnston invite	**279/2nd**
indianola	**125-58**
dowling catholic	**90-96**
conference	**374/2nd**
regional	**452/2nd**
state	**66.5/13th**
overall record	**6-1**



Swimming butterfly, sophomore Carmen Vajgrt participates in the 200-yard individual medley at the Johnston Invite. Vajgrt placed third with a time of 2:20.51.
photo by helen lagerblade



Beginning the second leg of the 200 freestyle relay at the Johnston Invite, senior Mariah Wellman enters the water. Wellman posted her fastest 50-yard time for the season, 26.34.
photo by helen lagerblade



Sophomore Mallorie Goodale executes an inward somersault tuck at the Ankeny dual meet. Coach Shari Walling and diving coach Jim Qwan recruited Goodale to dive to increase the size of the diving team.
photo by helen lagerblade



Freshman Niki Ferguson takes a breath during the fourth length (of eight) of the 200 yard freestyle at the Johnston Invite. Ferguson finished with a time of 2:08.29.
photo by helen lagerblade



Completing a turn, senior Malia Meyer transitions backstroke to breaststroke in the 200 yard individual medley at the Indianola dual meet. Meyer moved up to varsity to compete in the 200 yard IM; which includes 50 yards of all strokes; butterfly, backstroke, breaststroke, and freestyle.
photo by helen lagerblade



Sophomore Cheyenne Church competes in the 100 yard butterfly against Catherine Defino, an Ankeny swimmer, at the Ankeny dual meet. The race ended with Defino winning by .02 seconds.
photo by helen lagerblade

an *unexpected* twist



"Through unexpected adversity we learned to face our challenges. Through chuck-a-duck and team bondings, the team was able to become a tight knit group which made us be able to lean on each other for support."

Emily Merritt '12



"I didn't expect to have so many prizes donated for osteosarcoma night! The community was more into it than I thought they would be! It was great!"

Molly Thuente '12





MOTIVATION BEHIND SCHOOL RECORD

individual awards

state qualifiers
- emma billerbeck
  - 1 mtr diving
- emily moore
  - 1 mtr diving
- victoria trost
  - 200 yd medley relay
  - 100 yd freestyle
  - 100 yd backstroke
  - 400 yd freestyle relay
- carmen vajgrt
  - 200 yd medley relay
  - 100 yd butterfly
  - 100 yd breaststroke
- malia meyer
  - 200 yd medley relay
  - 100 yd breaststroke
- emily merritt
  - 200 yd medley relay
  - 50 yd freestyle
  - 200 yd freestyle relay
- nicole davis
  - 200 yd freestyle
  - 500 yd freestyle
  - 200 yd freestyle relay
  - 400 yd freestyle relay
- mollie greenwood
  - 50 yd freestyle
  - 200 yd freestyle relay
  - 400 yd freestyle relay
- cheyenne church
  - 100 yd butterfly
- caylee shank
  - 200 yd freestyle relay
  - 400 yd freestyle relay

The 400 yard freestyle relay had mulitple goals behind the race

Walking along the outside of the pool at the Marshalltown YMCA, sophomore Nicole Davis listens to the crowd as she and her relay teammates, sophomore Mollie Greenwood, junior Victoria Trost, and Urbandale junior Caylee Shank head to the blocks for the last race of the state meet. The girls hoped to break a school record during the season and it all came down to the 400 yard freestyle relay. "I got more excited and motivated to get our best time," Davis said.

This was not the first time the girls had swum the relay together. Although coach Shari Walling had freedom to change the relay around, the four of them swam together for many big meets such as invites and regionals. "Since we see each other so much we know what each others' strokes look like," Greenwood said. "Once they get in that rhythm we just know when they'll be at the wall and when we can go."

Knowing each others' timing allowed the girls to focus on other things, such as setting a new school record and beating Dowling Catholic. "It gave the opportunity to swim faster for that competition," Walling said.

As Davis swam in lane 2, Greenwood looked to her left and saw the Dowling Catholic relay team. "In the past, we never really were close to beating them," Greenwood said. "This year we knew we had a chance and just tried to get the best lineup possible."

Throughout the race, Dowling Catholic was within strokes of pulling ahead. "It was all lined up," Trost said. "It was close enough that you could still catch them."

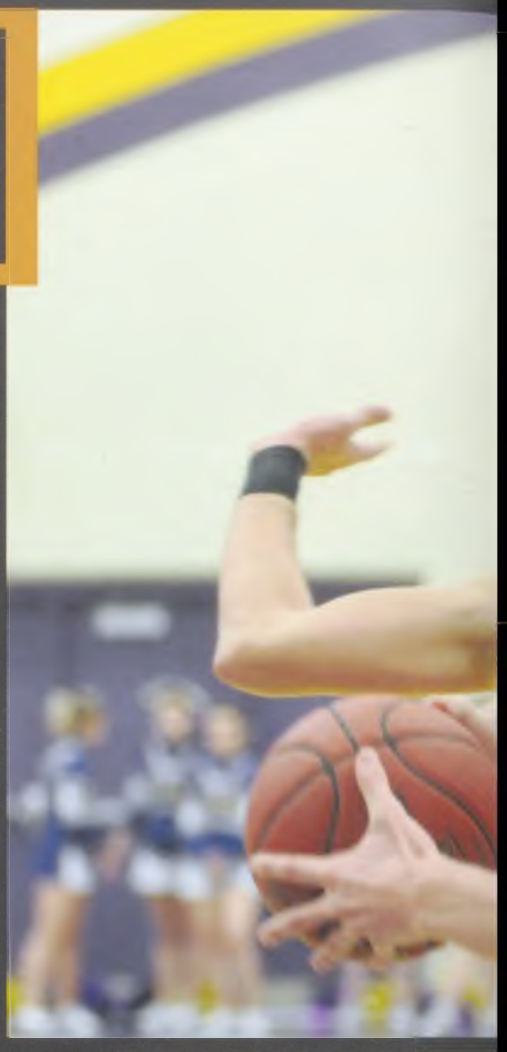
The girls finished the race 2.14 seconds before Dowling Catholic, winning the race with a time of 3:38.39. With that time, they accomplished both goals. They beat the old school record, from 2008, by .58 seconds. "We made it to podium which was one of our goals," Trost said. "We got the school record; it was a good way to end the day."

This being the only race to podium gave the girls reason to celebrate. "They improved on our times," Walling said. "Since it's at the end, it gave us a way to positively end the meet."

Breaking the record came along with the goal of beating Dowling Catholic. "The main goal was to podium," Shank said. "Beating Dowling was exciting. We swam them a lot this year and they always out-touched us. We knew we wanted the record and could get it, but it motivated all of us to set higher goals and standards so we reached it."

spread by / helen lagerblade and swathi somisetty

valley	43-59
mason city	45-38
dsm abraham lincoln	55-62
s.e. polk	39-41
dsm east	65-40
ankeny	49-79
urbandale	50-47
marshalltown	36-34
indianola	50-37
dowling catholic	31-42
s.e. polk	65-45
waukee	43-52
ankeny	28-45
ottumwa	67-54
urbandale	58-54
dsm hoover	30-38
indianola	54-27
fort dodge	63-54
dowling catholic	49-52
dsm north	59-47
ames	56-41
dsm north	80-45
dowling catholic	41-35
valley	38-44
overall record	14-10



Junior Luke Jorgensen gets past two Indianola seniors and goes in for a jump hook. Jorgensen had been on the varsity team since ninth grade and had 148 rebounds and 40 assists for the season.
photo by clara carlson



After stealing the ball from S.E. Polk, senior Jon Hankins goes up for a lay up. "This was a big conference game," Hankins said. "I really enjoy the excitement of all the fans and being able to perform."
photo by lisa friesth



Sophomore Jay Knuth goes up against S.E. Polk. Knuth was the highest scoring player of the season, leading with 349 points, 176 rebounds and 38 steals.
photo by lisa friesth



Trying to shoot past Indianola junior Cort Singleton, junior Spencer Moser attempts to make a basket. Moser enjoyed growing as a team, starting with little experience and making it all the way to substate.
photo by clara carlson

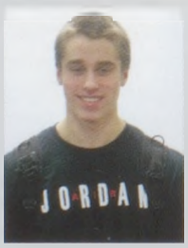


Evading Indianola's defense, sophomore Joe McGinn dribbles down the court. "I really enjoyed playing with the sophomore team because we were competitive every game," McGinn said.
photo by clara carlson



Senior Nathan Joens keeps the ball away from three Indianola players while looking for an open teammate. Overall, Joens made 32 successful three-pointers, making him the highest scoring three-point shooter.
photo by clara carlson

an *unexpected* twist



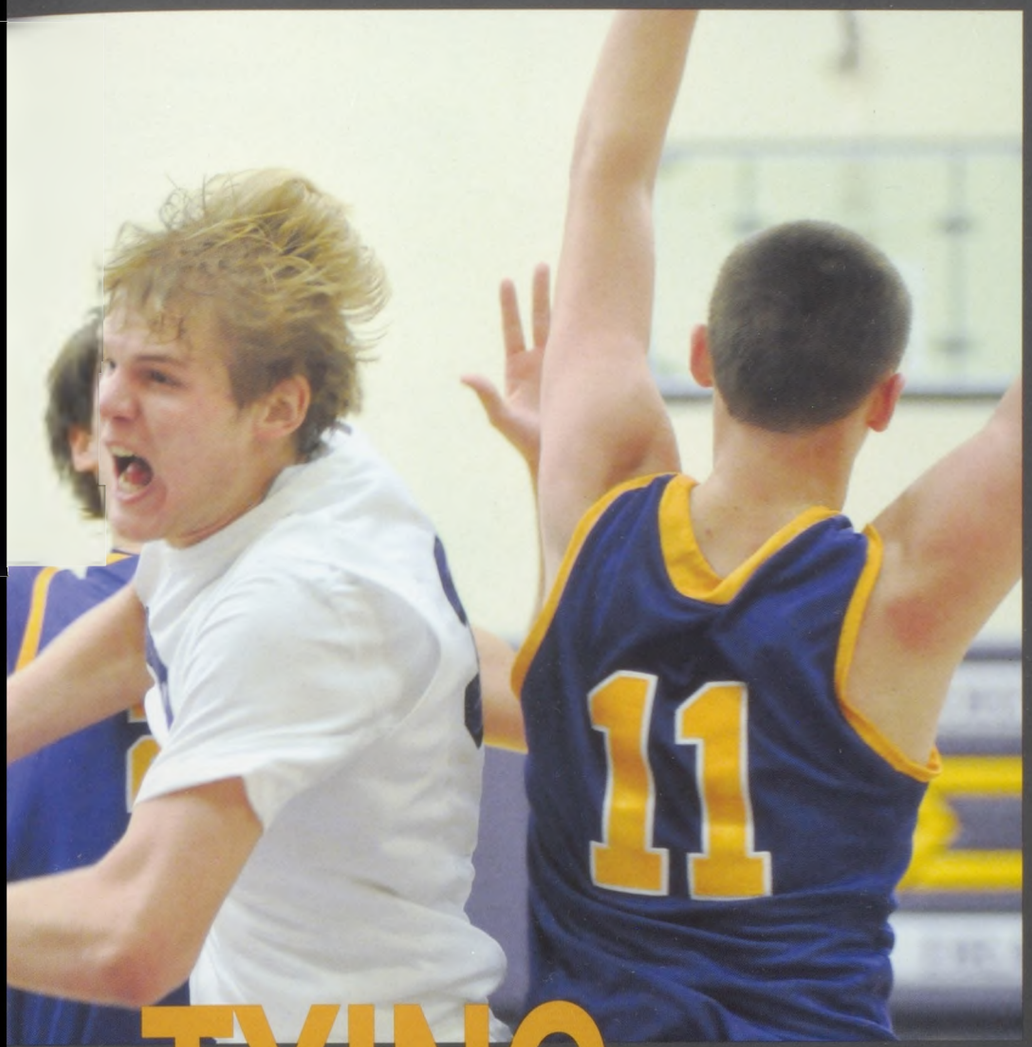
"Everyone got a kick out of me wearing a wife beater. Once I started wearing it we had a six-game winning streak and so we called it 'beater power.' I wore white for home games and black for away. It's definitely my thing, it's going to be my high school tradition."

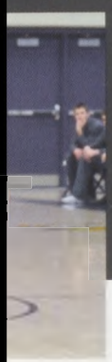
Mike Mahanna '14



"Since we had the unexpected (loss of) two of our students, basketball was kind of an outlet for us. We came together as a team, like we gave each other more high-fives and made each other more aware of how much we care about them."

Nick Stitzell '14





TYING UP THE RIVALRY

Team achieves a double overtime victory against Urbandale

Senior Jon Hankins enters the gym with his fellow teammates and is shocked. "Running out on the court and seeing the big crowd made us really excited and pumped up," Hankins said. "The fans were going crazy back and forth the whole game."

On Coaches v. Cancer night, Jan. 27, the boys faced Urbandale for the second time. After previously beating the local rivals 50-47 Dec. 22, the team was prepared. "Our players were excited about the challenge," coach Bobby Sandquist said. "It was a great atmosphere revolving around what turned out to be an intense, competitive game."

The team held its own against Urbandale. "We played really good defense and held them below their average quite a bit during regulation," Hankins said. "We worked hard to shut down their main players."

A tied score followed the boys throughout the night. The game was tied at halftime 21-21, the end of the third quarter 31-31 and the end of the fourth quarter 40-40. The team prepared for overtime. "(Sandquist) told us we had to stick with it and keep playing hard," sophomore Jay Knuth said. "We beat them at their home court and couldn't let them beat us on our home court. We had to beat them twice."

At the end of overtime the score was yet again tied 45-45. "There was some tension because there was so much pressure to not make a mistake and to not give them a chance to take the lead," Knuth said.

They entered the second overtime. "After the first overtime ended in a tie we told them 'Two overtimes is enough tonight. Let's finish them off in this one,'" Sandquist said.

With a fast-paced game and double overtime, fatigue came into play. Along with this came other struggles. "Communication was a challenge as far as hearing the plays, talking on defense and just being where you were supposed to be," Knuth said. "It was hard to hear because the crowd was so loud."

However, Sandquist said, "Offensively we were able to make some plays at times when we needed to. Our players hit a commendable 22 of 26 freethrows in the fourth quarter and overtime periods."

The boys won the game 58-54. "Everyone went nuts in the locker room," Hankins said. "It was such a great feeling to win, especially since it was in double overtime and since we had already beat them once."

spread by / lisa friesth and clara carlson

individual awards

first team all-conference
- jay knuth

all-conference honorable mention
- jon hankins
- nathan joens
- luke jorgensen
- nick stitzell

all-district
- jay knuth

INA all-state second team
- jay knuth

CIML senior all-star game
- nathan joens

north	52-21
ames	36-52
cedar rapids xavier	35-39
valley	44-63
mason city	32-56
lincoln	49-44
s.e.polk	32-64
east	37-45
ankeny	42-47
urbandale	33-34
marshalltown	55-39
indianola	45-42
dowling catholic	31-51
s.e. polk	37-41
waukee	40-60
ankeny	24-58
urbandale	31-39
hoover	42-44
indianola	31-28
fort dodge	39-26
dowling catholic	32-29
newton	47-22
s.e. polk	26-62
overall record	8-15



Junior Steph Wilkinson drives to the lane against S.E. Polk while senior Kristen Riley prepares to rebound. Wilkinson scored 221 points during the season, making her the highest scorer. *photo by katrina fey*



Following through on her shot, senior Sammie Hildreth shoots against Dowling Catholic. Hildreth hit 69 percent of her freethrows during the season. *photo by clara carlson*



Pushing her way into the lane, senior Sara Reed goes in for a layup against S. E. Polk. Reed ended the season with 29 offensive and 58 defensive rebounds for a total of 87 for the season. *photo by katrina fey*



At the top of the key, senior Kristen Riley looks to pass the ball. Riley made the most three pointers of the team with a total of 25. *photo by kelsey acheson*



Sophomore Taylor Joens looks for her teammates running down the court while in triple-threat stance. Joens finished the season with a 26 percent three-point accuracy. *photo by kelsey acheson*



Senior DeDe Ayers jump stops after a fast break against Fort Dodge. Ayres had a total of 15 assists and caused 46 turnovers for the season. *photo by kelsey acheson*

an *unexpected* twist



"For once this year instead of one of the girls having a pasta dinner, the coaches had one. Both the coaches helped out; it was at Mr. (Josh) Heyer's house. It was nice to see what everyone was like outside of practice and games, including the coaches."

Ellie Wallace '14



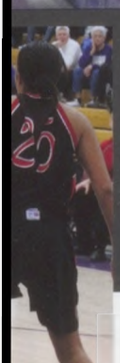
"For me, a highlight of the season was the game against Ankeny in their new high school. It was one of the best games all around. It felt really great to win after losing to them by two points in the last game we played against them. It was such a good way to end."

Paige Elming '14



individual awards

second all-conference
stephanie wilkinson
honorable mention
sammie hildreth
sara reed
kristin riley
taylor joens



FROM E-MAIL TO OFFENSE

The girls' basketball team is introduced a new offensive style

The student section sits at the edge of their seats while they anxiously watch the scoreboard reach the 20-second countdown. With Dowling Catholic on offense and the game tied, no one knew what would come next. As a Dowling opponent passes the ball to her teammate, junior Stephanie Wilkinson intercepts the pass and begins to charge toward the opposite basket. Leaping for a layup, she feels the ball leave her hand and hears the satisfying "whoosh!" of the basket. The crowd roars.

Starting this season, the girls' basketball team began using a new offensive strategy called "read and react." The idea came to coach Rich Gradoville through a mass e-mail sent out to coaches all over the country. It contained a video discussing one aspect of read and react. "I could envision how our players could benefit from an offense like it," Gradoville said.

"Read and react" was an offense style that involves reading the defensive plays of the opposing team and reacting accordingly. "It's more of you react with the tempo of the game and what's going on," Wilkinson said. "You go with the flow." For example, when Wilkinson sensed her opponent was going to pass the ball, she preparped to react and intercepted it.

The "read and react" offensive strategy was taught in 17 layers. The offense follows the movement of the ball, rather than planned plays. "You do one thing, everything else shifts," junior Brenna Robinson said.

Gradoville presented the new playing strategy to the team over the summer. "Summer practice was hard because we all were kind of out of shape and weren't ready to practice fully," Robinson said.

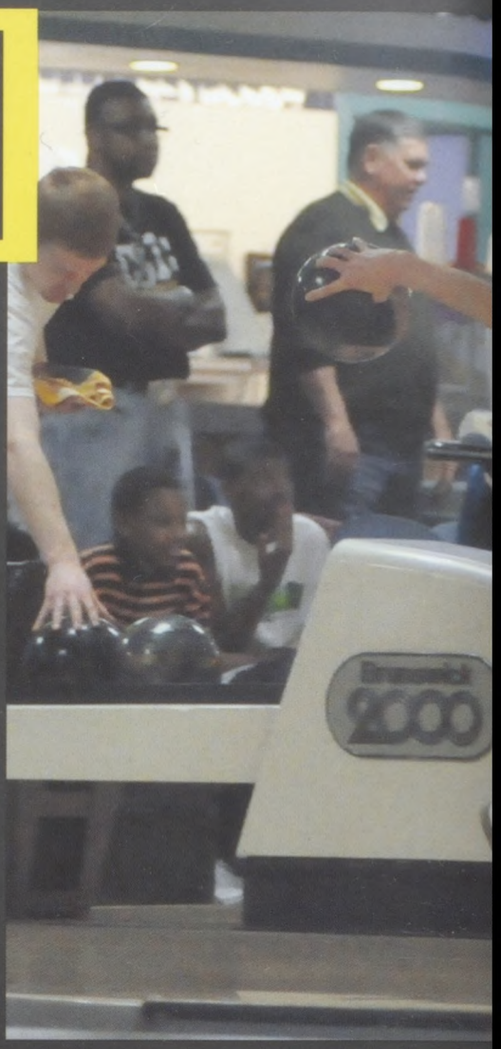
The team got together twice a week from June through July to practice the "read and react" strategy. The girls struggled to adjust because it was so new. However, they felt they understood it pretty well by the time the season started.

Though "read and react" was the main strategy, the team did throw in some set plays when necessary. For example, when their opponent played a zone defense, which is guarding an area of the court instead of a person, they switched into a zone offense. However, they went back into "read and react" following.

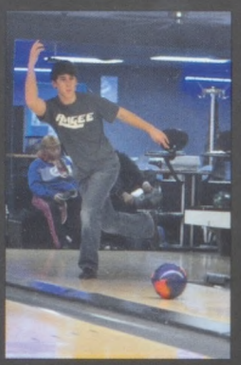
Other high school teams used this new style, and it began to be taught to younger league teams during summer camps. Some predicted it would stay around for awhile. "It gave us a lot more opportunities to give us more shots," Wilkinson said. "It kept us better in shape as well because we were always moving."

spread by / madison boes and katrina fey

wdm valley	2761-3074
marshalltown	2843-2998
knoxville	2843-2657
ankeny	2840-3286
dowling catholic	2847-2788
southeast polk	2826-3088
urbandale	2926-2660
ankeny	2952-2809
dowling catholic	2814-2666
southeast polk	2773-2792
urbandale	2620-2618
des moines north	2858-2625
conference	2nd
regionals	2nd
overall record	8-8



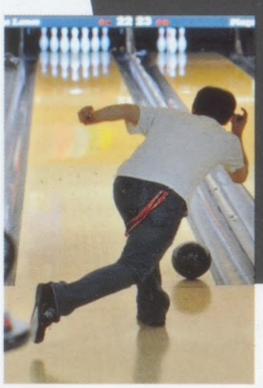
Swinging his arms, junior Anthony Denny focuses on releasing the ball with the perfect amount of spin. Denny ended the season with a personal best of 224 at Val Lanes.
photo by helen lagerblade



Senior Casey Morales gracefully unleashes his bowling ball in practice. "I was just making sure I had a pretty solid form so everything could go as smooth as possible in the next meet," Morales said.
photo by ashley norris



Releasing the ball, senior Jared Verhasselt concentrates on hitting the head pin. "It's not the same way we bowl (two-handed)," Verhasselt said. "It's all different the way we do it."
photo by ashley norris



Junior Joe Bormann follows through, hoping to hit the pocket. Bormann concentrated on hitting his mark on the lane to ensure that the ball would hook where his break point was.
photo by helen lagerblade



Senior Austin Bowen grasps the bowling ball with both hands. "I bowl two-handed to get lots of spin on the ball," Bowen said. "A little after I started, I was going up to bowl and I slipped a little bit and fell down."
photo by ashley norris



Approaching the lane, senior Clayton Bormann prepares to hurl the ball. "When I was12 years old I thought that it was really cool to curve the ball, but I wasn't strong enough, so I started to use two hands," Bormann said.
photo by ashley norris

an *unexpected* twist



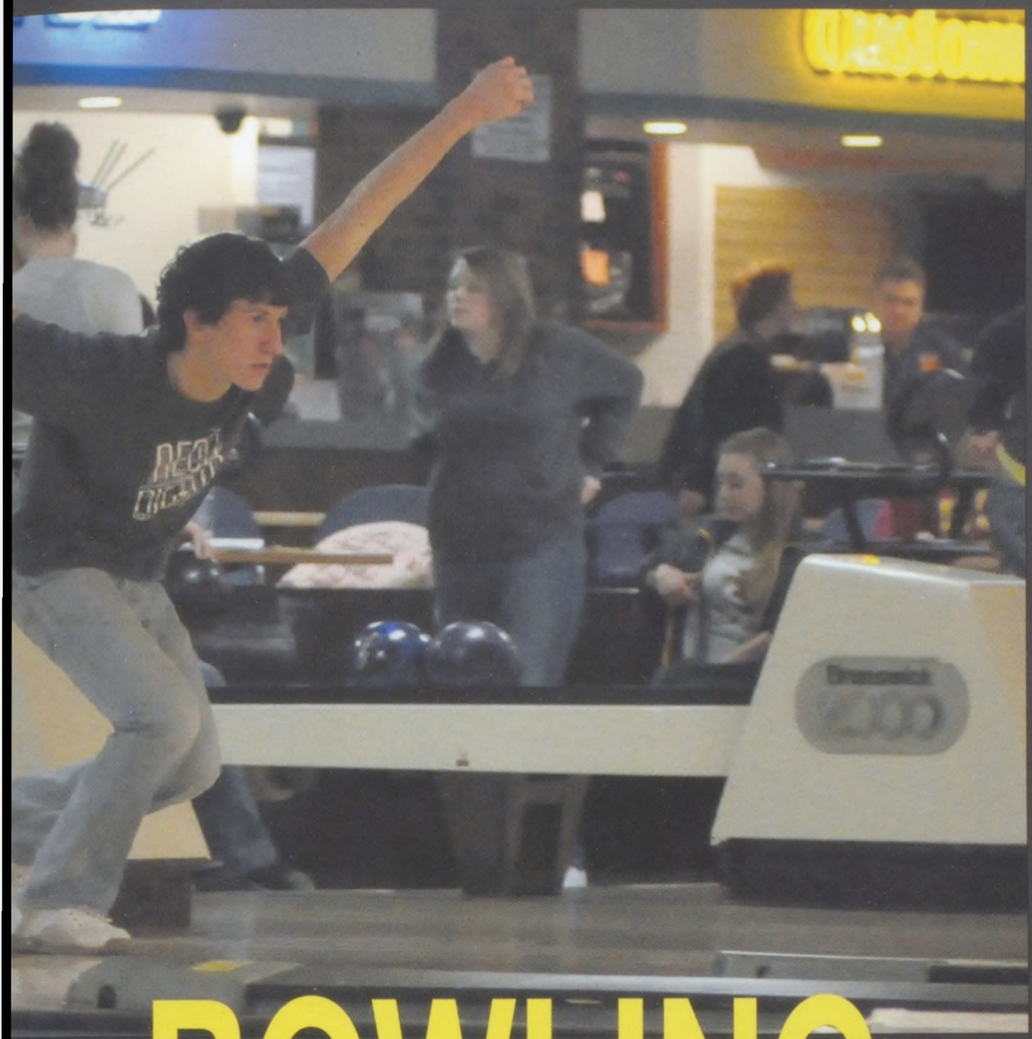
"After bowling individuals we were ahead, but Urbandale was beating us during bakers by 20 or 30 pins and it came down to the last frame of the last bakers game. Cody (Erickson, junior) had to bowl three strikes for us to beat them by two pins. He did it, and it was an exhilarating relief and exciting at the same time."

Levi Clark '15



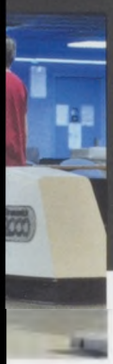
"I bowled my high game of 290 at S. E. Polk. My team members were surprised that I did so well and the other team gave me high-fives. I am a little disappointed that I messed up my last frame, but I still did good."

Drew Uding '14



individual awards

all-conference
levi clark
sub-state champion
joe bormann



BOWLING *STARTS* WITH A SPIN

The seniors introduce a new style to the team

Preparing to bowl, senior Jared Verhasselt begins his approach. The ball swings back as both hands grip the ball. He walks forward and takes a quick step to gain momentum. His grip loosens and his hands twist as the ball is released.

Verhasselt began bowling as a toddler, and started to experiment with his technique at age 13. He went from using the original technique, bowling with two-fingers and thumb, to being a two-handed bowler. "I used to bowl straight with my right hand and I was alright with it," Verhasselt said. "But then I just learned to do it this way."

Verhasselt experimented with many techniques before deciding on a specific form. "(When) I first started to learn to spin a ball, they said you were supposed to use three fingers to do it," Verhasselt said. "I tried it and I never figured it out. It was weird just cradling the ball with two fingers, so I started using two hands."

Verhasselt decided to change his style to gain more power behind the ball. The change allowed Verhasselt to pick up more spares and raise his game scores.

Senior Adam Shaver was inspired by the people bowling next to him. "I just looked at them and was like 'I want to do it (that way),'" Shaver said. "I was trying to figure out how to do it, and I couldn't fit all three fingers in, so I just used two."

Shaver used both the two-finger technique and the three-finger technique during each match. "My strikes are two-fingered and my spares are three-fingered," Shaver said. "It's more accurate, I get less spin on three-fingered, so it goes straighter."

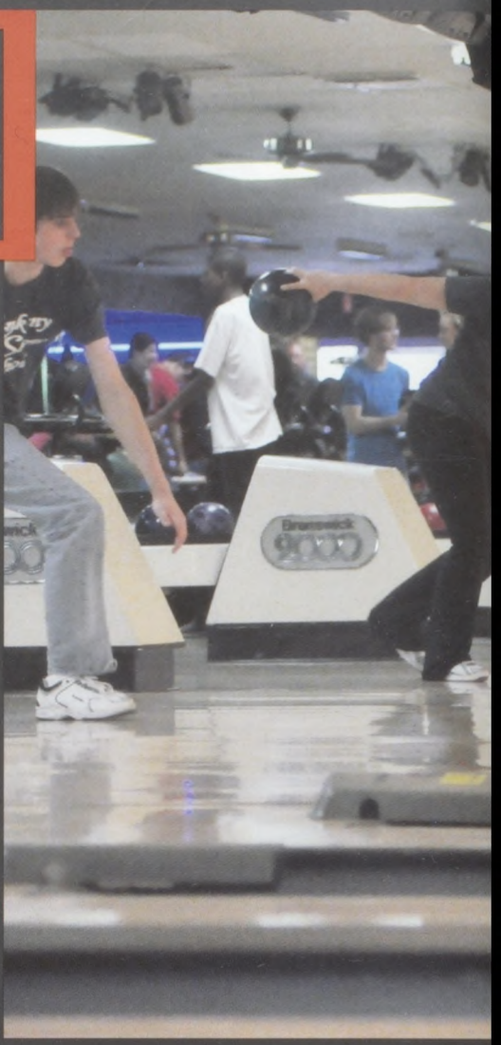
Junior Anthony Denny learned to bowl with the original technique as a child and has kept with the same technique. "My dad and my brother bowled and it seemed cool," Denny said. "They both bowl the standard way, so that's they way that I learned."

Coach Vickie Borich doesn't believe one technique was better than the other. "I think there is a lot more variability in the skill of throwing the ball without fingers in the holes," Borich said. "Kids who bowl with the fingers in the ball have a lot more control over the ball. They don't have quite as many errors as the kids with the no finger technique."

Although team members bowled in different ways, they weren't worried about judgment from other surrounding teams. "You don't stand out as much with four people (using the two-handed technique)," senior Clayton Bormann said. "It's more normal."

spread by bailey pierotti and ashley norris

valley	2403-2418
marshalltown	2341-1735
knoxville	2341-2165
ankeny	2190-2275
dowling catholic	2215-2075
s.e. polk	2297-2485
urbandale	2621-2450
ankeny	2331-2702
dowling catholic	2613-2054
s.e. polk	2406-2473
urbandale	2340-2176
dsm north	2528-2179
conference	2nd
state qualifier	5th
overall record	10-10



Senior Clara Sandoval approaches the foul line during an afternoon practice at Plaza Lanes. "The best part (of the season) was the bus ride to S.E. Polk to conferences because we were all getting each other pumped up so it was exciting," Sandavol said. *photo by helen lagerblade*



Watching the curve of her ball as it travels down the lane, senior Amanda Teel prepares for the conference meet at S.E. Polk. "Winning conference was the highlight of the season because I totally didn't expect to," Teel said. "It was just a great way to end the year and go out with a bang." *photo by helen lagerblade*



Freshman Kelli Bormann releases her ball down the freshly-oiled lane trying to pick up her split during an afternoon practice. Bormann achieved her highest score of the season with a 199. *photo by helen lagerblade*



Anticipating her release, junior Katy Richardson works on her delivery. "I got my highest score at a meet when I had a shin splint and was wondering if I was even going to go to the meet because it hurt a lot," Richardson said. *photo by helen lagerblade*



Freshman Monica Snyder practices her follow-through. The girls' team practiced every Tuesday and Thursday afternoon at Plaza Lanes. *photo by carly crist*



Sophomore Olivia Jenkins anticipates the release of her ball. Jenkins started out the season on junior varsity but moved up to varsity mid-year. *photo by helen lagerblade*

an *unexpected* twist



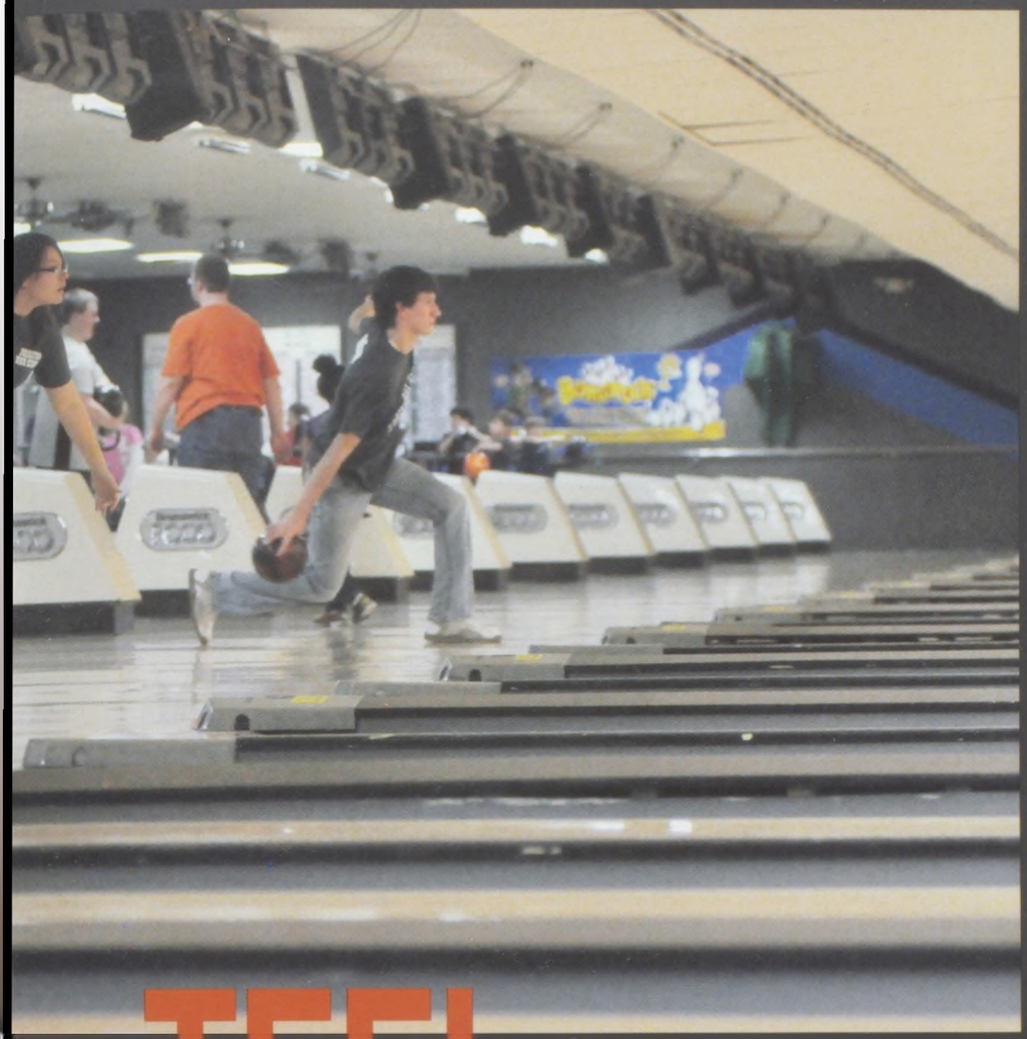
"Forming the team and getting to know each other is the best thing about bowling. The support of the team goes beyond practice, even to helping each other with homework."

Lauren Ulm '13



"Being on the bowling team for the first time has brought me many great memories, many new friends, and coach Borich was very supportive even though I wasn't the best bowler."

Karina Suarez '12



TEEL STRIKES A WIN

Senior Amanda Teel finishes strong as the conference champ

The girls' bowling team checks out the competition at Premier Lanes while they wait for the playing of the National Anthem prior to the conference meet. Because the recording would not play, senior Amanda Teel's teammates volunteered her to perform, knowing she had sung at other sporting events. "I was so unprepared, I was just thrown into it," Teel said. "I was so nervous, I was shaking."

With the competition ahead, Teel had to get rid of all the nerves in her system. "That was a challenge just getting her to calm down after (singing)," coach Vickie Borich said. When she faced the greased-up lane, Teel had to remember all of her preparation.

Bowlers know the lanes affect play, and at conference, S.E. Polk had the home-lane advantage. During the season, Teel and the team practiced twice a week at Plaza Lanes. Before conference they prepared for the new location. "We went and practiced (at Premier) to get a feel for the lanes," Teel said. "Plaza doesn't use a lot of oil, but Premier uses a ton." The amount of oil on the lane affects the spin of the ball, so it was necessary to adjust.

The conference champion was decided in the last two frames in the last game. "I was neck-and-neck with a girl from Ankeny (Brianna Payton) who I'm actually friends with," Teel said. "I told her we should tie, so we could both be conference champions."

The girls felt similarly. "I was thinking that Amanda is such a great bowler and we both deserved it," Payton said. "Whatever happens happens because we are both good and we know in the end we are both winners."

In the end, Teel's concentration was the most important. "I was totally in the zone, and I try to focus on my own game but I kept looking at (Payton's) score to see what I needed to get," Teel said.

Teel was worried about her placement throughout the meet. "Going into the last game I was about 13 pins ahead, but I forgot about that," Teel said. Looking at the scores, she had anticipated a second-place finish. Although she finished the game with a score of 203 compared to Payton's 215, Teel finished six points ahead of her, with a combined score of 613, winning the title of conference champion.

At the district meet the team finished fifth and did not advance to state, but that did not diminish the accomplishments already achieved. "I'm not too bummed (about districts) because I did really well at conference," Teel said.

spread by / carly crist and anne dieseth

individual awards

first all-conference
amanda teel
fifth all-conference
kelli bormann
thirteenth all-conference
katy richardson

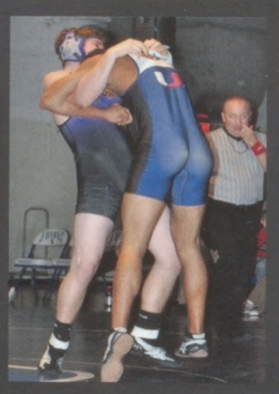
valley	9-57
mason city	19-49
indianola	20-44
bondurant	45-18
norwalk	30-40
albia	45-31
north polk	55-24
marshalltown	39-36
webster city	28-36
lincoln	60-12
ankeny	45-27
southeast polk	9-59
urbandale	27-35
dowling catholic	48-16
atlantic invite	4th
johnston invite	4th
cedar rapids jefferson invite	4th
CIML conference meet	7th
urbandale ed winger	17th
districts	4th
state	16th
overall record	5-9



Competing in the first period of the match, senior Joe Scanlan pins senior Jack Cronin of Urbandale during Urbandale's senior night. Scanlan contributed a lot of his success to off-season wrestling.
photo by katie holcomb



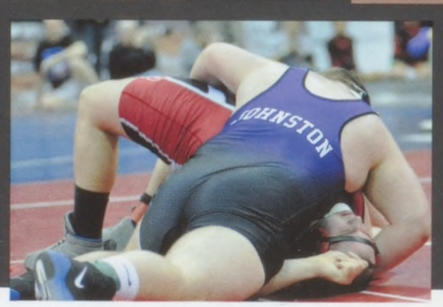
Senior Isaac Laffey pins an opponent from Bondurant at a home dual meet in class 182 pounds. While waiting for the match to start, Laffey thought about how he was going to wrestle. "I went out with the intent and plan to pin him so I got him into position and did it," Laffey said.
photo by katie holcomb



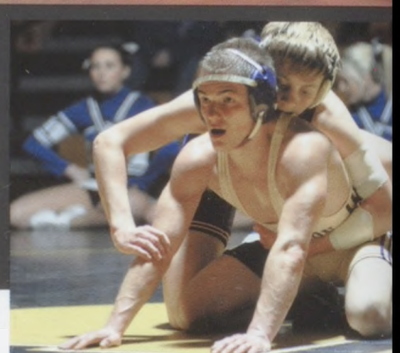
Sophomore Brandon Sexton wrestles senior Anthony Lazard of Urbandale in class 182 pounds. This was Sexton's first match back after being out for a few weeks due to illness. He won 7-3.
photo by katie holcomb



At Urbandale's meet, junior Conner Jacobsen wrestles Urbandale senior Nick Jepsen in class 195 pounds. Jacobsen lost 4-13 in the third period.
photo by katie holcomb



Pinning his opponent from Western Dubuque, sophomore Jacob Scanlan competes in the state tournament in class heavyweight of 285 pounds. Scanlan placed fourth in the tournament.
photo by katie holcomb



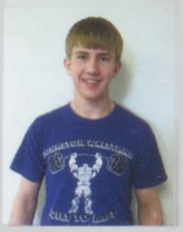
Senior Will Legrand wrestles in the 138-pound weight class during senior night against Indianola. Legrand thought about many things beforehand. "I wanted to go out there and have fun." Legrand said, "and (thought about) how comfortable them gold singlets are."
photo by katie holcomb

an *unexpected* twist



"What sticks out from this season is how much harder everyone worked at practice. I think the practices were tougher this year than last year but the guys on the team worked even harder and were okay with staying longer to do extra stuff like running and lifting."

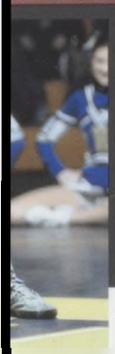
Nick Newton '12



"The skin infections were really bad for our team and state-wide. At one point in early January we had half our varsity line-up out. It really hit me hard too because in December I came down with staph infection on my hand and elbow and had to spend a couple days in the hospital.

Dakota Jackson '11





LUCKY NUMBER THREE

Wrestler surpasses three school records in his senior year

Earphones in and mind focused on the match to come, senior Joe Scanlan prepares 30 minutes before his first round district match against senior Jack Cronin of Urbandale. Scanlan paced the floor, thinking in particular about working his offense and takedowns.

"I knew I had to get that pin, and I knew for districts I wanted to get off the mat as quick as I could to save energy and to move up (in the rankings)," Scanlan said. If he pinned Cronin, he would surpass the school record for the most career pins, which stood at 76.

The career pin would not come without a struggle. "It was pretty hard to get the pin," Scanlan said. "(Cronin) kept going out of bounds. He was trying to avoid giving up the pin." In the second period, Scanlan got it. Before the end of the season, Scanlan picked up three more pins, establishing the record at 80.

At the beginning of his high school career, Scanlan caught attention. "Joe won 30 matches as a freshman and opened some eyes right away," varsity coach Aaron Tecklenburg said. During his career he placed three times at state including third at the 220-pound weight class his senior year. "Knowing it was the last one, I wanted to do something big," Scanlan said.

In addition to placing third and setting the career pin record, Scanlan broke two more school records at state. He established the career win record during the consolation semis against Cedar Rapids Prairie, finishing with 143 wins. In the third place match against Linn Mar, the last of his high school career, he broke the season pin record by one, finishing with 28.

Scanlan's love of wrestling was always present. "Joe was a quiet leader throughout his career," Tecklenburg said. "He rarely missed a workout and consistently brought a passion and love of wrestling into our room."

Tecklenburg saw both Scanlan and the wrestling program transform. Four seasons ago the team included 19 members. This year the team reached 48 members. "There's a positive interest and support system in place with wrestling now, and I can't say that was necessarily present here when our staff took over four seasons ago," Tecklenburg said.

Scanlan planned on wrestling in college. "We are going to miss him a great deal," Tecklenburg said. "But there's no question he's left his mark as one of JHS's all-time greatest wrestlers."

individual awards

state qualifiers
- joe scanlan, 220 lbs
- jake scanlan, 285 lbs

state
- joe scanlan 3rd
- jake scanlan 4th

spread by / katie holcomb

hoover	10-1
valley	3-8
johnston invite	2nd
ankeny	7-4
urbandale	8-3
lincoln	10-1
indianola	10-1
dowling catholic	4-7
s.e. polk	10-1
districts	2nd
kuemper (pre-lim substate)	5-1
fort dodge (team substate)	5-0
ames (team substate)	0-5
overall record	8-3



Focusing on the ball, junior AJ Naanep prepares to smack a forehand at his S.E. Polk opponent. With the wind gusting at over 30 mph Naanep won 6-2, 6-3. Naanep finished the season with a 10-0 singles record. *photo by clara carlson*



Running towards the ball, senior Daniel Kim hits a forehand back to his opponent. Kim played Josh Gertsner from Ankeny and won 7-5, 4-6, 1-0 (10-7). He used his repertoire of spins to try to befuddle opponents. *photo by anna lam*



Hitting the ball back to his opponent senior Francesco Namari competes against Des Moines Lincoln. "Every time I hit a really good ball and scored RJ said that shot was a spicy meatball just because I'm Italian," Namari said. *photo by clara carlson*



Senior Duncan Sinclair serves the ball at Urbandale. Sinclair lost the first set 3-6 then staged a comeback to win the match 6-3, 1-0 (10-7) giving the team a 5-1 lead after singles. *photo by anna lam*



Senior RJ McGrew accelerates through his forehand in his doubles match against Ankeny. McGrew and his partner junior AJ Naanep won 6-2, 4-6, 1-0 (10-5). *photo by anna lam*



Sophomore Joe Sprunger jumps for a ball at the net. Sprunger and his partner, sophomore Nick Pielak, won their match against Urbandale 8-6. *photo by anna lam*

an *unexpected* twist



"In Mason City, most people finished one set before we got called into the school for a tornado warning. After that was over we went back out but then they cancelled the meet and sent us home. We rode back through a gigantic wall of thunderstorms, the escape hatch on the roof of the bus leaked all the way home and we partially filled a lunchbox with all the water.

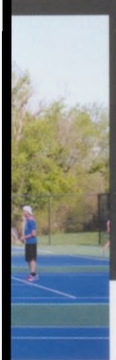
Chase Fiedler '12



"One of the funniest and best memories from this past tennis season was when (senior) RJ McGrew hit a game-winning tweener at home. All of the Johnston players exploded like we had just won state. It was crazy."

Robert Doan '14





NEW LOOK ON MENTAL TRAINING

The boys' tennis team focuses on their mental approach to their games

The same week the boys' tennis team played conference-rival Ankeny, junior AJ Naanep suggested that coach Leslie Shipp talk to the team about the mental aspects of tennis. "If you're out there, a lot of times you're out there by yourself and start freaking out," Naanep said. "So we lost confidence, and if you do that it sort of snowballs and you can lose. The whole purpose of the the mental thing is to avoid that."

Shipp sat the team down and discussed two types of tennis players. The first, Type A, is a player that possesses great physical skills, but is too emotional and sometimes will lose the match because of it. The second, Type B, is a player who lacks great physical skills, but is in control of his emotions and will try different things to win.

The team consisted of both types of players. Senior Duncan Sinclair exemplified the Type B player. Shipp identified for the team some of his strategies, mainly having a short memory. "When Duncan makes mistakes in a match, he pushes it out of his mind and gets down to the next point," Shipp said.

Other players had Type A tendencies, so the team talked about strategies to use when upset besides throwing rackets, screeching "primal screams," as assistant coach Jerry Kinder called them, and launching balls out of the playing area.

One of Naanep's strategies was to relax his dominant hand between points. "I put my racket in my left hand, I take a deep breath, and move on," he said.

Senior RJ McGrew, who claimed the main reason behind his losses were his emotions, used other methods of calming down. "I'll eat on changeovers, I'll tie my shoes, or maybe read a text," McGrew said. McGrew focused on taking the whole match by each individual point rather than the overall game. "Slowing down in general, taking a minute before a serve, don't rush," he said.

At times during the season, players used the training. It worked against Ankeny. The Dragons won five out of six singles matches, which put them in the position of needing only one doubles win to win the meet. They picked up two, breaking Ankeny's streak of a five-year undefeated dual meet record in the conference, having last been beaten by the 2006 Johnston team.

Ultimately, the Dragons finished second in the conference, with a loss to Dowling Catholic. "If we had played mentally against Dowling like we did against Ankeny, we might have won," Shipp said.

spread by / anna lam and clara carlson

individual awards

third place districts
duncan sinclair
aj naneep (doubles)
rj mcgrew (doubles)

fourth place districts
justin atterberg (doubles)
daniel kim (doubles)

waukee	9-2
hoover	11-0
mason city	10-1
urbandale	3-8
lincoln	8-3
indianola	9-2
johnston invite	2nd
marshalltown invite	1st
dowling catholic	7-4
ankeny	6-5
s.e. polk	10-1
valley	5-6
roosevelt	5-3
cb lewis central	5-1
ames	1-5
overall record	10-3

Junior Payton Kintz returns a ball during a singles match against Dowling Catholic. After placing fifth in state singles last year, Kintz decided to team with senior Jenna Heil in state doubles. They placed second. *photo by anna lam*



Senior Jenna Heil serves in a singles match against Indianola. Heil joined with junior Payton Kintz and placed second in state doubles, the highest state placing in school history. *photo by anna lam*



Winding up for a servce, freshman Liera Bender plays in a match against Hoover. Bender earned the number one spot. She was one of three freshmen to place in state singles. *photo by anna lam*





Senior Martha Carroll of Dallas Center Grimeshits a forehand. Because DC-G did not have tennis, Carroll played for Johnston for her entire high school career *photo by anna lam*



Senior Krista Gerke jolts toward the ball in a match against Norwalk. "I've learned to never underestimate your opponent," Gerke said *photo by katie holcomb*



Junior Karly Palmer smashes an overhead in a doubles match against Dowling Catholic. "They were really good and we played hard against them," Palmer said. "But unfortunately we ended up losing in a tie break 10-7." *photo by anna lam*

an *unexpected* twist



"Our team is really close. Like too close. We're all crazy sarcastic, literally jump on each other, steal each other's food, listen to music and hang all the time. I'm going to miss this group of girls. Not to mention (coach Ben) Knight and all of his technology refences (#yolo)."

Maddie Kreamer '12



"My favorite memory from this past tennis season was definitely just going out to eat with the team after practices and meets. Just getting to hang out with all the girls and get to know them was fun."

Georgia Carroll '14



individual awards

state qualifiers

singles:
liera bender - 4th

doubles:
jenna heil and payton kintz - 2nd



MATCH BRINGS STATE BANNER

Varsity girls' tennis team qualifies for state for the first time

Freshman Liera Bender did not realize the pressure associated with high school tennis. "My biggest weakness was handling the crowd," Bender said. "There were times that I really let them get to me. Since this was my first year playing high school tennis I wasn't really used to hearing parents and other players yelling at me."

However, on May 19 Bender played her game. When she set up to serve against Abby Bergsten of Council Bluffs Lewis Central, she had no idea the importance of the singles match she was about to play.

The first team to win five matches (six singles and three doubles) qualified for state team. Bender lost the first set and then stormed back to take the second 6-0. In the meantime the other five singles matches had finished with Johnston up 4-1. If Bender won the third set tiebreaker, the team made state.

Bender felt the pressure. "I went into the tie-breaker really nervous but I loosened up after winning a few points," Bender said, "I kept telling myself 'Relax. You can do this. Just calm down.'" Bender struggled to close the match but eventually won the tie-breaker 10-4 and the team made state for the first time in school history. "I was so relieved and when I walked off the court and my team came running up saying we didn't have to play doubles I was a little in shock," Bender said.

The girls missed state team last year by two points. Several returning members had hoped to earn a spot. "We were winning a lot more of our meets so we definitely did a lot better with consistency this year," senior Jenna Heil said.

To secure a place in the afternoon regional final against Council Bluffs, the team beat Roosevelt in the morning. "We knew that the match with Roosevelt would be a more difficult challenge," coach Ben Knight said. "Roosevelt had a stronger team at the top positions. We had to rely on our number one doubles team of Kintz (Payton, junior) and Heil to win the Roosevelt match." The doubles win secured a 5-3 victory.

Having experienced not making team state last year, Heil enjoyed the win. "Everyone was so excited," Heil said. "It felt even better when (athletic director) Gary Ross came out to give us the banner and told us that we were the first girls' tennis team to make it to state."

The team drew reigning state champion Ames first round mainly because of losses to Urbandale and Valley during the regular season. The team lost 1-5. Ames repeated as state team champions. Urbandale took third.

spread by *katie holcomb and lisa friesth*

wartburg	**no team score**
iowa state	**no team score**
johnston	**1st**
hoover	**1st**
marshalltown	**2nd**
valley	**4th**
urbandale	**1st**
drake	**no team score**
waterloo	**5th**
urbandale	**2nd**
drake relays	**no team score**
s.e. polk invite	**no team score**
boone	**1st**
conference	**1st**
districts	**2nd**
state	**13th**

Junior Ryan Tigges powers himself down the home stretch past the S.E. Polk runner in the 800 meter run. "The last 200 meters of an 800 is always a competition between who wants it the most," Tigges said.
photo by kelsey acheson



Junior Brock Hoffman spreads his arms wide as he completes his last jump out of three in the long jump. This was his first year participating in this field event. "They kind of just needed someone to do it so I volunteered," he said. "It's pretty fun too and I like it better than just doing a sprint."
photo by kelsey acheson



Breathing heavily, freshman Matt Tanner sprints the 4x200 meter race. He was the last leg after freshmen Erik Salmon, Jonah Kraght, and Logan Clabaugh. They placed first and set a new freshman record.
photo by kelsey acheson



Senior J.J. Worley rounds the bend in the JV 4x800 meter relay. He ran the race at Johnston with sophomore Adam Johanson and freshmen Josh Borwick and Cole Balmer. They placed first in their heat. The 4x800 has been Worley's favorite race since his freshman year.
photo by kelsey acheson



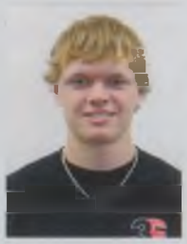


Landing after his last jump at state, freshman Jared Seay hits the mat after attempting a 6'5" jump at Drake Stadium. Seay placed fourth at state with a jump of 6'4."
photo by helen lagerblade



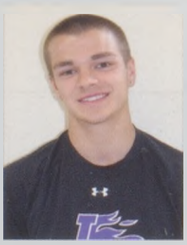
Seniors Matt Poss and Alex Hershey run the 1600 meter run at Urbandale. Poss placed third with a time of 4:30 and Hershey placed fourth, with a time of 4:36. To warm up they listened to music, jogged a mile, stretched and stayed loose.
photo by kelsey acheson

an *unexpected* twist



"I ran the shuttle with Spenser (Nelson) my whole track career and set three records with him. Every track meet he was the guy I'd hang out with. Although it was tough on us to run the shuttle without him we pulled together and had a great season because we had two of our runners up there watching out for us."

Camden Van Brocklin '14



"(The 4x400) was a win-or-else race and there was a lot of pressure on my shoulders for being the anchor. I had a lot of adrenaline going, but once I got the baton I could only think about winning. (When we won) the whole team surrounded me because we knew we had won the championship."

Bryon Christensen '13



individual awards

state qualifiers

100 meter dash
gabe caldwell
jordan weddington

1600 meter run
matt poss
alex hershey

4x200 meter relay
jordan weddington
cullen maahs
gabe caldwell
kyle timmerman

4x100 meter relay
jordan weddington
gabe caldwell
cullen maahs
kyle timmerman

4x400 meter relay
jordan weddington
gabe caldwell
jack bergstrom
bryon christensen

4x100 meter hurdle relay
isaac tuon
luke davis
jack bergstrom
logan clabaugh

800 meter run
tyson wieland

4x800 meter relay
jeremy caracci
tyson wieland
matt poss
ryan tigges

distance medley
ben garlock
cullen maahs
kyle timmerman
ryan tigges

shot put
marcus mckay

discus
tyler mccormick



DOWN TO THE WIRE

Boys' track wins last race to tie for first with Dowling Catholic for conference title

"El sol se oculta, salen las estrellas. Y todo lo que cuenta, es el aquí y el ahora," sings senior Taylor Burkhead on the bus ride home from the conference meet in Indianola. Burkhead was singing songs like "Glad You Came" by The Wanted in Spanish, along with oldies like "Anyway You Wanted It" and "We Are The Champions" as the team joined in.

"We sang so many songs on the way back and there was so much pride going around, it was great," sophomore Tyler Fenton said. The boys' track team was celebrating its co-win against Dowling Catholic, by winning the final race.

Throughout the conference meet the team struggled to keep the lead. They held the top spot until a few events from the end, when Dowling Catholic pulled ahead. It came down to the last event of the night, the varsity 4x400 relay. The pressure was on to succeed and tie Dowling Catholic for first.

The announcer came on the loud speakers said the boys were four points behind Dowling Catholic. With track scoring, whoever places first in a heat gets ten points, second receives eight and third gets six. To tie Dowling Catholic, the varsity 4x400 meter relay would have to come in first and Dowling Catholic would have to place third or lower.

The runners lined up at the start and the gun fired. The race was on. "When the race started, we started off with a huge lead and it was pretty obvious that we were going to win the race," said sophomore Jeremy Caracci, "but Dowling Catholic was in second place for most of the race so we were freaking out."

With Johnston in the lead and junior Bryon Christensen bringing up the rear, Dowling Catholic and Indianola were battling for second. With their gap from other opponents, the boys knew they were going to win the heat. They started cheering on the Indianola runner, encouraging him to beat Dowling Catholic. "With about 55 meters left the Indianola anchor passed Dowling and we all went crazy," Caracci said.

Christensen passed the finish line and the whole team rallied around him, praising him for winning the meet. They waited in anticipation for the final scores to be announced. Knowing they had accomplished their goal, they jogged a victory lap as a team. Before leaving, they circled the Indianola anchor, thanking and congratulating him. The boys were excited about their achievements at the meet. "I didn't run, but the bus ride; now that was something else," Burkhead said.

spread by / katrina fey and kelsey acheson

wartburg invite	**no team score**
isu hs classic	**no team score**
ankeny invite	**6th**
ames	**no team score**
waukee	**no team score**
woodward-granger	**no team score**
craig oldham invite	**3rd**
waukee relays	**2nd**
jim duncan invite	**no team score**
jim duea invite	**4th**
jhs invite	**no team score**
dowling catholic invite	**4th**
drake relays	**no team score**
conference	**3rd**
districts	**4th**
state	**24th**



Jumping at 5' 3", sophomore Maddy Woodline clears the high jump at the conference meet. Woodline won the event at conference and placed seventh at state. *photo by jordan poore*



Jumping the hurdle, sophomore Kaari Devens participates in her leg of the shuttle hurdle relay at conference. Devens' relay competed at both districts and the state meet. *photo by helen lagerblade*



Freshman Nikia Pope runs at the Craig Oldham Invite hosted in Johnston. Pope ran the first 200 meters in the 1600-meter distance medley. *photo by jordan poore*



Sophomore Sarah Birkett takes a leap into the sand in the long jump event at conference. At the conference meet varsity placed third while JV placed second. *photo by helen lagerblade*



Senior Katie McMillen receives the baton from sophomore Brooke Stoll during the 4x200 meter relay at state. McMillen, Stoll, sophomore Ronnoja Ayers and senior D'Autre Ayers made up the relay that placed seventh. *photo by helen lagerblade*



Rounding the corner during the 4x800 meter relay, junior Bailey Eppard tries to catch Pleasant Valley runner Maddie Reynolds. Eppard, along with senior Maddie Kleve, freshman Jordyn Kleve and sophomore Kenzie Foldes, finished 11th at state, held at Drake Stadium. *photo by helen lagerblade*

an *unexpected* twist



"Everyone thinks that all we do is run, which is a big part of it. But people probably don't realize how much fun it actually is. The whole team factor plays a big role in the sport. From pasta dinners to the bus rides, we make it fun for each other."

Madeline Miller '14



"After many practices, a lot of us girls would go into the training room. We would take our socks and shoes off and 10-15 of us would put our legs into the ice bath. Sometimes we tried to see how many girls we could fit into the ice bath. "

Madison Rice '13



RACE TO COMPETE



Coach Dave Beason determines the district and state girls' track hurdle team

The Lady Dragon track team finished the regular season by qualifying 10 individual events and seven team events for the girls' state track meet. The runners for the relays to compete at state had been set ahead of time for all but one event, the 4x100 meter shuttle hurdle relay.

Throughout the season, several girls had run in the varsity shuttle hurdle relay. Seniors Taylor Mithelman and Kim Thomas, juniors Claire Sevenich, Isabella Engblom, Hailey Kromminga, and Carly Crist, sophomores Kaari Devens, Madeline Miller, and Hannah Berger and freshman Nikia Pope were all possibilities to fill the district and state team. "Coach (Dave) Beason gave us all equal opportunities to compete and improve our times, so we had chances to run but it all came down to who had the fastest ones," Engblom said.

Beason had a difficult time placing the members of the shuttle hurdle team. "The girls were closely matched all season," Beason said. "To make the final cut, the girls went head-to-head in an extra heat at conference to see who would take the third spot on the team." The next day at practice it was announced that freshman Nikia Pope had a fast enough time to punch her ticket to the district meet.

One more spot remained. Beason held another race to determine who would compete in the last spot. "At practice (the following Monday) we had a 'run off' is what Beason called it," Engblom said. Whoever crossed the finish line first after running the 100 meters of hurdles would be on the team, and second and third place would be the alternates.

This race created an unusual atmosphere for the girls. "We had raced against teammates in meets before but this was different because it was all of us in one race competing for the same spot during a practice," senior Taylor Mithelman said. "It was a weird feeling to be joking around with each other before we raced because we were all friends, but you could also feel some tension in the air."

As the girls finished the 100 meters, Crist came across the line first and earned the fourth spot in the relay with Devens, Miller and Pope. Englblom and Sevenich came in second and third and became the alternates. "As much as I would have loved to run, I'm glad I at least got to be a part of it, to be there and support the team," Engblom said.

At state the ladies 4x100 meter shuttle hurdle team combined their strengths to finish 18th with a time of 01:08.55 minutes.

spread by carly crist and jordan poore

individual awards

state qualifiers

maddie kleve
800 meter run
4x800 meter relay
distance medley

jordyn kleve
1500 meter run
3000 meter run
4x800 meter relay

bailey eppard
1500 meter run
3000 meter run
4x800 meter relay

ronnoja ayers
200 meter dash
4x100 meter relay
4x200 meter relay
distance medley

tayler murray
4x100 meter relay
sprint medley

madeline miller
shuttle hurdle relay

brooke stoll
400 meter dash
4x200 meter relay
distance medley

nikia pope
400 meter hurdles
shuttle hurdle relay

madeline mcgregor
sprint medley

kaari devens
shuttle hurdle relay

carly crist
shuttle hurdle relay

ashley gray
shot put

maddy woodfine
high jump

kenzie foldes
4x800 meter relay

dede ayers
4x100 meter relay
4x200 meter relay
sprint medley

katie mcmillen
4x100 meter relay
4x200 meter relay
distance medley
sprint medley

cedar rapids jefferson	2-1
cedar rapids prairie	3-0
norwalk	2-1
dsm roosevelt	7-1
s.e. polk	4-1
glenwood	3-0
ames	0-1
dsm north	8-0
dsm hoover	2-1
s.e. polk	5-0
valley	1-2
ankeny	1-0
urbandale	3-0
dsm abraham lincoln	5-0
newton	8-0
indianola	7-0
dowling catholic	2-1
urbandale	4-0
dowling catholic	3-1
state	
bettendorf	3-0
valley	1-0
iowa city west	0-1
overall record	19-3



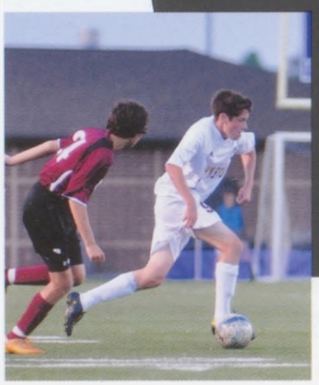
Senior Tyler Neumann battles against Urbandale junior Mirza Donlagic in the substate game on May 23. Neumann scored 12 goals and had 12 assists. *photo by lisa friesth*



Senior Jon Hankins goes for a header against Valley junior Lee Scott. Throughout the season, Hankins started 21 out of the 22 games played and scored nine goals. *photo by mariah wellman*



Making a save junior Krister Anderson catches a ball as goalie during the Newton game. Anderson made 11 saves and only had one score made against him during his eight games played. *photo by clara carlson*



Dribbling the ball across the field, sophomore Sam Graving weaves between a Lincoln opponent during the first quarter. Graving scored 13 out of the 74 team goals scored during the season. *photo by bailey pierotti*

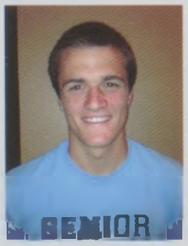


Winding up for a kick, junior Spencer Clock passes to senior Josh Dicken during the game at Urbandale stadium. "This was the best soccer season of my life, especially listening to Nick Payne (senior) sing "Made in America" and my concussion buddy Eric Bass (senior)," Clock said. *photo by kelsey acheson*



Senior Nick Payne passes the ball to senior Brian Ross with Valley senior Eric Williams close behind. "This was the farthest we have ever gotten in Johnston soccer history," Payne said. "It was by far the most memorable season I've ever played in." The boys placed second in the state tournament. *photo by mariah wellman*

an *unexpected* twist



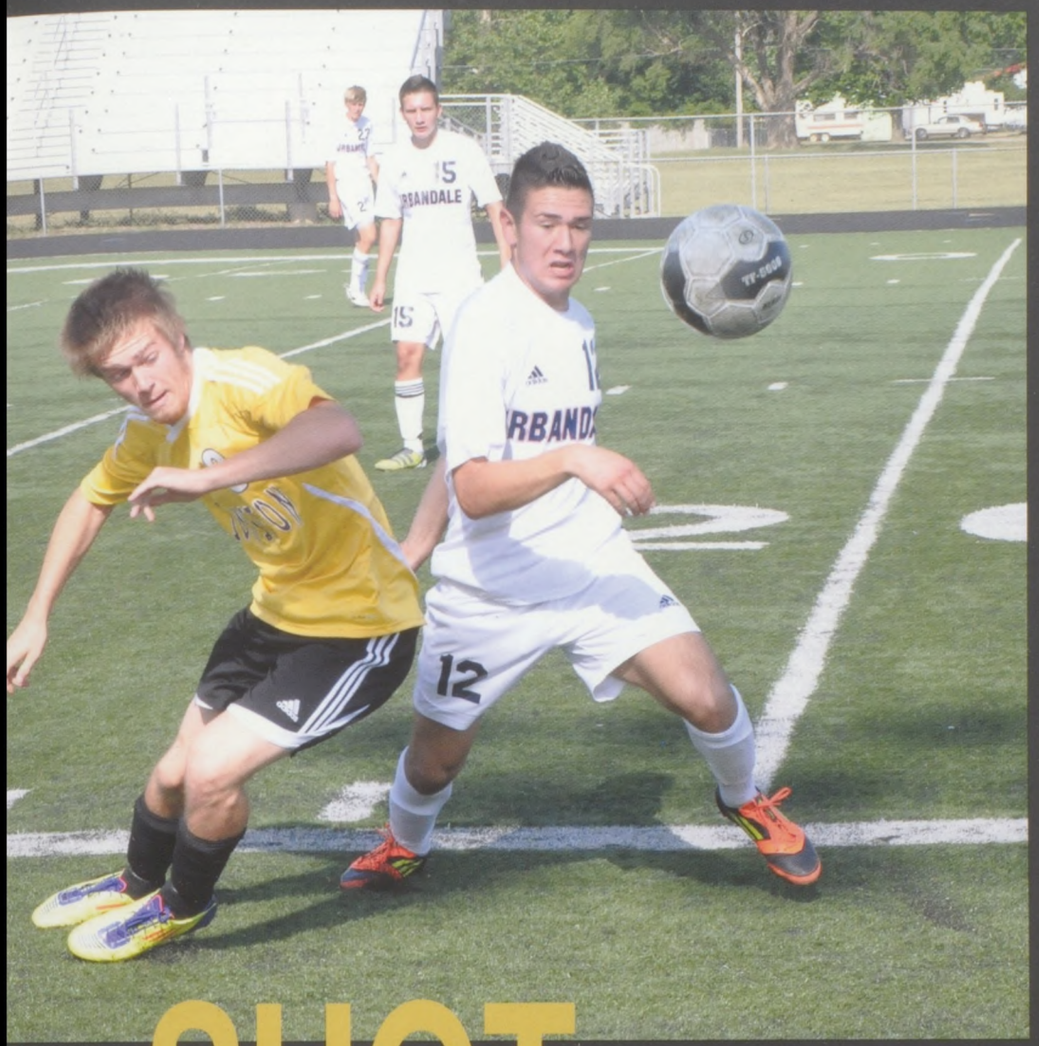
"We dedicated our season to our mascot the dragon fish who died halfway through the season. But it was also pretty sweet seeing all of the people from Johnston come and support us (at state) and even though we didn't get the outcome we wanted to, it was still one great season."

Andy Smith '12



"I really enjoyed this year of playing soccer because I got to play with a group of guys that I have been playing with since I was 13 years old. We played together in JUSC (Johnston-Urbandale Soccer Club) and it was fun to play school soccer with them too."

Sam Perington '13





SHOT AT REPEAT TITLE

Varsity boys battle Dowling Catholic for the conference title

May 14 was the turning point for the soccer team as they faced Dowling Catholic for the conference title the second year in a row. "Our coach told us that the whole season basically came down to this game," sophomore Joe Fairchild said. The game took an energetic start when Dowling Catholic scored within the first 10 minutes. "The game definitely got more intense, and we didn't want to give up," senior Tyler Neumann said.

Coach Heath Weeks was upset about the early goal. "I thought it was a goal we could have stopped or prevented if we had been a little more aggressive in our own box," Weeks said.

Both teams fought aggressively for the win. "It was a physical game," Fairchild said. "Three kids from their team got yellow cards and two kids (sophomore Sam Graving and senior Josh Dicken) from our team." At half-time Dowling Catholic led 1-0, but the boys were determined. "Our coach told us to play our game," Neumann said.

Weeks provided some motivation going into the second half. "I definitely warned them against giving up another goal and I thought they responded very well on defense to really limit Dowling's chances," Weeks said.

With seconds left on the clock, junior Ryan Harlow crossed the ball into the box. It navigated through several Dowling Catholic players before finding the foot of Graving. Graving sent the ball into the upper netting of the goal, tying the game 1-1 and sending the teams into overtime. "I was in the right spot at the right time and just finished my shot," Graving said. "It felt great getting that goal."

Weeks felt confident going into overtime. "Once we scored to force overtime, I knew the Dowling players would be mentally and physically drained, and so I thought we had a good chance to win the game early in overtime if we kept up our pressure," Weeks said.

Minutes into sudden-death overtime, another cross was made into the box and Dowling Catholic struggled to clear the ball. Neumann kicked at the opportunity and found the net. "It was overwhelming because we made the comeback and won," Neumann said.

For the second year in a row, the boys won against Dowling Catholic and earned the conference champ title. "I knew we would have a strong performance," Weeks said. "The team realized the importance of the game and wanted to play their best. I felt confident that we would come out on top."

spread by / helen lagerblade and bailey pierotti

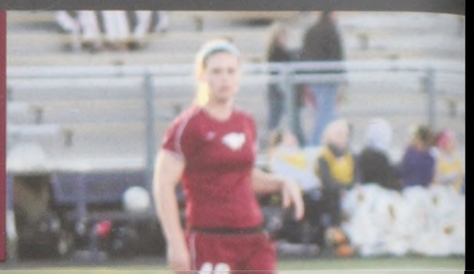
individual awards

first all-conference
- andy smith
- josh dicken
- brian ross
- tyler neumann

second all-conference
- sam graving
- cody jacobson
- ryan harlow
- jon hankins

honorable mention
- nick payne
- pete lashier
- spencer clock

norwalk	2-0
dallas-center grimes	5-1
dsm hoover	4-0
ankeny	1-3
wdm valley	2-0
mason city	2-0
urbandale	4-0
dsm abraham lincoln	10-0
indianola	4-0
pleasant valley	2-1
council bluffs thomas jefferson	2-0
dowling catholic	1-2
s.e. polk	2-0
sioux city north	1-2
cedar rapids kennedy	0-1
ames	1-0
dsm north	5-0
dsm north	8-0
urbandale	1-0
state bettendorf	0-2
overall record	15-5



Junior Megan Faley protects the ball from Ankeny junior Mary Brandt. "The Ankeny game has been tough every year but I think that after winning our first three games it was a reality check," Faley said. "It showed us how the rest of the big games could turn out if we didn't put it all in every game." *photo by lisa friesth*



Sophomore Ellie Wallace makes contact for a header against S.E. Polk opponent sophomore Amanda Devnich. "It was really exciting to beat Valley 2-1 even though we were the underdogs," Wallace said. "They had two of the best players in the state and it felt really good to win against such a tough team." *photo by lisa friesth*





Junior Bailey Wilmes fights for the ball against Dowling freshmen Bailey Bravard. Wilmes started 10 out of 13 games in the regular season. She also scored four goals and completed two assists. *photo by lisa friesth*



Working to get around her Des Moines Lincoln opponent, freshman Payton Thompson goes after the ball. Thompson played in 18 games throughout the season. *photo by lisa friesth*



Dribbling past her Ankeny defender, junior Lexi Willie pushes the ball up the field. Willie scored 13 goals during the sesaon. *photo by lisa friesth*



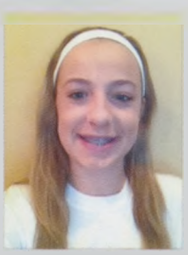
Junior Emily Scott breaks away from S.E. Polk opponent sophomore Caroline Rogers in a game on May 17. "Being a part of Johnston soccer has come to a new level," Scott said. "It has really changed the way I view soccer and my team." *photo by lisa friesth*

an *unexpected* twist



"The best memory was the feeling after beating Urbandale to get to the state tournament. Our keeper, (junior) Emily Hanson, had two amazing saves in the shootout. After that we all basically attacked her and had a huge dog pile on her!"

Kerigan Thompson '12



"One of the best games this season was when we went to Valley and scored in the first minute and then went on to win the game 2-0. It was so exciting to beat Valley two years in a row!"

Paige Elming '14



individual awards

first all-conference
paige elming

second all-conference
kerigan thompson
bailey wilmes
lexi willie

honorable mention
rachel wanninger
emily scott
ellie wallace
megan faley
allyson veatch
bailey bockenstedt
emily hanson



PACT FOR NEW APPROACH

Coach Mattie Smith encourages teammates to try a new strategy

Junior Mollie Tompkins checks her phone after one of many pre-game team meetings. She receives a text - "Put the team first. Do not criticize teammates. Keep an open mind. Want to get better. Compete hard-within rules." This list of details is what the players decided made up a good teammate, and everyone received the text to make sure they understood what was expected of them.

At the beginning of the year, coach Mattie Smith made a "pact" to not talk behind any players' backs. "We were talking about what makes a good teammate," Smith said. "I had recently heard a sermon about how gossip in the church can destroy it. And I realized it's the same in any organization."

This was true after any of the games that certain players felt they didn't perform as well as they could. When some teammates might blame each other after a game they felt poorly about, this team took a different approach. "When we have a bad game, all of us would want to blame each other, but we knew if we talk about each other it would just bring each other down," Tompkins said. The plan to not talk about each other was from the influence of Smith. "You can't rely on people if you think you make a mistake, they're going to talk about you," Smith said.

The outcome of this goal was crucial for the success of the team. "Instead of talking behind each other's backs, we will go up to each other and talk face-to-face about issues we might have," junior Emily Scott said. "It helped us get closer as a team and made our communication better and stronger."

Although they have never had a large problem with drama or talking about other players behind their backs, Smith wanted to implement the plan early at one of the team's first meetings so they knew what their goal would be for the season. With this goal, the pressure that came from the other members of the team was suddenly less apparent. "We seem to support each other more knowing that no one is judging one another," senior Maddie Vestal said. "Even off the field we're able to be ourselves without the influence of the team."

Smith already made plans to carry out this plan and turn it into a tradition for the team. "I haven't told anyone this yet, but I'm probably going to make it a requirement in the upcoming years," Smith said. "It's not unreasonable to ask, you sign up for the sport part, but you also sign up for this part too."

spread by / lisa friesth and ellie minor

[unnoticed] ART FORM

Senior Ena Ajdimovski commemorates the art room through photos

Room 302. Most students know this as Daniel Weiss' art room. However, to senior Ena Ajdimovski the room became something more. "I consider that room to be my home away from home," Ajdimovski said. "I've grown so much in there and it's a very important part of my high school experience."

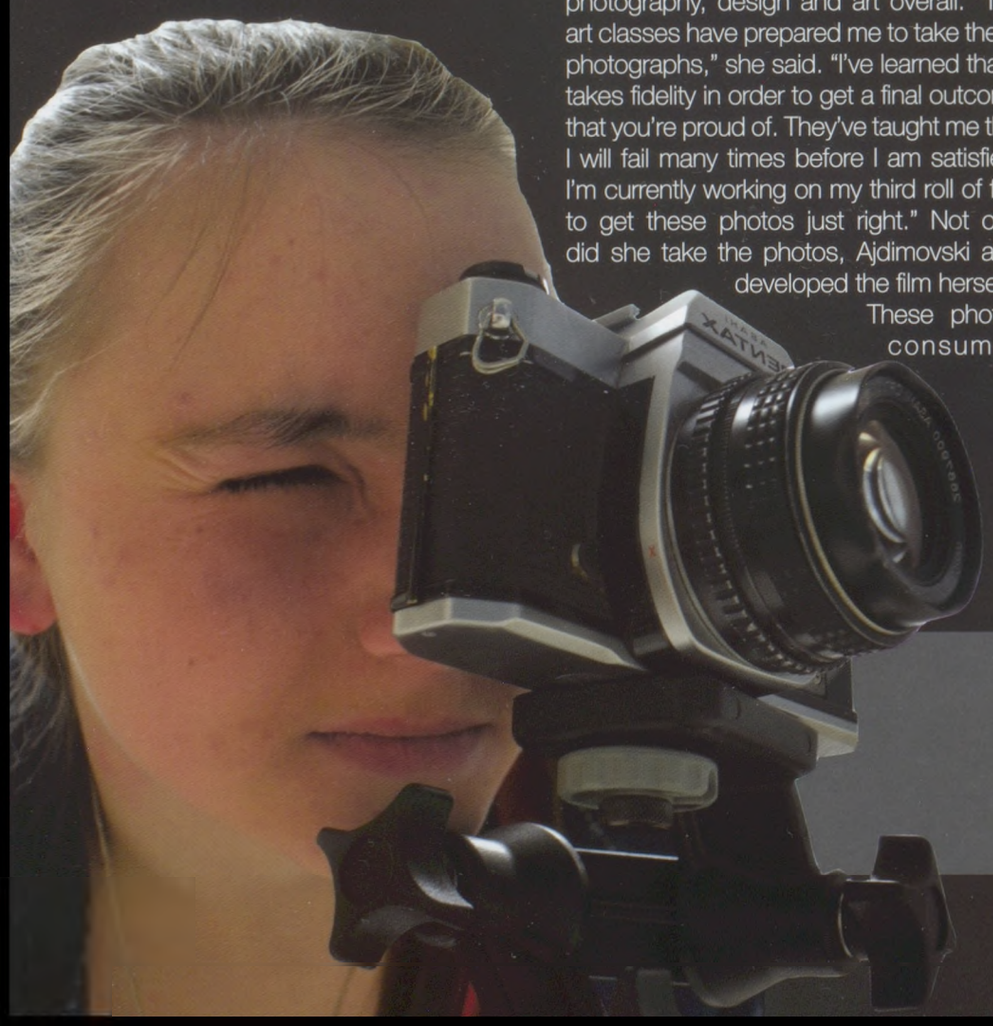
To pay tribute to all of the lessons learned, Ajdimovski took a series of commemorative photographs of the art room. "To have her aesthetically historicize the studios I've worked in for 26 years is something that touches me quite deeply," Weiss said. "Her understanding of how memory is constructed and where memory exists is beyond most makers my age."

By creating these works, Ajdimovski expressed the lessons she had learned in photography, design and art overall. "The art classes have prepared me to take these photographs," she said. "I've learned that it takes fidelity in order to get a final outcome that you're proud of. They've taught me that I will fail many times before I am satisfied. I'm currently working on my third roll of film to get these photos just right." Not only did she take the photos, Ajdimovski also developed the film herself. These photos consumed much of Ajdimovski's life. She personally controlled the environment and adjusted the lighting of the dim room by utilizing spotlights to convey her message. Ajdimovski used the school's Pentax K1000 camera, which was manufactured from 1965 to 1977. The camera did not have flash. Ajdimovski's photos portrayed the stage she set up after school. "When I know that I have a good idea, I will push myself to make sure the final photograph is the best that it can be," she said. "I love the feeling of being consumed by my work. It's very liberating. I know that when I look back at the photos, I'll understand why I spent so much time on them."

Inspiration for her photos stemmed from noticing the unnoticeable. "What originally got me interested in commemorating that place were the cuts on the tables," Ajdimovski said. "The history that room has is unbelievable. The edges of certain wooden cabinets that are wearing out. The cuts on the tables that were embedded there by former students eager to finish their projects. It's beautiful and it should be remembered." The art room was turned into art itself.

Ajdimovski's photos journeyed with her after graduation. "I plan to hold on to them," Ajdimovski said. "They will be a memory that I will have access to whenever I feel that I need it. I might contribute the photographs to our community."

spread by / bonnie le page



Senior Ena Ajdimovski shoots test shots after school. She recorded each setting and light settings, shot after shot. She utilized lessons she had learned since her first art class. The photos taken helped her in creating the desired outcome for her commemorative photographs.
photo by bonnie le page









[ONE] Junior Kara Ganzer carves a shape out of clay in Design II. "Well, I am really into art and I really like creating things and instead of just sitting in a desk this is a class where you can really use your hands," Ganzer said. "I was experimenting with different materials to create an instrument." *photo by madison boes*
[TWO] Teresa Francois, art teacher, comments on a picture drawn with charcoal by sophomore Tyler Fenton. The class, Essentials of Art, offered students the chance to learn the basics before starting their individual projects. *photo by bailey pierotti*
[THREE] Senior Kendra Jensen molds clay utilizing a pottery wheel and water to add moisture to the clay. In shaping clay it is important to use one's palms in order to form the desired shape. *photo by ashley norris*
[FOUR] In Daniel Weiss' painting class, junior Katie Regan, utilizes color to express how she feels. Painting allowed students to express themselves, but taught basic math skills, such as dedication and how to problem solve. *photo by ashley norris*

the story behind



Wood Block

"For the project we researched other instruments to get a better sense of how an instrument makes its sounds. Our task was to design an instrument that incorporated various elements in order to create at least five pitches. I designed a wood block that has an unlimited amount of pitches by changing the cavity size."

-senior erika gebard

[a little] LOGO LOVE

Students in Graphic Sound and Animation show their advertising skills

Food and clothing. For the average person these are just daily objects, but for sophomore Josiah Mielke, they now had to be his inspiration. He sat for a while clicking through photos before landing on a picture of grapes. Then it hit him, why not take the assignment in the most literal way.

"Well, since it was for the food and clothing pantry I thought it obviously had to have some type of food and clothing in it," Mielke said. "So I used some green grapes and a jacket, and that was my logo."

The assignment was part of the Graphic Sound and Animation class. Teachers Tim Brickley and Kayla Bousum heard about the logo creation contest from a parent.

"Lindsey Wanderscheid, one of my students' moms, said she was on the Johnston Partnership (the local clothing and food pantry) and that they were looking for a new logo design," Bousum said. "She had come to the open house in the summer and thought it would be a cool assignment for my class."

Senior Elaine Kramme thought the assignment was different from any she had done before. "I thought it was good that (the food pantry) asked us young people do to this assignment," Kramme said. "It is good because it gets us ready for the future when we have to (make advertising) on our own."

Students worked on the logo for three periods and handed them in. Bousum then burned them to a CD and sent it on to Wandersheid to be judged.

A couple days passed before the result came in. Starting with third place, Brickley announced Mielke's name. Mielke was pleasantly surprised, "Yeah, I was happy with the place I got," Mielke said. "I think the judges did a really good job picking the winning logo."

Senior Josh Cronin won second and first went to sophomore Ryan Ingebrand. Each place won a prize, Ingebrand received $50 cash, Cronin $25 and Mielke a gift card to a local store.

After his first advertising experience, Mielke knew it might be something he'd like to do in the future. "Well, I want to be a great movie maker when I grow up," Mielke said. "Maybe now I will be able to make the ads for my movies, too."

spread by *kaitlyn ellerman and clara carlson*



Junior Ben Dygert downloads a font for use on a project in Graphic Sound and Animation. Students made posters using Photoshop for a band tour, "Mass Chaos." "(Tim) Brickley lets us work at our own pace," Dygert said. "I find it interesting and you get to use your own creativeness on posters and other graphic design projects." ***photo by clara carlson***









[ONE] Filming B-roll footage for Dragon TV in Video Production, junior Ryan Siedenburg stands outside industrial tech teacher Mitch Eagles' room during eighth period. B-roll footage is when someone is talking in the background, but the video shows something else. Siedenburg took shots of Eagles' class for a clip about courses that were hands-on. *photo by kaitlyn ellerman*

[TWO] As the other team answers a $400 Jeopardy question in teacher Kayla Bousum's money management class, junior Marcus Montgomery watches as senior Andrew Stiles takes notes for the next day's test. While the opposing team correctly answered that question, Montgomery and Stiles' team won the game $5,500 to $3300. *photo by kaitlyn ellerman*

[THREE] Focused on the final details, senior Dylan Oswald chips cement at the base of an angel statue. As part of teacher Kristine Volesky's experience-based career education class, Oswald worked at Created in Johnston, a local statue-making business owned by Dennis Meyer. Oswald also answered the phone and swept the store. *photo by paige plaskitt*

[FOUR] Students listen to teacher Rod Weibers talk about how to file taxes for companies in Accounting I. "It has some useful real life skills, like doing taxes, that can be applied to different jobs and fields," sophomore Noah Wheeler said. *photo by clara carlson*

the story behind

Winning Logo

"I was just planning on using a heart in some way because I feel the corporation really cares about the people they are collecting clothes and food for. I just happened to stumble on the heart and hand image and thought it fit really well. I think it's cool that they picked my design and I'm proud of myself."

-sophomore ryan ingebrand

[bringin']

HOME BABIES

Students participate in Exploring Parenting by simulating infant care

Sitting on the sidelines during dance team practice due to injury, senior Ally Tack does everything she can to take care of junior Katie Hermanson's baby. She pats its back, but it still cries throughout the rest of the practice.

"I thought it was ridiculous for (Katie) to have to bring it to practice because in the real world you probably wouldn't do that," Tack said. As part of Kathy Comstock's Exploring Parenting class, the students learned about what it means to be a parent, including taking care of Baby Think-It-Over, a baby simulator created in 1993, for 72 hours. The baby could be turned off for a total of six hours throughout the process to allow time for the student's clubs, sports practices, church, or other activities.

Hermanson, who was responsible for the baby, had mixed feelings taking care of it. "I liked (the baby) at first, but it was annoying when I tried to hang out with friends," Hermanson said.

Having never taken the class and only experiencing the baby simulator while taking care of another's, Tack agreed with Hermanson. "The baby didn't really seem realistic," Tack said. "It seemed a lot more needy, and with a normal child you can talk to it or hold it, but this one just cries and you can't help it."

Prior to taking Baby Think-It-Over home, Comstock explained to the students that the baby would not respond, regardless of the student's coaxing, because it was pre-programmed to act a certain way. And although the baby did not react back to the students, Comstock still believed the overall experience was rewarding for her students.

Hermanson gained knowledge about being a parent from her experience, even though it did not always react how she would have thought a real child would. "A baby isn't always cute and fun," Hermanson said. "They are a big responsibility."

Learning responsibility was one of the goals for the students in the class. "We have a video (the students) watch and spend a couple days practicing with (the baby)," Comstock said. "We also talk about parent-readiness and baby care skills."

Hermanson learned responsibility and the struggles that she would have to deal with on a daily basis if the baby truly was hers. "I think it does (teach the students responsibility) because I don't usually get woken up three times in the middle of the night by a crying baby," Hermanson said.

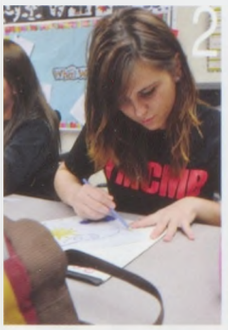
Although Tack believed the baby simulator could be a little unrealistic at times, Hermanson believed she was still able to get something out of the experience. "I would say the experience is going to make me think really hard before I ever decide to have kids," Hermanson said, "which as of now is never!"

spread by *mariah wellman and morgan riessen*



Cuddling Baby Think-It-Over, senior Anna Hathaway receives her baby for the first time. Every student was given the chance to take Baby Think-It-Over home over a weekend and wear a pregnancy belly, all while learning about pregnancy and how to sufficiently take care of an infant. ***photo by mariah wellman***









[ONE] Senior Patrick Rogers cuts slices of an apple pie he just made for Culinary 2. Culinary 2 was part two of an introductory course in culinary arts. Students continued to advance their skills in safe and sanitary use of equipment, food preparation skills, and knowledge of cooking terms. *photo by nicole gibbons*
[TWO] Composing a rhythm in Textile/Housing Design, sophomore Aida Sarajija colors in the design. Teacher Jennifer Smith encouraged students to draw items in nature. Sarajija drew wind to show transition, one of the five types of rhythm. *photo by paige plaskitt*
[THREE] Senior Maddie Kleve and junior Karly Palmer sit outside listening to Adult Living teacher Allison Hoskins give clues. The students filled out cards at the beginning of the semester about themselves and students were guessing whose card Hoskins was reading. *photo by anna lam*
[FOUR] Turning on the stove to heat vegetables for making fried rice, sophomore Hava Smajlovic participates in Culinary 3. Culinary 3 was the most advanced culinary class. Making fried rice was the first dish students made in the rice unit. *photo by anna lam*

the story behind



"Making pies was my favorite unit in Culinary II. It was a fairly simple dessert to make and they were always really good. I wish we had more time to hone our rolling pin skills though. Overall, Culinary II was one of my favorite classes because I learned a skill that will stay with me for life."

-senior luke miles

[combine] AND CONQUER

Two national-qualifiing teams combine against their ultimate competition

Flipping through pages of research, senior Kaitlyn Aldrich prepares for her last National History Day competition. However, this year Aldrich made a decision that surprised even herself.

Walking down the hallway with sophomore Andrew Boge on a Wednesday afternoon, Aldrich made a proposal that could either make or break four people's National History Day qualifier title. "I was just talking to Andrew (Boge) and somehow the topic of History Day came up," Aldrich said. "I had never even thought about it before, but the idea of combining our two groups together for History Day just popped into my head. So on impulse I just threw the idea at him."

In the 2011 National History Day competition, Johnston dominated the website division. Boge and sophomore Aditi Dinakar made it to Nationals with their website for the first time, and Aldrich and senior Sam Sparland made it to Nationals with their website for the second time in a row.

However, the competition was not going to be easy for the two national-qualifying teams. "We have super tough competition from Carlisle this year," Dinakar said. "Rebekah Frese (a Carlisle junior), has made it to Nationals every year, and placed."

Neither of the teams wanted to compete with each other for the last spot to go to Nationals. "She's (Frese) competing in group websites this year and she's basically guaranteed to make it to Nationals," Dinakar said. "So I was so relieved when Kaitlyn said she wanted to combine our groups."

Dinakar was not the only one relieved. All four members of the team were more than glad to share the work load. "I have so many activities going on at the same time so it's a huge relief," Boge said.

Even though working together had its benefits, both groups were scared for the possible downfalls. "I am a bit of a control freak, so working with Sam (Sparland) who is very neutral about everything worked well," Aldrich said. "However, both Aditi (Dinakar) and Andrew (Boge) are very opinionated so there is the risk of having a great schism when our ideas clash. But we will also have more ideas with two national-qualifying teams, so the quality should be better!"

Aside from the stiff competition, the team also faced a fast-approaching deadline. "The final deadline for the website is super early this year," Aldrich said. "It's March, and both Sam (Sparland) and I are huge procrastinators, so hopefully Aditi (Dinakar) and Andrew (Boge) can help push us along so we can avoid the all-nighters."

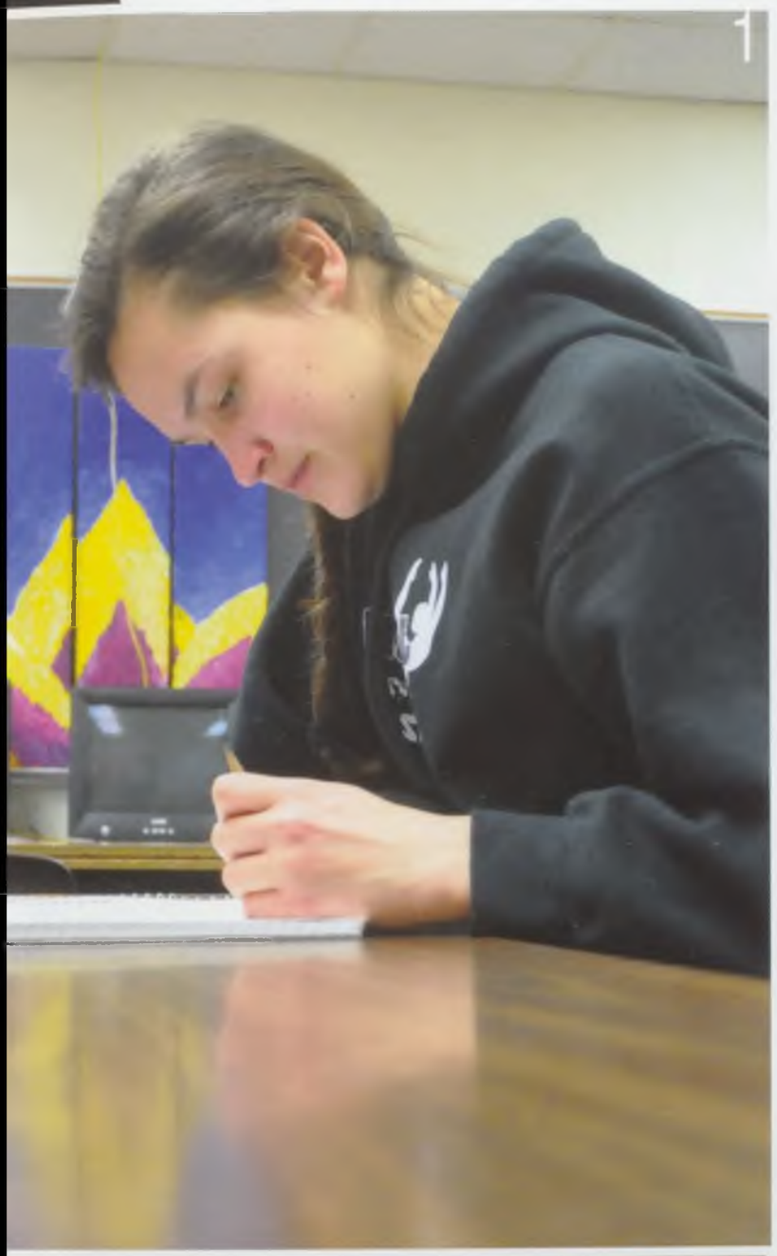
Combining the two teams could either be a flip or a flop. "I do feel intimidated with combining the two teams, because I've never worked with a team this big before," Aldrich said. "Sam (Sparland) and I have a clear system down that got us to Nationals twice, so it's kind of scary that we are messing with the system our senior year."

Boge shared Aldrich's nervousness. "It's something new, and I'm pretty sure we're all scared," Boge said. "But combining two power house (teams) together should increase our chances at nationals."

spread by jiahui huang

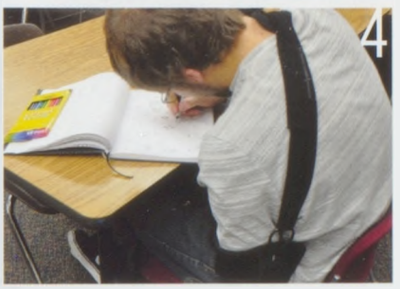


Senior Kaitlyn Aldrich writes down reference book numbers, as she continues her research for National History Day. "Usually, I would search for possible books to read at school during free time in ELP," Aldrich said. "By looking up the book codes online at school, I can quickly find the books once I'm at the library."
photo by jiahui huang









[ONE] Sketching out ideas of 1960s clothing, sophomore Millie Varley works on her ELP project. Varley studied 1960s fashion second semester and by the end of her studies made an outfit that would have been worn during that time period. *photo by paige plaskitt*

[TWO] Fixing up the base of her group building before it gets tested for its second trial, sophomore Aditi Dinakar creates a building out of straws and gum. Dinakar's ELP project consisted of making a building that would be strong enough to withstand natural disasters. "At first I thought using gum to hold the building together was very disgusting, but eventually I overcame my fear of spit," Dinakar said. *photo by jiahui huang*

[THREE] Sophomore Megan Gibbons plans out the design for her structure on the ELP final. "I designed a big cube with triangle supports on all sides," Gibbons said. "The design was not very good though. If it was a real building it would have exploded." *photo by jiahui huang*

[FOUR] Using a package of colored pencils to pin down the prior pages in his sketchbook, senior Joe Buckley traces his tattoo designs with an ultra-fine tip Sharpie pen. Buckley had surgery on his shoulder and had to manage his work with his left arm in a sling by finding objects to hold down his sketchbook. *photo by paige plaskitt*

the story behind



The Chair

"There is only one comfy chair in Ms. (Sue) Cline's ELP class and everyone wants to sit in it. Because everyone wants to be comfy while they work, getting the chair was essential to our productivity. We would fight each other for the chair, and it just kind of became a everyday thing for our ELP class."

-junior hannah wiles

[struggling with] WRITERS' BLOCK

Students think English classes don't prepare them for college

Senior Connor Yocum knew the answer to the Dollars for Scholars interview question before it was asked. "If you could change one thing about our school what would it be?" "I would change the English curriculum," Yocum answered. "I think they (the teachers) have done a great job teaching us how to think, but when it comes to writing a paper to evaluate what you've learned, I feel left in the dark."

Yocum, along with 240 seniors, participated in the Dollars for Scholars interviews held Jan. 24-26 in the high school offices. The organization raised and distributed money for scholarships through donations at events such as phone-a-thons and auctions.

Yocum felt AP Literature prepared him to write formal papers like scholarship essays and college papers. However, the Frameworks 1 and 2 courses that juniors and some seniors took did not offer enough writing experience for him. "Learning that your senior year is a little too late," he said.

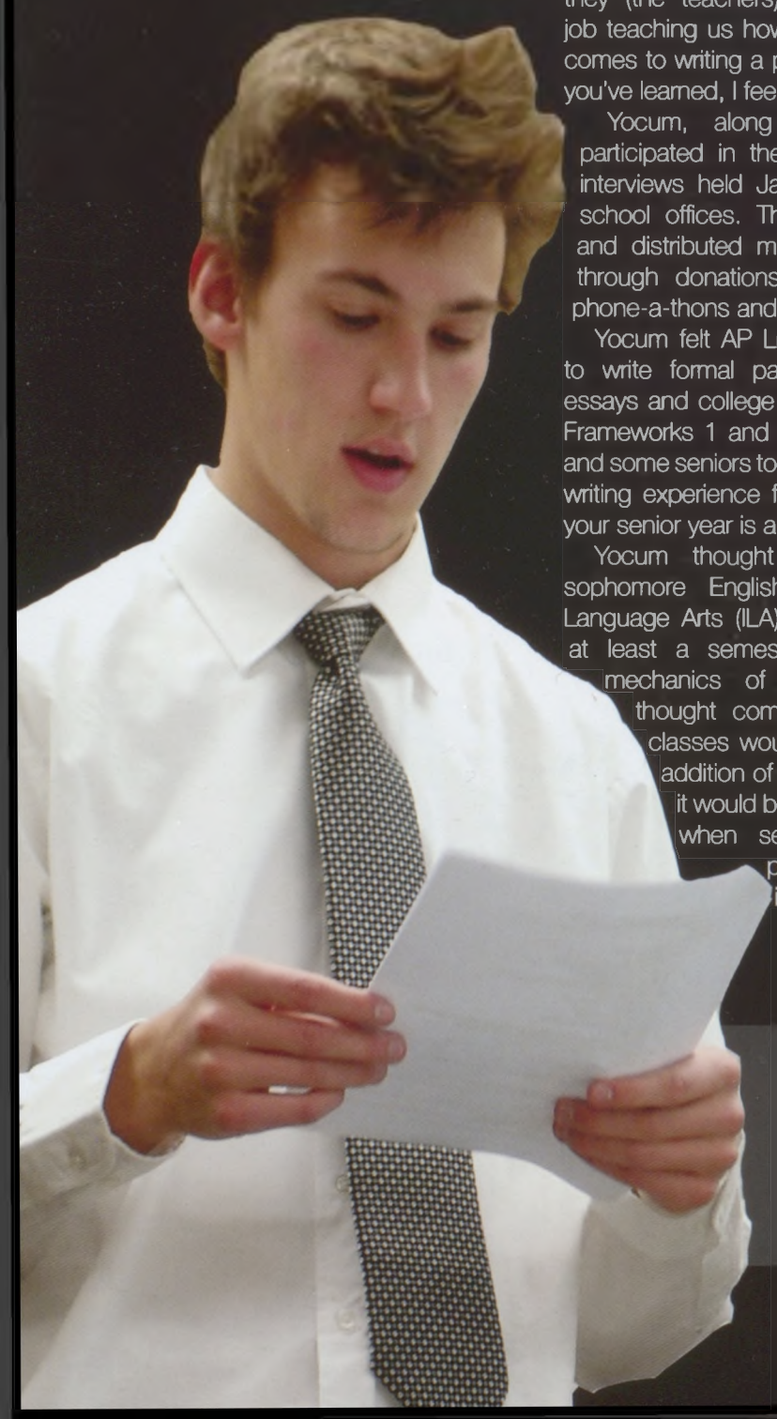
Yocum thought that the year-long sophomore English course, Integrated Language Arts (ILA), needed to dedicate at least a semester to structure and mechanics of writing papers. He thought complaints about English classes would still be voiced with addition of of more writing but he it would be worthwhile especially when seniors had important papers to write. "When it's time to write scholarship essays, it would be good," Yocum said.

English teacher Sarah Moore believed students needed to take the initiative when writing assignments were given to them in their English classes. She thought students had a perception that we aren't writing enough in courses instead of the reality that we are. Moore felt all of the needed resources were given to the students, and they just needed to take advantage of them. "The writing process is up to the student and the growth they want to see," Moore said. She added that the establishment of Dragon Mail on GoogleDocs gave students the resources for multiple drafts and feedback when writing papers.

Junior Courtney Norelius felt she needed more grammar preparation in Framework classes. "I would spend a whole quarter on grammar review," Norelius said. "They try to incorporate it, but it doesn't stick. Instead of reading another lit book we could have a unit on grammar and usage review, which would improve our papers and standardized test scores." However, Norelius enjoyed the 14 Frameworks course options and felt she has learned a lot of other valuable information.

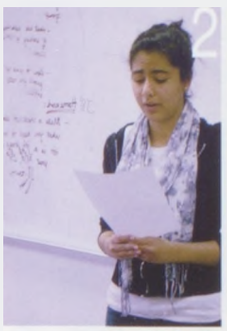
Moore believed grammar review came from practice. She felt the assignments given needed to be used to their full advantage for success with grammar and usage. "Grammar has to be seen and experienced in reality not in isolation," Moore said.

spread by *madison boes and anne dieseth*



Reading off his notes, senior RJ McGrew presents his grant project for AP Literature to a group of board members. McGrew was the activities director for a mock organization, Revitalize DSM, a poverty-fighting social center that provided academic opportunity and fellowship to local families. ***photo by paige plaskitt***









[ONE] Juniors Vinson Lo, Jarid Ingebrand, and other students in their group perform a five-minute puppet show to their Heroic Men and Women class. Teacher Mark Schillerstrom gave the class a list of stories from which to choose and Ingebrand's group adapted "Thor" to their puppet play. *photo by lisa friesth*
[TWO] Describing a scene of a young slave girl abused by her dad, sophomore Zainab Tanveer presents her personal narrative to her ILA class. "I chose this passage for my oral interp, because it had a lot of emotions that could have been easily portrayed in my presentation," Tanveer said. "Things like anger, sympathy, and disappointment." *photo by swathi somisetty*
[THREE] Seniors Maddie Kleve, Madi Buckley and Maddie Kreamer film their music video for Digital Storytelling. The class taught students about film techniques and editing programs. *photo by ashley norris*
[FOUR] Senior Cory Tyler gives a lesson to his Advanced Speech class using a slideshow to guide discussion. "Turns out teaching isn't quite that easy, but when you talk about something you care about, speaking in front of others is not that hard," Tyler said. *photo by lisa friesth*

the story behind

sticky notes

"Having AP Lit with Mrs. (Wendy) Arch has expanded my thinking process a lot. She has her students use sticky notes for active reading. While you are reading, you find main themes, points, or important parts of the story that you need to remember. It helps you know the story line, plot and themes. It is definitely something I will take with me to college!"

-senior jasna blazevic

[amour de la] FRANCE

Boge twins find trip to France useful in French 3

"Merci beaucoup," sophomore Andrew Boge said as a Frenchman held a door open for him. On his trip to France, that was one of his few verbal exchanges with the locals. "Most of the time the people in the city kept to themselves," Boge said. "Most of the Parisians knew some sort of English or that what we were saying was a cognate in French." Even though he didn't get a lot of verbal practice with the language, he enjoyed seeing words and phrases he was familiar with. At the time, Boge didn't know how helpful his French experience would be in French 3.

In French class, Andrew, his twin brother Jordan, and the rest of the class were in a unit dealing with relationships and actions done to one another. To put the new vocabulary and grammer skills into practice, French teacher Mary Moermond assigned the class a paper for their final to describe the story of two people meeting and developing a relationship.

Because of their summer trip to France to attend his aunt's wedding, the Boges had the perfect story to tell. Their Aunt Betsy got married to the man of her dreams, Greg. She had been studying and living in France since college and ran into Greg by chance one day at a clothing shop. In about a year they decided to tie the knot.

The Boge twins and some of their closest relatives flew to Paris for the wedding. "Not all of the family could come since it was so far away, which was kind of sad," Jordan said. Andrew and Jordan were ushers, and their mother and two younger sisters were bridesmaids at the wedding.

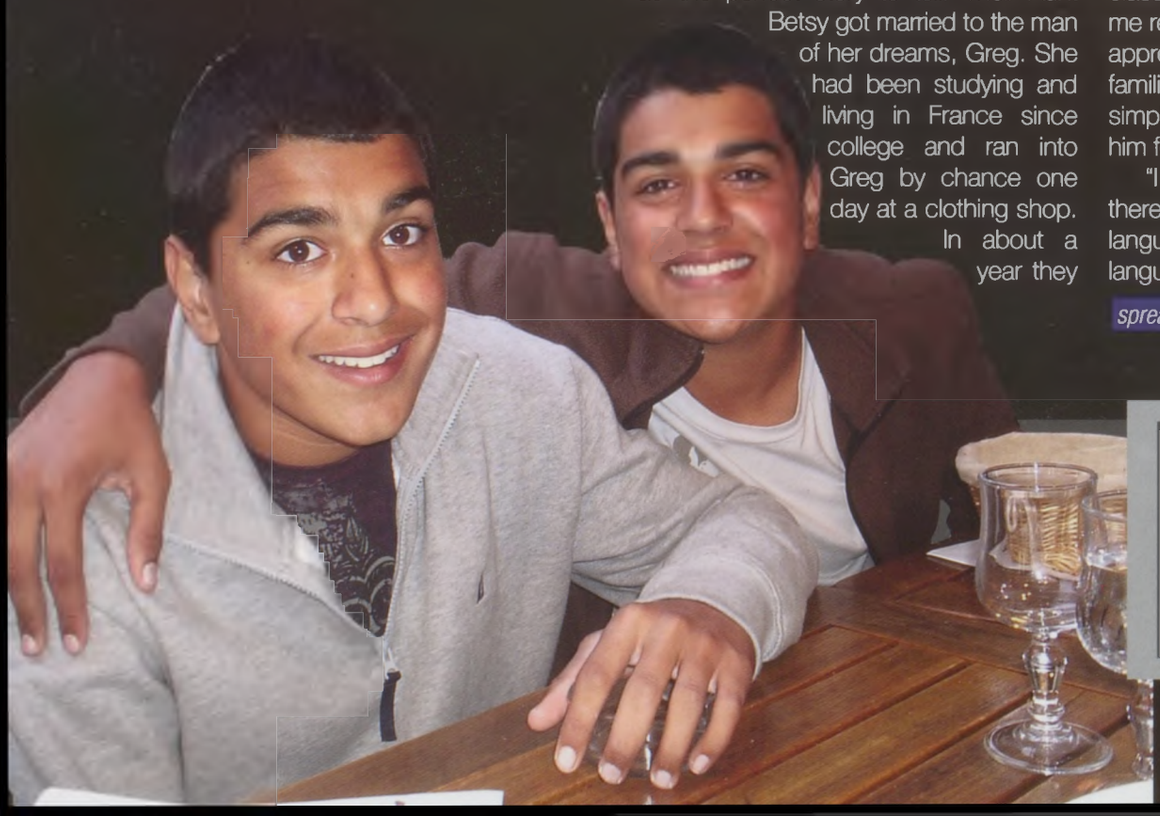
Before the wedding, the Boges did a plethora of sightseeing with Betsy and her friend. "It was nice to see a country totally different than here, like even the McDonalds are different!" Jordan said. Even though they had been awake for 12 hours, they visited the Eiffel Tower right away to try and avoid jet lag.

They also toured shops, bakeries, and restaurants to get the entire French experience. "I remember right when we got there we got this baguette with ham and cheese and butter and it was really good," Jordan said.

Not only did going to France for their aunt's wedding help supply an A on a final, but what they had learned previously in class assisted them on their trip. "It helped me recognize things more, and I had more appreciation for things because I was more familiar with the culture," Jordan said. Just simply talking about French culture made him feel like he knew his way around.

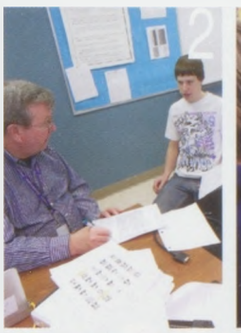
"I think it's more of a motivation knowing there's a place I can go and learn the language," Andrew said. "Plus, it's a fun language to learn."

spread by *kelsey acheson and kylie krueger*



Sophomores Jordan and Andrew Boge enjoy dinner at a Perisian restaurant with their parents and two younger sisters. They shared several types of pasta with their family such as shrimp alfredo, spaghetti and ravioli. "They had massive bowls of pasta," Jordan said. "And they don't serve a lot of big food in Paris."
photo provided by liz nead









[ONE] At Mary Moermond's French IV Secret Santa party, junior Kirpal Dhugga screams with delight when she receives her gift. Moermond had students write down items they liked and then drew names out of a basket. "I put that I liked candy and pants," Dhugga said. "(Junior) Bonnie Le Page had gotten me exactly what I wanted." *photo by bonnie le page*

[TWO] During Gerald Hollingsworth's Spanish IV class, junior Nathan Christianson shares his project over aspects of the 20th Century, one being the Great Depression. Hollingsworth assigned oral presentations once-a-week. Christianson thought they were challenging. *photo by kylie krueger*

[THREE] In her Spanish III class Norah Olguin listens as student Sammy Meyer, sophomore, answers questions for his oral presentation. The students were given roughly a week to work on the presentation. They told about how they lived their everyday lives. *photo by bailey pierotti*

[FOUR] Dining with Spanish Club at Mexican restaurant El Mariachi in Johnston, sophomore Jovana Majstorovic, senior Yuka Himeno and sophomore Olivia Jenkins look at the menu. Himeno said El Mariachi's was "tasty," and that Japan does not have as many Mexican restaurants as America. *photo by kelsey acheson*

the story behind



Cat Bottle

"I saw the bottle at work and thought I had to get it for (French teacher Mary Moermond) Madame for Secret Santa. It was the most ridiculous thing I'd ever seen. It incorporated two of her favorite things — cats and weird novelties. I made my sister buy the wine and drink it in 10 minutes. The look on her face made it worth the trouble."

-junior marissa holloway

[history]

FLIP-FLOP

To learn two chapters faster, students teach the lessons

Searching the web to find a free crossword generator, sophomore Katherine Crowley runs into trouble. She clicks on her fair share of web links, but each website tells her she'll have to pay to print it. Getting frustrated she knows she has to keep scanning the search page to find it. Finally, she comes across a free and easy site to make her crossword.

In world studies, groups of two to five students students were in charge of making a project about imperialism. Groups had to come up with a way to teach their section using a poster board and an interactive worksheet. Like Crowley's group, most groups decided to do a crossword or a fill-in-the-blank with the key terms and important people in the section. "A crossword seemed to be the most entertaining worksheet option so that's what I decided to do," Crowley said.

History teacher Alicia Rollison assigned students to teach the sections because it saved time. "These two chapters together are extremely long," Rollison said. "Just one chapter could take up to four weeks to complete." Teaching the sections this way only took about a week.

"When we had to teach the section it was a really good way to learn because on top of the material in the book we also had to do some extra research," sophomore Veronica Bertelsen said. "The extra research helped us better understand the sections." With the extra research not only did the group members gain insight, their classmates did, too.

Students had mixed feelings about having their classmates teach them the other material. "I thought that I learned my section really well and on the test I did really well on my part," Bertelsen said, "but I felt like I didn't learn (information about) the other sections, even though it wasn't on the test."

Crowley shared the same opinion. "It wasn't the most effective way to learn because if someone didn't get the main details you'd have to read the section yourself," Crowley said.

As the chapter came to a close, students were tested on their own section and the other two sections taught by Rollison. The students ended up not being tested on the section taught by other students, but Rollison encouraged them to learn the material for the final.

spread by / katrina fey and swathi somisetly



Sophomore Ethan Moran works on the student-taught project about imperialism in teacher Alicia Rollison's world studies class. Moran worked on a poster about India. Students studied countries and presented their information to the class to teach about different parts of the world. ***photo by paige plaskitt***









[ONE] Sue Cline's AP Psychology class does a hands-on activity to teach students about classical conditioning. Substitute Linda Susic read off a common list off household items. When Susic read the word CAN in capital letters, senior Brandon Korkow would shoot senior Mirza Besic with a water gun, aiming for his face. *photo by paige plaskitt*

[TWO] Junior Victoria Trost writes about how guns lead to murder as senior Lauren Olsen observes in teacher Kelly Coleman's sociology class. Students read articles about murder and recorded the information on posters to present to the class. *photo by lisa friesth*

[THREE] Junior Rachel DeCarlo works on a project in teacher Kelly Coleman's Social Issues class. Students learned how to survey and tabulate results. DeCarlo tabulated the number of males and females and sorted her data out by categories of sophomore, junior and senior *photo by ashley norris*

[FOUR] Preparing for the first semester government final for teacher Jeremy Yenger, senior Alicia Garside fills out her study guide. "I use my study guides and flash cards to study for finals and help me to memorize vocab and important people," Garside said. *photo by sydney dimarco*

the story behind



Computer

"Once a quarter, (teacher Jerry) Kinder assigns us to present a current event. To most people this is a chore, but I love sharing current events to the class. I really enjoy reading stories about how stupid people can be. My last current event was about a family who had named their son Adolf Hitler and got their child taken away from them."

-junior sindhu gollapudi

[launchin' into]
DATA ANALYSIS

AP Stats students take a break from the book

Junior Kelsi Larsen pulls back the slingshot and releases. The ping pong ball flies through the air and bounces down the hallway. "We kept having to chase the ball down the hallway because it was going way longer than we thought," Larsen said.

To practice numerical data analysis, along with trial-and-error skills, Vickie Borich's AP Statistics students completed a project designing a ping pong ball launcher. Students were given a set of defined materials such as a golf tee, ruler, spoon and shoebox. "Some of the things were totally out there, like the golf tee," senior Ben Smith said. "The key was to not think about the actual function of the object in real life and think more of something different that it could be used for."

Students had five days to problem solve and determine how to build the ping pong ball launcher. On "launch day," students calibrated their launchers to target four different distances. After launching the ping pong balls, they had to collect and analyze the data.

Borich pushed her students to think creatively while they designed their launchers. "It's a great activity to think outside of a rubric," Borich said. "Students are really challenged and creative when they are not given preset guidelines. Students really do amazing things. It adds a little fun to data analysis."

Although a fun activity, students faced some challenges. "When we were building the launcher, my partner and I struggled pretty badly," Larsen said. "We didn't really know what to do at all, especially with the (limited) materials we were allowed to use."

In addition to incorporating every object, Smith also faced another obstacle. "The hardest part was trying to actually calibrate the catapult to launch at the distances we wanted it to go," Smith said.

Smith and his partner designed a unique launcher, rather than the typical slingshot model. "A lot of the ideas I had for this came from middle school science," Smith said. "We had done something like this in the past with fulcrums so I used that shape in the catapult and it worked out pretty well."

Smith's design, although unique, still had some issues. "The only bad part was the cradle (cup holding the ping pong ball)," Smith said. "It sent a lot of our ping pong balls flying off to the side at some of the farther distances. Frankie (Chyi, senior) was our designated ball chaser so she started getting a little frustrated with me."

Overall, Smith thought the project was very purposeful and helped the class learn not only math skills, but also life skills. "It was a fun way to introduce data collection and variability," Smith said. "It actually showed us that we can do what we learn in class in real life, instead of just being told we can. Funny how that works out."

spread by *lisa friesth and jordan poore*

Senior Izzy Passalacqua constructs her launcher out of a shoebox, rulers, tape, golf tee, string and rubber bands for math teacher Vickie Borich's AP Stats class. Students built a ping pong ball launcher in order to collect and analyze data on how far the ball shot.
photo by sydney dimarco









[ONE] Playing hangman during Calc BC, senior Matt Poss takes a break after worktime. "Calc is pretty hard and time-consuming, but we like to have some fun among the work," Poss said. *photo by lisa friesth*

[TWO] Junior Dakota Jackson, launches a ping pong ball from his launcher in his AP Stats class. Jackson constructed his ping pong launcher out of a shoe box, tape and yarn. *photo by sydney dimarco*

[THREE] Listening to math tutor Nevin Conlon, sophomore Chris Kline gets extra help on his Algebra 1 assignments. "The math lab is a great opportunity for students needing help to complete homework, study for a test or prepare for the ACT," Conlon said. *photo by kelsey acheson*

[FOUR] Sophomores Sara Knee and Kenzie Hewitt practice learning proofs in teacher Julie Kosman's geometry class. Students got to write on the desks with whiteboard markers and organized pieces of paper into a proof. "We were learning how to do proofs with triangles," Hewitt said. *photo by kelsey acheson*

the story behind



Dell Latitude XT2

At the beginning of the 2011-2012 school year, all of the math teachers received new laptops. "The touch screen computers are awesome. It's like a giant tablet with all the things a computer can do. It also was nicer because teachers can check papers on the screens and go over everything in class much easier than before."

-sophomore monica gagne

[workin' out]

THE KINKS

Changes to Track 1 P.E. make fitness fun

Placing the Wii controller around her wrist, senior Emma Henry chooses a song for herself and three competitors to dance to, while her classmates dance behind them. "Hey Ya" by the Black Eyed Peas starts to blast through the speakers and Henry focuses to gain as many points as she can. When the song ends, the game is over. She wins.

Changes to Track 1 began during the 2010-2011 school year. In addition to "Just Dance" for the Wii system, additions were a "Bounce for Fun" exercise video, Yoga Fridays, a "P90x" abs workout video, bosu ball exercises and self-defense.

Ideas started when the grinding epidemic occured in the fall of 2010. "(Science teacher) Chris Beguhn came to me last spring because we were wanting to do something different for P.E. because of the grinding at dances," Track 1 teacher Deb Nicholson said. "So we decided to get the Wii going in P.E. class to kind of show them different moves other than grinding." The administration agreed with Beguhn and Nicholson, and bought the school a Wii to be used during classes.

The changes made were popular with most students and the P.E. instructors believed they would stay in the curriculum for good. "I wouldn't go back (to the old workouts)," Henry said. "Wii Wednesdays are way too fun! We get to dance to music we like and play games with friends. We pretty much just laugh at each other, but it can get pretty competitive."

Nicholson added her own activities as well as the "Just Dance" games. "I started doing (self defense) three or four years ago every once in a while," Nicholson said, "but I think I'm gonna start doing it every semester because I think it's a good thing for them to learn."

Beguhn's ideas sparked conversations about a new track. The administration and P.E. instructors decided to add a new track for the 2012-2013 school year, Track 5. "That track is going to be mainly in the fitness center using the cardio machines and the weight machines," Nicholson said. "(Starting next fall) those students who don't really like the pilates or yoga, and just want a workout with the cardio machines and lifting, without Track 4's heavy lifting, they can come up with their own workout through the cardio machines." The idea was for students to branch out and learn about fitness on their own and make their own choices.

For many students, the newly-changed track fit them. "I really like yoga and pilates because it's easy to relax and get a good workout at the same time." junior Vivian Wu said. "I don't really like using the machines in the fitness center because it gets boring unless there's a TV on."

spread by *mariah wellman*



Gripping a medicine ball, junior Le Xue focuses on keeping her balance while completing a squat on a bosu ball. In Track 1 P.E. bosu balls are used often to work on balance, practice pushups and perfect squating techniques.
photo by katie holcomb









[ONE] Pulling back the bow, sophomore Chase Thomas aims his arrow toward the target during Track 2. "I've been hunting since I was six, and my dad gave me my first bow," Thomas said. "I turn deer into various types of food, such as jerky, sausage, steaks and more sausage." *photo by paige plaskitt*
[TWO] Grasping the rock, senior Jeff Paweka continues to ascend higher up the wall. For a period of time, Track 6 went to Climb Iowa, an indoor rock-climbing facility, to practice different climbing techniques, like belaying. *photo by mariah wellman*
[THREE] Working to keep her balance, senior Meghan Wymore completes a push-up on a bosu ball. "(Track 1) is a reallly fun P.E. " Wymore said. "It's really laid-back but we also do a lot of different activities that make it fun, like zumba, yoga and pilates " *photo by katie holcomb*
[FOUR] Holding his breath, senior Kyle Arnold squats in preparation for his lift as others watch intently. Additions to Track 4 included a range of workouts, such as strength training, cardio and agility. *photo by carly crist*

the story behind

Foam Roller

"I like the foam roller. It feels better than using the bands, especially after a work-out. I try to use it after every time I work out in the fitness center. We should have a P.E. devoted to rolling out and stretchng because it would totally take over the other tracks. I'd like to buy one but I don't know where to get them at!"

-senior kelsie ferin

[science gets] BLOCKED OFF

The first year with the majority of science classes being year-long causes some conflict

Sitting on the floor in a line wrapped around the corner to the nurse's office, students hoped the classes they wanted were not full. Every August before the start of the school year students gather outside the guidance office to adjust their schedules. However, there was not a fix for some students' problems. Last year, the school board, on the advice of the science department, eliminated blocked science classes and instead, started year-long ones.

The majority of the science department, including chemistry teacher Chris Beguhn, was in favor of this change. "There wasn't time to cram content in (with the block)," Beguhn said. "All students can be successful given time." The year-long schedule supplies that time for more information to be learned and more importantly, retained.

Easier learning did sound nice, but not having blocked science to put opposite the blocked math that was available created issues, especially for those in choir and band. Junior Katie Giles experienced blocked science her sophomore year and then had a tight schedule taking year-long AP Chemistry. "Between band, choir, show choir, and Spanish, it is three credits of electives. So there was no room to take science year-long without blocking something that shouldn't be blocked," Giles said. Since choir and band occur year-round, Giles had to take both English classes in the same semester. "It is annoying to have to take all my Frameworks (English classes) at once," Giles said. This created more reading and writing assignments to be done at the same time.

To relieve some of these problems, there was one blocked section of biology and one of chemistry left in the schedule. They were taught by teacher Matt Jaschen. "The kids that need to fit (science) into their schedule can get it in," Jaschen said. Because most of the students in the blocked classes were in music, they had similar interests. "I enjoy (teaching block) because a lot of those kids do show choir and band which I did in high school so I can relate to them. It makes it fun."

In addition to fixing scheduling conflicts, the extra time gave some advantages to students in the blocks. "If you get a lab going you have time to discuss it right away," Jaschen said.

While there were pros and cons to both the year-long and the blocked classes, the fact is that while math is still blocked, students in music will want a blocked science option. "I think until a better solution comes about," Jaschen said, "it is a good solution for those kids to fit it into their schedule."

spread by carly crist



In a lab during Jaschen's blocked chemistry class, sophomore Craig O'Keefe filters sand out of a solution. The task was to separate out the sand, iron fillings, tea and water from a solution.
photo by lisa friesth









[ONE] Puckering up to hairless rat Mike, junior Drew Gavin learns how to handle his animal in Advanced Life Science, Animals. Along with Mike, students cared for animals like snakes, frogs, a gecko and a tarantula. "(Mike) seemed the most interesting, and he was cute," Gavin said *photo by carly crist*

[TWO] Senior Cheyanne Parish pipettes a suspects DNA into a test tube for a crime scene analysis. Sarah Howe's AP Biology class traveled to Iowa State University to learn about DNA technology. The task was to identify which dog's DNA matched the one from the crime scene. *photo by bonnie le page*

[THREE] Sophomores Parker Gesiriech and Jake Campbell measure their fermented food in Matt Jaschen's biology class. The groups got to pick which foods they fermented by adding yeast; some of these included blueberries, cereal and chewy candy *photo by carly crist*

[FOUR] With a scalpel in hand, senior Austin Empey locates specific muscles in the arm of a dead cat. Mead's Anatomy class utilized iPads for lab instruction while dissecting. "(The iPads) help a lot especially when you're not sure where or how to cut and they show step-by-step how (Mead) wants it done," Empey said *photo by carly crist*

the story behind



Glassware

"In AP Chemistry we were heating up glass so that it could dry and the tongs we were holding it up with were pretty shaky. I broke two flasks. I wasn't the only one to break anything, I just broke the most. Beguhn said it was the most glass any class had ever broken."

-junior will krone

[maintenance]

FOR CREDIT

Students spend classes working out kinks in their cars

Safety glasses perched on his nose, junior Will Krone bends down next to the tire of his 1999 Ford F250 that he just pulled in to the industrial tech garage at the back of the school. He uses the tread gauge to measure tread depth and a tire gauge to check the air pressure. "The tread measured 4/16 of a inch which is low," Krone said.

Just ahead of Krone's truck sits sophomore Nick Wyman's white Mazda. Wyman pops the hood.

Both record the information on sheets. This activity was part of the auto technology class taught by Mitch Eagles. The class focused on teaching students how to maintain their vehicles, and how to find and solve minor problems. "The students can do some of the maintenance themselves," Eagles said. "We can help figure out what's wrong with (the car)."

Students were encouraged to bring their own cars to class and fill out job sheets to record what they found out about their car, and look for problems. "I learned how to fill my tires and inspect my battery," Krone said.

Each system of the car included a test and assignments. "I make them show me how to do it," Eagles said. For example, students have to show Eagles how to jump a car and at the same time explain the process to him, step-by-step.

Students investigated tires, brakes, electric and cooling, among other systems. "You basically learn how to maintain your car," junior Bailey Chamberlin said.

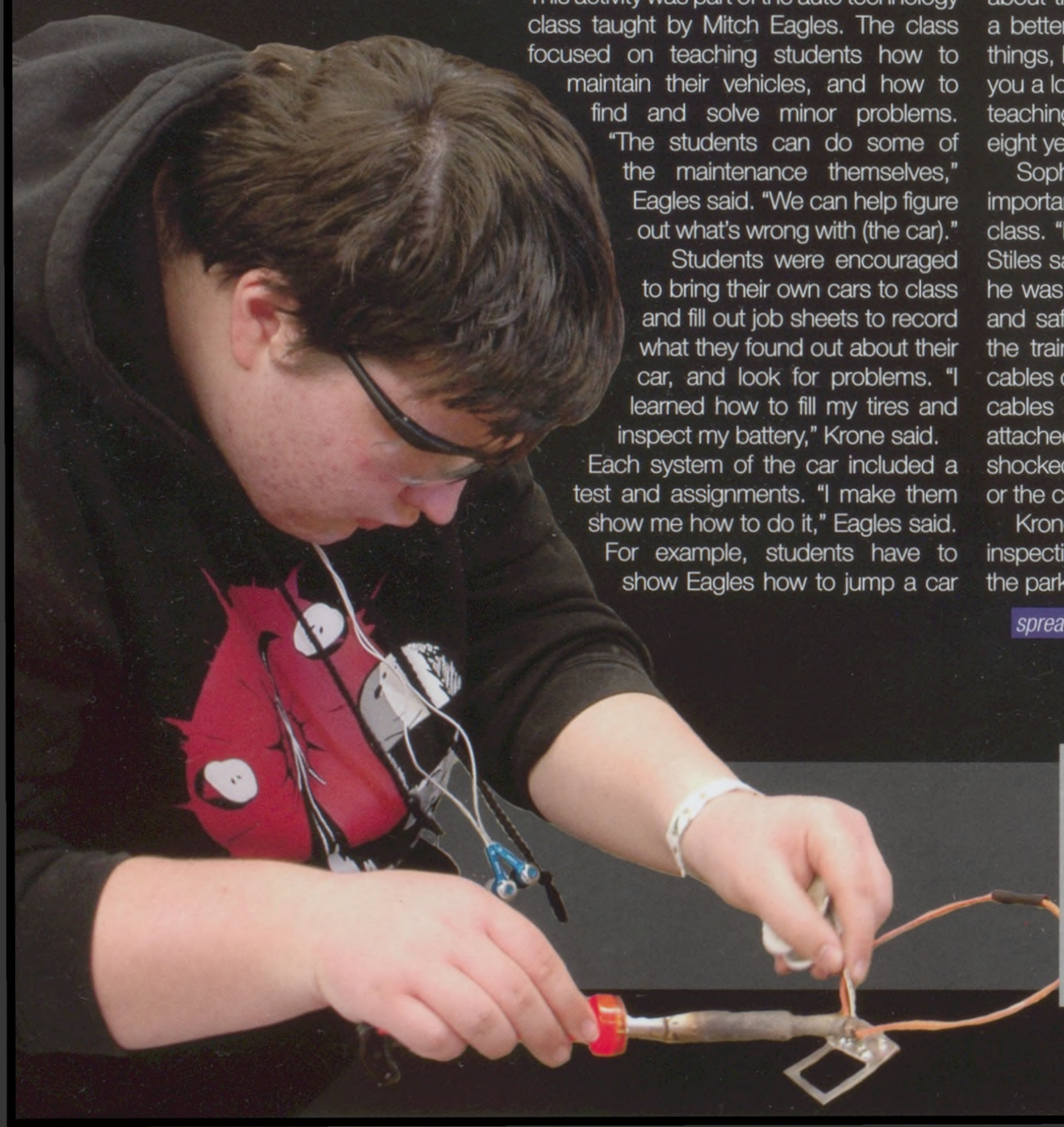
The very first time Chamberlin brought her car into class she found some serious problems. "My master cylinder was broken, so we had to replace the whole cylinder," Chamberlin said.

The goal of the class was to help students take care of their cars and learn about them. "I want to make the students a better consumer," Eagles said. "Simple things, like taking care of your car will save you a lot in the long run." Eagles has been teaching the auto technology class for eight years.

Sophomore Austin Stiles learned many important lessons from the auto technology class. "It's a fun course that is hands-on," Stiles said. Stiles had to jump his car after he was taught how to do it in the proper and safe way. Because of the class and the training, he knew how to attach the cables correctly. "You don't want to set the cables up wrong," Stiles said. Incorrectly attached cables may cause a person to be shocked, cause the car battery to explode or the computer to fry.

Krone and Wyman finished their inspection, and parked their cars back in the parking lot.

spread by / ashley norris and bailey pierotti



Sophomore Austin McGinnis works on his wire splicing for Auto Technology. Students took a two-foot wire and repaired it. "If you have a wire on a battery that's broken, and you know how to do this, you can fix it yourself rather than take it to a professional and have it completely replaced," McGinnis said. "It's basically like a band-aid for wire." ***photo by bailey pierotti***









[ONE] Senior Sam Shaver works on his arch welding in teacher Mitch Eagles' arch welding class. "I was practicing on welding a flat piece of metal using an arch welder, chipping handle, wire brush and pliers," Shaver said. "The amperage of the machine was set at 120 amps, which is high, one amp will kill you." *photo by ashley norris*

[TWO] Teacher Josh Heyer watches as a student uses a nail gun to secure the roof on the body of the shed. The students built sheds for community members that requested them. Special ed teacher Jamie Cason and Urbandale High School teacher Chuckie Geilenfeld both purchased the materials and the students learned how to build the shed for them. *photo by ashley norris*

[THREE] Junior Will Krone records data that he collected while testing how well his car was running. The students that brought their cars to the shop worked on finding the depth of the tire tread, the amount of anti-freeze, how to jump-start a car and how to change a tire. *photo by bailey pierotti*

[FOUR] Sophomore Michael Goss works on his shelf in teacher Josh Heyer's Woodworking I. "I was using a router on a piece of trim for my shelf," Goss said. "(The router) basically makes the edges of the shelf look nice instead of just being a square edge." *photo by ashley norris*

the story behind



horizontal bandsaw

"I use the horizontal bandsaw to cut my pieces down to size and to trim it up, although sometimes I just use it for fun. It's used only on metal, just to cut it to whatever dimension that you need it to be. Right now in Metalworking, I am making a disc golf basket to use at my house or at one of my friends' houses so we can all play."

-senior isaac tuon

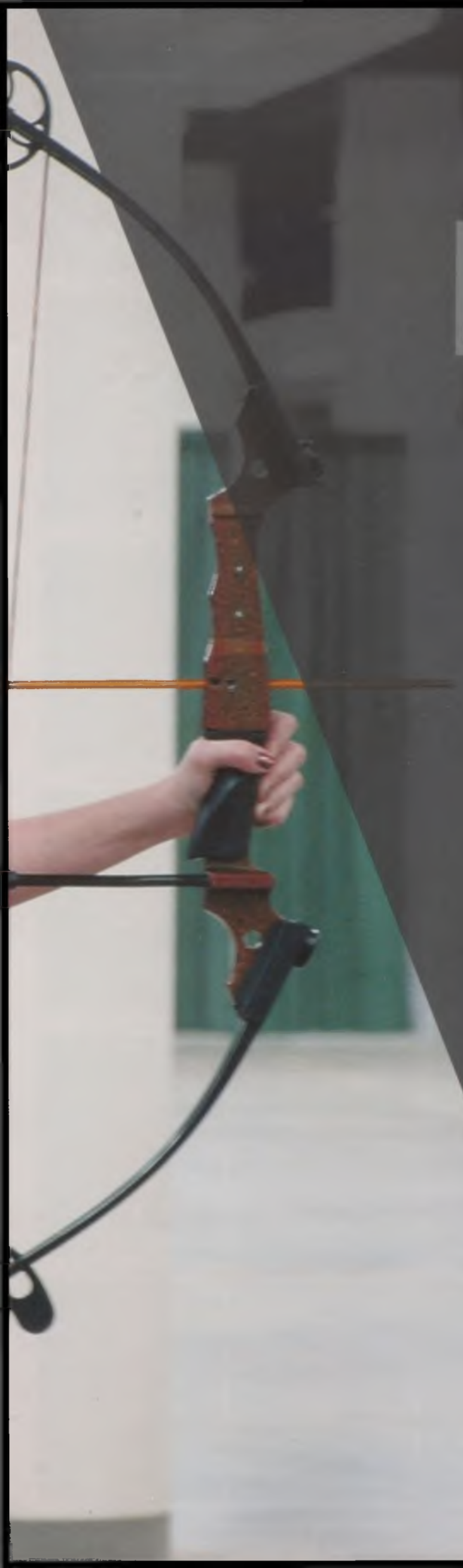


[in]visible

mugshots & spotlights

Friends, acquaintances, classmates, peers, students, strangers. You walk by these people every day. You may recognize their faces, you may not. You may know their names. Maybe you partake in a greeting of some sort. But do you really know your peers? Do you know what defines them as individuals? A student's curiosity of outer space. A junior who was attacked by a dog as a young child. A fear of frogs. Let's meet your peers.

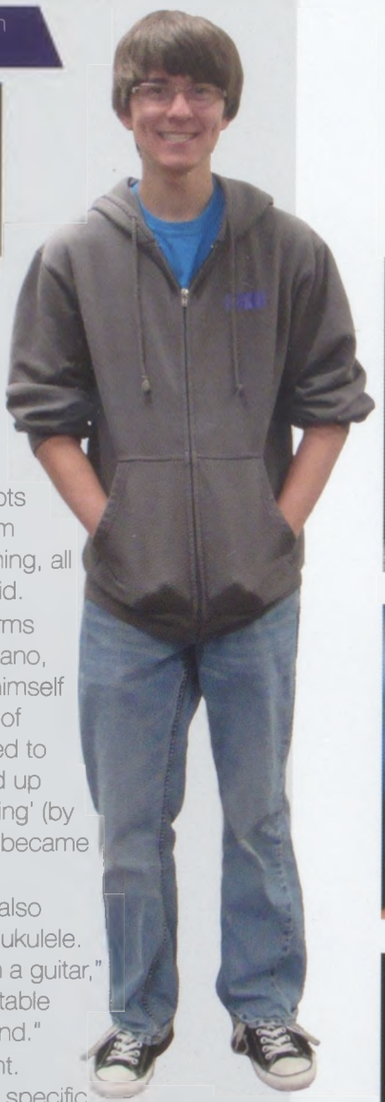
copy by lisa friesth



Aiming for her target, senior Sammi Trail participates in the state archery competition on Feb. 24. Trail placed in the top 20 at the competition held in Hy-Vee Hall. Archery club competed in four competitions throughout the season.
photo by clara carlson

INK&QUILL

Senior Jose Iregui spends time in the art room and clay studio



Name: Jose Iregui
Birthday: 07.06.1993
Height: 5'7"
Visible: Musically Inclined

Concentrating deeply on his paper with a quill in hand, senior Jose Iregui creates a piece of art. Silence fills the room. Whether he is watching his strokes and shadows on paper or inhaling the dust in the pottery studios as he sculpts clay, Iregui stays focused. "If I'm really concentrating on something, all seems to disappear," Iregui said.

Iregui is involved in other forms of art. He plays the trumpet, piano, guitar and ukulele. He taught himself how to play guitair after a year of owning one. "I decided I wanted to learn," Iregui said. "So, I looked up how to play 'More Than a Feeling' (by Boston) online, learned it, and became hooked."

Along with the guitar, Iregui also taught himself how to play the ukulele. "It's pretty easy to convert from a guitar," he said. "Plus, a little more portable with a completely different sound."

Music isn't Iregui's only talent. "Honestly, I don't think I have a specific talent," Iregui said. "But, some people say I'm good at art. I don't think so personally, but I enjoy creating it. So, I always took some form of an art class."

Sophomore year Iregui signed up for Essentials of Art, and then Clay. "All in all, the one thing that keeps making me want to take more art classes is not only the art, but Mr. (Daniel) Weiss," Iregui said. "He is a great teacher, he really knows his stuff, and really has helped me realize some things I never thought about before in art."



Iregui likes to mold clay with the pottery wheel because if he messes up he can just rewedge the clay and start over. "I don't have to throw anything away, everything can be re-used almost instantly," he said.

Iregui holds the quill and marks the sheet of paper, knowing each stroke is permanent. "I just feel like with the quill, it's more bold on paper and it tends to stand out more." Iregui said. The tint never changes, but the widths and weights change when using the ink well and quill. "It requires so much concentration and planning," Iregui said. "I want to make every mark count."



spotlight by Sydney dimarzo

SENIORS

Class of 2012



Shane Abbott



Ena Ajdimovski



Connor Akin



Kaitlyn Aldrich



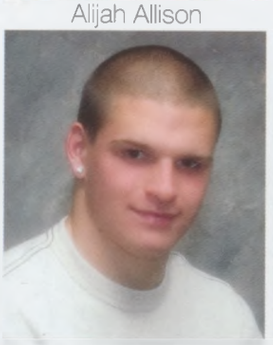
Alijah Allison



Kevin Anderson



Taylor Anderson



Kyle Arnold



Jenna Axtell



D'Autre Ayers



Lauren Babcock



Jordan Bailey



Kayla Baird



Jennifer Barber



Emily Barnes


Eric Bass


Kass Bast


Alyssa Becker


Taylor Beebe


Taylor Beguhn


Evan Bergman


Jordan Berry


Mirza Besic


Brandon Biere


Carter Biondi


Jasna Blazevic


Zachary Boals


Megan Boggs


Brandi Bolken


Soleil Bonaventura


Clayton Bormann


Terra Boston


Amy Bourne

FISH WISH

Senior Tayler Murray takes a class in hope of pursuing a marine career



Name: Tayler Murray
Birthday: 12.11.1993
Height: 5'3"
Visible: Cheerleader

Senior Tayler Murray scrapes the red, brown, and green algae off the side of one of the fish tanks in the marine biology classroom at Central Campus. Next, she removes the rocks from the bottom of the aquarium and scrubs them down with a toothbrush. To clean the pumps and filters, she removes them and washes them in the sink.

When Murray graduates she hopes to become a marine biologist or a marine vet. The marine biology class at Central was a perfect opportunity to see what marine biology was all about.

For the first couple of weeks of the marine biology class, Murray spent time cleaning the fish tanks and learning how to feed the varieties of fish. Blue angelfish, lionfish, small sharks, starfish, turtles, cleaner shrimp, batfish, blue tang, crabs, jellyfish, triggerfish, eels, clownfish, coral, and snakes, all resided there.

Students learned introductory scuba diving in the class. In order to communicate, they had to learn sign language. "Since we can't talk in the water, we use sign language to communicate while underwater," Murray said. They also had to get to know people and learn their names by flashcards for the first few weeks. "The cards had their picture and name on them," Murray said.



Another requirement was to become sailing certified. For a couple of weeks at the beginning of the school year, the class practiced sailing on Gray's Lake. Murray was certified on Sept. 26, 2011.

At home next to her cheerleading poms, Murray housed two water-loving animals. "I've always had fish and turtles growing up," she said. "I even have a pond full of koi fish." She had two red-eared sliders named Tortuga and Tiger.



Her favorite marine animals are turtles, trigger fish and cleaner shrimp. "One day when we were looking at the cleaner shrimp, I stuck my hand in the tank and it started cleaning my hands. It was so cool!" Murray said.

spotlight by jordan poore

ROCK RELIEF

Senior Ben Parsons uses rock-climbing as a way to ease stress

Name: Ben Parsons
Birthday: 04.19.1994
Height: 6'0"
Visible: Academics



Harness tightened. Hands chalked. Adrenaline pumping. Senior Ben Parsons gets ready to master a new rock-climbing wall. "It was one of those things that instantly clicked for me," Parsons said, "with it being a way to have fun and exercise at the same time."

Parsons participated in rock-climbing as a way to ease stress. "A friend (junior Claire Sevenich) convinced me to try it once a few months back and I got hooked, literally," Parsons said. "It's a great way to blow off some steam after school."

Parsons tried to make it to Climb Iowa, a local rock-climbing center, at least once-a-week, or as often as he could. "I try to get a friend or two to go with me, but for some reason not too many people get into it," Parsons said. "Sometimes it's better to go without friends though; I like to use it as thinking time."



Besides being a mental workout, it was also a physical one. "It's an intense workout, which just makes it all the better," Parsons said. "The intensity is definitely one of my favorite parts!"

Parsons was just as determined academically as he was with rock-climbing. "I view myself as someone who is compelled to be the best they can be," Parsons said. "I think it makes me look arrogant to others though. People think I'm cynical, too; but I don't think that's true either. I'd like to consider myself a realist."



spotlight by katie fridcombo



Austin Bowen



Brianna Bradley



Erin Brandsgard



Cody Brenner



Eric Bridgewater



Adam Britton



Cam Brose



Daniel Brown



Julia Brown



Missy Brown



Barbara Bryant



Joe Buckley



Madi Buckley



Anna Buising



Jetmir Bungu



Taylor Burkhead



Hanna Burkle



Myra Cabrera


Tori Calhoun


Holdan Cameron


Alissa Campbell


Madison Campbell


Christopher Caracci


Jessie Ceraso


Shane Chafa


Matthew Chambers


Brian Cherrier

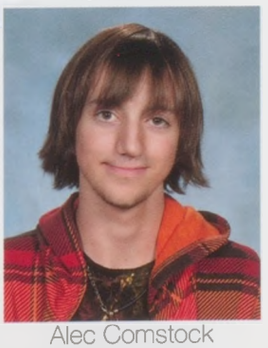

Jenna Christensen


Frankie Chyi


Manda Clark


Lauren Coffey


Dany Cole


Alec Comstock


Cody Conley


Brayden Conrad


Phoebe Cooper

DANCING FEAT

Senior Clara Sandoval has a passion for ballroom dancing

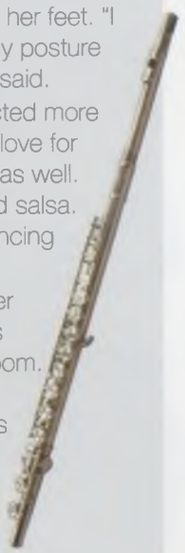


Name: Clara Sandoval
Birthday: 07.14.1994
Height: 5'3"
Visible: Band Member

The marching band takes to the field during halftime. Brass, percussion and woodwinds, all perform together in their purple and gold uniforms. Each song echos throughout the stands, and every note lingers in the air. Suddenly, there is silence. Somewhere on the field is senior Clara Sandoval, holding her flute while balancing on her toes. Seeing a marching band member on her tiptoes isn't anything new, but Sandoval has another reason behind it.

Doing toe raises or balancing on one foot helps her stretch and exercise her bones and muscles, which is needed due to her flat feet. This was caused by heredity which has resulted in her having weaker ankles along with shifting the balance around in her feet. "I have to do physical therapy just to keep my posture and to keep my bones healthy," Sandoval said.

However, Sandoval's flat feet have affected more than just how she stands on the field. Her love for dancing has been affected by her flat feet as well. She particulary loves ballroom dancing and salsa. "[Flat feet] aren't that bad, it just makes dancing harder," Sandoval said.



To help her feet, Sandoval tries to do her physical therapy exercises whenever she's standing around, like in P.E. or the band room. She is instructed to do them at least three times a day to strengthen her feet in hopes of being able to dance again.

Sandoval had her last lesson two years ago. She had to stop due to repeated injury from her weak ankles.



Despite the risks, Sandoval still aspires to dance again one day. "It was something I was really passionate about, but I couldn't do it for a really long time," Sandoval said. "It's kind of strange that I'm passionate about something that seems so unreachable for me since it's not fit to my anatomy."

spotlight by Clara carlson

BROTHERLY BONDING

Senior Kale Singleton and his college-bound brother keep a good relationship



Name: Kale Singleton
Birthday: 10.23.1993
Height: 5'9"
Visible: Athlete

8:30 p.m., a Sunday evening in the winter of 2009. Then-freshman, now a senior, Kale Singleton sits with his brother then-senior Kirby at an eight-top at Legends Bar and Grill in Urbandale. They, along with several of their teammates, all friends of Kirby's, cannot stop laughing, after Kale makes a joke and gives the waitress a hard time.

This was a usual post-hockey game ritual for the brothers during the 2009 season. Kale wanted to fit in with his brother's crew. He tried to connect with them before games when they dressed out, and after games at Legends. "(Kale) was quiet at first cause we were older, but he made funny jokes and opened up a lot the further we got into the season," Kirby said. "He eventually became a leader on the team who the players respected, including me."

One strategy Kale used to earn respect was humor. "I would jump in and say random things during conversations and be a smart aleck or funny and they laughed," Kale said.

The boys were able to have a good time together, regardless of the games' turnout. "It didn't matter how well we did cause we knew afterwards it'd be fun at Legends," Kale said. "And if we won, it was an added bonus."



Hockey secured the brothers' friendship. "Being on the same team all throughout high school really helped the closeness of our relationship," Kale said.

The brothers would tease each other, like most siblings do. "He has a sarcastic personality, especially when he's making fun of me," Kale said of his brother. "But I just made fun of him back."

Despite Kirby now living out of town for college, the brothers still maintain the bond they developed during hockey season. "We don't need to say too much to each other to understand how the other is feeling, especially during sports," Kirby said. "Our relationship is more internal."

spotlight by paige plaskitt


Alex Cordes


Austin Coulter


Caiya Couture


Shaylinn Crone


Josh Cronin


Cody Cubit


Evan Culbert


Ryan Danielson


Jake Davis


Megan Davis


Monica DeCarlo


Jordan DeFelice


Tessa DeLaria


Jill Deskin


Andrew Dickelman


Joshua Dicken


Anne Dieseth


Sydney DiMarco


Jon Dings


Abby Dolan


Amber Dorrian


Enya Dougherty


Joe Duan


Ian Dunshee


Abby Dusen


Cathleen Dutcher


Nathaniel Dyett


Adam Earles


Cody Eckert


Conner Eisentrager


Kaitlyn Ellerman


Logan Elliott


Jacey Elmer


Chelsea Elming


Austin Empey


Ashley Enger

FIELD DAY

Senior Sammi Trail embraces the outdoors by hunting, fishing



Name: Sammi Trail
Birthday: 11.21.1993
Height: 5'3"
Visible: Girly Girl

On a crisp October morning, overlooking a golden field coated in fresh dew in North Dakota, senior Sammi Trail is ready: ready to make that perfect shot at that perfect pheasant. She knows the rules and understands what to do. She's enthusiastic about what is to come next. Dressed in blazed orange, she keeps walking through the tall brush.

Identifiable by her long blond hair and the occasional bright pink dresses she wears to school, not many would guess that she hunts and fishes.

Trail and her two sisters, graduate Stephanie and eighth-grader Sarah, were introduced to the love of the outdoors by their parents at a young age. They regularly took family trips to her grandparents' house in North Dakota to hunt deer, quail, duck and pheasant. The family connected and enjoyed nature.

Trail and her family are part of the five percent of U.S. citizens that participate in hunting. "People just think you're killing the animal, but you actually use it," Trail said. "If it wasn't okay, it would be illegal."

Trail strongly encourages others to experience hunting and fishing regardless of their gender. "You can't know if you like it until you try it," she said.



In addition to hunting, she fished with her fellow classmates seniors Joe Gray, Jesse Ried, and Conner Eisentrager. She also participated on the school archery team, coached by P.E. teacher Dave Beason.

Trail can also be found shopping for any type of clothing. She loves high heels and was seen flaunting sequined stilettos at homecoming, a long way from the fields of North Dakota.



But it is there that she continues to walk through the thick brush. Suddenly, she flushes out a pheasant. She reacts, quickly bringing the gun up to her shoulder and taking her shot. It is her first pheasant.

spotlight by hailey meredith

1,2,3 CHEESE

Senior Issac Tuon has a growing interest for photography

Name: Issac Tuon
Birthday: 07.02.1994
Height: 5'6"
Visible: Skateboarding



Camera ready. Lens focused. Senior Isaac Tuon stands on the sidelines at the home football game. "I was given an opportunity to take pictures of the first football game and couldn't refuse," Tuon said, "and after that I've been messing with photos and having a stronger interest in photography."

Getting actively involved in action photography helped jump-start Tuon's interest in taking photos. "The interest level just became stronger after doing football photography," Tuon said. "Because in football or sports in general you only get a few chances to get that perfect picture, and I enjoy that satisfaction of knowing you got the perfect picture."

One of the pictures that stuck out to Tuon this football season was when he was taking a picture of junior Marcus Montgomery. "I liked it because I got it at the perfect time and I didn't think I could have gotten it again," Tuon said.

Tuon's photography interest is not solely based on action photos, but with showing creativity. "One thing I really love is having creativity, and taking pictures from a unique angle or view that other people wouldn't have thought about," Tuon said. "I also like taking pictures of just things around the house, outside, nature or with friends."





Tuon's interest in photography was also influenced by his skateboarding. Tuon began skateboarding around the age of 10 when his dad and uncles began teaching him, and he has continued skateboarding on and off since then.

Tuon incorporates his interest with both photography and skateboarding by taking pictures of friends at skate parks. "When I take a good picture of a friend while skateboarding or doing something and they really like it, they tend to come to me again for more pictures," Tuon said. "I really enjoy it."

Spotlight by Katie Holcomb


Catherine Erb


Ashlee Erickson


Joseph Farrell


Austin Feinberg


Kelsie Ferin


Chase Fiedler


Dragana Forcan


Jenna Francois


Lisa Friesth


Matthew Fritz


Tess Fulghum


Conor Fuller


Adam Gardner


Alicia Garside


Erika Gebard


Krista Gerke


Timmy Gerzema


Matthew Gibbons


Nicole Gibbons


Keaton Gifford


Kristen Gifford


Emilie Githens


Cole Giudicessi


Brad Gott


Elli Grapp


Whitney Graves


Ashley Gray


Joseph Gray


Danielle Greig


Cal Gruening


Matias Haas


Benton Haggett


Charlie Haggett


Sarah Hainline


Bakir Hajdarevic


Andrew Haler

POSTCARD PENPALS

Senior Tina Wu learns a postcard is worth a thousands words



[Name: Tina Wu
Birthday: 10.19.1993
Height: 5'1"
Visible: Nice Person]

Coming home after school in fifth grade, senior Tina Wu set her book bag down in her room and found a surprise lying on her bed. It was a picture of the Eiffel Tower at night with its twinkling lights shining brightly. Wu flipped the card over and found a message scribbled on the back, "Miss you, Hugs and kisses, From Shanti." Wu smiled at the short message thinking of her close friend, Doudin, who had moved to France a couple weeks prior. With that one postcard their friendship continued even though they were 4,385 miles apart.

After the first postcard, nine more followed. Wu, now a senior, received one every summer when Doudin went on a vacation to places such as Athens and Rome. Seeing all the places Doudin travels left Wu feeling stuck in Iowa. "I'm kind of jealous that she gets to go to all these places," Wu said, "but at the same time it's cool to get mail from all those places."

Doudin wasn't the only one sending the postcards though, Wu also sent a couple. "I sent her one when I visited my family in Taiwan and one when I visited Arizona this summer," Wu said.



As technology evolved, so did Wu and Doudin's communication. Soon they found an easier way. "We used to write letters to each other," Wu said. "Now, though, we just use email. It's a lot faster."



Wu and Doudin are in each other's futures. "We want to visit each other," Wu said. "I want to go there and she wants to come back here. We might just have to meet somewhere in the middle."

spotlight by caitlyn ellerman

PUPPY LOVE

Senior Eric Bass enjoys spending time with his dog, Elsie



Name: Eric Bass
Birthday: 10.10.1993
Height: 6'3"
Visible: Multi-sport athlete

Senior Eric Bass finishes up basketball practice, and immediately rushes to club soccer practice. If it's not those two sports, then it's off-season lifting for football. But in the middle of his busy multi-sport schedule, Bass finds peace with his favorite miniature schnauzer, Elsie.

Bass and his family adopted Elsie four years ago in Iowa City during his freshman year, "When our eyes first met, I knew she was the right dog," Bass said. Ever since that day, Bass has been taking part in his favorite activities with Elsie such as chasing her. "She loves to take water bottles and things that she knows you don't want her to take," Bass said. "If you don't want it she stops playing with it."

He has cuddled with her at night since the day she was brought home, "We sleep together every night," Bass said. "She always tries to sleep right next to me, but I have to push her away because she takes up too much space."

Friends of Bass also joke about him and his faithful dog. "Sometimes I worry about his obsession with Elsie," senior Nick Payne joked. "I think there was an entire week where he never left his house because he was teaching her how to run an obstacle course."



Though she is loved by all, she has been known to cause some trouble in the Bass household. "She constantly takes my chapstick and chews them up," Bass said. "She has probably chewed up around 50." The miniature schnauzer also has chewed through many of the Bass' shoes and various home items. "I like Elsie because she's a bad girl," Bass said. "My favorite thing about her is her smile," he said, "but I hate how her farts smell so bad."



Through the good and the bad, Elsie truly is man's best friend, and although Bass enjoys his time with Elsie currently, he fears for next year when he will be at Iowa State. "I'm going to miss her sitting on my lap, keeping me warm in the winter," Bass said.

spotlight by / ellie minor


Evan Hammer


Lexie Handy


Jon Hankins


Catherine Hardy


Nathan Hasstedt


Anna Hathaway


Kristine Hayes


Mykayla Hayes


Blake Heikes


Jenna Heil


Jacob Henderson


Emma Henry


Keshia Henry


Alex Hershey

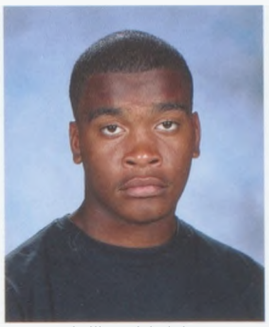

Sammie Hildreth


Yuka Himeno


Karim Hodzic


Nicole Hoffman


Katelyn Holcomb


Jullian Holder


Andi Holdsworth


Nick Holland


Makayla Holman

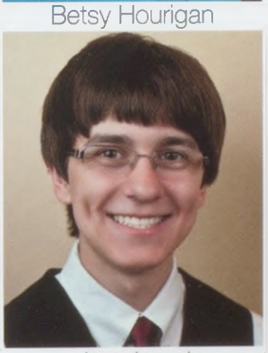

Patrick Holz


Joey Honold


Betsy Hourigan


Chelsea Hove

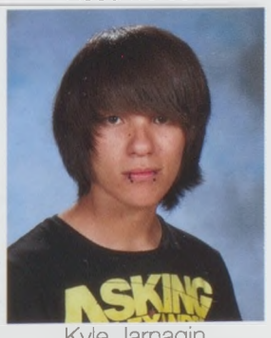

Maggie Ingham


Joey Iregui


Reed Iverson


Cody Jacobson


Brandi Jansen



Kyle Jarnagin


Adam Jaschen


Kendra Jensen


Nathan Joens

DUTY CALLS

Senior Jordyn Berry is getting a head start on her dream



[Name: Jordyn Berry
Birthday: 02.16.1994
Height: 5'6"
Visible: Workaholic]

As Senior Jordyn Berry comes to a stop on her drive to school, she takes a bite of her granola bar. Her hectic schedule leaves her always on the go. "I eat almost every meal in my car," Berry said. Berry's schedule sent her from school, to DMACC (Des Moines Area Community College), straight to nannying, then to a shift at Olive Garden, and finally home at 10:30 pm.

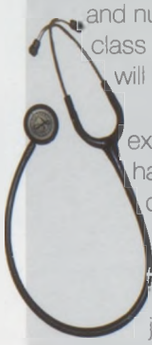
Berry's weeks mostly consisted of school and work. Berry considered herself a workaholic. "Anytime I'm not at school and not nannying, I'm working," Berry said. At times, sacrificing time with friends was difficult. However, the money she makes will help with extra costs living on her own next year when she is at college.

Amidst the chaos of school and work, was a drive to DMACC. Berry was starting early on her life goal of becoming a pediatric nurse by taking classes through the nursing program at DMACC.

Berry dreamt of being in the medical field since age eight when her cousin passed away from cancer. Her loss inspired her to work towards becoming a pediatric nurse specializing in cancer.



Berry took classes at DMACC that focus on topics such as medical terms, body systems, and introductions to medical careers where speakers from all areas in the medical field came to talk to the class. Berry will be involved in clinicals where she will learn how to care for patients in hospitals and nursing homes. This certified nursing assistant class is a prerequisite for the nursing program she will be involved in at college next year.



The patient interaction and hands-on experience attracts Berry to nursing. She always had positive childhood memories from her doctor's office. "I remember going there when I was little and I thought it was the coolest thing," Berry said. Her dream is to create the same positive experience for other children just as she had. "I've always wanted to own my own pediatric place," Berry said.

spotlight by: anne diesetti

HAVEN HELPER

Senior Manda Clark volunteers to help children learn to read and write

Name: Manda Clark
Birthday: 06.05.1994
Height: 5'9"
Visible: Choir girl



Senior Manda Clark headed to the Moulton Extended Learning Center at the beginning of her senior year unaware of the impact she would have there. A six-year old named Berenice surprised Clark from that very first Monday after school. "I walked in and she said she remembered me from when she was three and I had watched her talent routine during Supper Club. She was really excited and asked if I would read with her," Clark said. Of course Clark did, that day and every time after.

Clark and her family had volunteered at Children and Family Urban Ministries (CFUM) three years prior when they attended Supper Club. Local congregations served an evening meal to almost 180 adults and children every weeknight. When Clark volunteered years later she helped at the Haven, another program of CFUM looking to provide literacy enrichment, homework help and creative activities for grade-school children.

Every Monday after school Clark worked with Berenice and other kids at the Haven. First thing the kids did was have snack time. "They come in and have to eat a healthy snack because a lot of them don't have healthy nutrition at home," Clark said. After eating a snack, there was a game or activity and then they were split up by grade, Clark with the kindergarten and first-graders. "We work on writing skills, the alphabet and writing their names, but most of the time is spent on reading," Clark said.



The progress was obvious, especially by Berenice. "When she first started she was in a special group for reading and now she is one of the best readers," Clark said. "I like seeing kids make progress, and lot of kids don't have positive adult role models at home. So when they learn to read or write a sentence, it's a huge accomplishment." When Clark was at CFUM she was able to provide the kids with a positive role model.



Graduating won't be the end to her volunteering though. "I'm planning on working at a hospital in college to prepare me for physician assistant school," Clark said.

spotlight by: carly crist


Aaron Johnson


Anna Johnson


Bryan Johnson


Kylee Johnson


Amber Jones


Benjamin Jones


Morgan Jungman


Heather Kacmarynski


Jonny Katz


Taylor Kavaya


Jordan Kelling


Madison Kendall


Kailey Kerr


Daniel Kim


Madison Kleve


Jacob Knopf


Tyler Koonce


Brandon Korkow


Renata Kovacevic


Toato Kpor


Elaine Kramme

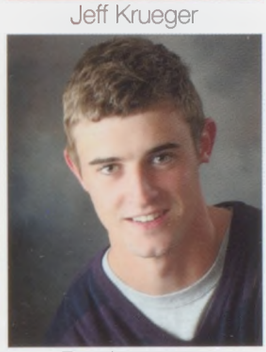

Maddie Kreamer


Jerin Kreinbring


Jeff Krueger


Issac Laffey


Helen Lagerblade


Ben Larpenter


Sierra Larson


Danijel Lastro


Ashlee Lee



Gerrit Lee

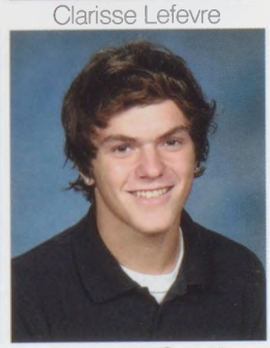


Mason Lee


Clarisse Lefevre


Cori Leffler


Katie Leffler


Wilson LeGrand

KITTY CRUNCHES

Senior Ashley Gray plays with cats with her boyfriend



Name: Ashley Gray
Birthday: 02.01.1994
Height: 5'10"
Visible: Girlfriend

In the April breeze, a boy and a girl stand outside behind the track and throw shotput together. The boy illustrates how to follow through with his arm, as the girl intently listens.

When most people see senior Ashley Gray, her boyfriend of two years, senior Marcus McKay, is not far behind. Gray has been obsessed with fitness since her sophomore year when she first started going to the weight room to work out. This is where she and McKay met for the first time.

"I thought, 'I don't know who you are and why all of a sudden are you talking to me,' but he won me over anyway," Gray said. They both share an obsession for fitness and personal health. However, they are extremely competitive and prefer to work out alone.

Both share other common interests such as shotput. Gray got started with the field event during last year's track season. At first Gray was interested in long jump and sprints, but once the season came to an end, Gray was competing mainly in field events. Gray hopes on qualifying for state track. Gray and McKay often practice new throwing forms together.



Most people don't know they also have another common interest - cats. "My 35-pound cat is so fat, but Marcus is obsessed with it," Gray said. McKay can't have any at home because his dad is allergic, so most of the time, the two play with Gray's cats, Tiger and Lily. They were named randomly, but surprisingly coincide with the movie "Peter Pan."

"He treats them like they are people. If I tell him that Tiger bit me, he'll ask me if he should spank him," Gray said. The two have formed a bond over the cats.

Because he thinks the cats are too fat, McKay gives them a cat work out. "I make them do kitty push-ups and kitty crunches," McKay said.



After throwing shotput, the two head home to play with the cats. Many people would not choose to play with cats after working out; however, for these two playing with the two fat cats is what they look forward to after school.

spotlight by: Connie le page

PAINT BOARDER

Senior Tyler Moriarty paints in his free time



Name: Tyler Moriarty
Birthday: 01.27.1994
Height: 5'10"
Visible: Snowboarder

Lacing up his boots and securing his goggles, senior Tyler Moriarty places the nose of his Forum Chillydog snowboard at the edge of the mountain. He takes in a deep breath of cool, crisp, Colorado air and leans forward to take the plunge down the steep slope.

Snowboarding has been a hobby of Moriarty's for seven years. He snowboards with his friends in Iowa, Colorado and Minnesota over the winter months and during spring break.

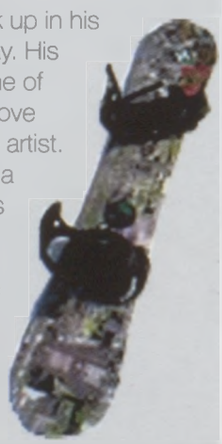
When Moriarty isn't hitting the slopes you might find him absorbed in his latest painting masterpiece. "I've painted on my own since I was a little kid," Moriarty said.

Just like snowboarding, art has been in Morarity's life for a long time. "I would remember in kindergarten, I would paint with water colors in class every day," Morarity said.



Moriarty likes painting the simple things most. "I'll just go outside and draw a tree or something," Moriarty said. He was involved in many drawing and photo art classes in high school, but his favorites were Design 1 and 2. Taking these classes in high school sparked his interest in design and helped him learn what makes a good design. He plans on majoring in design in college next year.

Moriarty hung some of his artwork up in his room, but others he kept stored away. His favorite piece he has painted was one of Bob Marley. He was inspired by his love for reggae music and his love for the artist. "My friend's dad wanted me to paint a picture of Bob Marley from one of his sweatshirts," Moriarty said. After five hours spanning over three days, his painting was complete with a face of watercolor outlined in black acrylis.



Moriarty's talent for painting was one-of-a-kind in his family. "I don't know where I got that gene from," Moriarty said.

spotlight by anne diesethi



Perry Leysens



Haris Lilic



Ashton Lindsey



Teresa Liu



Ryan Lowder



Danh Luu



Dylan Mann



Sam Maras



Stuart Markland



Megan Martin



Nolan Martz



R.J. Marx



Makayla Mawhinney



Tyler McCormick



Grant McDonald



Emily McDowell



Sam McGinn



Brett McGinnis


Ryan McGrew


Andre McKay


Marcus McKay


Katie McMillen


Dakota Meadows


Amelia Medici


Ethan Meng


Bhageerath Menneni


Emily Merritt


Emma Meyer


Malia Meyer


Luke Miles


Kayla Miller


Misty Miller


Elizabeth Mills


Ellie Minor

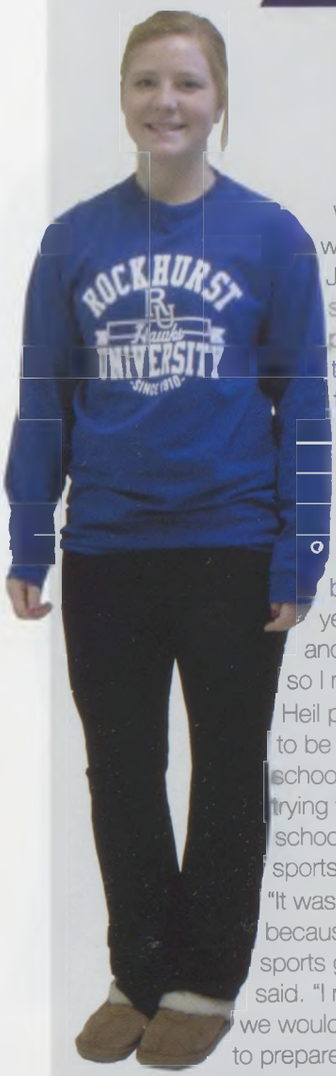

Rachel Minter



Kalan Mischke

TRIDENT LAYER

Senior Jenna Heil struggles to keep her love for music hidden



Name: Jenna Heil
Birthday: 03.22.1994
Height: 5'5"
Visible: Tennis player

Walking down the hallway with T-shirt and jeans, senior Jenna Heil has always been seen as a jock. She loves playing sports, especially tennis. Heil made the varsity tennis team as a freshman.

However, aside from being known as a girl who loves sports, there is a side that Heil hides from everyone, even her friends. "I was in band all the way up till senior year," Heil said. "I liked band and all, but it was embarrassing, so I never talked about it."

Heil played the flute, and she used to be in all-state band in middle school: however, she stopped trying when she reached high school after realizing that band and sports just don't mix.

"It was just so embarrassing, because everyone saw me as a sports girl, not a band nerd," Heil said. "I remember during the summer we would always have band camp to prepare for marching band. So I'll be hanging out with friends, and when it's time for marching band practice, I would just say 'Gotta go,' and quickly walk away because I didn't want anyone to know that I was going to band camp."



However, despite being embarrassed by band, Heil still played music in her free time. "I have a passion for music, and that's never going to change," Heil said. "It will always be a part of me."

There is a reason why Heil hides her love for music - the social norm. "I have already been accepted as a jock by everyone, and I kinda want it to stay that way," Heil said. "So music just became a personal thing to me. Plus all of my friends are jocks so it's easier this way."

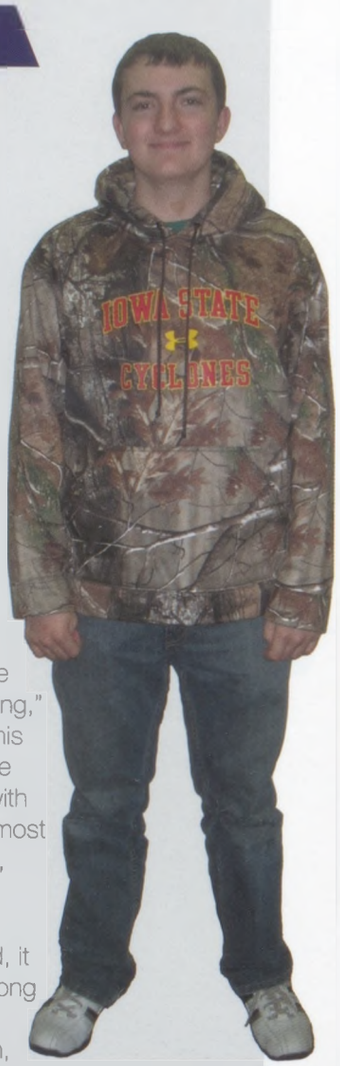
Being a jock and a musician at the same time was not easy work, especially in a high school setting. However, Heil has achieved the impossible by balancing the two things she loves most without giving up either one of her passions. "Jock and band nerd just don't mix," Heil said. "But somehow I brought them together like a Trident Layer!"

spotlight by / jiahui huang

CARPLOAD

Senior Matt Ruebbelke and friends get hooked on bowfishing

Name: Matt Ruebbelke
Birthday: 12.14.1993
Height: 6'0"
Visible: Golfer



Senior Matt Ruebbelke wades through the shallow water alongside seniors Jared Verhasselt and Andrew Stiles, searching just below the surface. Suddenly, Ruebbelke shoots the bow, catching his first carp. "We were hooked from there," Ruebbelke said.

Bowfishing soon became a passion for Ruebbelke and his friends. "I started off using one of my dad's old bows, but eventually went and bought a nice bow used specifically for bowfishing," Ruebbelke said. Ruebbelke and his friends typically bowfished anytime when the conditions were right, with no wind and no sun. Ruebbelke most often be fished at Saylorville Lake, Lake Red Rock and Big Creek.

With the excitement came challenges. "If there's a lot of wind, it makes it harder to see the fish, along with the water clarity," Ruebbelke said. "And even if you see the fish, you have to aim at a slightly different spot to account for the refraction."

Approximately one year ago, Ruebbelke, Verhasselt and Stiles all put forth money for a 16-foot boat. They equipped it with a generator to power lights for fishing at night. Even with the boat, fishing off the shores or in shallow waters was more common with the boys.



One February night, the three senior boys, plus senior Rory Mull, traveled to Saylorville. By the end of the trip, the boys had shot a grand total of 137 carp. One may wonder what to do with 137 carp. On a normal trip, Ruebbelke said they sometimes share the fish with others around them who enjoy eating carp. Ruebbelke grimaced at the idea.



On this particular night, the boys threw all 137 fish into the bed of Mull's truck. "Rory ended up spending the night at my house that night," Ruebbelke said. "He parked in my driveway, which happens to be an uphill slant, so in the morning we went outside and all the blood has flowed out of the truck and onto the driveway, leaving a nasty blood stain." The boys disposed of the fish by dumping them on some backroads.

spotlight by lisa friesth


Corbett Mitchell


Taylor Mithelman


Sydney Monahan


Maren Monson


Owena Moore


Casey Morales


Jordan Moriarty


Tyler Moriarty


Rachel Morris


Tyler Morrissey


Rory Mull


Yvonne Munanira

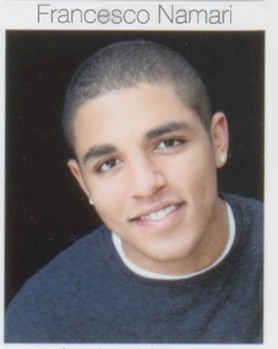

Michael Murdock


Tayler Murray


Francesco Namari


Brianna Nelson


Cathleen Nelson


Jordon Nelson


Tyler Neumann


Katie Newbury


Nick Newton


Claire Nichols


Justin Nicolet


Lyndsey Niebuhr


William Niyifasha


Modeste Niyonkuru


Kensie Noble


Janie Norris


Taylor O'Bryan


Harold Obrecht-Wittick


Catherina Ochoa


Lauren Olsen


Megan Olson


Dino Omerhodzic


Dylan Ostwald


Amy Overton

COUNTRY KICKS

Senior Kelsie Ferin shows her love for country



Name: Kelsie Ferin
Birthday: 06.15.1994
Height: 5'6"
Visible: Social Butterfly

Kelsie Ferin, a senior, is a name most people would recognize around Johnston. However most people didn't know that when Ferin got in the car, as she squealed from the parking lot, country music filled the entire vehicle.

Ever since she met her ex-boyfriend Matt DeLanoit, a junior at Dallas-Center Grimes High School, Ferin gradually started to love everything country. "When I started to hang out with my friends from Grimes and Iowa Christian Academy (ICA), they have a barn we would hang out in and have horses and they always listened to country music, I just got hooked on it," Ferin said. "I never really listened to it until I started hanging out with them because nobody at Johnston is really a 'country fan' so it just wasn't the thing to do."

After work, Ferin looked forward to riding around in 2011 graduate Zach Schneider's red truck, or heading out to Trey Rice's barn, a junior at ICA. "They are all 'hicks' I guess you could say," she said. "They are always wanting to do something fun and be outside and you never get bored with them." She and her friends have done everything from hunting, to fireworks in July, and even road trips to Simpson College.



Picture a barn, with two levels, the top of which looks out onto a horse arena. There is a 10-foot rope hanging from the rafters. As one looks up, suddenly someone leaps from the balcony onto the rope. "I love it when we all get together and hang up in the apartment above Trey's barn and swing off the rope into the indoor arena," Ferin said. Ferin and her friends took turns jumping and swinging from the rope. One of her friends missed and completely face-planted into the dirt. No one was injured, making the moment even funnier.



Ferin will never forget the memories made on those summer nights around the bonfire, talking about life and the future. She knows she will have friends to turn to, no matter what the situation.

spotlight by bonnie le page

DRAGON DEBATOR

Senior Tyler Koonce has interesting conversations in his basement



Name: Tyler Koonce
Birthday: 10.10.1993
Height: 6'1"
Visible: "The Dragon"

Sitting in the cafeteria, the normal conversations can consist of homework, weekend plans or even the relationships of fellow peers. However, this isn't always the case for senior Tyler Koonce, otherwise known as "The Dragon." Koonce and his friends, seniors Zach Winjum, Mason Waetke and Brad Gott, talk about things that go far beyond the walls of the high school.

"We always have deep discussions," Koonce said. "I guess political, religious, whatever, we try and understand everybody's point of view." These conversations started a couple summers ago, when they would spend hours in Koonce's basement with a nickname to match his. "My friends call me 'The Dragon', that's why we have 'The Dragon Lair.' That's where we have all our discussions."

Waetke said they end up having these discussions without thinking about it. "Usually when the four of us hang out that's just where we end up 'cause that's just a great place to hang out," Waetke said.

While Koonce likes the debates, he knows it is not for everyone. "Some of our friends hate it, some of us rather enjoy it," Koonce said. "It has its ups and downs."

Sometimes the conversations intensify, especially between Gott and Winjum. "It makes me frustrated with him, but at the same time I get to know him better," Gott said.

Winjum feels the same. He likes debating simply because he wants to know why other people have certain opinions. "I don't take any of the arguments personally, it's just issues," Winjum said. "It's not drama, it's discussions."



Koonce said that they can agree on things but still have little altercations for each perspective. "We have our opinions," Koonce said. We're all our individual person."

spotlight by clara carlson



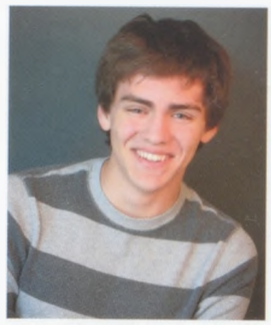
Andrew Overton



Shawn Owens



Cheyanne Parish



Ben Parsons



Isidora Passalacqua



Jeffrey Pavelka



Nick Payne



Haley Pennington



Nate Perkins



Olivia Pessolano



Alex Peterson



Donna Petry



Samantha Philiph



Anna Pierce



Josh Pietan



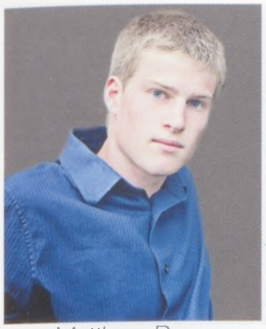
Paige Plaskitt



Bryce Plew



Brandy Pohlman


Matthew Poss


Megan Rahm


Ena Rajic


Paige Ramsey


Victoria Rasavanh


Brenden Redshaw

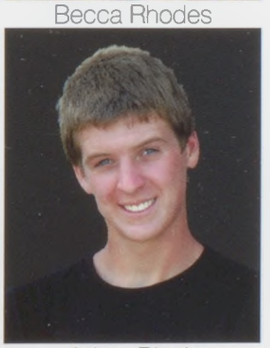

Sara Reed


Gabe Renken


Becca Rhodes


Adam Ribordy


Deavon Richards


Adam Rieck


Jesse Ried


Morgan Riessen


Ashleigh Riley


Kristin Riley


Patrick Rogers


Brian Ross

SHORT STUFF

Senior Jill Deskin was diagnosed with dwarfism in first grade



Name: Jill Deskin
Birthday: 07.26.1994
Height: 4'10.5"
Visible: Short

Senior Jill Deskin makes her way to AP Psychology through the sea of backpacks in the upstairs hallway. Many of the backpacks hit her right about eye level. Jackets do, too. On this particular day an anonymous student flung his jacket on, hitting Deskin square in the face. "People don't see me in the hallway so they run over me," Deskin said.

Growth Hormone Deficiency

Dwarfism is when the pituitary gland runs out of growth hormones too soon, stopping a person's growth. In first grade Deskin was diagnosed with dwarfism. "I didn't really notice until I was in fourth grade and I noticed that all of the second graders were the same size as me and all the fourth graders were way taller than me," Deskin said.

Doctors said that Deskin would only grow to be 4'7" but she is now 4'10.5". "I started accepting it in high school because that's when people would say 'That's Jill Deskin, the short person'," Deskin said.

Deskin began accepting her height when she realized this made her unique. "I was thinking of what I was good at, and in high school you're either known for athletics or academics," Deskin said. "Since I'm neither athletic or academic, that's how people know me."



Deskin is proud of who she is, although she has to think about things other students her age may not, such as choosing a car. "When I was getting a car I had to specifically find one that I could see over the steering wheel in," Deskin said.

After searching for a while, Deskin found the perfect car. "I got a 1994 RAV4 named Ralph, Ralph the RAV," Deskin said. The car was best for Deskin because she was able to see over the steering wheel; she didn't have to look through it.

Even though some things are difficult for Deskin, she doesn't see herself as different. She looks for the positives in every situation. "I still get asked if I want a kid's menu when I go to restaurants," Deskin said. "Sometimes I say 'yes' if I want to color."

spotlight by morgan riessen

TRAVELING PIANIST

Senior Francesco Namari earns music diploma before leaving Italy



Name: Francesco Namari
Birthday: 01.27.1995
Height: 6'1"
Visible: Foreign exchange

Walking through the halls, senior Francesco Namari, an Italian foreign exchange student, adjusts to the new faces. "People see me and probably think, 'What the heck happened to his hair?'" Namari said. But underneath his curly hair lies a hidden talent. Namari found a passion for playing piano at the age of five.

Namari started taking private lessons from a family friend. "I told my dad I wanted to start playing piano," Namari said. "I didn't really know what I was getting into."

At the age of nine, Namari enrolled in a music academy in Italy. In Nov. 2010, Namari began the process to receive his first diploma from the academy. This would allow him to teach piano at any private school in Italy. Namari had to learn 51 pieces, approximately 12 pages each. The rest of his classmates took the exam in September 2011. However, because he was leaving for the United States, Namari was forced to take the exam three months early, in June 2011. The exam consisted of playing seven of the 51 pieces, selected at random by judges, and sight reading one piece of music.

Namari felt comfortable playing for the judges, just as with any audience. "I feel exalted to play in front of people," Namari said. "I don't usually get nervous."



During the two months prior to his test, Namari practiced around eight hours per day to prepare. "It was awful because the preparation was so long," Namari said. But it all paid off in the end. Namari passed the exam and obtained his first diploma.

In Italy, Namari played around two hours each day, but in the U.S. he played very little. Namari said he was busy absorbing his new surroundings, doing homework, and participating in activities such as cross country and basketball. However, Namari did play keyboard in the show band. "It is much easier because it is just chords," Namari said. "It's very different from my other pieces."

Namari typically played classical or romantic music that followed the curriculum of the academy. "I don't like the music academy because I cannot play the music that I like," Namari said. "I really like to learn other kinds of music, especially contemporary music."

spotlight by / lisa friesth


Matt Ruebbelke


Mason Rumpf


Amila Sadikovic

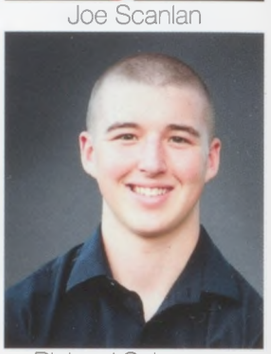

Jessie Sandmann


Clara Sandoval-Cooper


Joe Scanlan


Austin Schenkelberg


Andrew Schneider


Richard Schraeger


Lexis Schumaker


D'Sharri Scott

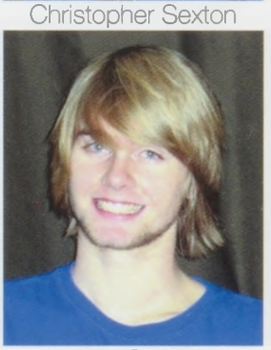

Megan Seibert


Belmin Serdarevic


Christopher Sexton


Adam Shaver


Sam Shaver


Alex Shore


Nick Siddens


Duncan Sinclair


Lilly Sindlinger


Kale Singleton

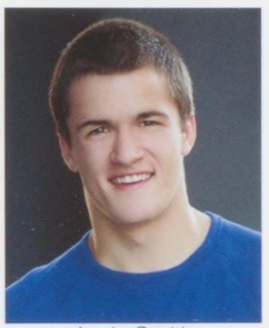

Joshua Sissel


Makenzie Skarphol


Lauren Skartvedt


Taylor Smidt


Alexander Smith


Andy Smith


Benjamin Smith


Hezekiah Smith


Samuel Smith


Austin Smoldt-Saenz


Sam Sparland


Alayna Spiece


Carolyn Spring


Tyler Stahr


Adency Start

HORSING AROUND

Senior Lyndsey Niebuhr recalls a memory of barrel racing



Name: Lyndsey Niebuhr
Birthday: 07.23.1994
Height: 5'5"
Visible: Cheerleader

Senior Lyndsey Niebuhr received her first standing ovation before she graudated elementary school. Niebuhr was riding her horse for the Iowa barrel racing team at the Paint World Show held in Fort Worth, Texas. "The crowd stood up and clapped for me as I [raced] around the barrels," Niebuhr said.

At barrel racing contests, competitors have to race around three barrels spread out across an arena. Competitors try to get around them at top speed, but also have to maneuver and control the steed.

Niebuhr has been mounting Sinatra, her American paint horse, since she was three years old and continues to show and ride.

There were close to around 100 contestants in Fort Worth. This caused Sinatra, to get all hyped up. "Right before I went in, my dad was comforting me and my horse," Niebuhr said.



Niebuhr and Sinatra came out without a win, but took away the experience of a lifetime that she will never forget. "I was so young that I was completely fearless and felt untouchable while going around those barrels," Niebuhr said.

In addition to barrel racing, Niebuhr shows halter, trail, western, hunt, equitation, and showmanship. "People think it's only about jumping," Niebuhr said. "They don't know the specifics. No matter in what discipline, it's rewarding to do well in a show after so many years of hard work."



One would wonder how Niebuhr juggles the three most important things in her life: school, horses, and cheerleading. She feels she has her priorities in the right order, and it helps her accomplish all the things in her busy life. "I put school first," Niebuhr said. "And work everything else out from there."

spotlight by / jordan poore

DEEP SPACE

Jetmir Bungu, a senior, thinks constantly about outer space



Name: Jetmir Bungu
Birthday: 12.29.1993
Height: 5'11"
Visible: Ping pong

Millions of studies have been conducted to understand the universe. "My goal is simple. It is a complete understanding of the universe, why it is as it is and why it exists at all," Stephen Hawking said, on his series "Into the Universe with Stephen Hawking."

Space is something everyone has learned about when they were little, but once senior Jetmir Bungu finished watching the show with his buddies, he has since been obsessed. "Don't call me a nerd, but I'm kind of into space," Bungu said.

Bungu is normally seen as a nice, well-dressed guy. "I guess people kind of see me as the class clown," Bungu said. Most people also know Bungu for his jokes and laid-back attitude, or his sweet ping pong skills that he has worked on when hanging out with his buddies on the weekends. Little did he know that watching "Into the Universe with Stephen Hawking" with his friends would lead to such curiosity. "We just sat together after watching it and that just started the whole conversation. That was intense, and was actually pretty exciting." Bungu said.

Everyone has at one time thought about where life comes from and how we started here on earth. "I really, one day, want to know, the answers, of how like the universe like started," Bungu said. "I believe in God and everything, and I know about the Big Bang, but I don't know if that really makes sense to me." He was especially interested when earlier this year a planet was discovered billions of light-years away that had the possibility for life since water remnants were found on the surface.



Photo of Eris, Contributed by NASA



Possibilities and thoughts of space constantly cross Bungu's mind, even as he challenges his buddies to a ping pong game or as he tells a joke in class. Until the truth has been discovered Bungu will continue to question where we have come from and what else is out there to discover. "I'm just a curious guy," Bungu said.

spotlight by bonnie le page


Andrew Stiles


Kyle Stoutenberg


Nicole Straavaldson


Teddy Strand


Edmond Streli


Christine Stromgren


Karina Suarez


Alex Swafford


Cassie Sweeney

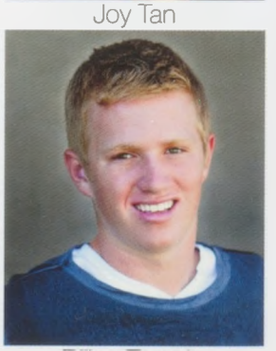

Scott Syroka


Allyson Tack


Joy Tan


Amanda Teel


Elin Tegels


Dillon Temple


Gabriel Terronez


Hannah Thayer


Brandon Theisen


Haley Thiel


Bryon Thomas


Kimberlynn Thomas


Dustin Thompson


Kerigan Thompson


Molly Thuente


Hunter Tibbetts


John Timmons


Sammi Trail


Andrew Tubbs


Isaac Tuon


Brian Turner


Cory Tyler


Cory Upton


Ana Karen Valencia


Emma Van Houten


Lisa Van Wiel


Kali Van Zee

WORN GENES

Senior Anna Pierce stays busy with school activities and a job at the lab



[Name: Anna Pierce
Birthday: 04.29.1994
Height: 5'5"
Visible: Best Buddies]

Jotting notes about her week, senior Anna Pierce prepares for work. Her planner is full of little scribbles and notes about things she has to plan for Best Buddies, an organization that pairs special needs students with high school mentors. As the leader of Best Buddies, Pierce has to stay on top of things. "If I don't write it down, I probably won't remember," she said. Not only does she have to juggle Best Buddies with school and other activities, she works at a microbiology lab called Hy-line.

In the summer of Pierce's sophomore year, she got to observe a woman from her church work at Hy-line and was offered a job there. Ever since then, Pierce has come in every Saturday to extract DNA from chicken blood. "At first I had to have someone watch me do it," Pierce said. "I would always ask if I was doing right."

After working at Hy-line for almost two years, Pierce can extract about 80 DNA in two or three hours. Her efficiency and rate of work has improved since she started. "Working here has been a great opportunity for me," Pierce said.

She challenged herslf by taking an unusual job for a high school student. Being the president of Best Buddies has challenged her also.

"Best Buddies has definitely taken me out of my comfort zone this year," she said. "I've learned lots from it and tried lots of new things; it's been a great experience!" All of the activities that she participates in and her impressive high school job will make her stand out in the future.

Pierce wants to study at Drake or Central College in a science field. She was inspired by her science teachers and would love to share her knowledge as well. Pierce nominated science teacher Chris Beghun for The Golden Apple Award, which Beghun received in December at an all-school assembly. She has considered being a science teacher for high school students. "I think it would be a very rewarding career," Pierce said. "Everyday would bring something different."

spotlight by anna lam

SPLISH SPLASH

Senior Nick Siddens spends his summers boating



Name: Nick Siddens
Birthday: 06.14.1994
Height: 6'0"
Visible: Baseball player

In the middle of November before the water froze over, senior Nick Siddens took his family's brand new Kawasaki jet ski for a ride around Saylorville Lake.

Siddens and his family love the water, boating in particular. "We live on the Lincoln Access, about a half-a-mile-away from Saylorville so we are always there boating or fishing," Siddens said. For as long as Siddens can remember, the lake has been a part of his life.

Every summer since 2007, Siddens' dad and his friends have an outing called 'Mans' Week.' "'Mans' Week' is where you have to stay on the boat the whole week and you're not supposed to go home," Siddens said. "I've been out there before but I've never stayed the night."

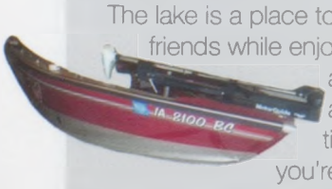
This summer Siddens plans on taking part in the yearly boating outting. "Since I'll be 18, and technically a man, I'll finally be allowed to stay the whole week," Siddens said.

The week consists of 10 to 20 guys doing man-like things. "We have carp races where you put a line on a two-liter pop bottle while baiting the other line, so when you catch the carp it has to pull a certain distance usually around 20 feet," Siddens said. "Whosever carp pulls the bottle the furthest distance usually gets money."



Baseball, like boating, has been a part of Siddens' life for as long as he can remember. "I've played ever since T-ball," Siddens said. "It's fun, I just love the game."

The two hobbies sometimes conflict, partly because they both occur in the summer. "Baseball interferes a lot with boating, with having games on Saturdays and tournaments during the weekends," Siddens said. "The weekend is usually when I go boating with my dad."



The lake is a place to hang out with family and friends while enjoying summer days in the sun and water. "It clears your mind and just lets you have a good time," Siddens said. "When you're on the water nothing matters, you just do what makes you happy."

spotlight by katie holcomb


Zach Vander Ploeg


Seth Vandygriff


Megan Vaughan


Jared Verhasselt


Maddie Vestal


Brooke Vidmar


Alex Vlach


Aly Vukelich


Mason Waetke


Steph Waite


Michael Walker-King


Chase Wallace


Thomas Walling


Casey Walsh


Stephanie Warren


Sarina Waters


Mariah Wellman


Sam Wendell


Claire Westemeyer


Mikayla Whitney


Riley Whittaker


Allie Wignall


Rylan Wignall

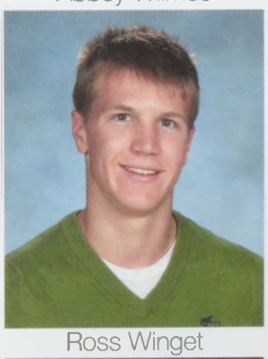

Brandi Wilkins


Jared Willson


Abbey Wilmes


Mitch Wilson


Derek Winchester


Ross Winget


Zach Winjum


Lindsey Witt


Lucas Wittman


J.J. Worley


Zach Wray


Maurice Wright


Tina Wu

TOMBOY TALE

Senior Adency Start describes herself an atypical girl

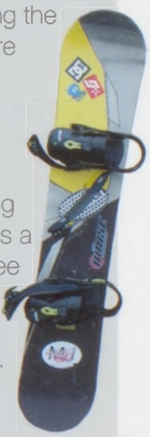


Name: Adency Start
Birthday: 12.10.93
Height: 5'6"
Visible: Horse Rider

Strapping into her board, senior Adency Start prepares to go down the slopes at Seven Oaks Recreation in Boone, the same place she experienced her first jump. "It was a pretty good-sized jump," Start said. "I was going way faster than I was trying to, or way faster than I should have."

Seniors Tyler Moriarty and Sam Wendell urged her to go for the jump. "I kind of knew I wasn't going to land it," Start said. "It was nerve-racking the first time, but I learned from it and tried again. If you're a female in a male-dominated sport, you have to be decent at it or you'll get made fun of because you are a female."

Start changes the typical gender rules of some of her favorite activities. She finds time for many activities in between her busy schedule of school, work, and taking care of her horse, Hobart. She spends about three days a week at the stables during the school year, and during the summer she is there every day. "When I am (at the stable) I change up the different ground work and riding things I do in order to keep my horse interested and progressing," Start said.



Her favorite outdoor hobby besides trail riding is shooting. "I love the challenge," she said. "It is a very mental sport. It is also very rewarding to see how much you improve." Senior Andrew Stiles, a close friend of Start's, got her into hunting. "(But) I wouldn't call myself a hunter," Start said.

She does not hunt often, but she will never forget the first time. "It was so cool and intriguing to me how close you could be to these animals, without them even knowing you are there," Start said.



She recalls hearing and seeing her first deer from a tree stand. "It was so cool to listen to the doe's cautious steps, one-by-one, as she slowly came closer," Start said. "When she was finally in my sight, I remember my heart beating and blood flowing like crazy. Just being that close to nature is an amazing experience," Start said.

spotlight by sydney dimarco

NICKELBACK WISECRACK

Senior Hunter Tibbetts' friends tease him about the Canadian rock band



Name: Hunter Tibbetts
Birthday: 12.18.1993
Height: 6'3"
Visible: Hipster

Two years ago, in Spanish II with teacher Angela Koob, current seniors Hunter Tibbetts, Bryan Johnson and Kyle Stoutenberg joked with each other about their taste in music. "I was making fun of a band Kyle liked, Hollywood Undead," Tibbetts said. "And Bryan's like, 'You probably listen to Nickelback or something,' and that's when I admitted to liking one song by them when I was five. Then they just started calling me the world's biggest Nickelback fan."

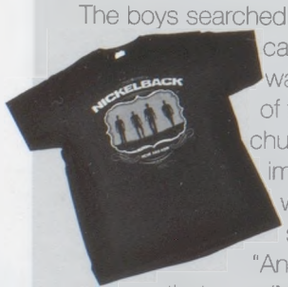
Nickelback, a grunge rock band, was formed in 1995 and was the 11th best selling music act of the 2000's. Two of their most popular songs are "Photograph" and "If Everyone Cared."

Tibbetts couldn't recall which song he liked. "I don't even remember what it was called it was so long ago," Tibbetts said. But for his friends it was a reason to tease.

Stoutenberg razzed Tibbetts about the band whenever he saw him. "Every time Hunter would make me mad or I wanted to mess with him I'd say 'Look at this photograph' and he would get mad," Stoutenberg said. "He is the biggest Nickelback fan and those lyrics run deep in his heart. I would also ask him 'What the (heck) is on Joey's head?' nine out of 10 times I saw him. Not because I was concerned about what was on Joey's head but because that is one of his favorite Nickelback lyrics."



The boys searched Tibbetts' iPod for the music and called him "the Nickelback fan." It was catchy enough that his group of friends caught on, then a decent chunk of the school and, in turn, his immediate family. "I even made a wooden sign in woodworking that says 'Nickelback'," Tibbetts said. "And my dad actually got me a shirt that says 'Nickelback' for Christmas this year."

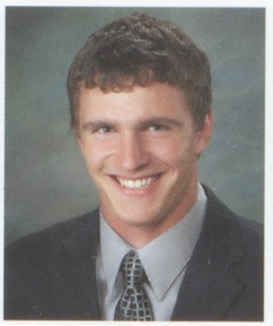


It's a joke gone awry, but Tibbetts doesn't mind. "Now I just own up to it," Tibbetts said. "I'm proud to be a Nickelback fan."

spotlight by paige plaskitt



Meghan Wymore



Connor Yocum



Trinity Zeiger



A new "Class of 2012" handprint wall hangs in the hallway of the high school. Seniors gathered at 8 a.m. on Nov. 26 to leave their handprint on the board, provided by student council. The handprint wall offered a way for seniors to leave their mark.
photo by morgan riessen



Tess Zernhelt



Matt Zinselmeier



TAKING OFF

Senior Nicole Straavaldson strives to become a pilot



Name: Nicole Straavaldson
Birthday: 06.16.1994
Height: 5'3.5"
Visible: Alternative band fan

After checking the weather, the engines, gas, and propellers, senior Nicole Straavaldson crawls into the cockpit and buckles up. She sits at the Des Moines Airport in a two-engine plane, preparing herself for her first flying lesson. "You think you are going to die before you even get up in the air," Straavaldson said. "Like you see the end of the runway and just think 'I can't make it.'"

During August, Straavaldson celebrated her 17th birthday flying a plane. "I've always been in love with planes," Straavaldson said. "When we went on vacation, my favorite part was going on the plane." That love has sparked into a career choice.

During ILA, Straavaldson did a project about careers and aviation came up as one of her top options. "I didn't just get the idea from there, I've always known that I wanted to do something with the airlines," she said. "I just didn't know what, but that just added to it and pushed me along (to decide)."





Straavaldson plans to go into commercial aviation at the University of North Dakota. "There's not many places that have a major in commercial aviation," Straavaldson said. "So it kind of narrowed it down a lot." The University of North Dakota is the least expensive of her top three college options, at about $140,000 for four years. "Tuition isn't that much, it's the fees that come along with it for like using the planes."

The cost of college is leading her to thoughts of signing with the Air Force. "Well, someday I hope to fly for the airlines," Straavaldson said, "but I'll probably be stuck in the Air Force because they'll pay for my school. If they pay, I'll be in there for a few years, that's fine with me."

The thought of flying for a career makes it worth the time and money to her. "When you're in the air," Straavaldson said, "you just feel weightless."

spotlight by helen tagenblatt

FISH BAIT

Junior Samir Burnic fishes at Saylorville Lake during the summer



Name: Samir Burnic
Birthday: 03.23.1995
Height: 6'0"
Visible: Car enthusiast

Disassembling cars in Automotive Tech sparked junior Samir Burnic's interest. The influence from his mechanic father at home helped start his passion for cars and now he and his friend, junior Eldin Subasic, spend their weekends in downtown Des Moines scooping the loop. They show off Subasic's Mazda RX-8. "We like drifting, going fast and racing people," Subasic said.

At school, Burnic likes to keep to himself and his music. "People see me as just a chill guy," Burnic said. That exterior melts away when Burnic engages in one of his favorite activities — fishing. "I like the calmness of the water," Burnic said. "It's a good way to clear your mind."

This past summer, Burnic normally went fishing once or twice a week and to him, "There's really nothing else to do during the week." Accompanied by his older brother Sandi, they stopped at different spots by Saylorville Lake and caught mostly catfish that they later cooked. "Once my brother caught a big catfish and wrapped it in plastic and put it in the freezer," Burnic said. "My mom flipped out because he forgot about it." When not forgotten about, he will normally cut up the catfish and eat it after it's breaded by his grandfather.



For Burnic, fishing is more about the enjoyment. "You get this feeling when you've got something on the line and you've hooked a fish," Burnic said. The sitting and waiting with the line is all worth it once Burnic gets that feeling of accomplishment.

The guy by the water with his fishing rod and catch of catfish is unlike the one found taking cars apart at school. While fishing provides some good summer fun, Burnic's interest in cars will most likely follow him throughout his life. "I love the process that happens when you turn the key in the ignition."



spotlight by carly crist

JUNIORS

Class of 2013



Abigail Abeyta-Martin
Megan Albers
Sam Alter
Krister Anderson
Michael Armstrong
Dylan Balmer
Joshua Beehler

Nicole Ackerman
Zeyad Alghool
Nick Altman
Myles Anderson
Jake Atkinson
Troy Barnes
Matthew Benson

Madeline Adkins
Dinela Alic
Tyler Amundson
Rachel Anderson
Justin Atterberg
Nolan Beck
Andy Bevis

Jazmine Alaniz
Abby Aller
Evan Anderson
Erin Andeweg
Laura Ausenhus
Gus Beebe
Katherine Bischof
Gillette



Melia Black
Paige Boyer
Morgan Bridges
Joseph Buising
Austin Busch
Moncef Chemanedji
Nate Christenson
Andreu Cline

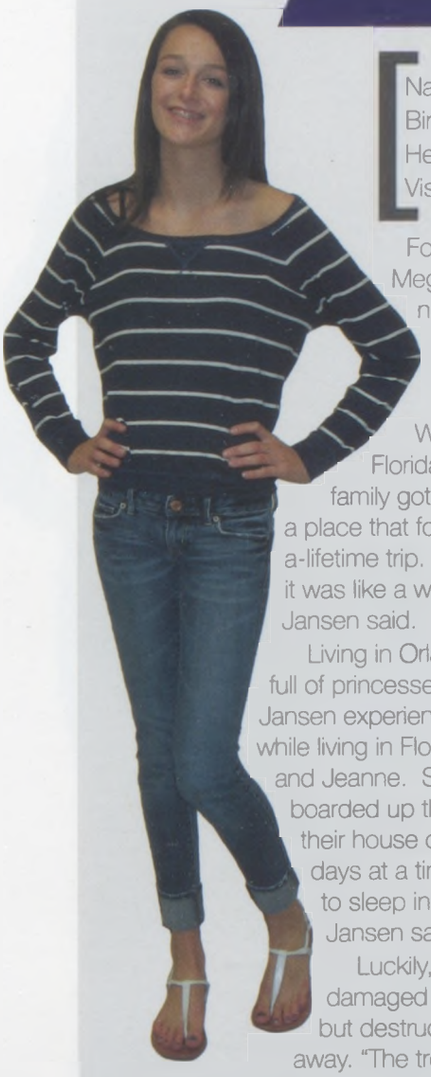
Madison Boes
Marc Brault
Katey Brimeyer
Samir Burnic
Corbin Buttrey
Taylor Chipp
Nathan Christianson
Neiman Clinton

Josh Boeschen
Travis Brenner
Tyler Britton
AJ Burns
Jeff Carley
Bryon Christensen
Allison Clark
Spencer Clock

Joe Bormann
Alex Bricker
Fez Bui
Taner Burns
Bailey Chamberlin
Leigha Christenson
Katy Clay
Lindsey Clothier

PACK IT UP

Junior Meghan Jansen has lived in six different states



Name: Meghan Jansen
Birthday: 05.14.1995
Height: 5'11"
Visible: Social butterfly

For two years, junior Meghan Jansen's neighbors were Mickey Mouse and Tinkerbell. She lived about 25 miles from Disney World in Orlando, Florida. Jansen and her family got yearlong passes to a place that for some is a once-in-a-lifetime trip. "We went so much, it was like a weekly thing for us," Jansen said.

Living in Orlando was not always full of princesses and pixie dust. Jansen experienced three hurricanes while living in Florida: Charlie, Francis and Jeanne. She and her family boarded up their windows, leaving their house completely dark for days at a time. "One time we had to sleep in my mom's closet," Jansen said.

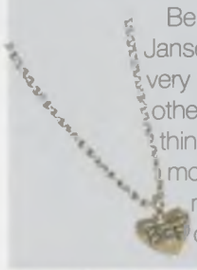
Luckily, the storm never damaged her house directly but destruction was never far away. "The trees would all be in-line perfectly slanted," Jansen said.

Due to her dad's job, Jansen and her family have lived in Minnesota, South Dakota, Oregon, Florida, New York, and now Iowa, in that order. She enjoyed living in Florida and New York the most.



The best part about living in New York was the scenery. Jansen and her family lived right across from a horse farm. "You don't see that in Iowa much," Jansen said. Another plus was living 45 minutes away from New York City. Jansen enjoyed things such as shopping, street vendors and seeing the Radio City Rockettes in the Big Apple.

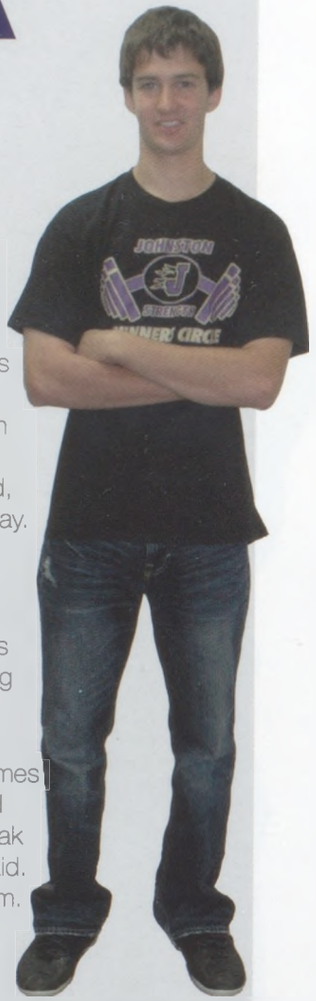
Being the new kid is never easy, but Jansen adjusted to the circumstances very well. "Some places were harder than others (to make friends) but I had other things to worry about," Jansen said. Even moving away from her friends, she still manages to keep in touch with some of them.



spotlight by Jane Dieseth

CORN CRAZY

Junior Matthew Hanstad works for Grimes Sweet Corn



Name: Mattew Hansted
Birthday: 11.30.1994
Height: 6'1"
Visible: Soccer player

All the students stare as junior Matthew Hanstad pulls out a cob of corn in the middle of Kayla Bousum's seventh period business class and begins to shuck it. He proceeds to take a bite of his fresh snack. "Everyone thinks I'm weird because I eat it raw," Hanstad said, "but I think it tastes sweeter that way. Well, it does."

Most people know Hanstad for playing center back on JUSC and the varsity school soccer team. His favorite part about soccer is playing with his friends. He worked with friends in the fields, too.

Hanstad worked all year for Grimes Sweet Corn as a field hand. "I load trucks, drive trucks, and try to speak Spanish with the Mexicans," he said. In the summer he woke up at 5 a.m. drove out to the cornfields, and began to pick sweet corn.

The process of picking corn is not as simple as just grabbing a cob and throwing it somewhere. The workers must gather it in their arms by the two dozens (24 pieces of corn at a time) and then throw it in the truck. That way they can fill 20-40 trucks a day while keeping track of how many ears have been collected. "Your whole body gets sore," Hanstad said. "Your elbows will crack and some days it's raining and you get all muddy." The job also included weeding the strawberry patch and picking strawberries.

Although it's a tough job Hanstad enjoyed its lenient hours and working with a couple of his close friends. Many of his other co-workers were Mexican, which was entertaining when they started to call him names in Spanish and he had to figure out what they mean. One of these names was "babosa," which means "slug" in Spanish.



The job also required a lot of Hanstad. Besides having to wake up at such an early hour (especially for summer), he had to cut his nights short if he worked in the morning. "It's one of hardest, like physical, things I've done," Hanstad said. Since age 13, he has worked in the sweet corn business and has no plans to stop. "It's hard work, but I enjoy doing it."



spotlight by kelsey acheson



Sierra Collins
Mitch Corbin
Carly Crist
Seth Daughhette
Ethan Degroot
Kirpal Dhugga
Paige Dixson
Isabella Engblom

Bailey Comegys
Casey Coughlon
Monica Cunningham
Logan Dean
Anthony Denny
Emma Dickinson
Simmone Doswell
Bailey Eppard

Erin Conlan
Randy Coyle
Joe Dailey
Kenzie Debolt
Alaina Despenas
Champagne Dings
Ben Dygert
Cody Erickson

Addie Cooper
Paige Cramer
Heath Dannon
Rachel Decarlo
Marcus Devens
Kayla Dings
James Ellis
Alejandra Escoto



Andrew Evans
Megan Faley
Miles Fogelson
Kara Ganzer
Mark Gee
Katie Giles
Rachel Gray
Marissa Hagerla

Ryan Evans
Cassidy Farnsworth
Josh Friedel
Ben Garlock
Jacob Gehrke
Sindhu Gollapudi
Sarah Gunhus
Casey Halder

Ryan Evans
Christopher Fell
Jordan Galle
Xavier Gaumer
Caleb Gibson
Charles Goodwin
Olivia Guns
Michelle Hall

Justin Ewing
John Finn
Kyle Gansemer
Drew Gavin
Liz Giesselmann
Marlon Graham
Matthew Guyer
Amelia Hammond

BOOKWORM

Junior Lauren Kimble loves to read in her free time



Name: Lauren Kimble
Birthday: 05.12.1995
Height: 5'6"
Visible: Perfect hair

Flowy, caramel-brown colored hair, and perfect big curls, junior Lauren Kimble is known to many as the girl with the perfect hair. "Everyone always ask me about my hair, and how I do it," Kimble said. "Once a coffee lady at Casey's stopped me for like 10 minutes just to talk about how much she loved my hair."

Spending about 15 to 30 minutes every day in front of the mirror, Kimble uses a Hot Tools curler and Big Sexy Hair hairspray to achieve the perfect, defined curls. "There really is no trick to it; I guess it just comes naturally to me!" Kimble said.

Seen as the super girly girl that she is, Kimble loves cheerleading, and shopping for her friends. But what few people know about Kimble is her passion to read. "I read everything and anything," Kimble said. "It's something I love to do but not really talk about. Not many of my friends even know about this."

Known to her family as "the book nerd," Kimble and her best friend junior Lindsey Clothier often swap books, and browse around Barnes and Noble.

Aside from Kimble's family, not many other people know about her secret hobby. "I think it's a stereotype that people don't think I would read, but I really do read!" Kimble said.



Kimble's favorite series is the "Pretty Little Liars." She finished the entire series in a week-and-a-half. "That period was bad," Kimble said. "You know how most people would come home and watch TV first and then do their homework? Well, for me I would read the "Pretty Little Liars" before I do my homework. And I wouldn't stop until I was finished. I would have my mom bring me water and food because I didn't want to put down the book."



This side of Kimble is not well known because not many people would believe that a girl like her would love reading so much. Kimble's hidden side portrays the old saying: "Never judge a book by its cover."

spotlight by / jiahui huang

TUBE TIME

Junior Kris Queck plays at his family's lake house at Sun Valley Lake



Name: Kris Queck
Birthday: 07.29.1995
Height: 6'2"
Visible: Football

It is a hot, Saturday afternoon in July. Junior Kris Queck is floating on a four-person tube in the middle of Sun Valley Lake in southern Iowa. His mom, Linda Queck, is at the helm of the boat. Kris taunts her. "Mom, there is no way you can ever get us off these tubes!"

Queck's Mom looks back and says, "OK!" Then she revs the boat and swerves it back and forth in an attempt to throw Queck and his friends off their tube.

After a few minutes of flying across the waves, Kris' tube flips over and ejects the riders into the lake.

The Queck family attempts to go down to their lake house every weekend during the summer, and sometimes he brings friends. There, they spend time four-wheeling, having parties, and playing basketball.

But they spend the majority of their time out on the lake. When it comes to tubing, being dragged behind a boat in a single tube tends to get boring. So Queck and his friends have found a way to put a twist on it. They tie two tubes to the back of the boat. When the boat gets to full speed, they try to jump from tube to tube, while also trying to push the people from the other tube into the water.



Queck and his friends have a specific technique to stay on their tubes. "You put the bigger or smaller person in the middle and the medium people on both sides," Queck said.

They don't stay in that position for very long though, because once the boat starts they are constantly in motion trying to push each other off the tubes. "It's all really about where your weight is on the tube," Queck said. "You have to balance out the weight."



spotlight by madison boes



Dalton Handel
Matthew Hanstad
Katie Hermanson
Brock Hoffman
Kim Hughes
Fatiha Iqbal
Rachel Janousek
Cole Jewell

Zaxston Hans
Grace Harcharik
Liz Hobbs
Marissa Holloway
Will Hyde
Dakota Jackson
Kayla Jansen
Beau Johnson

Jordan Hansen
Ryan Harlow
Amber Hodapp
Jaihui Huang
Delany Idleman
Kendrick Jackson
Meghan Jansen
Dylan Johnson

Abby Hanson
Joe Hawks
Dorinde Hoddenbagh
Ethan Huettman
Jarid Inglebrand
Conner Jacobson
Alex Jenkins
Macenzie Johnson



Caitlyn Johnston
Alex Juergens
Chloe Keeney
Payton Kintz
Elijah Kragt
Will Krone
Noah Long
Rosemary Lawrence

Dylan Jones
Jason Kane
Craig Kimble
Mattie Kipp
Chase Kramer
Travis Krugler
Alex Langenberger
Taylor Lay

Kaelee Jones
Alex Kaptain
Lauren Kimble
Marina Klaric
Karsen Kramer
Rebecca Labertew
Kelsi Larsen
Bonnie Le Page

Luke Jorgensen
A.J. Keech
Michael Kinning
Jordan Knapp
Hailley Kromminga
Brady Lafollette
Jaryd Lawrence
Colin Lee

MEAN DOG

Junior Monica Lindsey was attacked by a dog as a child



Name: Monica Lindsey
Birthday: 11.08.1994
Height: 5'5"
Visible: Cheerleader

Drawing pictures of their houses at a third grade birthday party, a group of girls celebrated their friend's special day. However, the day will be remembered more for the family dog, than the birthday.

Junior Monica Lindsey went to the host parent's bedroom with her friend junior Steph Wilkinson to call (Wilkinson's) parents. While waiting for Willkinson, Lindsey decided to pet the family dog. "I must have startled it, because all of the sudden it started to attack my face," Lindsey said.

The attack became more violent as Lindsey was picked up off the ground by the dog and thrown by her face. She was then rushed to the emergency room and given 35 stiches. "I can't really remember it," Lindsey said. "I just remember being really scared."

Wilkinson witnessed the attack. "Monica started screaming so I looked over and she had blood running down her cheek," Wilkinson said. "A few days later the cops came to my house and asked me a few questions about it." Coincidentally, Wilkinson was also bitten on the elbow a few months before the event.



Ultimately, Lindsey's parents decided to sue the family's insurance company for $5,000 for parental suffering and an additional $30,000 for the endangerment of their child. They won both cases. "With the $5,000 we won in the trial, they took me to Disneyland," Lindsey said. "The rest of the money is in a bank account waiting for me when I turn 18."



The attack has impacted Lindsey's life psychologically and physically. "I had a dog but it died about a year-and-a-half ago," Lindsey said. "I'm still scared of bigger dogs, especially ones I'm not very familiar with."

To this day, Lindsey still bears scars on her right cheek. "I would say it was sort of worth it, since I can't remember it very well, and I got a trip to Disneyland and we got a lot of money out of it," Lindsey said.

photo credit: AR_ (was not the actual dog)

spotlight by ellie minor

REMOTE CONTROLLER

Junior Jordan Knapp communicates through movies

Name: Jordan Knapp
Birthday: 05.23.1993
Height: 5'2"
Visible: Jokester



The "Jungle Book" plays on junior Jordan Knapp's television as he lays in bed. His nurse, Megan Chambers, tries to get him ready for a doctor's appointment. Taking his remote and hitting the rewind button, he replays the part where Mowgli says, "I'm staying right here!" Taking his remote from him, Chambers then plays the part where Bagheera replies, "You're going if I have to drag you every step of the way."

Knapp has lived at ChildServe since he was 9 years old. Unable to communicate verbally, he has developed different ways to communicate, including pointing to pictures on his communication board or using a small computer to speak. However, he also communicates through his most prized possession, his remote.



Whenever he has free time, Knapp can be found watching the tube. "As soon as he gets off the bus he points to the remote on his communciation board," Chambers said. He often likes to flip between a DVD, VHS, and whatever is on TV. "He'll sit there and do it all night long if you'll let him," she said.

Sometimes he takes his roommate's remote and has a show running on that TV at the same time. He also is completely in charge of what everyone watches on the big TV in the living room at ChildServe. Even at the movie theater he wants to be in control of the movie.

Having a good sense of humor, Knapp is always rewinding through parts in movies that make him laugh. "He really likes to use lines like 'Shut up!' or 'Be quiet!,'" Chambers said.



Knapp also loves monkeys. He used to point at the phrase "Go for a walk" on his communication board and then at a monkey in the book "Aladdin." So the staff added the phrase "Go to the zoo" to his communication board. He visits the zoo often in the summer, but leaves his remote at home.

spotlight by madison boes



Reid Lefler
Taylor Lindley
Tyler Losen
Connor Mackey
Katie Marckmann
Leanna McAllister
Andrew McKeighan
Jacob Mentele

Meredith Lemon
Monica Lindsey
Brent Luers
Haris Malkic
Ethan Marshall
Trevor McCauley
Ariana McMains
Holly Mestad

Sarah Lewis
Kayla Linscheid
Katelyn Lunders
Jordan Mann
Gage Mauk
Alex McCune
Francisco Mejia
Blake Miller

Adam Lichty
Blake Lipzinski
Cullen Maahs
Megan Manteaw
Nick Maurer
Austin McGinnis
Victor Mejia
Joscelyn Miner



Emily Moe
Emma Monthei
Haris Muranovic
Jordan Navrkal
Mimi Nguyen
Courtney Nyberg
Meghan Osterhout
Radha Patel

Keegan Mohrfeld
Haley Morris
Mackinzie Myers
Clayton Nebel
Courtney Norelius
Connor O"Brien
Peyton Pagliai
Sam Penington

Wesley Monroe
Timothy Morrissey
A.J. Naanep
Jennifer Nelson
Ashley Norris
Zach Odegaard
Karly Palmer
Ali Perman

Marcus Montgomery
Spencer Moser
Solange Nahoza
Nicholas Nelson
Gabe Nowak
Trey Onder
Ammar Pasalic
Thomas Peter

PICTURE THIS

Junior Allyson Veatch is a scrapbooker in her free time



Name: Allyson Veatch
Birthday: 06.22.1995
Height: 5'9"
Visible: Soccer player

In a room at Mt.Olive Lutheran Church, no one speaks. People scribble numbers on pieces of paper. Junior Allyson Veatch sees something she likes: a scrapbooking bundle. Her mom bids $75 on it for them. They win.

At home that night, Veatch and her mom both started on their first scapbook. "We just started putting our pictures together," Veatch said. "It was so much fun, and I have been doing it ever since."

Veatch, a tough soccer player who dislocated her shoulder in the powder puff football game, popped it back into place, and continued playing, does not really describe a scrapbooker, but it helps her wind down. "After I've been working out and going hard in soccer, I just want to relax," Veatch said. "I get that from scrapbooking; it just gives me that calmness."



Although not many know the calmness scrapbooking gives Veatch, she does make books with friends sometimes. It gives her a chance to teach others about her passion. "We did it on (my friends') vacation to Colorado," Veatch said. "She had no idea how to scrapbook, so she got me the pictures, and I got the papers and sort of taught her how to put things together."



Veatch likes to help others and teach them about something she has found a love for, but sometimes she likes to unwind and create a book alone. "I'm a perfectionist. Everything has to be straight and perfectly lined up," Veatch said. "I get a little crazy sometimes. That's probably why I don't let a lot of peole help me sometimes, because I have to have it done my way."

spotlight by mariah wellman

SMOKE DETECTOR

Junior Kyle Timmerman evacutes house after seeing smoke

Name: Kyle Timmerman
Birthday: 06.07.1994
Height: 5'11"
Visible: Track star



The holiday season is usually filled with joy and thankfulness but on Dec. 3, 2005, that became more than just holiday spirit for junior Kyle Timmerman's family. After an afternoon of Christmas shopping, Kyle and his relatives went to his aunt's, Leslie Timmerman's, house for a warm dinner followed by trivia and board games. Once it got late, Kyle's family wanted to head home but Leslie campaigned for one last game, during which Kyle spotted something unusual "I noticed some smoke coming out of the ceiling fan and I said something about it," Kyle said. "My uncle is an electrician and he went in the basement to look at the electrical box. Then he shouted, 'Call 911 and get everyone out of the house!'."

Kyle's experience in track proved useful when evacuating. "It was snowing so I sprinted outside without even putting shoes on," Kyle said. Once 911 had been contacted, Kyle and his family watched as five fire engines and an ambulance arrived.



"Fire trucks filled up the whole street," Kyle said. "I didn't think that many would come just for [one house]."

After the kids were taken to a neighbor's house to stay warm, Leslie was interviewed to find out the source of the flames. "I started a fire in the fireplace and immediately smoke started rolling out," Leslie said. "I said that I must have had the flue closed, so I attempted to fix it and the smoke seemed to have subsided." The ceiling fan had been turned on to air out the living room where the family was playing games. "The investigator said that, based on the damage, the fire had been burning around us in the walls for about an hour and a half and that it must have caught on something in the chase right away," Leslie said.



Once the fire was put out, so was the holiday spirit. "The whole house reeked of smoke," Kyle said. "The firemen had to knock down part of the living room with their axes."

Even though the holiday spirits were dampened, the family was lucky. "Had my family not agreed to stay with me and play another game I would have gone to bed," Leslie said.

spotlight by carly crist



Bailey Peterson
Zach Poliak
Zachary Ramsey
Julia Ratekin
Miguel Reyes
Kelly Ridenour
Israel Rivera
Reanna Rogers

Stephanie Phillips
Kylie Poulsen
Jacob Randall
Chelsea Reese
Madison Rice
Joshua Ried
Elizabeth Roach-Lindeman
Faith Rosburg

Lyndsey Pierick
Dylan Preston
Erik Rasmussen
Katie Regan
Katy Richardson
Sydney Rissler
Brenna Robinson
Makayla Ruchti

Madisen Pilcher
Kris Queck
Sanna Rasmussen
Andrea Renner
Adam Richman
Jessie Rissman
Zack Robinson
Richard Rugabisha



Brandon Ruggieri
Makinzie Sauer
Julie Schultz
Emily Scott
Ashley Shay
Taylor Slack
Grant Smith
Margaret Standish

Tyler Rushing
Sam Schade
Andrew Schwaderer
Katherine Selberg
Ryan Siedenburg
Tyler Smaha
Haley Souhrada
Lauren Stephens

Regan Sanford
Alissa Schultz
Michael Schwaderer
Erin Selinger
Phillip Simmons
Laura Smalley
Hannah Soyer
Luke Stevens

Gabriela Santiago
Andrew Schultz
Elle Scott
Claire Sevenich
Zoran Skeledzic
Dustin Smith
Sammy Jo Spartz
Kaitlyn Stitz

INDIAN ILLUSION

Junior Radha Patel has a large respect for her religion and culture



Name: Radha Patel
Birthday: 11.02.1994
Height: 5'7"
Visible: Basketball player

Early on a November morning, junior Radha Patel and her family dress in their traditional Indian clothing to celebrate Diwali. Diwali is the festival of lights that marks the beginning of a new year in India. "I go out with my family all night celebrating the new year with lots of food and drinks along with a crazy amount of dancing," Patel said. "It's a time to bring together family and celebrate the year."

Patel is Indian and her denomination is Hindu. Hinduism is the world's oldest existing religion and is practiced by more than 80% of India's population.

"People think it's weird because they've heard about my religion and they know we have multiple Gods and multiple entities," Patel said. "People don't understand it's not weird to us."

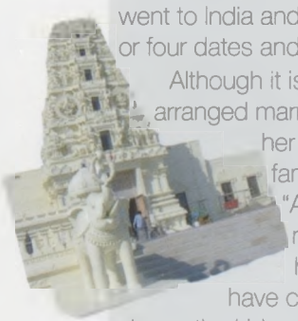
Blessings are a large part of Patel's religion. "My mom will do blessings on me and I don't think anything of it," Patel said. "My mom also performs a tenant ceremony every morning after she showers. For us it's normal."

On the weekends, Patel's family blesses their house. "It gets rid of all the bad stuff," Patel said.

At school, Patel is a rambunctious basketball player, but at home there were rules and regulations to her behavior. "I'm respectful to my parents and kind of quiet," Patel said. "I know what my limits are and don't test them."



In the past, the rules on behavior were different and the expectations were higher. "My parents had an arranged marriage," Patel said. "When my dad was 23 or 24, his father thought he should be married, so they went to India and he met my mom. They went on three or four dates and decided to get married."



Although it is still custom in India for some to have arranged marriages, Patel's family does not expect her or any other young members of her family to have an arranged marriage.

"At the time, there weren't many love marriages," Patel said. "I think my family has changed and their expectations have changed according to the times. They know the kids are all different."

*Temple photo provided by Hindu Temple and Cultural Center of Iowa

spotlight by mariah wellman

HISTORY WIZ

Junior Brandt Swallow has a hidden passion for reading history

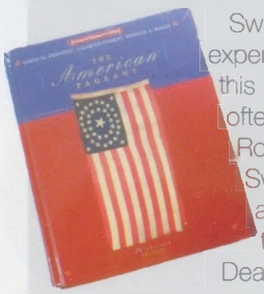


Name: Brandt Swallow
Birthday: 01.03.1995
Height: 5 '8"
Visible: Gamer

Flipping through pages of the AP U.S. text book at midnight, junior Brandt Swallow reads through his text book, cover-to-cover. "I read three to four hours a day, and I love reading history," Swallow said. "I've already read the AP U.S. text book five times since the beginning of the school year, and I've read the AP World text book two and a half times. I just love history!"

At first glance Swallow may look just like any ordinary teenage boy who has an obsession for video games. "Brandt is a total gamer," junior Jordan Hansen said. "He plays on a hourly basis."

However, aside from playing his favorite game Skyrim, Swallow also loves to read and discuss history with his dad. "I would learn something at school about history, and then I would discuss it at home with my dad," Swallow said. "He would tell me more about the history, and relate it to our world to make me understand it better."



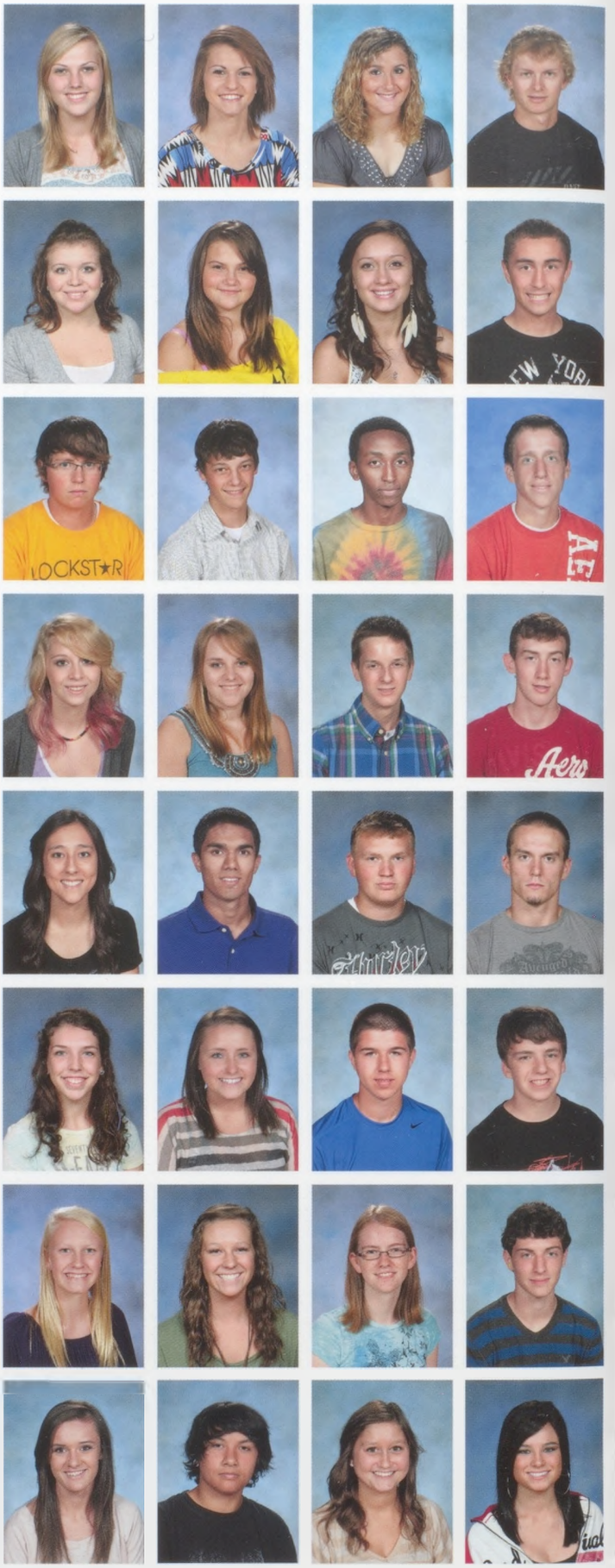
Swallow's dad often ties his past military experience with history, and through this Swallow gains many insights. "We often talk about how Franklin Delano Roosevelt was a horrible president," Swallow said. "We talk about how we are still facing the consequences of the decision he made, like the New Dealism plan he had."



However, other than his dad, Swallow mostly kept his passion for history to himself. "I don't discuss history with my friends mostly because my friends suck at history," Swallow said. "But also, I hardly read in public. Reading is a private thing, and plus there's other things to do when I'm with friends."

Despite Swallow's passion for history, he is still a full-fledged gamer. "I would choose playing video games over reading history any day," Swallow said. "But I learn more from history."

spotlight by / jiahui huang



Emily Stoen
Megan Stroud
Jack Swift
Sara Thimmesch
Cynthia Tice
Jessica Tindall
Victoria Trost
Allyson Veatch

Stephanie Stone
Lejla Subasic
Brice Tegeler
Shianne Thomas
Ryan Tigges
Mollie Tompkins
Anna Twickler
Nicholi Vergara

Samantha Strand
Kayla Sullivan
Dula Temesgen
Spencer Thomas
Chris Timmerman
Logan Towers
Lauren Ulm
Spencer Vines

Daniel Stroud
Brandt Swallow
Jordan Thede
Brandon Thrane
Kyle Timmerman
Dakota Townes
Collin Urquhart
Bree Waddell



Logan Walkup
Derek Ward
Olivia Whitlow
Shane Wiley
Bernie Willis
Brennen Woods
Erik Wymer

Emily Walton
Dakota Weeter
Tyson Wieland
Stephanie Wilkinson
Bailey Wilmes
Hayden Woods
Cherry Xue

Richard Wang
Raven Wells
Cooper Wilde
Breanna Williams
Blake Wilson
Ivy Wu
Erin Yocum

Connor Ward
Hannah White
Hannah Wiles
Lexi Willie
Lauren Wilson
Vivian Wu
Zea Zhu

CHEERUP

Junior Cassidy Farnsworth considers becoming a mortician



Name: Cassidy Farnsworth
Birthday: 12.11.1994
Height: 5'10"
Visible: Cheerleader

Sitting in Hamilton's Funeral Home, sophomore Cassidy Farnsworth mourns the loss of her loved one. She gets up and walks toward the table where the memory boxes sit. Farnsworth reads various quotes about life and love while recalling memories that she holds close to her heart. She looks up and sees the mortician who is comforting her family and friends.

Funerals are not the usual thing that come to mind when Farnsworth's name comes up. Most people see her on fall Friday nights cheering on the sidelines for the football team. But Farnsworth has come to admire morticians, so much so that she wants to become one when she gets older.

Farnsworth has been to about five funerals in her life, including her grandparents and great aunts. Even though the experience has not been easy for her, she can always count on the mortician. The mortician is the funeral director that takes care of the embalming and burial or cremation of the dead. They also plan and arrange the actual funeral ceremony.

Being there for people is one thing she loves doing and would love to pursue this as a career. "I have been to many funerals, and a few years ago, one was at Hamilton's in Des Moines. I remember how helpful compassionate and caring the people there were," Farnsworth said."They help the families get through the grief and help with closure."

Farnsworth lost a very close family member and that has had a huge impact on her. The people who helped her deal with that death have inspired her to do the same, to give compassion and comfort others in need. "I like helping people go through hard times because I know first-hand, because I've been through the same thing," Farnsworth said.

This career is a challenge but, at the same time, she's willing do to it to help people in need. "I want to help people deal with death because it's not an easy subject," Farnsworth said.

spotlight by katrina fey

PEANUT CRAZE

Junior Spencer Clock puts peanut butter on a variety of foods



Name: Spencer Clock
Birthday: 12.10.1994
Height: 5'11"
Visible: Soccer player

Junior Spencer Clock goes through the lunch line with a burger, an apple, milk, and three containers of peanut butter. He drinks some milk and begins to spread the peanut butter onto his burger. Ever since Clock was 10, he has put peanut butter on most of his food. He enjoys it on things like toast and waffles, as well as burgers and corn.

Though Clock does not try to hide this love of peanut butter, most people do not know him for it. As a member of varsity wrestling, varsity football and varsity soccer, Clock is better known for his sports talent and "crazy" personality. "I always headbutt my helmet and jump around before I play," Clock said.

His love for sports started and grew with his family, as well as his love for peanut butter. Both his older brother and sister played on school teams when in high school. They used to play a game of soccer every Thanksgiving as a family.



Everyone in his family is also fond of peanut butter. Though they put it on foods that are quite "normal" with peanut butter, it eventually progressed to being put on most of Clock's food. "I saw my mom's uncle put peanut butter on a cheeseburger once," Clock said, "and I thought that it sounded good and I've been doing it ever since."

Because Clock and other members of his family enjoy eating peanut butter, their household could go through a normal jar in a day or two. They stock up every once in a while with a few oversized jars of smooth Skippy peanut butter from Costco. "When everyone is home for the summer we can go through a 64 oz. jar in about four days," his mother Beth Clock said.



Though many of his friends find it weird, Clock tries to persuade others to try what he finds a delicious addition to any food. He has convinced a few people to try it, their reactions ranging from "oh this is alright" to "this is plain gross." No matter what others say, Clock will continue to enjoy this smooth and delicious part of his meals.

spotlight by Anna Jam

SOPHOMORE

Class of 2014



Sai Abbaraju
Callie Alvarez
Chandler Bakken
Noah Beebe
Veronica Bertelsen
Sarah Birkett
Mitch Boals

Kelsey Acheson
Landon Arnold
Sierra Ballard
Shannon Beierschmitt
Maren Bettis
Will Bjorholm
Bailey Bockenstedt

Deepthi Akella
Ronnoja Ayers
Nick Barker
Libby Bengston
Ira Bezverkha
Tyler Blackburn
Andrew Boge

Amy Allison
Caleb Bakken
Summer Bateman
Hannah Berger
Allie Bierle
Madeline Boals
Jordan Boge



Adam Bognar
Tyler Bradford
Casey Briere
Jake Campbell
Jonathan Caracci
Amanda Chance
Rachel Christ
Morgan Coffey

Jacob Bolles
Megan Bradley
Tanner Bucher
Nick Campbell
Clara Carlson
Anah Chapman
Cheyenne Church
Jensen Conant

Briana Borup
Zack Brandt
Pratyusha Bujimalla
Alex Canny
Madison Case
Kyle Chapman
Alex Clark
Rory Coniconde

Brooke Boyer
Jayden Bridgeman
London Cameron
Jeremy Carcci
Isaiah Cesar
Karen Chen
Kyler Coburn
Laree Conley

PAINTING PRACTICE

Junior Emily Stoen enjoys many types of art



Name: Emily Stoen
Birthday: 11.20.1994
Height: 5'6"
Visible: Football Manager

Most people can catch a glimpse of junior Emily Stoen filling up green and orange Gatorade bottles on the field for sweaty football players, screaming encouragements at the guys, or after the games catching a couple bites at Buffalo Wild Wings with the team.

Most do not know that Stoen not only yells for the team, but also sings and writes her own music. "If I could only do one thing for the rest of my life, it would probably be singing, because it's been in my life for so long," Stoen said.

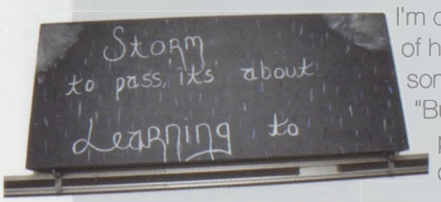
Stoen is seen in two different worlds. Football takes place during the day and, after work at Homemakers in Urbandale, Stoen has time alone to practice the songs she writes. "I've sung in front of hundreds of people before and I sing at church every week, even at the adult services when there is a whole bunch of people," Stoen said. "I love singing in front of crowds, it just gives you a rush."



Not only does she sing, Stoen has branched out and started playing instruments. "I started playing and taking piano lessons in the fourth grade, but I stopped taking lessons a couple years after," Stoen said. "Three years ago I started playing guitar."

Stoen has started to experiment with art as well. English teacher, Sarah Moore, displays three of Stoen's paintings in her room. A quote by Tiffany Wilson, a speaker at the "It's My Life" conference in 2007, "Life is not about waiting for the storm to pass, it's about learning to dance in the rain," is displayed.

Whether it be singing, writing or painting, Stoen radiates confidence and happiness when she does what she loves most. "I would like to do (any of) this when I'm older, but reality kind of hits you in the face sometimes," Stoen said. "But if I don't do anything professionally, I would definitely want to do it."



spotlight by Bonnie de page

ARMY MAN

Sophomore Nate Eggelston says the army is in his future

Name: Nate Eggelston
Birthday: 09.17.1995
Height: 6'1"
Visible: Marching Band



As young boy, sophomore Nate Eggelston sits on the floor with his little army men — the green guys on one side and the cream-colored guys on the other. Face-to-face, the battle is about to begin. "Boom, bang," the boy imitates gunfire.

Eggelston used to love playing with soldiers. Now he wants to be one. "As I grew up, I had this dream of being in the army," he said. Eggelston talked about it with his parents and took into consideration that this decision would ultimately determine his future. This past summer during the Iowa State Fair, Eggelston committed to the U.S. Army.

His commitment includes a total of eight years, four of those years during college. Between his junior and senior year he will attend basic training and the summer after graduating high school he will attend officer training.

Currently, he plays his baritone on the football field as a member of the marching band and he also wrestles. "The best way to change something is to be apart of it," he said. Being a part of the wrestling team gave him the confidence to make the decision to join the army.

Eggelston has thought about what it might be like to be a soldier. "I don't want (to) think about dying, but it's always going to be in the back of my mind," he said. He has seen firsthand what war can do to a family member. His great-great uncle Frank served in WWII and was captured by the Germans. He was finally released at the end of the war and today he is still alive. His great uncle's experience is yet another reason why he wants to serve; it just shows how one person can really make a difference in the world.





Eggelston knows he cannot back out of this; his commitment is final. His parents are scared and worried about his decision; they both are proud of their son and support him. He knows he's putting his life in danger but he believes it's the right thing to do. "I might not like the people who run (the USA) but I do love the people in it,"

spotlight by / katrina fey



Tyler Cook
Callie Coulter
Troy Daly
Naomi Debaene
Josh Dell
Riley Deutsch
Robert Doan
Sarah Donahue

Mackenzie Cooper
Katherine Crowley
Lindsey Darland
Ryan Decker
Brianna Demoss
Kaari Devens
Austin Dobkins
Chelsea Dooley

Veldin Cosic
Drew Cubit
Nicole Davis
Joey Dekok
Grant Denny
Ben Dewhurst
Abby Dockum
Hannah Downey

Shelby Costello
Karisa Cuneo
Cassidy Dean
Admir Delahmet
Elvin Deumic
Aditi Dinakar
Semir Dolic
Ana Duarte



Sejad Dubinovic
Ashleigh Edwards
Paige Elming
Addy Evans
Derek Fenton
Amy Flavell
Jake Friedel
Monica Gagne

Nicky Dugan
Nate Eggleston
Jake Emblen
Joe Fairchild
Tyler Fenton
Kenzie Foldes
Monte Friestad
Tomas Garduno

Adi Dupanovic
Amez Elkaz
Kenzie Erwine
Maida Fatic
Katrina Fey
Brandon Forrest
Josh Fritz
Rae Gathercole

Jaswik Dyett
Madie Case
Ellen Espeland
Shelby Fechner
Kate Fjelstad
Maren French
Brandon Gabbert
Sonya Gau

PASSIONATE PENMAN

Sophomore Tiffany McGregor writes in her free time



Name:Tiffany McGregor
Birthday: 07.14.1996
Height: 5'5
Visible: Basketball Player

In the Johnston Public Library, sophomore Tiffany McGregor relaxes in the comfy navy blue chairs with swirly designs. Her blue and pink notebook sits on her lap. She starts writing with her blue ink pen before she forgets all the details for her story.

McGregor comes up with ideas for her stories in everyday life. "I get ideas from movies, friends, family, school," McGregor said, "pretty much anything."

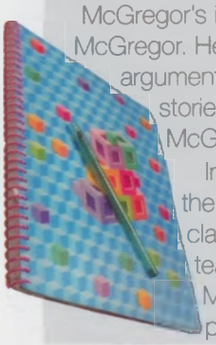
An idea for one story emerged when she and her older sister, Taylor McGregor, watched the movie "Law Abiding Citizens" in their basement. "During the movie an idea popped into my head," McGregor said.

In the movie, a man seeks revenge on the person who killed his family member. McGregor interpreted the story into her own words and changed the characters. "I get ideas, and make them more of my own," McGregor said.

McGregor has been writing stories for two years. She does not share them with anyone besides her family. "My friends don't show that much interest in the stories," McGregor said.



Although some don't show enthusiasm, McGregor still takes time to write stories down. She uses ink and paper to record her thoughts. "I never type my stories," McGregor said. "I like to handwrite them, because then I feel relaxed and I just like the feel of writing." Because of pain, McGregor usually quits writing after 30 minutes to let her hand rest and goes back to it later.



McGregor's inspiration came from her mom, Tara McGregor. Her mom writes about family drama and arguments. She helps McGregor proofread her stories and fix grammar errors. Like her mother, McGregor also writes about family matters.

In addition to writing at home and at the public library, McGregor writes during classes at school. "I just block out the teacher's voice and keep writing," McGregor said. "Some teachers tell me to put it away, but some just let me write."

spotlight by: swathi somisetty

WRITING RHYTHM

Sophomore Zach Peterson engages in songwriting



Name: Zach Peterson
Birthday: 01.16.1996
Height: 5'5"
Visible: Funny

The fallen leaves crunch under the feet of sophomores Zach Peterson and Sam Thomas as they head for Thomas' barn. The crunching sound makes Peterson tune into everything around him. He doesn't want to forget his thoughts, so he types them on his phone. That night, he tries to write them into part of a song.

To date, Peterson has finished five or six songs and a dozen more are in pieces. He writes for the reason most do. "I'm not a big fan of keeping my emotions inside and it's a good way to express myself and show what I'm feeling," Peterson said.

When Peterson starts to write, he does not always have a central topic in mind. His finished songs sometimes come from several ideas he has had over a period of time.

Peterson's interest in song writing began after his friend, sophomore Daisha McAvaddy, asked him to write a rap to be included in a song of hers. McAvaddy referred Peterson to a family friend, music producer Johnny Dayton. After recognizing his talent, Dayton advised Peterson to continue writing.



Peterson said he is known as "the funny black kid," but his finished songs show a deeper side of him. Peterson still tries to bring his humor into his lyrics. He uses words with duplicate meanings; therefore they have purpose but are funny at the same time. He writes songs about his life, relationships, and other people. One of Peterson's favorite songs he wrote is about how it feels being with the perfect girl.

Peterson makes use of rhyme in his writing. Even though none of his songs have been set to music, he feels they are not poetry. "Songs have a rhythm, poetry has a beat," Peterson said.

For the most part Peterson keeps his song writing to himself, but he has shared some of his songs with his close friends, sophomores Karisa Cuneo, Nic Campbell and Sam Thomas. "They're really thoughtful," Cuneo said. "They would make a girl's heart melt."



Peterson doesn't plan to stop writing songs anytime soon. "Song writing makes my life, and I hope I can do it to the end of time," he said.

spotlight by kylie krueger



Nick Gearheart
Bailey Ginkens
Juana Gonzalez
Brock Goux
Sam Graving
Drew Grill
Seth Hammer
Michael Hanstad

Parker Gesiriech
Devon Glenn
Mallorie Goodale
Haley Graham
Tara Gravish
Nathan Grimes
Bri Handel
Meghan Hart

Megan Gibbons
Annie Goldworthy
Eli Gordon
Kyla Grau
Aaron Gray
Jacqueline Gurney
Emily Hanson
Josh Hasstedt

Konnor Gifford
Ana Gonzalez
Michael Goss
Paige Grave
Mollie Greenwood
Abby Hallman
Kyle Hanson
Nicole Hasstedt



Phiil Hauser
Josh Hjelmaas
Paul Honold
Alex Hyberger
Ashley Jaeger
Amanda Jensen
Rachel Johannesen
Shianne Johnson

Jackson Heiden
Peyton Hoekstra
Heather Hortsman
Ryan Ingebrand
Jacob Jansen
Kayla Jensen
Adam Johanson
Matt Jorgensen

Taylor Heitkamp
Diana Holland
Sydney Housten
Josh Jackson
Olivia Jenkins
Morgan Jensen
Brianne Johnson
Denzel Juarez

Kenzie Hewitt
Taylor Holland
Trent Howard
Will Jackson
Adam Jensen
Taylor Joens
Mckayla Johnson
Amanda Judas

COOKIE COMMITTED

Sophomore Ariel Needham participates in Girl Scouts



Name: Ariel Needham
Birthday: 08.09.1996
Height: 5'6"
Visible: Bookworm

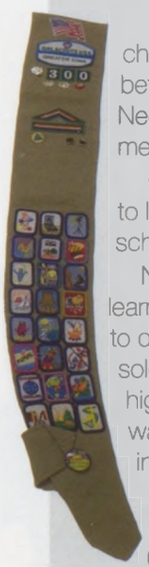
Sophomore Ariel Needham knocks on a neighbor's front door. "Hi, my name is Ariel. I'm selling Girl Scout cookies. Would you like to buy any?"

Needham would describe herself as a friendly, quiet, overachieving bookworm. She loves reading, doing crafts and Manga. Her dream is to move to Japan to work as a video game developer or teach upper elementary school. She is also a girl scout.

Many girls participate in Girl Scouts, but some find themselves outgrowing the program as they get older. However, that has not been the case for Needham. She has been in Girl Scouts since she was five years old, starting as a Brownie, and has achieved the organization's highest rank attainable, Senior.



Needham's mother, Pam, is the leader of her troop, Troop 300, which is made up of all sophomores, including Elsie Wunn, Sierra Stukenholtz and Libby Bensgston. Her mother started her in the program. "At first she wanted me to go, then after a while, I wanted to go on my own," Needham said.



Needham said Girl Scouts has changed her personality for the better. "Before, I used to be shut into myself," Needham said. "It's made me nicer. It has made me more confident than I used to be."

Girl Scouts has also helped her when it comes to looking into colleges. "I see myself using it to get scholarships," Needham said.

Needham said that the greatest thing she has learned throughout her years in Girl Scouts is how to deliver a sales pitch, which she credits to having sold so many Girl Scout cookies. She is the highest-selling member of her troop. Her strategy was to use a color-coded map to mark where interested customers live. "If you're organized," she said, "it's a lot less confusing."

Needham's previous selling record was 600 boxes. Her troop gave away an iPad 2 to anyone who met the new goal of 700 boxes. Needham sold 735 boxes and earned an iPad 2 for her efforts.

spotlight by callie coulter

MOVIE MANIA

Sophomore Evan Trainer watches movies with his spare time

Name: Evan Trainer
Birthday: 04.10.1996
Height:5'8"
Visible: Video gamer



Eyes glued to the 3-D flat screen in front of him, sophomore Evan Trainer watches the opening of "Back To the Future." "It's one of my favorite movies," Trainer said. "I've seen it at least eight times."

Trainer loves movies, any type and any genre. "I watch at least one movie a night," Trainer said. Trainer even bought a 3-D TV and a 3D Blu-Ray DVD player with his own money, just to watch movies.

The TV resides in his bedroom. Many times he does his homework, jumps in bed early and watches movies until he falls asleep around 10 or 11 p.m.

Trainer owns over 200 movies that he has organized in a case alphabetically by genre. "I buy movies whenever I'm on vacation and if I don't have time to watch them on vacation I just watch them when I get home," he said. "I have Netflix but I mainly buy my movies."

Trainer also owns a lot of TV series on DVD. He has six seasons of his favorite show "Lost" on DVD and on Blu-Ray. Known to others as a gamer, it is no surprise he owns "Lost" video games. In addition, he has a "Lost" bobble head, board game, an encyclopedia, books and magazines. "I'm kind of obsessed with 'Lost.'"



On Fridays he usually goes to the movies with his aunt or his friends. "My aunt's like the only one who will take me to movies weekly and will watch horror movies with me," Trainer said. "Movies are definitely a huge part of my life and always have been. I'd love to have a career involved in film someday like working as a movie critic or director."



spotlight by Sierra Ballard



Nate Jurgensen
Taylor Kilstrom
Chris Kline
Sanjay Koduvalli
Anish Komatireddy
Anthony Kpedeh
Kylie Krueger
Anna Lam

Edin Kapetanovic
Kaytee Kimball
Sara Knee
Jason Koenigsberg
Peyton Koonce
Smith Kraai
Karrigan Kueny
David Lamison

Audrey Kaus
Calvin Kimrey
Kylie Knisley
Robert Koepp
John Koopal
Kelsey Kramer
Kyrena Kunze
Katie Landy

Austin Kerr
Jordan Kleinschmidt
Jay Knuth
Venis Kolubdzic
Tony Kpedeh
Alison Kretzinger
James Labertew
Bailey Lane



Matthew Larson
Devon Lile
Joe Lorber
Mike Mahanna
Susan Manning
Daisha McAvaddy
Christopher McGinnis
Dalton Meier

Pete Lashier
Adam Logsdon
Dani Lorenz
Eric Main
Sarah Margolin
Luke McDermott
Tiffany McGregor
Katlyn Meiners

Anna Marie Lawrence
Hannah Loiler
Sydney Luu
Jovana Majstorovic
Mckenna Matthies
Austin McFall
Liz McGuire
Kayle Merritt

Chanel Leader
Samantha Long
Ladell Lyke
Zahid Malic
Katie Maxcy
Joe McGinn
Carter Mehls
Charlie Messer

CHEERVEER

Sophomore Meghan Hart switches from school cheer to competitive



Name: Meghan Hart
Birthday: 09.28.1995
Height: 5'3"
Visible: Talkative

Sitting on the purple mats in Apex's gym, sophomore Meghan Hart stretches to the left as she warms up, before starting her gymnastics class. Today's class featured air tracks, huge blown up mats used to give the tumblers a little extra spring while they do their routines.

Hart takes a deep breath before getting a running start for her routine. After bouncing through the flips and cartwheels she gets back in line to wait for her next turn.

As she waits, her coach Leigh Van Dis asks for the class's attention. "She made an announcement to the class," Hart said. "She said that in a week they would be holding auditions for competitive cheer." Hart shrugged it off like every year. She did cheerleading at school but had never thought about doing it competitively. Before Hart could get back in line for the air track, Van Dis called her over to talk to Apex's owner Nicole Gould. "They both asked me if I was going to try out," Hart said. "When I said maybe, they said I really should." After feeling the pressure from both Gould and Van Dis, Hart finally agreed.



A week later were the tryouts and Hart felt herself become nervous as the day grew nearer. "It was my first time trying out for the teams and I had no idea what to expect," Hart said. "Once I got there though it wasn't as hard as I thought they would be." The tryouts had Hart show off her standing, tumbling and diagonal mat routines. The judges decided to put Hart on the level four senior team. "I was really surprised that they put me on a senior team," Hart said. "It was my first year so I didn't really know how I would do."

Sitting back on the purple mat Hart begins to warm up, before heading over to her small cheer group. Three times-a-week, Hart finds herself back at Apex but now for a whole new reason. The competitive cheer season started in October and continued into March. As practice begins, Hart can tell the difference between the school cheer and competitive. "Competitive cheer is way harder," Hart said, "but I really love doing it."



spotlight by / kaitlyn ellerman

FARAWAY FATHER

Sophomore Tate Williams is half French. His father lives across the globe in France

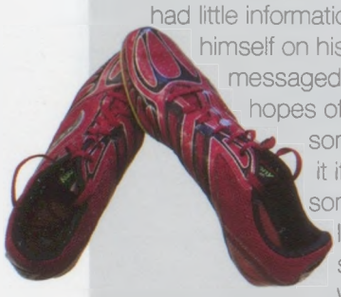
Name: Tate Williams
Birthday: 03.10.1996
Height: 5'6"
Visible: Runner



Sophomore Tate Williams shares his last name with his mom, but, unlike most, his dad has a different last name. His biological dad, whom Williams has never met, goes by the nickname "Check" and lives over 4,000 miles away in France.

His mom, Leticia Williams, met his father in 1995 while she was in college and Check was studying abroad. His mom frequently tells him that he has personality and physical traits in common with his father. "I've never been more proud of my kids, especially Tate, with everything that has happened," William's mother said. "I'm very fortunate; he is so responsible and respectable."

In 2009, Williams' mom found Check on Facebook. Though he wasn't an avid user of the social networking site and he had little information about himself on his page, he messaged Williams' mom in hopes of meeting his son. His mother was somewhat surprised but would allow it if that's what Williams wanted. "It's something I'd try, but not something I'd feel strongly about," Williams said.



Williams has never thought much about his biological father and hopes that sometime soon he can contact Check over facebook and learn more about the father he never knew.

Even though Williams does think about his biological father at times, he doesn't consider him his dad. "My father is who raised me," Williams said. "So the one I have right now is who I consider my real dad."



spotlight by / anna lam



Haggen Meyer
Caity Miller
Michael Minter
Jasmin Muratovic
Triston Nearmyer
Jacob Nelson
Anh Nguyen
Jordan Nicolet

Sammy Meyer
Elizabeth Miller
Ashton Monroe
Connor Munch
Ariel Needham
Spenser Nelson
Brenda Nguyen
Amy Nihart

Josiah Mielke
Madeline Miller
Ethan Moran
Kyle Natzke
Abby Nelson
Tyler Nelson
Cathy Nguyen
Andy Niu

Dylan Millard
Andrew Mills
Sidnie Morris
Leonard Ndayikengurukiye
Bailee Nelson
Jessica Newton
Oanh Nguyen
Kevin Niu



Isabella North
Katy Olsen
Natalie Parker
Nick Pielak
Lucas Poore
Emily Rasmussen
Aaron Reeves
Alyssa Rieck

Destiny Northey
Shelby Ortiz
Melinda Paszkiewicz
Bailey Perotti
Jack Poulson
Kayla Reaman
Erik Rhodes
Grant Riessen

Craig O'Keefe
Ryan Ostwald
Jake Perkins
Collin Pirie
Lauren Quinn
Nya Reat
Alex Rice
Alexander Ritchie

Kevin Olguin
Grant Perker
Zach Peterson
Jordan Poore
Matt Rahm
Cameron Redshaw
David Rice
Julie Roach-Lindeman

FROG FEARS

Sophomore Carmen Vajgrt has a fear of being attacked by frogs



Name: Carmen Vajgrt
Birthday: 11.8.1995
Height: 5'7"
Visible: Swimmer

In the most recent version of the movie "Charlie and the Chocolate Factory," the character Verucza Salt gets attacked by nut-cracking squirrels. They mob around her until she gets pushed down the garbage shoot. "It was exactly like that, except with frogs," sophomore Carmen Vajgrt said. "In the dream I felt the feeling of it."

When Vajgrt, an avid swimmer, was 12-years-old, she had a dream she was being attacked by frogs. They have always grossed her out, but the dream sparked the fear of frogs that has lead up to this point in her lfie.

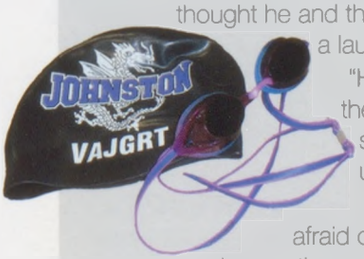
She has only told a small group of people about her fear, including her friend, junior Ben Severino, of Dowling Catholic.

This past summer, Vajgrt, along with swimmers from around the metro area, swam at Ashworth Pool. Ashworth Pool is a long course (50 meters), outdoor swimming pool off Grand Ave near downtown. The pool is surrounded by a wooded area with few fences surrounding the area.



Many times different wildlife could be found near or in the pool when the swimmers came to practice early in the morning.

Severino thought it would be funny to play a joke on Vajgrt and throw a squishy ball at her to make her think it was a frog that had ventured out of the woods. He knew Carmen would be spooked and thought he and the other swimmers could use a laugh.



"He yelled, 'Carmen, here's the frog!" Vajgrt said. "I screamed and started to tear up."

People asked her why she's afraid of frogs, even when she knows they can't hurt her. "The dark can't hurt you either," Vajgrt said, "but people are still afraid."

spotlight by Amariah Wellman

MUSIC MAN

Sophomore Alex Clark's musical taste covers a wide variety

Name: Alex Clark
Birthday: 04.14.1996
Height: 6'1"
Visible: Swimmer



The hectic loud noises fill the aquatic center: cheers of congratulations, yells for motivation. Sophomore Alex Clark needs to escape the distraction. He finds his comfort in music, where he can relax and prepare for what is to come. He puts his headphones in and focuses on his next race.

Clark swam the 200 and 500-yard freestyle for the swim team and swam varsity as a freshman. "I usually listen to music before my race because I'm nervous," Clark said. "So I just sit down, turn my music all the way up and just listen." He found his escape from the stresses of school, family, friends and, even swimming, through unique music.

Clark took his love of music to a new level by choosing to listen to different genres of music. When listening to a song in Amanda Paulson's Spanish class, he noticed that the sound was very calming. Clark began searching for music in different languages. The first song that he bought was "Numanum," and he quickly found that he enjoyed not only Spanish but also Arabic songs.

Music was the one thing that he always got to pick for himself and that he found comfort in. "I consider it mine," Clark said. "Throughout my life my parents have provided everything. But with music, everything is mine so I am proud of it."



Even though he considered his music personal, he shared his new and interesting finds with his close friends, such as sophomore Katrina Fey. "When we were little and we both got our first iPods, he came over and we listened to each other's music while doing a puzzle," Fey said. "His music was well.... hilarious. He used to be obsessed with 'Just The Girl' by Click Five."



Clark's passion has progressed from Click Five, to songs of different languages like Swedish Reggae and instrumental songs.

The loud cheering is overwhelming, but Clark is calm, listening to his music. "It helps me focus and get pumped up," Clark said.

spotlight by bailey pievotti



Courtney Roby
Sarah Ross
Mark Sauber
Elizebeth Schraeger
Muhamed Sehic
Taylor Seward
Trae Shepherd
Lydia Sinclair

Will Rose
Ryan Rubin
Jake Scanlan
Laura Schwartz
Mikayla Selier
Brandon Sexton
Ally Shoeman
Blake Singbush

Casey Roshek
Sydney Sanchez
Derick Scarff
Laura Scieszinski
Korbin Sesker
Jordan Shearon
Jake Shore
Ines Slomic

Brandan Ross
Aida Sarajilija
Max Schneider
Quinn Severs
Joe Seda
Collin Shellenberger
Michael Siebert
Hava Smajlovic



Eva Smith
Anna Solberg
Joe Sprunger
Brooke Stephens
Abby Stevens
Brooke Stoll
Becca Suvalsky
Jenna Tayloe

Hadassah Smith
Swathi Somisetty
Vaibhav Sriikaran
Taylor Stephens
Emily Stevens
Daniel Stromgren
Brent Swanson
Ethan Terronez

Kayla Smith
Travis Sorci
Joey Stebbins
Katie Sterk
Austin Stiles
Sierra Stukenholtz
Madison Symber
Hannah Tetmeyer

Stanzy Snyder
Mckayla Spiegeler
Lauren Stenger
Tyler Steuber
Nick Stilzell
Belmin Subasic
Zainab Tranveer
Amanda Thamke

VOLLEY DRAWS

Sophomore Kaari Devens enjoys drawing in her free time



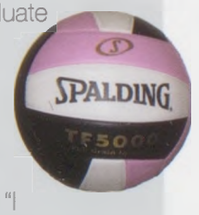
Name: Kaari Devens
Birthday: 01.10.1996
Height: 5'9"
Visible: Volleyball player

Sophomore Kaari Devens sits at the art table and starts one of her newest creations. She stares at a picture for inspiration or just imagines what is going to be on the blank piece of paper in front of her. As she begins to draw a flower, a face, or a set of eyes, the paper transforms into a masterpiece.

"I love drawing," Devens said, "I'm best with pencil drawings but I like charcoal too." Although Devens has yet to be in a high school art class, she is planning to be in one before she graduates. "I'm going to take photo art and possibly painting." She has recently taken a large interest in photography, along with her charcoal drawings.

Devens' passion for art runs in her family. "My mom and sister were always into art so I guess I just picked it up from them," Devens said.

Her brother, junior Marcus Devens agrees. "My oldest sister (graduate Jenna) has always drawn a lot," Marcus Devens said. "Kaari started awhile ago and she has gotten really good."



Though this hobby has been a part of her life for a long time, she doesn't have an exact inspiration for what she creates. "I just like drawing, but I have to be in the mood to draw, otherwise I get really frustrated with it," Devens said.



While some of her visible passions are playing varsity volleyball and running track, art is something that she does for enjoyment and a way to express her creativity. "Drawing is just something I do for fun in my free time," Devens said. "I'm nowhere near as serious about it as I am about sports."

Although Devens doesn't see art as a future career, she sees a possibility in pursuing her passion for photography. "I'll always draw, but I don't know if it's exactly what I want to do when I'm older," Devens said. "I do love photography though, so we'll see what happens!"

spotlight by ellie minor

NOVELTY SPORTS

Sophomore Sai Abbaraju enjoys reading sports books

Name: Sai Abbaraju
Birthday: 10.12.1995
Height: 5'8"
Visible: "Funny Indian Kid"



With nothing else to do, sophomore Sai Abbaraju settles down into the corner of his room. His blue bean bag and a good book welcome him. "I really like sports books, but I'll read anything people have said is good," Abbaraju said.

Known as the "funny Indian kid," Abbaraju likes attention. Although he said he does not seek it, he makes people laugh, and gets along with nearly anyone.

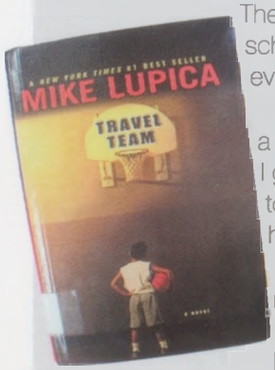
His love for reading developed when he was four or five, when his parents introduced him to books. "We would just go to the library and I picked random books. I just kept reading what I liked."

When his dad got a job at Pioneer in 2002, his family moved to Johnston from their home in Ames. Abbaraju started visiting the Johnston Library once every few weeks. He preferred it to the Ames Library. "There's a lot more books here, like a bigger selection," Abbaraju said.

Now, Abbaraju does not visit the public library as often, but checks out books from the school library to read for fun. There he can find many books to his liking. "The school has a pretty good library." Abbaraju said. "And it's closer, which is good I guess."

In eighth grade, Abbaraju dicovered his favorite book, "Travel Team" by Mike Lupica. "It's cool because it's not too fake," he said, "It's close to reality, and overall a really good book."



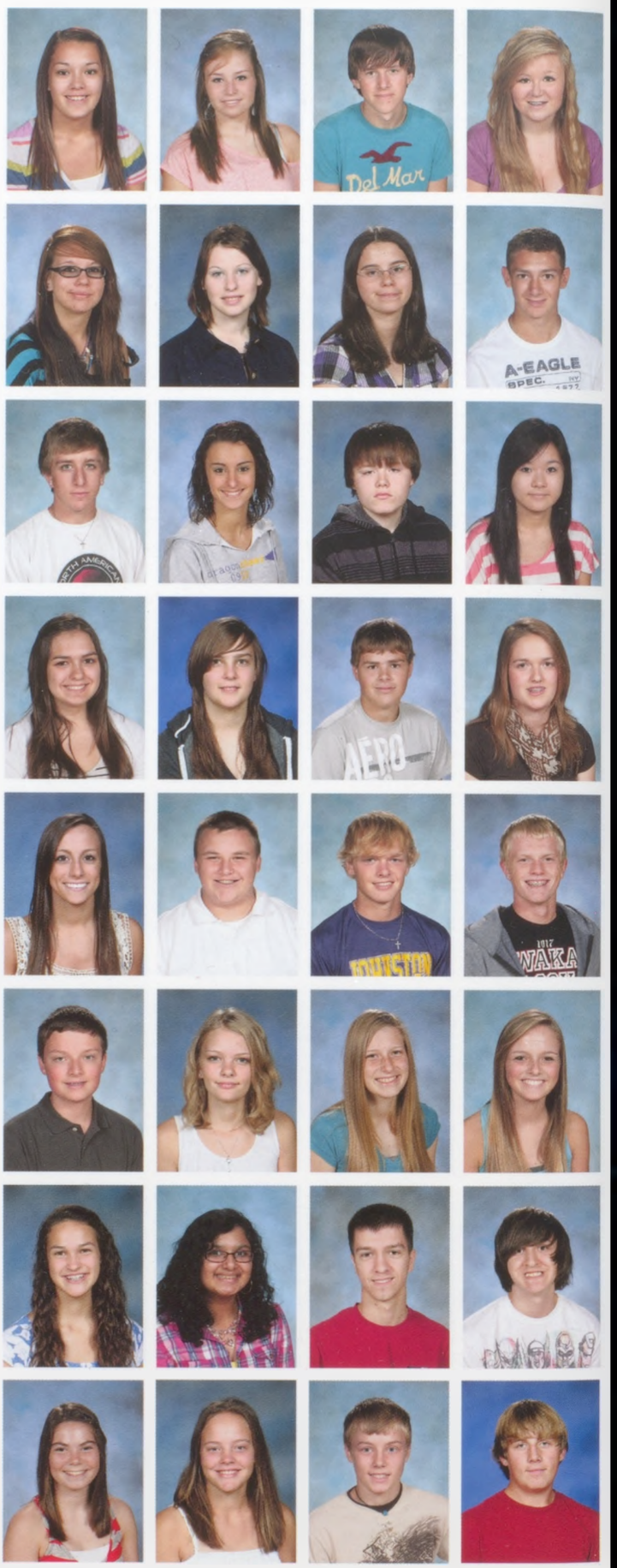


The book is about a school's struggle to allow everyone to play basketball.

When he is bored, he pulls out a book. "I just read in my free time I guess, when I have nothing else to do," he said. "If my friends can't hang out I just read."

The act of reading books is relaxing to him and is a great way to calm down. "I really get into the book," Abbaraju said. "I cancel everything else out."

spotlight by kelsey acheson



Stephanie Thierer
Bri Ticconi
Chase Tinnermeier
Adelisa Turnadzic
Carmen Vajgrt
Jared Van Langen
Millie Varley
Ellie Wallace

Lauren Thilges
Elaine Tilly
Priscilla Towne
Shannon Turner
Derek Van Blarcom
Hannah Van Zee
Simi Varma
Rachel Walljasper

Chase Thomas
Claire Timmerman
Evan Trainer
Drew Uding
Camden Van Brocklin
Natalie Vander Ploeg
Aldin Vejzovic
John Walsh

Paige Tibbetts
Jacob Tinker
Brittany Tran
Paige Vaden
Connor Van Houten
Sloane Vander Zwaag
Bolton Walker-King
Grant Wanderscheid































Rachel Wanninger
CJ Ware
Connor Westlake
Nick Whittaker
Walker Williams
Wesley Witt
Kevin Wu
Sam Zemhelt

Josh Ward
Lizzy Warnell
Noah Wheeler
Jeremy Williams
Alison Williamson
Zach Wolfe
Elsie Wunn

Lauren Ward
Stevie Watts
Connor White
Selena Williams
Justin Winnett
Maddy Woodfine
Nick Wyman

Nick Ward
Cheryl Wells
Tyler White
Tate Williams
Chris Witmer
Drew Woods
Aminu Yakubu

LAYOUT LOVE

Sophomore Kenzie Foldes' has a love for graphic design



[Name: Kenzie Foldes
Birthday: 8.16.1995
Height: 5'3"
Visible: Cross Country Runner]

Walking around the University of Iowa campus, sophomore Kenzie Foldes feels out of place at a journalism camp. "I took journalism my freshman year, so I was exposed to designing layouts," Foldes said. "But when I went to this camp, it was like I forgot everything (adviser Leslie) Shipp taught me."

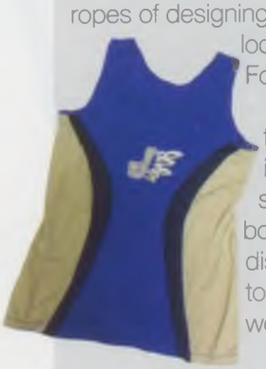
The first day of the camp was a struggle being around older and more experienced students. Though Foldes found the older students intimidating, the challenge only motivated her more. Her friend, sophomore Amanda Judas, who attended the camp with Foldes, wasn't as motivated. "Kenzie and I had no idea what we were doing," Judas said. "I just wanted to go home, but Kenzie enjoyed it for some odd reason."

From a young age, design has been something Foldes has loved. "I've always liked art-and-cratfy stuff like that," Foldes said.

In second grade, Foldes submitted her art into the Des Moines Art Festival. Foldes still remembers how rewarding it felt to see her dinosaur made of straws hanging among the other students' artwork from across the state. "Seeing that (picture) on the wall motivated me to do more with art," Foldes said. "It was something I was good at, so I pursued it (further)."



Since joining newspaper, Foldes has gained experience and knows the ropes of designing a layout. "When I look back at my first layouts, I laugh," Foldes said. "They were so ugly!"



For Foldes' 16th birthday, she asked for InDesign, a program that is used in newspaper. Her sister, Morgan, a sophomore at Iowa State University, bought the program at a student discount. Foldes uses InDesign three to four times a week, more if she is working on a project for newspaper.

In the future, Foldes hopes to major in graphic design at ISU and pursure a career in that field. "It would be super sweet if I could work in a magazine," Foldes said.

spotlight by / kylie krueger

YOUNG SURVIVOR

Sophomore Joey Dekok was adopted during infancy but grew up to live a "normal" life



Name: Joey DeKok
Birthday: 09.19.1995
Height: 5'11"
Visible: Athlete

"I don't really remember anything because I was so young, just like 10 or 11 months," sophomore Joey DeKok said. "I didn't feel anything because I didn't even know I was being adopted really. I guess I found out when I was three or four. I think I kind of knew though."

DeKok knew what it was like to live a "normal life." He was a linebacker in football, played third base in baseball and filled in the rest of the year with strength and conditioning. "I was lucky; my life could've turned out way differently," DeKok said.

As an infant, DeKok was taken out of his home by the state and put into a foster home program. He and his half brother Eli, who is a year older, were placed with the DeKoks, originally for only two years.

When Eli went to live with his biological father, the DeKoks decided to adopt Joey. "If that wouldn't have happened, I would probably be living on the streets like my mom," DeKok said. "I'm glad I get to be normal and have a home, my own car, and go to a nice school."

Dekok's biological mom has attempted to contact him multiple times. "She's sent me long letters and stuff about how she loves me and wishes me well," DeKok said. "And she told me about how my brothers are."



Three years ago, Dekok found out that one had committed suicide. "My other half-brother's dad called my mom and told her," DeKok said. "It was really sad. And that almost could've been me." Dekok doesn't want to get more involved with his mom than he already is because he doesn't want to relive his past.



But, Dekok knows his life could have been worse. "With my whole life and everything, I'm really thankful for my family." They taught him how to be respectful and work hard at everything, while his biological parents taught him not to go down the wrong path. "It's kind of tough not knowing my real parents, I always feel like I don't know where I actually came from," DeKok said. "I have pictures but that's about it."

spotlight by kelsey acheson

FACULTY



Lisa Adams
Special Ed
Jodi Beaderstadt
Special Ed
Jan Bjurstrom
Campus Monitor
Terry Carlson
Special Ed
Kelly Coleman
History
Jessica Dowell
History
Russ Fortune
Special Ed

Wendy Arch
English
Dave Beason
Physical Education
Jeri Blanchard
Special Ed
Megan Chambers
Special Ed
Dale D'iapico
Special Ed
Mitch Eagles
Industrial Tech
Teresa Francois
Art

Tonia Backous
Special Ed
Jane Behrens
Media Specialist
Vickie Borich
Math
Teri Christainsen
Special Ed
Jami Daniel
Special Ed
Jody Ferguson
Special Ed
Lacey Fulton
Health

Sue Baker
Guidance
Audrey Bell
Guidance
Richard Brooks
Math
Sue Cline
ELP/Psychology
Jesse Dowell
History
Sara Fitzpatrick
Special Ed
Kt Galloway-Menke
Special Ed



Mitch Gearhart
Industrial Tech
Thomas Griffin
History
Josh Heyer
Industrial Tech
Brad Hurst
Science
Jessica Jensen
SRO Officer
Emily Kenny
ELL
Julie Kosman
Math

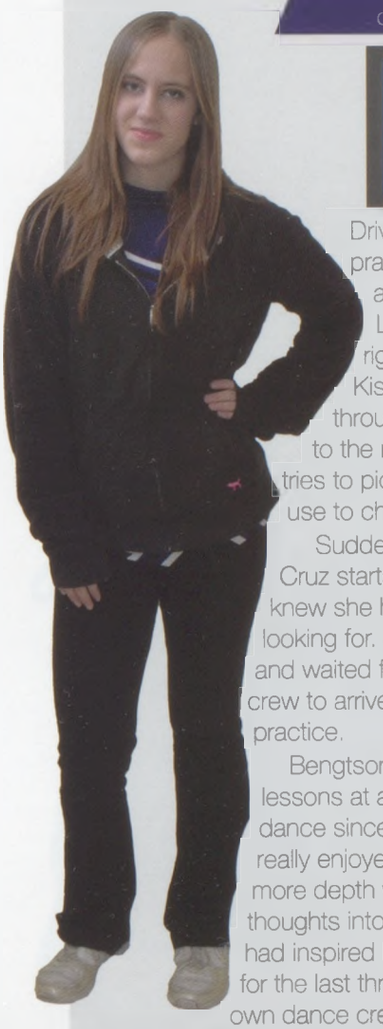
Kristen Gidel
English
Stephanie Guthrie
Guidance
Gerald Hollingsworth
Spanish
Bradley Jacobsen
Science
Marie Johnson
Special Ed
Jerry Kinder
History
Susan Krebs
Nurse

Mary Gipp
Special Ed
Kathy Hammans
Secretary
Allison Hoskins
FCS
Matthew Jaschen
Science
Mary Ann Johnson
Special Ed
Randall Klein
Associate Principal
Curt Larkin
Guidance

Rich Gradoville
Math
Dick Hansen
Study Hall
Sara Kate Howe
Science
Jason Jauron
History
Patrick Kearney
Band
Benjamin Knight
History
Kate Lechtenberg
English

DANCETIME

Sophomore Libby Bengtson choreographs original dances



Name: Libby Bengtson
Birthday: 08.30.1995
Height: 5'0
Visible: Cheerleader

Driving back home from cheer practice on Monday night after school, sophomore Libby Bengtson takes a right turn onto 86th Street as Kiss 107.5 FM music blares through her speakers. Listening to the music closely, Bengtson tries to pick a song that she could use to choreograph a dance.

Suddenly, "Dynamite" by Taio Cruz starts playing and Bengtson knew she had found what she was looking for. She quickly hurried home and waited for the rest of her dance crew to arrive so they could start practice.

Bengtson started taking dance lessons at age four. "I've been doing dance since I was really young and I really enjoyed it, but I wanted to get in more depth with it and put my own thoughts into it," Bengtson said. That had inspired her to start choreographing for the last three years. She started her own dance crew, of about ten people, including her two cousins. Bengtson choreographed about 20 dances and continually creates more. "I create about two dances per month which are usually jazz and hip-hop," Bengtson said.



Bengtson and her crew usually practice about three-times-a-week for an hour after school. Although Bengtson is a varsity cheerleader, she manages to work her dance schedule around her cheer schedule so that her crew can practice. "Sometimes we get distracted during practice because we are all friends and it can be hard to stay on track," Bengtson said.

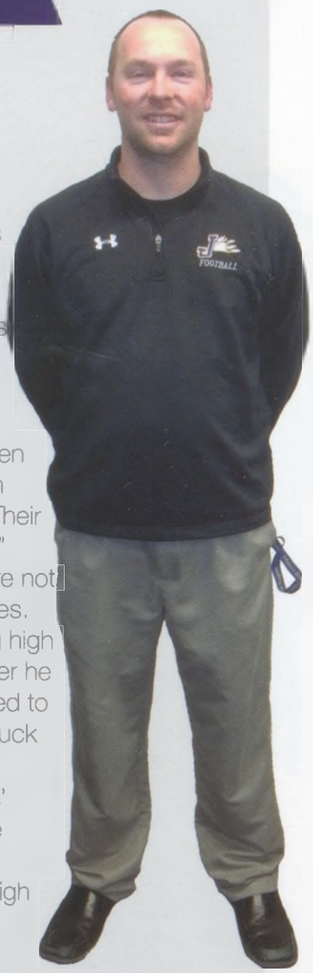
After the crew learns the dance thoroughly, they spend time shopping for outfits for their performances. The crew typically peforms for Bengtson's family and friends. "Libby really amazes me with her great dances, especially since I am not musically inclined at all," her mother, Deb Bengtson said. The current song that Bengtson is working on is "Evacuate the Dance Floor". Bengtson wants to continue choreographing dances. "In the future, I want to go to AMDA in New York to become a professional dancer," Bengtson said.



spotlight by Swathi Sonnisetty

FAMILY TIES

Teacher and coach Rod Wiebers brings family experiences into his career



Name: Rod Wiebers
Birthday: 03.02.1980
Height: 5'10"
Visible: Football Coach

"Line up!" coach Rod Wiebers said. Wiebers' voice echoes across the practice field, where the defense prepares for line drills. Wiebers pushes his players just as his dad pushed him.

Gordon Wiebers, Rod's father, treated every one of his 12 children the same, which meant that each kid had the same strict curfew. "Their early and my early were different," Gordon said. When the rules were not followed there were consequences. Rod learned a hard lesson during high school about listening to rules after he was late for curfew and was forced to run in front of Gordon's pick up truck the whole way home.

Some might consider Wiebers' devotion to football genetic. Dave and Doug Wiebers, two of his brothers, coached his Denison High School football team. Wiebers is the youngest of 12 kids in his family that spanned over 21 years: five boys and seven girls. His oldest brother was married before he was born.

The Wiebers clan was extremely family, faith and sports-oriented. "They're there to pick me back up," Wiebers said.



The family often did things together including family vacations to Omaha and family meals. "You ate what you had 'cause if you didn't, it wouldn't be around later," Wiebers said.

His older siblings influenced him even with his career path. His older brother Dave served as both accounting teacher and head football coach. "He's one of the big reasons I went into coaching," Wiebers said. "There were times where he didn't have to say anything and I knew what he meant."

Dave was not the only family member that encouraged Wiebers to pursue sports. Out of the 12 siblings, seven went on to play college sports. Wiebers carries over the lessons he learned from his own high school coaches and family members. "I love being around players and watching them become better people and players," Wiebers said.



photo courtesy of suzanne coxon

spotlight by bailey pierotti



Theresa Lorey
Special Ed
Sarah Moore
English
Mariette Nikolai
Special Ed
Amanda Paulson
Spanish
Brent Riessen
Principal

Sarah Marckmann
Guidance secretary
Kristi Mundy
English
Norah Olguin
Spanish
Danielle Pippert
Math
Jeff Robilliard
Band

Dustin Mead
Science
Diane Nelson
Special Ed
Jennifer Palmer
Special Ed
Julie Probst
Math
Isaac Rodenberg
Math

Mary Moermond
French
Debra Nicholson
Physical Education
Heath Pattschull
Special Ed
Adam Retzlaff
Math
Alicia Rollison

















Eric Shepard
Vocal
Jerry Stratton
Associate Principal
Roz Weaver
Special Ed

Amanda Rynning
Special Ed
Christopher Siewert
Science
Chanhom Tharrington
Special Ed
Sarah Wessling
English

Jackie Sapp
Health
Steve Smith
Math
Sarah Van Waardhuizen
Vocal
Brian Woodley
Physical Education

Mark Schillerstrom
English
Michelle Stoker
Special Ed
Sharon Vonhagen
Accounting secretary
Jeremy Yenger
History

REALITY VICE

Teacher Kristen Gidel enjoys watching reality TV shows



Name: Kristen Gidel
Birthday: 04.27.1981
Height: 5'6"
Visible: English teacher

Sitting in her living room in 1994, English teacher Kristen Gidel turns to watch the new show "Real World: San Francisco." Little did she know that she discovered a reality show that she would follow for many years to come.

The "Real World," an MTV reality show, first aired in 1992. The "Real World" takes young adults who audition and shows them living together in a house for several months. The cameras record their relationships for the audience to see.

The show moves to a different city each season. "Back then it was the 'Real World,'" Gidel said. "It was a fresh idea. (When I was) in junior high they really marketed it. Throw eight strangers in the house and see how they react."

Gidel is attracted to reality shows for many reasons but one of the main ones is to study the people. "I like the idea that it was unscripted and I like seeing how people act in real life situations," Gidel said.

Although Gidel is not as big into the "Real World" now, she still gets her reality TV fill with shows like "True Life," "Jersey Shore," "16 and Pregnant," "Teen Mom," "Rob and Big" and "Guiliana and Bill." With her knowledge of all of these shows, Gidel knows what shows her students are exposed to and enjoy. "It helps me stay current," Gidel said. "I don't do it to stay in touch (with my students), but I like to use examples in the classroom."



As an English teacher, Gidel does have a passion for reading. "I at least try to challenge myself with what I read, but not what I watch," Gidel said.

One of Gidel's favorite genres to read is nonfiction. "I find the versions of "truth" just as interesting as anything imagined," Gidel said. "I love anything that makes me rethink the world a bit after I've read it." Some of Gidel's favorite books are "Sula," "The Namesake," "The Glass Castle," "Jane Eyre," "The Handmaid's Tale" and "Much Ado About Nothing." "I read a lot of nonfiction these days," Gidel said, "maybe for the same reasons why I watch reality TV."



spotlight by / *morgan riessen*


Wanna know why
you should smile?
Cause it's worth
It! :)



invisible

[130] student life
[150] organizations

Beyond your peers and your typical high school reality, lie the events that surround student life. A $10,700 donation for the American Cancer Society. A journey along the yellow brick road. A senior handprint wall. A trip to Orlando. An immigration mock trial case. These hidden events, occurring beyond the walls of the school and encompassing your community, help define your year.

copy by lisa friesth

Sticky notes offering words of encouragement and support embellish the cars in the parking lot on Feb. 24. Ankeny students Erin Kaiser, Kaylea Carico, Kourtni Carico and Chelsea Gerhardt placed the sticky notes on cars after the death of two district students.
photo by lisa friesth



Sophomore Natalie Vander Ploeg fills a pot of water for dinner on a backpacking trip in the Big Horn National Park in Wyoming. "The backpacking trip was a great experience because we learned a lot of important life skills and we had really good conversations on the trail," Vander Ploeg said.
photo provided/ DB Antrim

SPIRITUAL SEARCH

Hiking trip focuses on leadership and spiritual growth

Walking along the trail, sophomore Natalie Vander Ploeg and freshman Walter Lagerblade decide to stop the group to retrieve water from a stream. Turning to their left, they see a cow standing in the water nearby. The students mixed the water with iodine and continued to drink, but Vander Ploeg wasn't convinced. "I swear there was cow poop in there," Vander Ploeg said.

Six months earlier, junior Jacob Gehrke, senior Lucas Wittman, and other students from Johnston, Des Moines Christian, and Urbandale, along with home-schooled students, learned of a trip from their youth pastor, DB Antrim, of Westchester Evangelical Free Church. These students would be offered a great opportunity — to travel to Big Horn National Forest in Wyoming for a retreat focusing on leadership and spiritual growth.

Antrim's main goal when planning the 31-mile hike was to force the students to step into leadership in new ways.

As part of the leadership portion of the trip, two student leaders were chosen at the beginning of every day. Those two students received a compass and a topographical map to make decisions for the group. They chose where to camp and when to stop. They planned the route and navigated the trails.

Gehrke, along with the other students had full confidence in their group members. "All we had was their word," Gehrke said.

At the end of the day, the student leaders had a general area where they were supposed to camp. There were guidelines that needed to be followed. The site where the students stopped had to be a certain distance from the trail and a water source, and the tents also had to be a specific distance away from each other.

Vander Ploeg and Lagerblade were the first to be chosen as leaders. "We chose two of the youngest people on the team," Antrim said. "They did a fantastic job considering they had no prior experience and didn't have others to watch."

They were the first ones to make decisions for the group, including where to stop for water. They had chosen to drink in the stream near the cows. "It was a bad choice," Vander Ploeg said.

The first day was rough but the students left with great experiences and knowledge of nature. "Our students were pushed to the limits of their physical, emotional, and spiritual capabilities," Antrim said. "Without a doubt we will do this trip again."

Overall, the students that embarked on this trip believed it was an incredible experience. "The best memory was when cows followed us," Wittman said. "They were sneaky."

spread by / morgan riessen and mariah wellman



Putting his backpack on, senior Lucas Wittman gets ready to continue on the trail. Students on the trip were in charge of carrying their own things and the supplies necessary such as tents, pots and food.
photo provided/ DB Antrim

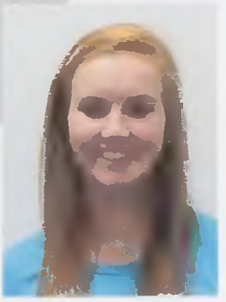


Sophomore Nick Wyman takes a break on the trail to sharpen a stick. Students did not want to receive the "sneaky stick", a stick that was secretly passed from one hiker to another. When someone found out they had it they yelled, "I have the sneaky stick!"
photo provided/ DB Antrim



Looking at the map, the leaders of the day freshman Noah Zenor and junior Myles Anderson figure out the best way to get to the next campsite. As leaders of the day, students had to lead the group to a campsite, organize the different teams and set the pace for the group.
photo provided/ DB Antrim

what you didn't know



Monica DeCarlo '12

"This summer I was on stand at my lifeguarding job and I thought a kid was drowning in the deep end. I hit the air horn and jumped in. He began to swim away and exclaimed, 'What are you doing?!' Turns out he's on the Otter's Swim Team."



Laura Smalley '13

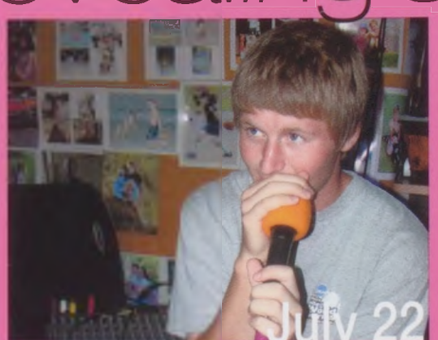
"I was invited to go with a friend's family to Disney World this summer. We went to all of the parks and Harry Potter World at Universal Studios. The food was the best part. It was really fun to meet Jasmine and Aladdin. They liked my Environmental Club t-shirt."



Michael Hanstad '14

"I went to Bald Head, North Carolina this summer to celebrate my grandparents' 50th wedding anniversary. We spent time on the beach and while I was in the waves a lemon shark swam right by my feet."

revealing summer...



Senior Sam McGinn participates in a jam session at senior Ellie Minor's house. Seniors Dillion Temple and Nick Payne sang Donald Trump by Mac Miller along with McGinn.
photo by ellie minor



Juniors Monica Lindsey and Reid Lefler pull yarn around a net at the baseball fields. Freshman and sophomore cheerleaders followed the yarn with their names on it to find their "big sis," a member of the varsity cheer squad.
photo by carly crist



Painting a window by the commons, senior Brandi Jansen decorates the door to welcome other students back to school. Student council members went to school on Sunday, Aug. 14 to decorate.
photo by lisa friesth



Lynn Woods, mother of a junior and sophomore at Johnston, talks to senior Megan Martin about cancer and how she is dealing with it. Martin was diagnosed late last school year. "The team planned it on my birthday by accident and so I got to celebrate my 18th birthday with a lot of my friends," Martin said.
photo by helen lagerblade

DUCK CHUCK

Girls' swim team comes together to support teammate with cancer

A blue and yellow kiddie pool floats in the Summit pool about an hour before the meet against Ankeny. Around it float small, yellow rubber duckies. Other duckies fly through the air. Freshman girl swimmers fish out the ones that missed their mark.

Students and community members came out to take part in the first fund-raising game of Chuck-A-Duck held at Johnston.

Tickets were bought by students to participate in the game. "I wanted to help out and support the team," junior Joscey Miner said. "It was important for people to go because Megan Martin wasn't able to participate in the season this year. I could tell it meant a lot to her."

The varsity swim team organized the event. They encouraged students to wear yellow and support not only the team, but also teammate Martin. Yellow represents American Cancer Society's (ACS) color for osteosarcoma. The event raised $1,900 dollars. The money was then donated to the ACS in honor of Martin, who was diagnosed with osteosarcoma, a form of bone cancer, late last school year.

Many of the boys' swim team members showed up to the event painted yellow with Martin's name across their stomachs. Some students dressed up in spandex and wigs.

"We got a group of students together and we body painted in the parking lot beforehand," junior Dalton Handel said. "(Senior) Evan Culbert and I both wore our morph suits that we got earlier this year, his was cheetah and mine was a tuxedo."

Senior swimmers Mariah Wellman, Molly Thuente, and Phoebe Cooper started the idea of wearing yellow caps during the summer, to show school spirit and unity within the team. Coach Shari Walling came up with the idea of playing Chuck-A-Duck.

The swim team girls worked together to get the event up and running. "We had a wide range of ages playing, from little kids to grandmas," sophomore Lauren Stenger said. "It was a lot of fun to watch the different ages win their M&M's. The prize was M&M's because they are Megan's initials."

Many people showed up to support Martin and help collect funds for the cause. "The students at JHS were extremely supportive of the event. I have never seen the student section of the pool that full!" Martin said. "I felt really honored that my teammates would honor me with such a fun event."

"A lot of money was raised at the raffle and I think that everyone who bought a ticket had a blast chucking a duck at a shot to win candy and help out Megan," junior Hayden Woods said. Woods and his family relate to Martin as his mom, Lynn Woods, was diagnosed with breast cancer earlier this year.

"Megan is such a fun person. We've only been close friends for a little over two years now, but I am so happy I can call her my friend," senior Phoebe Cooper said. "She is the toughest person I know."

spread by bonnie le page



Freshman Dawson Kerr shows up to the meet, painted yellow and purple, with Megan Martin's initals. Swimmers and students met up in the parking lot before the meet to get body painted.
photo by helen lagerblade



Seniors Mariah Wellman and Molly Thuente sell raffle tickets outside of the pool. They sold three ducks for $5 for a chance to win M&M's and donated prizes from companies in the community. The prizes and gift cards were also used for a drawing at the end of the meet.
photo by helen lagerblade



Sophomore Sam Thomas attempts to throw the squeaky, yellow duckie into the kiddie pool, while juniors Connor Ward, and Ashley Shay look on. "I was trying to hit one of my friends on the swim team but it was still really fun!" Thomas said.
photo by helen lagerblade

what you didn't know



Fez Bui '13

"I went to California for a month with my family for vacation. I was born there so we go back to visit with old friends. I surfed with my little brother and I really want to roadtrip there this summer with some of my friends."



Tyler McCormick '12

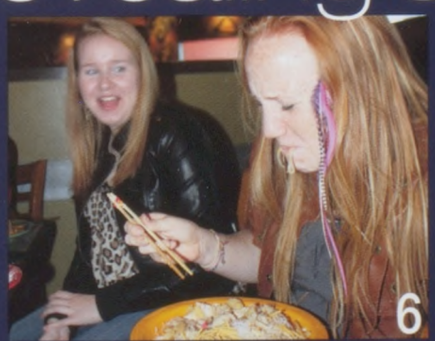
"I went on a college visit at Iowa. I looked at the campus and met up with a couple kids I knew from there. But I really want go to the (University of Northern Iowa) to double major in Biochemistry and Biology."



Monica Gagne '14

"We were worrying about how to get our group of ten people to the homecoming dance. (Sophomore) Adam Bognar's dad offered up a limo from his company. So we ended up taking a Hummer limo which was pretty awesome."

revealing september...



Seniors Alex Cordes and Elin Tegels try and make a new food recipe at HuHot for Cordes' birthday. "We put in coconut, tofu, wine, and a bunch of other random things," Cordes said. "It was so gross. But it was fun to see everyone try it."
photo by kaitlyn ellerman



Students commemorate 9/11 downtown. September marked ten years since the World Trade Centers were hit. States across the country held memorials, commemorative runs and tribute events.
photo by katrina fey



Senior Jullian Holder talks with 2011 graduate Ryan Larsen after the homecoming football game versus Indianola. Students often went to Buffalo Wild Wings or Legends after football games.
photo by bonnie le page



Seniors Tina Wu, Elizabeth Mills, Clara Sandoval, and Taylor Mithelman perform for elementary students. The high-schoolers were role models for the kids when they danced and sang to music advocating a drug-free life.
photo by sydney dimarco

PREVENTING PROBLEMS

Students travel to Timber Ridge Elementary to perform with Rock in Prevention

Outfitted in a white t-shirt to match her high school counterparts, senior Kristen Gifford reaches her arms to take part in the human tunnel with her felllow student leaders. She braces herself for 10 minutes of craziness as students from Timber Ridge Elementary enter through the tunnel.

On Oct. 28, NCYL (National Council on Youth Leadership) and NHS (National Honor Society) members visited the elementary school to participate in Red Ribbon Week with Rock in Prevention, a non-profit organization that uses music to inform kids about good choices and creating a caring community. The students had the opportunity when Timber Ridge Elementary's guidance counselor Jan Maronn contacted high school counselor Curt Larkin about having students help alongside Rock in Prevention.

The students were split into three groups by grades. The younger grades sang along with the high schoolers to songs about drug, alcohol and tobacco prevention and the older grades performed skits about topics such as cyber-bullying or saying no to drugs.

Some students believed it was a positive experience. "I thought it was a really good program to teach kids not only how to avoid drugs and alcohol but to respect themselves and others around them," Mills said. The older kids were able to absorb the most from the Rock in Prevention experience. "The fourth and fifth graders understood where we were coming from," Mills said.

Interacting with the kids was the highlight of the day for many students that participated. Each student got to pick a buddy from the crowd to come sing in the front into the microphone, a memory Gifford remembers from her own childhood. "I recognized some of the songs," Gifford said. She remembers volunteering for the same thing when Rock in Prevention visited the school she attended growing up.

Some kids were picked to dance in front of the crowd while their high school buddy imitated their dance. Senior Ian Dunshee's buddy took the opportunity to a whole new level and cartwheeled, leaving Ian to copy. "Ian Dunshee doing a cartwheel in front of all of the kids was hilarious," said Mills.

Dunshee thought the dancing created an interesting environment. "The kids were all just going crazy watching it all," Dunshee said. "On top of the cartwheel, this little girl started doing all this breakdancing crap and I looked at her like 'Are you serious?' but I still did it."

The Rock in Prevention experience was a walk down memory lane for some, and a new experience for others. Regardless, the power of music brought by Rock in Prevention and student leaders impacted kids in the community.

spread by / anne dieseth and carly crist



Enjoying an activity, senior Kristen Gifford and first-grader Amber Clarkson smile at the others. At Timber Ridge, the high-schoolers promoted living a drug-free life to kids of all ages. "Little kids get into it more with singing and dancing," Gifford said
photo by sydney dimarco



While the other students watch, junior Karly Palmer imitates first-grader Hunter Covill's dance moves. At the Rock in Prevention, Palmer's favorite part was the dancing with (Covil) beause it was a fun way to get the kids involved and to have fun
photo by sydney dimarco



Senior Clara Sandoval cheers on kindergartener Alexa McMulin while she sings. The singing was part of a game to help build self-confidence while doing activities that don't involve drugs and alcohol.
photo by sydney dimarco

what you didn't know



Maddie Kleve '12
"The cross country girls like to do the Race for the Cure and I wanted to do it again in rememberance of my grandma, especially since my sister was on the team, but it needed a change from Loretta's Army. Instead, I decided to use Loretta's Angels."



Alex Kaptain '13
"You audition for All-State choir with three other people in a four-part sitting. It's one person's opinion who makes the decision to get in and it's all based on what that judge thinks. I made it but I don't think it's a very good audition process."



Annie Goldsworthy '14
"I went over to a friend's (Ashleigh Edwards) house for Halloween. It started off with watching a taped game of Alabama football. We only gave like two kids candy so we decided to have a food fight with the leftovers and ended up dancing for most of the night. "

revealing october...



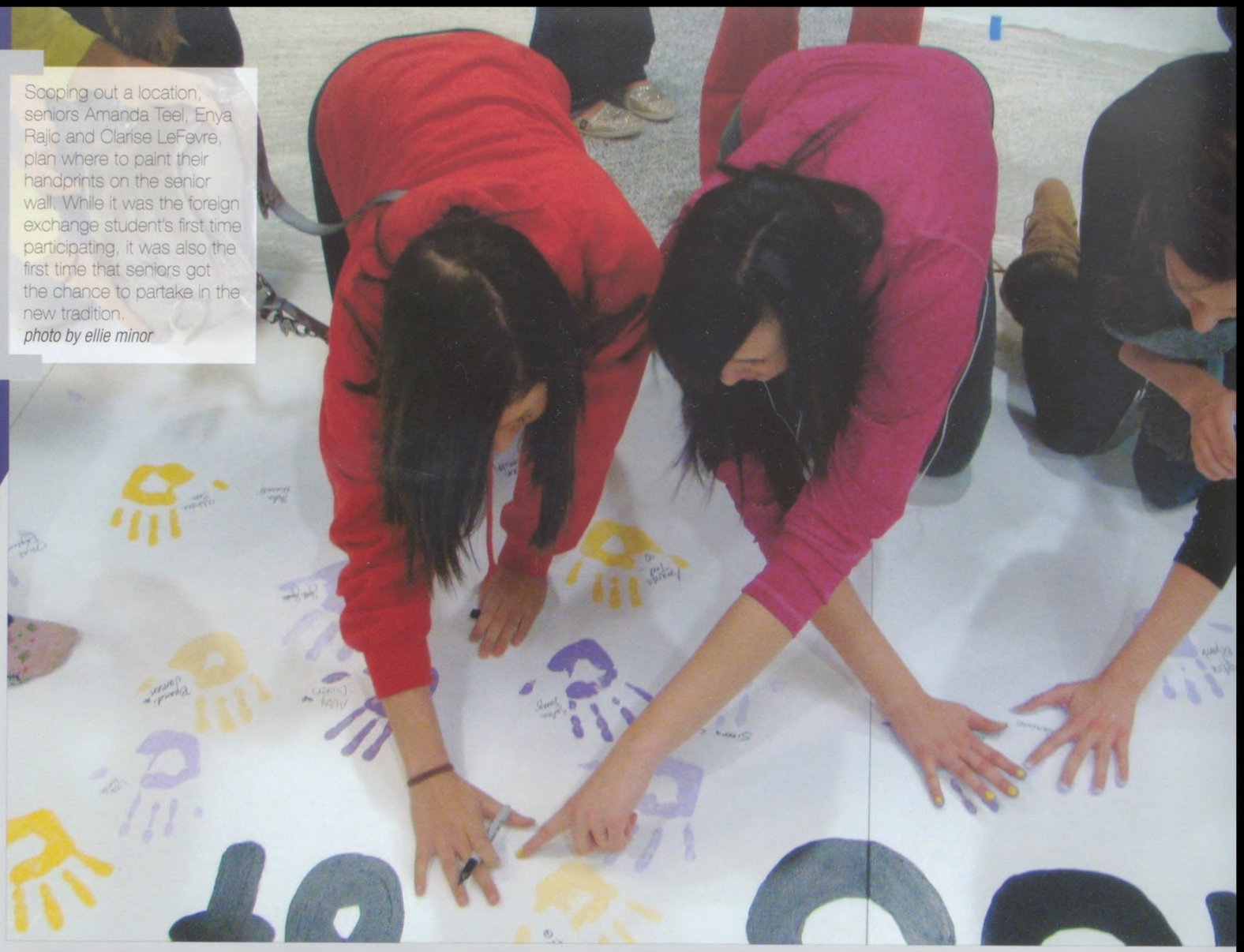
At Gay Straight Alliance Tie Dye for Tolerance, junior Claire Sevenich squirts paint onto a white T-shirt. "The event was arranged to shed light on the need for tolerance of same sex relationships and to not be afraid to really be yourself," Sevenich said.
photo by paige plaskitt



Freshman Allison Klein gets a strand of purple placed in her hair at the Dig Pink volleyball game. During the game, students could get a hair extension for $5 with the proceeds going to the American Cancer Society. Employees from Sage Tree donated their time for the cause.
photo by helen lagerblade



Making a burrito for a customer, senior Katie McMillen works at Bandit Burrito. McMillen worked there since January 2011. "Bandit Burrito is a fast, easy way to get food," McMillen said. "Not only are we nice and welcoming, we also make the best burritos."
photo by carly crist



Scoping out a location, seniors Amanda Teel, Enya Rajic and Clarise LeFevre, plan where to paint their handprints on the senior wall. While it was the foreign exchange student's first time participating, it was also the first time that seniors got the chance to partake in the new tradition.
photo by ellie minor

PALM POSTER

Student council starts a new tradition that allows seniors to be remembered

Dipping her sponge into a can of paint, senior Brandi Jansen begins to cover the palm of her hand with a coat of light purple. She then locates her name and carefully presses her hand next to it on the white canvas.

While sophomores and juniors were in their advisory classrooms taking Iowa Tests, the senior class of '12 introduced a new tradition – a senior handprint wall. The painting took place in the commons outside the auditorium.

The idea came from another school. Student council adviser Chris Beguhn read a magazine article about the idea a few years ago. "I just liked the idea of a way for a class to literally leave their mark in the school," Beguhn said.

The handprint painting took place on Wednesday, Nov. 26 at 8:00 a.m. and lasted until seniors went to a cap and gown measurement assembly.

That morning, student council was concerned that not many students would show up. "Seniors thought it was cool and looked great but many didn't want to get up earlier than they had to, to do it," junior Will Krone, student council member, said.

However, after more and more students started coming in to do their handprints, they were pleasantly surprised.

Due to the popularity of the wall, for the next two days after school it was available to students who couldn't make it that morning. Altogether, there were approximately 230 handprints.

In preparation for the handprint painting, student council had to take time out of their schedules to get all the materials. This included five 4x7 boards, one gallon of primer, one gallon of white paint, a quart of each light and dark yellow, and light and dark purple, and two sponges per color.

Not only was this costly, but time consuming as well. The boards took primer along with four coats of white paint before anything was put on them. Then, a few coats of black paint were used to write out the words "Class of 2012."

With this new tradition, came a few problems that were not yet resolved. One of these was that after so many years of doing the senior hand print painting, the boards would take up too much space in the school.

A possible solution to this would be to paint over a board after five years of being up on a wall, so that future seniors can also get their chance at leaving their mark.

Though some aren't comfortable with this idea, some seniors don't have a problem with it. "Even if they paint over it in a few years, it still brought the senior class together while we were here," Jansen said.

There has not yet been decision on the fate of future senior hand prints. "The goal is to keep [the hand prints] for years to come," Beguhn said.

spread by / madison boes and ellie minor



Senior Abby Dusen refills a tray with yellow paint. "I thought it was creative and inventive," Dusen said. "It was so cool that so many seniors actually showed up and wanted to be involved."
photo by ellie minor



Marking his hand print, senior Joe Scanlan, reaches across the board under the "1" in "2012". The new chance for seniors to leave their mark was sponsored by student council
photo by ellie minor

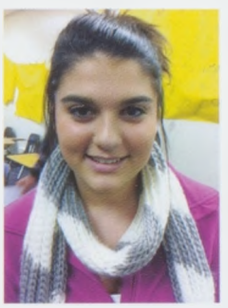


Senior Cameron Brose signs his name prior to making his handprint. "I liked how it was a great idea and it was kind of like leaving a piece of you behind," Brose said. "It would have been nice to have done it on the actual school wall, too."
photo by ellie minor

what you didn't know



Jon Dings Jr. '12
"At Black Friday we were in Caps at Jordan Creek and like 20 people came in and grabbed a bunch of hats and then ran out of the store. We also saw the fights at Valley West, it was pretty crazy."



Maida Fatic '14
"When I was in Chicago I got lost in the elevator at the Hancock Tower. My phone didn't have service so I couldn't call my family who went upstairs. I ended up taking the wrong elevator again down to the garage. They finally found me on the main floor."



Paige Cramer '13
"I'm in love with the show 'Cake Boss,' so my mom, aunt and I drove to New Jersey and went to Carlos Bakery. We waited in line for an hour and went in and bought like 10 boxes of pastries. I got to sit on the counter and take a picture with Buddy's sister."

revealing november...



Janitor Forey Jacobson, known for running barefoot in the Living History Farms races, was attacked while downtown Nov. 6, at 1:50 a.m. Authorities found him unconscious. He sufferod severe injuries and recooporated in the hospital for more than a month, and was sent home on December 19.
photo by helen lagerblade


Johnston teacher arrested in online sex case
Steven Williams faces federal charges of attempted enticement
1:20 AM, Nov. 11, 2011 | Comments
Written by LEE ROOD
FILED UNDER
News
A sixth-grade teacher at Summit Middle School in Johnston was arrested Thursday on federal charges stemming from alleged attempts to entice minors on the Internet.
Steven Lee Williams, 32, of Windsor Heights has a preliminary court hearing on Monday at 3 p.m. at the U.S. Courthouse in Davenport.
He was arrested by the Clinton County sheriff's department, with assistance from Johnston and Windsor Heights police and others.
Johnston Superintendent Clay Guthmiller said Thursday was the first district officials had heard about the allegations. Williams, who is also Summit's seventh-grade girls' track coach, was placed on paid administrative leave immediate
14

Summit teacher Steve Wiliams was charged with transmitting obscene material and attempting to entice a minor on the Internet. The school found out about the charges after he was arrested. He pled not guiilty on Nov. 29.
screenshot from www.desmoinesregister.com



Senior Austin Bowen participated in No Shave November throughout the month. The picture was taken on Dec. 1, while Bowen excitedly awaited his soon to be "smooth" face. "I felt really tough even though I'm just huge," Bowen said. "The beard made everyone know they shouldn't mess with me."
photo by lisa friesth



Talking with his friends at the end of C lunch, sophomore Tyler Bradford sits with his friends, sophomores Tanner Bucher on left, and Michael Goss and Chase Tinnermeier on right. "(I) continued to joke around with him like old times to try and cheer him up and get a pretty smile on his face," Bucher said.
photo by paige plaskitt

DODGING BULLETS

Student's father gets shot while trying to stop robbery

Robberies and shootings commonly happen in movie scenes, but in sophomore Tyler Bradford's case, they became reality.

On Friday, Nov. 27, Bradford was with his parents at a family friend's house. At 10:30 p.m., they saw three men walking around the neighborhood. "We didn't pay them any mind," Bradford said. Around 20 minutes later the men started rummaging through the house next door. "They ran in and all we could see were shadows through the window," Bradford said. "They were wearing ski masks."

Bradford, his father James and their friends decided to go after the men. "We didn't really think about (going after the robbers)," Bradford said. "It doesn't pop into your head that they might have a gun or something."

As the robbers ran away, one of them shot a nine-millimeter copper jacket handgun toward Bradford and his father. They were out in the open, while their friends were hidden. "I wasn't behind anything, I had to bear crawl eight feet to a trailer to hide," Bradford said. "My dad was by a garage, and he had to crawl to get down. When he turned, he got shot in the back."

The bullet hit the edge of the garage door where James was standing and ricocheted off. When the bullet hit, it rotated and the back end entered James' body first. The bullet hit him in his vertebrae, a few inches below his heart. "I didn't see him get shot, I was worried about getting shot myself," Bradford said. "But when you actually hear the bullet tumbled that far from his aorta, and the way the bullet tumbled the way it did, he would have been dead if it hadn't."

The police arrived about 10 minutes later, and took James to the hospital. "My dad didn't really express pain," Tyler said. "The doctor didn't even think he was shot, he wasn't bleeding a lot." James had surgery to remove the bullet, followed by physical therapy. "The doctors say he's three weeks ahead of anyone who's had spinal injuries," Bradford said. James was on a heart monitor for roughly a week while he was in ICU and, after successful physical therapy, was able to come home for Christmas, and has since started outpatient therapy.

The men have not been caught yet. "They don't have any information about them," Bradford said. "It rained, so the fingerprints on the casings are probably gone." An Xbox and an iPad were stolen from the house. "It's what happens, people don't get caught for stupid reasons," Bradford said. "I was more or less nervous about my dad, I wasn't really scared. It's what happens when you live in a bad neighborhood; you get used to it. It's not bad enough to move or anything."

Bradford's mom was more worried. "There was one point in time my mom just kept double locking all our doors," Bradford said.

Bradford's friends helped him through his father's recovery. "My friends have been really good the whole time," Bradford said. "(They) ask how (my dad's) doing every day."

*Both James and Amy Bradford declined to be interviewed for this story.

spread by / paige plaskitt and lauren coffey



James Bradford, shown here in June 2009, told the police officer that reported to the scene that he "could not feel his legs, only tingling, and after several minutes he began to have difficulty breathing," according to the police report.
photo provided by tyler bradford



James Bradford was transported to Iowa Methodist Medical Center, where the attending physician advised that his wound was not immediately life-threatening.
photo by paige plaskitt



According to the police report, after walking out of the friend's house they were visiting, the Bradfords saw three masked black males leaving this residence. It was as the robbers were running away that they fired roughly eight to 10 shots, one of which hit James.
photo by paige plaskitt

what you didn't know



Jessie Ceraso '12

"I went rock climbing at Climb Iowa with (seniors) Nick Siddens and Makenzie Skarphol, and her boyfriend Cody Sapp, after Nick's uncle won four day passes at the Dig Pink auction. After I was done, I couldn't uncurl my fingers for half-an-hour."



Katy Clay '13

"My mom and I went to the 2011 Insight Bowl to watch the Iowa Hawkeyes take on the Oklahoma Sooners. Hawks lost but it was still a lot of fun because we got to watch my brother play in the band. Wherever you went everyone was your friend."



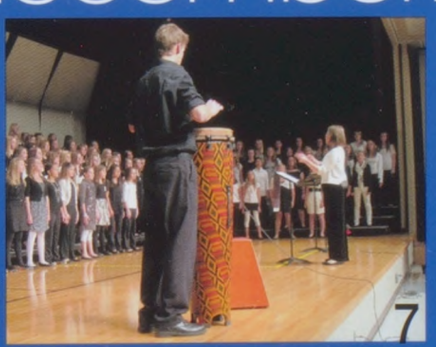
Sanjay Koduvalli '14

"I have already taken the ACT before, as a freshman in December, and I prepared some test-taking strategies beforehand. I took the ACT again this December. By taking the ACT early, I can identify my strengths and weaknesses, and I have much more time to improve on them."

revealing december...



Seniors Phoebe Cooper and Tina Wu, presidents of their respective clubs, play a Korean children's game. On Dec. 5, the Gay-Straight Alliance and Asian Cultures Club joined forces in an effort to increase attendance rates.
photo by paige plaskitt



At the seventh grade girls' chorus concert at Summit Middle School Dec. 7, senior RJ McGrew accompanies their vocals with a tubano, a drum invented by the drum company Remo to imitate a traditional African sound.
photo by paige plaskitt



Science teacher Chris Beguhn accepts her Golden Apple award from Allied Insurance and WHO-TV 13 in the main gym Dec. 13. "I'm glad kids know and recognize that I'm here for them, and want to make learning fun," Beguhn said. "Now get back to class!"
photo by paige plaskitt



Participating in the 5K portion of Forey Fest, custodian Forey Jacobson leads a pack of runners to the finish line. Jacobson, an avid runner in the Des Moines area, was known for running without shoes and in various outfits such as a kilt or loin cloth. The Forey Fest motto was "No shirt. No shoes. No problem." *photo by paige plaskitt*

ARCH SUPPORT

Running community supports runner after he was beaten at a local bar

"Am I lost? Did I miss my turn?" custodian Forey Jacobson asks a fellow runner as he winds around Copper Creek in the Barefoot Benefit run. "I followed the wrong crowd," Jacobson said. "I was just going to run the three-mile but I ended up doing the five-mile."

The Barefoot Benefit run kicked off Forey Fest on Jan 14. Forey Fest took place from 10 a.m. to 1 a.m. in downtown Des Moines. Following the run, live bands played as part of the bar crawl and a concert and silent auction took place. Organizers raised $10,840.59 to help Jacobson pay medical bills after he was severely beaten at Johnny's Hall of Fame on Nov. 6.

Less than two months after the beating, Jacobson decided to run in the Barefoot Benefit portion of Forey Fest. Running the five miles was a huge achievement for Jacobson considering two months prior to Forey Fest, walking eight feet was tiring. "I hadn't run past three blocks before running the five miles," Jacobson said. "It was an accomplishment."

Once Jacobson crossed the finish line, he was met with hugs and cheers. "People were taking lots of pictures with him and saying how good it was to see him run again," science teacher Chris Siewert said. "Forey had a big smile for the pics and was humble to all the kind words."

Siewert ran the 5K to show his support for Forey. "The runners were very encouraging to each other," Siewert said. "After the race, I spent some time talking with other runners. We were all excited to see Forey finish his run."

Jacobson was blown away by all of the support he received. "It was unbelievable; like waking up in a dream, the people were so supportive," Jacobson said.

Jacobson was well-known in the running world for his unique outfit choices. All of his outfits represented something in nature. "I just thought I would work with it (nature), not against it," Jacobson said. Because of this, Jacobson frequently ran barefoot. At the Living History Farms Race, Jacobson was commonly known as "Naked Boy" or "Loin Cloth Man."

After his near-death experience Jacobson felt lucky to be alive. "I am glad I turned out a living legend, not a dead one," Jacobson said. Jacobson was released from the hospital in December and continued recovering by going to physical and mental therapy.

Siewert was impressed with Jacobson's recovery. "He has come a long way in a short amount of time," Siewert said. "Since he is a very positive individual and determined to get 'back into shape' I believe he will return to his old self very soon."

Even through all of the difficulties he has faced, Jacobson still looked at the positive. "The best part is that I still have my mullet," Jacobson said.



Jacobson hugs a supporter at Forey Fest. "I just appreciated everything everyone did for me," Jacobson said. "I don't know how to explain it." Jacobson hoped to come back to work in the spring.
photo by paige plaskitt



Jacobson responds to questions from a "Des Moines Register" reporter. Forey Fest was held to raise funds to help Jacobson recover from a brutal attack that occurred in early November.
photo by paige plaskitt



Shaking hands, science teacher Chris Siewert greets Jacobson. Siewert participated in the 5K run to support Jacobson. "Forey is a genuine individual who will do just about anything to help people out," Siewert said. "I know how much he enjoys running and being around people who run."
photo by paige plaskitt

what you didn't know



Grant Riessen '14

"Cameron (Carico) and I were neighbors since fourth grade. In the summers we would go to both of our houses to see who was having the better dinner and that's where we'd eat. If we liked what both houses were having we'd eat at both."



Jeremy Caracci '14

"Spenser (Nelson), Camden (VanBrocklin), Jon (Caracci) and I were all a part of the shuttle hurdle relay team. Running without him won't be easy. We now have a new goal. We will run for him. Every step, every breath, every hurdle. For him."

Freshman Cameron Carico, son of middle school principal Brian and elementary school teacher Dawn Carico died on Jan. 28 at home. Sophomore Spenser Nelson, son of athletic director secretary Tammy and Curtis Nelson died on Jan. 29 at Iowa Methodist Medical Center.

revealing january...



Bouldering at Climb Iowa, senior Brian Cherrier enjoys his last day of winter break. "It was dangerous and exhilarating, I like that stuff," Cherrier said. "I only did it once but it was kind of expensive, so I'll probably just stick with parkour from now on."
photo by paige plaskitt



Jessica Pray, 2010 graduate, sings "You Raise Me Up" by Josh Groban in the Wednesday night preliminary competition of the Miss America pageant. Miss America was Pray's fourth pageant and she placed in the top 10.
photo provided by stacy delong



Senior Tyler Morrissey moves the t-shirts he made for the Johnston vs. Urbandale game into his truck. Morrissey made the shirts and donated the profits to Johnston's Big Give. He contributed $150 for the American Cancer Society.
photo by zach winjum



Junior Breanna Williams rehearses her speech, "Laughing Wild," a prose piece. "Speech is incredibly enjoyable," Williams said. "The thing that makes it so enjoyable is the atmosphere. The people that compete at tournaments have no problem standing up and making fools of themselves."
photo by anna lam

SPEECH FEATS

Members of the speech team prepare for state speech

Speaking to a wall, junior Zea Zhu practices her storytelling piece one last time before she performs. Meanwhile, other members of the speech team play a relaxing game of spoons and chat about how their own speeches went. Zhu relaxes as she heads off to perform for a small audience, and more importantly, a judge.

Each member of the speech team gathered at Adel High School to give a few performances, hoping to make it to the state competition. This was the first big competition for the sophomores and their first chance to qualify for something like state speech. The line between making it to state and not qualifying was very fine, creating a high-pressure atmosphere.

Dinikar was very prepared for her speech, a humorous after-dinner speech focusing on Indian stereotypes and parenting. "I'm going to kick the curry out of this speech," sophomore Aditi Dinikar, a state qualifier, said. She walked in the room feeling confident and ready, but this was not the case for everyone.

"Public speaking is among one of the greatest fears in the world," sophomore Abby Dockum said. "It takes a long time and a lot of practice to get used to."

Every person prepares for a speech a different way; some talk to a wall, some practice in front of others and some people try to wing it. "Each of these kids practices in their own way, and it works," speech director Jane Altman said. "They are amazing speakers and can only improve even more."

After each person performed, they received a number score later in the day. This was based on how well they spoke and delivered their speech. Each member performed in different events ranging from storytelling to acting, usually lasting about five to eight minutes long.

Additionally, the judge gave the students a critique immediately following their performance. "The critique is really helpful," sophomore Riley Deutsch said. "They give you good advice and notice small things that I've never noticed when speaking." In his critique, the judge wanted Deustch to differentiate his character voices better during his storytelling piece.

After the event, those who didn't qualify for the state competition returned to their normal lives but those who did, continued to practice for the state competition. "This is (a tough) week for us," Dinikar said. "We have to prepare for state and most of us also have to deal with history day, mock trial and homework."

Eight members of the speech team competed in the state speech tournament. Sophomore Andrew Boge continued on to all-state, where the best speakers of each state compete. "I was honored to make it my first year doing speech, and also being the only person from Johnston," Boge said.

spread by sydney dimarco and anna lam



Sophomore Riley Deutsch speaks with confidence as he practices for an upcoming speech competition. "I love to do spontaneous speeches where I can make it up as I go, because it's a challenge," Deutsch said. "I would call it exciting or satisfying to do it right." *photo by anna lam*



Sophomores Abby Dockum and Megan Gibbons play spoons during the down time between speeches at ADM to ease their nerves. Students that performed early could watch other speeches being given throughout the day. *photo by jiahui huang*



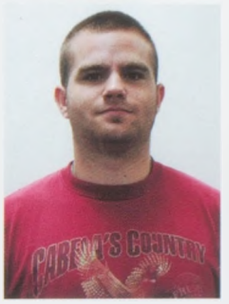
Practicing her speech, junior Jiahui Huang prepares for her speech at ADM High School. The speech, about lying, was called "Man in the Mirror." It was entered as an original oratory. The number of participants in speech had doubled since the previous year. *photo by anna lam*

what you didn't know



Bailey Comegys

"(Junior) Holly (Mested) and I were walking through the kitchen at Applebee's, and Sharon, our manager, threw some ice. Holly and I grabbed a plate and hit some ice and it landed on the opposite side of the kitchen. We literally played ice baseball for ten minutes."



Jesse Ried '12

"On Valentine's Day I asked (senior) Haley (Thiel) to prom. I had a dog tag engraved with the question, then I put it on a teddy bear. I got the idea to have dog tags made because she wears a pair of mine."



Jake Atkinson '13.

"My friends (juniors Andy Bevis and Chris Timmerman) and I went to beach night and wore our beach shorts and towels. It was freezing cold. Then we went to Overtime and played some dodgeball. We stayed until close because we were having a great time."

revealing february...



Chowing down on some wings, juniors Matthew Hanstad and Nathan Christenson participate in the blazing challenge at Buffalo Wild Wings. "The wings are hot and the sauce tastes horrible," Christenson said, "but it's a good challenge and you get really messy." *photo by helen lagerblade*



Outside the cafeteria, a poster sent from Waukee High School shows support after the death of two students, with a note from the Waukee principal beneath it. Support also came from Ankeny High School when students placed sticky notes on cars in the parking lot. *photo by sydney dimarco*



Senior Jill Deskin scrapes the snow and ice off of her '99 Rav4. "I liked the lack of snow because my car didn't slip and slide as often," Deskin said. "I also didn't have to use my ice scraper very much, but it was new and fuzzy." *photo by sydney dimarco*



Senior Kale Singleton skates past a defender in hopes of scoring a goal, while teammate, junior Justin Atterberg trails from behind. "My favorite game of the season was definitely the championship," Singleton said. "We worked really hard and it finally paid off."
photo by kelsey acheson

NO DEFEATS

Hockey team goes undefeated and becomes champions of their league

Senior Derek Winchester glides down the Metro Ice Arena rink in the game against the team's rival, Urbandale, hoping to receive a pass to score from his teammate senior Kale Singleton. As the pass is completed, Winchester takes off in a stride, ending in a goal for his team.

This was one of the most remembered games of the season because of the intensity of the rivals and the fact that the Dragons were defending an undefeated record. "Somehow we always end up tying them," Winchester said, "and I thought we played especially good against them." Although the two teams ultimately tied in the last four seconds, the Dragons' undefeated record remained.

"It feels so good, like actually winning all these games," Winchester said. "In years before we had losing records, and it definitely was not as much fun as winning all the games that we did this year."

But what was the cause for this sudden change in playing and number of wins? "Senior leadership," Winchester said, "even though there are only two of us, in years past it wasn't very strong."

The team finds it important to keep the legacy going when the current seniors leave. "By us showing our leadership, it tells the underclassmen that they need to step up," Winchester said.

The underclassmen agree with him. "I think we're winning so much because the seniors are being such great leaders for team," junior Reagan Sanford said. The team was pulled together by the leadership that was shown by the current seniors, which taught the underclassmen how to act on the ice.

Another way the seniors showed their leadership was by being the top scorers in the league — Singleton with 40 goals, and Winchester with 38. "Kale's got a little bit more than me which makes me a little mad," Winchester joked, "but it's a good competition."

With their record, they took on a new title, that all the team members enjoyed. "Being number one in the league was probably the best part of our season," junior Dustin Smith said.

The team with the best record in the league went to the championship game that took place in the Bucs Arena against Valley. This dream came true for the Dragons and they had their chance to keep their spot as the undefeated team in the league. "The game was so intense," Sanford said, "we kept going back and forth, but in the end we won 4-3."

"It felt so awesome," Winchester said. "It felt good to win like this my senior year, and I know the win mean a lot to other seniors too." The win against Valley made the Dragons league champions, and after their successful season, the legacy will always live on with the team's perfect season.

spread by / morgan riessen and ellie minor



Junior Justin Atterberg scans the ice rink in search of a team member. "Throughout the 2011-12 season I feel that Johnston hockey had amazing chemistry," Atterberg said. "We really played well as a team."
photo by kelsey acheson



Skating toward the goal, senior Derek Winchester controls the hockey puck while avoiding his opponent. He was the regular season scoring leader and the tournament season MVP.
photo by kelsey acheson



Senior Adam Gardner glides down the rink, looking to pass to teammate, junior Justin Atterberg. "My favorite part of the season was winning the championship my senior year," Gardner said
photo by kelsey acheson

what you didn't know



Erika Gebard '12
"I went on a mission trip to Haiti over spring break. We visited an orphanage and part of their feeding program is giving out Meals from the Heartland. It was amazing to see something we did back home being implemented up close and personal."



Victoria Trost '13
"I visited Wheaton University and Northwestern University. Wheaton, I got to stay overnight and go sit in on some classes. Northwestern's pool was really nice and it was fun seeing where my dad went to college."



Craig O'Keefe '14
"In Cozumel, I was playing volleyball with my dad and cousin against Canadian professionals who were there for a tournament. After going back and forth for a little while I went up for a block and got nailed in the face. I maintained my cool."

revealing march...



Senior Dragana Forcan paints a child's face at Kids Fest at the Iowa State Fairgrounds Varied Industries Building. Forcan volunteered as part of her Social Issues class. Kids Fest was held on March 2-4 to raise funds to help Iowa kids in need.
photo by kylie krueger



Sophomore Connor Westlake bails water from the dingy after rain filled it up in the British Virgin Islands. Westlake sailed for nine days (March 15-23) with sophomore Jacob Jansen and Jansen's family over spring break.
photo by lisa friesth



Concentrating, sophomores Ariel Needham and Elsie Wunn make miniature bow and arrows at Johnston Public Library's "Hunger Games" party. Some of the other activities were a trivia quiz, cornucopia challenge and dress up game.
photo by paige plaskitt



Seniors Kendra Jensen and Jacob Henderson look at Douglas Argue's painting "Untitled" at the Wiesman Art Museum in Minneapolis. The painting is unofficialy known as the chicken painting. Students went to the museum because it was not typical. The whole point was to see the contrast between different types of art. *photo by paige plaskitt*

BUS BREAKDOWN

Students get stuck at gas station for an hour after museum visits

Driving down the highway after a long day in Minneapolis, the bus begins to chug slowly and pull off to the side of the road. It was 10:15 p.m., and the lights went out. The majority of the students on board, were, to say the least, in the dark.

Students like senior Cathleen Nelson had no idea what had happened. "My friends and I were sitting in the back of the bus," Nelson said. They learned from the students in front of them that the bus engine died. "I was really thinking 'what the heck,' and I was worried," Nelson said. "It was late and I just wanted to go home."

The trip was sponsored by the photography club, advised by art teacher Daniel Weiss. The bus left the high school at 6 a.m. and traveled to museums in Minneapolis. "I had taken design class and been to art museums before, but nothing like the ones in Minneapolis," senior Lauren Coffey said. "Most of them were really modern and had exhibits that you could walk all around."

At the Wiesman Art Museum they learned about the different styles of art and viewed several intriguing sculptures. "There was this one room that was filled with aluminum scraps that was made into this cool sculpture," Coffey said. "Apparently the artist had just lived in the museum for months while he was making it."

Along with sculptures, students viewed several paintings. "There was one where you wore the blue and red 3-D glasses while looking at the paintings to make the colors really pop," Coffey said.

After viewing the art, they ate and shopped at the Mall of America, then started home. Senior Ena Ajdimovski sat toward the front of the bus. All seemed fine until somewhere north of Ames. Ajdimovski saw the bus driver struggling to pull off to the side of the road. "(The bus driver) said that he was planning on stopping in Ames," Ajdimovski said. "At first, I thought we were just stopping sooner. Then, I heard him moaning and struggling with pulling onto the side of the highway."

After the bus came to a complete stop the students decided to walk to the nearest gas station. "Everyone was pretty stressed about the bus breaking down," senior Ben Smith said. "The people at the gas station were really cool and let us sprawl out all over their floors and use their electrical outlets to charge our phones." Students waited for about an hour before they were picked up by a new charter bus.

Despite some troubles, students still enjoyed an educational day. "It was nice being able to see so many different types of art," Coffey said, "If I saw some of it on the street I wouldn't consider it art, but in a museum you saw the beauty in it."

Senior Connor Yocum agreed. "It was interesting to see all of the artwork, but the architecture we experienced made the trip unforgettable," Yocum said.

spread by bonnie le page and sydney dimarco



Senior Jordan Bailey regards a painting in the Wiesman Art Museum. Even if students did not know anything about art, there were always things to learn either through adviser Daniel Weiss' talks or the plaques.
photo by paige plaskitt



Senior Gabe Terronez looks at ancient Chinese pottery, known as Chun Ware. The pottery was produced from the 11th through 15th centuries. Many thin-walled pieces in the collection were extremely simple and lacked complex designs or patterns.
photo by paige plaskitt



Junior Abby Abeyta-Martin and senior Amy Bourne sit and talk in a Pizza Hut attached to a Shell gas station when their bus broke down in Dows, Iowa. Students sat for about an hour until another charter bus was able to pick them up at 11:15 p.m.
photo by paige plaskitt

what you didn't know



Sam Sparland '12

"We saw a certificate at Drake for the pie fight record and it was only 600 so we thought we could try it. By the day we needed to order all of the shaving cream, we only had about 100 people signed up. We built the budget around everyone paying on time."



Brandi Jansen '12

"It was storming so bad the night of prom. We were sitting at dinner and could barely see out the windows of the restaurant. Storm chasing was seriously considered by the group because the storm looked so intense."



Enya Doughtery '12

"'Kony 2012' was intended to raise awareness, but the video that Invisible Children made did such a good job raising awareness that we felt that the money we raised should go to an organization that focuses on improving the life of central Africans."

revealing april...



Sophomore Nick Whittaker prepares for the IV at the bi-annual blood drive, as other students continue to wait due to problems with scheduling issues. The blood drive unit consisted of nurses, vet-techs, and volunteers who were trained specifically for the position. *photo by bonnie le page*



At the Gay-Straight Alliance's Popping the Prejudice event, senior Sarina Waters writes a sterotype on a balloon. Students then used sponsor Stephanie Guthrie's keys to pop the balloon and, in turn, the prejudice.
photo by paige plaskitt



Sophomore Craig O'Keefe writes a phrase of encouragement to Valley Southwoods after a student's death. Students created a large poster stating a quote from Patti Smith, "Those who have suffered understand suffering and therefore extend their hand." *photo by sydney dimarco*



Sophomore Justin Winnett rescues his victim, junior Connor Ward, from deep water. Rescuing a passive victim in deep wtater was one skill the students had to master before passing. There are two different ways to rescue a passive victim, head and splint (shown), and head and chin support. *photo by kylie krueger*

GUARD PREP

Students prepare for their summer job by taking a lifeguarding class

Walking into the multi-purpose room at Summit Middle School, sophomore Lauren Stenger prepares to take her final lifeguarding test. If she passes, she will be American Red Cross lifeguard and CPR/first-aid certified and be able to work anywhere she would like. "I didn't think (the class) was going to be as hard as it was," Stenger said. "It's a lot of work, working with the various tools."

To become a lifeguard, Stenger had to go through a lengthy process that included three-hour classes over the course of weeks, studying outside of class for multiple choice tests, as well as learning skills in the water and taking skill tests. The students had to learn CPR and first-aid to go along with their lifeguarding certification.

Due to the long process, preparing had to start in the spring. Lifeguarding was offered at many locations, but Stenger choose Summit because it was close to home. Another student, junior Cheyenne Church, took the class at Summit as well. "I think it was a good idea (for me) to take the class," Church said. "The things you learn could save someone's life."

Before learning difficult maneuvers like retrieving a drowning victim from the water, the students learned basic skills such as keeping your body afloat when working with a patron, endurance and pool safety tips. Once students had those techniques down, they began learning different ways to rescue victims. One of the more advanced techniques was deep-water backboarding. "You are trying to get someone who has a spinal injury out of the water without injuring them further," Stenger said. "We have to lay them on a board and strap them down, then pull them out."

Once learning those skills, the students had to take a final to receive their certification. Included in the final was a CPR/first-aid simulation where the students had to assess the scene and help a patron. The instructors would watch the students, and change the situation as needed, such as telling the students they had to move the patron due to some uncontrollable factor. "(The rescue) had a lot of steps and it takes a lot of patience, communication and strength," Stenger said. "There's a lot you have to remember and then on top of that you're either treading water or holding someone or something still."

The students that passed received their certification from the American Red Cross, and were able to start looking for summer jobs. The students were told they could continue to be lifeguards as long as they took courses every few years to review skills. "I think (my certification) will be very beneficial," Stenger said. "I can use it outside of the work force and it will help me get jobs. It's a good skill to have even if I'm not going to use it for work. I can respond to emergencies that other people wouldn't be able to."

spread by marian wellman



Sophomore Lauren Stenger straightens her arms as she performs CPR on her victim. CPR is the act of chest compressions, followed by two breaths into the victim's airway, to try and jumpstart their breathing.
photo by mariah wellman



Looking through her test, sophomore Cheyenne Church tries to complete her multiple choice test. The students were tested over CPR techniques, water safety, blood-born pathogens, first-aid, sun protection, AED uses and other rescue skills.
photo by mariah wellman



Junior Claire Sevenich breaths into her victim's airway while performing CPR. The students were told their CPR, first-aid and lifeguarding certifications will last for two years before they will have to recertify.
photo by mariah wellman

what you didn't know



Taylor Kavaya '12

"Trying out to be a Buena Vista cheerleader was exhilarating. Learning the opening dance to 'Crazy Train' was the most difficult, but mastering it with my new friends was the best. I can't wait for the next four years."



Nolan Martz '12

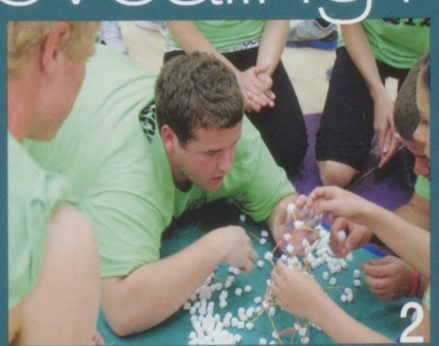
"I kind of knew what fraternity I wanted to join before I went to Greek Getaway and when I went they liked me. When the guys were done with finals I went up there and they gave me my bid. I'm excited. It's going to change my life."



Brooke Boyer '14

"Working hard to achieve my goal I trained for years to be able to get Reserve National Champion (in horse-showing). I was more well-known afterward. It helped me achieve even more of my goals for myself."

revealing may...



Senior Tyler Morrissey helps construct his team's marshmallow-toothpick tower at Senior Challenge. All 18 teams had ten minutes to build the tallest tower that would stand for ten seconds. ***photo by kelsey acheson***



Reaching across the pool table, junior Hannah Wiles continues to work on her 9,000-piece puzzle. The 9,000-piece puzzle is the largest one Wiles has attempted and she hopes to finish it during the summer.
photo by jiahui huang



Seniors Hannah Thayer and Anna Johnson hang out on Johnson's deck at her grad party. For three hours, they were joined by friends and family of Johnson to celebrate with food and memories. "It was kind of stressful because I had to bake like 300 cookies," Johnson said. ***photo by carly crist***

"I was on the truck with the football players in the parade and it ended up being like a reverse parade because all the kids were throwing candy at us. And then some kid threw a plastic horn at us. It was really funny and then we all just started using it."



SOPHOMORE
jon caracci

Senior Matt Poss outlines the painting to represent the boys' cross country team. Students gathered at the stadium Monday afternoon to paint the entrance prior to Rock Around the Clock games, kicking off homecoming week.
photo by paige plaskitt





Sophomores Ellie Wallace and Sydney Morris wind up to toss candy from the powderpuff float. Wallace and Morris participated in the community homecoming parade on Thursday evening.
photo by anna lam



With senior Ben Parsons on his shoulders, senior Mirza Besic tests his strength. Parsons and Besic attended the Best Buddies tailgate on Monday evening. The club provided burgers, hot dogs, chips, cookie and soda with the purchase of a ticket.
photo by paige plaskitt



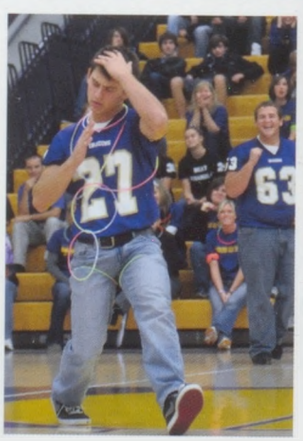
Running through the pack, junior Allyson Veatch carries the ball for the junior powderpuff team. Veatch and her fellow teammates defeated the sophomore team, but lost to the senior team in the following game.
photo by lisa friesth



Seniors Amelia Medici and Evan Culbert ride in a convertible during the homecoming parade. Medici and Culbert were members of the homecoming court.
photo by anna lam



Rounding the cone for his team, senior Casey Morales participates in the Rock Around the Clock egg race. "We found body paint that matched our shirts pretty well and covered our faces and arms to up our intimidation factor," Morales said
photo by kaitlyn ellerman



Dancing to "My Heart Will Go On," senior Matt Zinselmeier participates in the Mr. JHS competition at the pep assembly. Zinselemeir remained in the competition, but lost in the final round to senior Shane Abbott.
photo by helen lagerblade



low voter turnout.

Online voting confuses the student body

Fifty-seven percent of Americans voted in the last presidential election. Ten percent of Johnston residents voted in the last school board election. Twenty-two percent of the student body voted for the homecoming queen and king.

After decades of voting during school with paper ballots, the administration slowly reduced the use of scantrons due to cost. In previous years, almost every student was handed the ballot and voted for the homecoming court. However, with the change in voting procedure, turnout was low.

Student council adviser Chris Beguhn found a replacement for scantrons, a website called Eduballot, which provided a way to vote online. The first time using the new system proved difficult for some. "I don't think many people voted because it didn't always work," senior Sara Reed said. "You had to find time to vote on your own, and needed to remember last year's login."

Because the new program was set up in the summer, students had to use their username and password from the previous year to vote, even though they were already using their new usernames and passwords for the 2011-2012 school year.

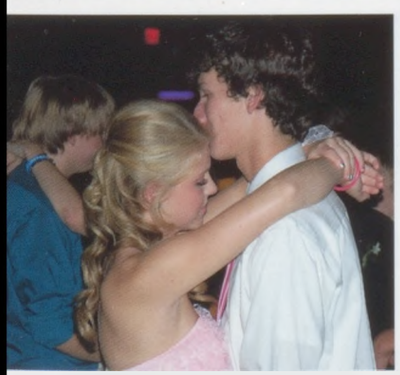
Voting could not be done in a class or in advisory so it was solely up to students to vote. Beguhn had a list of last year's usernames and passwords for those who could not remember, but many were unaware of that option.

During the nomination process 6.61% of the sophomores voted, 8.6% of juniors voted and 17.4% of seniors voted. Sophomore Pete Lashier was one of the sophomores who didn't vote. "I would have voted for sure if they would have done it in advisory or any other class," Lashier said. "It wasn't convenient and it wasn't really promoted throughout the school."

Some thought that the new way of voting alleviated "joke" votes because voting did not occur in a class. "I liked it because it was easier and people couldn't write down random people that weren't on the court for the final vote and they didn't have to feel the pressure of their friends looking over their shoulders for their answers," senior Monica DeCarlo said.

Reed felt voting online overshadowed the event. "The attention placed on the voting process for the king and queen seemed to take the focus away from the actual king and queen."

spread by / lisa friesth and morgan riessen



Junior Anthony Denny slow dances with his date, Dowling sophomore Zoe Henderson. Denny, Henderson and their group went to Mama Lacona's for dinner prior to the Saturday night dance.
photo by clara carlson

[unveiling homecoming]

homecoming court

SENIORS:

King:	Queen:
Matt Zinselmeier	Kerigan Thompson
Scott Syroka	Abby Dusen
Brian Ross	Brandi Jansen
Connor Yocum	Lisa Friesth
Evan Culbert	Amelia Medici

JUNIORS:

Blake Miller	Carly Crist

SOPHOMORES:

Sam Graving	Melinda Paszkiewicz



"Everyone on the court went out to lunch at Bravo on the day of coronation. After, we went to Lemon Tree for frozen yogurt. It was fun being out during the school day with the girls in their dresses and the guys in their ties. Everyone was looking at us, wondering what we were doing!"

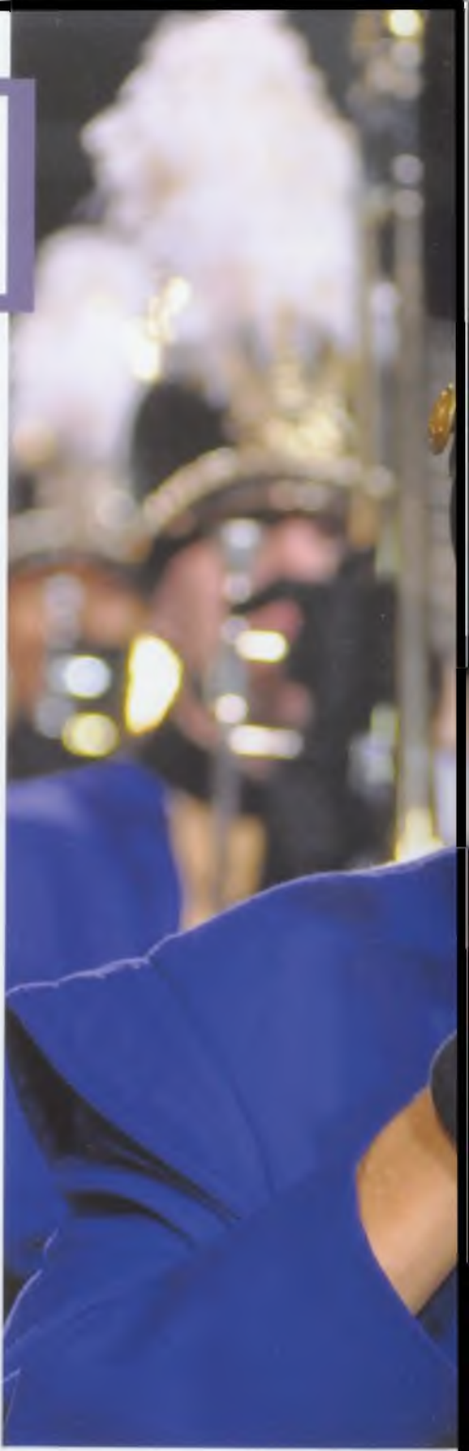
-Melinda Paszkiewicz '14

"In 9th grade I didn't want to do marching band, so I dropped it the next year. In October (2010) my friend dragged me to a football game. When the band was playing I regretted quitting, so I joined again second semester. The Beatles show was absolutely amazing and I so badly wish I was a part of it. Tommy was good too, I guess."



JUNIOR
cole jewell

Watching a drum major, senior Sam Maras awaits his cue to rotate away from the crowd at ValleyFest Showdown Oct. 8. "Out there surrounded by hundreds of people, it's a one-of-a-kind feeling," Maras said. "I'll remember it my whole life."
photo by paige plaskitt



On Senior Night, senior Sam Sparland, a drum major, hands band mom Nancy Upton a pair of purple hi-top Converse. The shoes were the band's way of thanking her and her husband for their ten years of assistance, such as driving the pit's trailer to competitions. This was the Uptons' last year volunteering for the band.
photo by paige plaskitt



Rocking out after their halftime performance during Senior Night, the drumline tosses up confetti as they perform on the track. "It was probably the most memorable part of being in the JHS drumline for me," drumline captain senior Mason Waetke said. "I had a great time and the support from the student section was incredible."
photo by anna lam



On the sidelines of the first home football game on Aug. 19, seniors Elaine Kramme and Brian Cherrier play the fight song. The band members had to wear their t-shirts because, due to the school year starting a week earlier than last year, the band's uniforms were not yet done being tailored.
photo by paige plaskitt

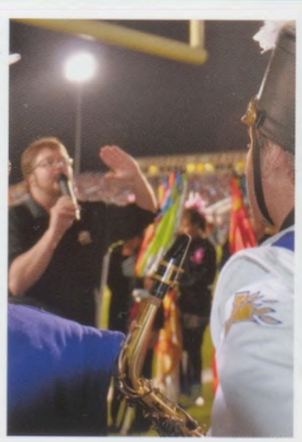




Senior Ben Parsons performs his solo at ValleyFest Showdown. "Honestly, marching band wasn't fun for the solos...it was fun for camaraderie!" Parsons said. "Getting to share something with 170 other people was what made it fun."
photo by paige plaskitt



With an IPTV cameraman filming in the background, sophomore Jonathan Caracci performs at ValleyFest Showdown Oct. 8. "I don't think I've ever had that many people watching something I was a part of," Caracci said.
photo by paige plaskitt



Just before halftime at the homecoming game, junior Jeff Carley listens to director Patrick Kearney speak about not settling for mediocrity. "My favorite part is at the end of speeches he'll yell 'JHS' and the band will shout 'Pride,'" Carley said.
photo by paige plaskitt



flag down.

Color guard describes making the best of the situation

The wind tugs at the flag of sophomore Sydney Sanchez as she performs her part as a member of the color guard at the day show during ValleyFest. While trying to swing the flag behind her back, she feels it being pulled from her grasp and watches it collapse to the field. She continues the routine as if nothing happened, and later retrieves her flag, but she feels that any chances of winning have just been ruined.

Sanchez's immediate thought after dropping the flag was, "It's just going to be bad and it's going to look horrible because I don't have my flag in my hand." Sanchez said it was not easy to remain calm. "I was just standing and I had no idea what to do, but I just had to keep going," she said. "We know what we're supposed to do during that. Like, on the outside I made it look like I was calm, but inside I was really freaking out."

As it turns out, the section won second place overall and "Outstanding Color Guard" in the 4A division. "For us that's really good because we haven't gotten that (award) in a really long time at that competition," Sanchez said. "They said they didn't take any points off because I made a really good recovery."

Sanchez joined color guard this year and found it to be more difficult than it looks. "It takes a lot of practice and a lot of work," she said. "We put in a lot of hours. Like, the week before school starts some of our practices were eight hours long." She said that the daily practices helped to make it easier.

"The number of things involved, whether it's the equipment end of it, the volume of rehearsals, the amount of information that has to be transmitted and performed, I think it is, not overwhelming, but a lot of stuff," band director Pat Kearney said. "It's a busy, pretty involved activity." Kearney went on to explain some other things that were challenging for first year band members, such as Sanchez.

As for that moment at ValleyFest, Kearney said, "Something like that seems like a big deal in the moment. You don't have equipment and then they're still very successful, and you realize as long as you take it in stride and react positively to the situation the result is usually pretty good."

Sanchez did not let the mishap bother her too much. "I'm not going to let something like that get in my way because it's really something I love to do."

spread by / paige plaskitt and clara carlson



Marching without her flag, sophomore Sydney Sanchez performs with the band at the ValleyFest day show Oct. 8. The extreme weather conditions of high winds and excessive sun made it difficult for the guard to look up at the press box, where the guard judge was seated.
photo by paige plaskitt

[unveiling competitions]

marching invitationals

INVITATIONAL:	PLACEMENT:
Iowa City	4th Place
Urbandale	1st Place
ValleyFest	2nd Place
Showdown	6th Place
Waukee	1st Place

CONTEST:	RATING:
State Marching Contest	1 Rating



"Being a senior is such a different experience than marching as an underclassman. You feel so many emotions marching onto the field. It was hard to march at ValleyFest, because I didn't want it to end. But in the end you feel so fulfilled knowing that you gave it your best."

-Enya Dougherty '12

"Basically we chose the theme (Teamwork Makes the Dream Work) because when everyone comes together and has an idea how to better JHS it can happen! It's amazing how it just takes a small group and that can expand and you can really affect those around you. We are trying to inspire them to make a difference."



TEACHER
alicia rollison

Sophomore Ronnoja Ayers participates in the team-building ropes course. These are designed as a bonding experience for each grade. The course requires teamwork and communication in order to complete it successfully.
photo by callie coulter





On the last day of the retreat, junior Andrew Schultz, who got a concussion at skit practice, thinks about what he wants to write to the members within his group and friends at SAIL. Everyone writes nice things and places them into paper bags for students to take home and read.
photo by carly crist



Junior Addie Cooper listens as history teacher and SAIL coordinator Alicia Rollison lists off rules and expectations before they can start activities. "SAIL is an opportunity for you to go and connect with different people, but also make stronger relationships with the people you already know," Cooper said.
photo by carly crist



Senior Francesco Namari performs in the winning group to the song "Wannabe" by the Spice Girls. "For me it was very different," Namari said. "We didn't have this at school in Italy, because this is one of the parts of culture I came here to learn."
photo by carly crist



Sophomore Brianna DeMoss participates in the ropes course with fellow sophomores. The goal was to cross a "cliff" without touching the "water," in order to share the "cure for cancer."
photo by callie coulter



Junior Molly Thompkins buckles her helmet and gets strapped in to the harness to start climbing the ladder to the zip-line. Exclusive to juniors and seniors, the rock wall and zip line are what many students look forward to.
photo by carly crist



Honoring the tradition, senior R.J. McGrew and junior Dylan Johnson play rhythms using forks, spoons, plates, and cups. Every year a group of guys played rhythms at the last breakfast in the dining hall.
photo by carly crist



roped in.

Sophomores test teamwork skills at the SAIL retreat

Sophomore Brianna DeMoss reaches the final stair, only to find out that she has to hike up yet another hill to reach the final destination of the Boone Y-Camp ropes course at the Students Active In Leadership (SAIL) retreat.

SAIL was an annual leadership conference led by history teacher Alicia Rollison. The retreat took place Nov. 11-13, and the theme of the weekend was "Teamwork Makes the Dream Work."

After the 15-minute hike, sophomores listened as a guide explained the rules and expectations of the course. DeMoss and the rest of the sophomores began their challenge — to get all the members of their group and a cup of water, which represented the cure for cancer, across a rope swing and onto a platform on the other side.

This objective had to be completed without touching the ground or spilling the water. If someone accidentally touched the ground, he or she had to start again from the beginning of the course and cope with a penalty, such as the inability to use an arm or a leg for the remainder of the challenge.

The first obstacle the sophomores faced was how to get a hold of the rope, which was just out of reach from their starting point. "It was my idea to throw a coat to get the rope," sophomore Nathan Grimes said, "and everyone kept building off of it." They succeeded by tying coats together and tossing one end out at the rope to set it in motion. As it swung back and forth, they were able to reach out and grab it when it swung towards them.

The next issue faced was the cup of water. "Our strategy was to put it [the water] in our mouths and carry it across," sophomore Ronnoja Ayers said, who carried some of the water across in her mouth. "Two people did that and one carried the cup. It really didn't work and it took forever." By the time the cup reached the platform, Ayers was struggling to contain the water because she wanted to laugh.

Teams of two boosted their classmates up, and one-by-one the sophomores sailed across to the platform. After trial and error, they eventually succeeded. "We had to use everyone's individual abilities to get our task done," sophomore Brianna DeMoss said. "Everyone had a job to do and when everyone worked as a team, it was easier to do it."

spread by callie coulter and bonnie le page



Junior Joscey Miner reflects on activities of the retreat with senior Brooke Vidmar. Students are encouraged to bring blankets and pillows to the skit performances and candlelight confessional.
photo by callie coulter

[winning dance group]

small group members

Leaders:
Amelia Medici — D'Sharri Scott

SENIORS:
Lauren Coffey — Francesco Namari

JUNIORS:
Alex McCune — Amber Hodapp
Paige Boyer — Andrew Schultz
Kyle Timmerman

SOPHOMORES:
Laura Schwartz



"I bonded with a lot of kids in my group who I never even would've talked to before and it really kind of broke some of the shy ones out of their shells. Last year my group got really close to winning, and the fact that we won this year, my senior year, it was just awesome. It was like icing on the cake."

–Amelia Medici '12

"In here you can't be passive aggressive. With people you have to be stern to get them in here but you also can't annoy them too much because otherwise they won't come in for the interview. It's really hard especially when you have opposite schedules from the people you are trying to talk to."



JUNIOR
madison boes

Stretched out on the floor after school, senior Morgan Riessen organizes the support ads that were sold by the staff. Riessen compared the list of the ads sold to the pictures of the ad banners in the gym, to find which banners needed to be added or taken down.
photo by helen lagerblade



Meeting for the fourth interview, sophomore Sierra Ballard tries again to find fellow sophomore Evan Trainer's "invisible" story for his spotlight page. After a couple new questions, she discovered his obsession for movies.
photo by nicole gibbons



Snapping a picture over a concrete statue's head senior Sydney DiMarco captures junior Casey Coughlon and senior Jordan Moriarty sanding down their angels. Moriarty and Coughlon were working at Created, for their Experience Based Education class.
photo by paige plaskitt



During B lunch, senior Julia Brown stops to pick up her "Hello Goodbye" yearbook as senior Kaitlyn Ellerman peels of Brown's name plate. "Hello Goodbye" was the first all-color yearbook in 63 years.
photo by kelsey acheson



Making the J-Lab feel more festive for the holidays, sophomore Katrina Fey tapes paper rings and snowflakes on the lab's windows. "(Senior) Lauren Coffey (Newspaper Managing Editor) brought in all the paper and scissors and the rest of us went to town decorating the lab," Fey said.
photo by paige plaskit



Biting into their pepperoni pizza, seniors Lisa Friesth, Morgan Riessen and junior Carly Crist enjoy the Minneapolis restaurant called Luce. Yearbook members were in Minneapolis for the National Journalism Conference.
photo by kaitlyn ellerman



Sophomores Jordan Poore, Katrina Fey and Kelsey Acheson listen to senior Helen Lagerblade as she talks about the upcoming final. One aspect was trying to persuade students to join the yearbook staff the following semester.
photo by kaitlyn ellerman



wanted: boys.

The Dragon has an all-girl staff for the first time ever

Every year prior to 2011, "The Dragon" (yearbook staff) always had at least one male member. However, that tradition changed. Not only did the 25-person staff include 11 "newbies", but there was no testosterone first semester. Yes, that's right, only females.

Without any boys, the staff got sidetracked. Sidetracked by girl things. The scent of "Love Spell," a Victoria's Secret body spray, perpetuated through the lab at times causing adviser Leslie Shipp to choke. Finding the culprit senior Paige Plaskitt, Shipp issued a cease and desist order. "I didn't realize it was as strong as everyone's complained about, I just wanted to smell nice," Plaskitt said.

Nail-painting and make up-application were common. "I just like to freshen up during lunch," junior Bonnie Le Page said. "Bronzer doesn't stay on very well. I plan on putting a mirror in my locker so I can (reapply) it better second semester."

And it was easy to find many of the girls in the dark room, on the couch, or in a huddle talking about boys. The lockers were covered with printouts of guys and girlish images. The computers' history included searches of wedding and prom dresses, the chemicals in lip balm, male singers, horse equipment, Channing Tatum, and Abercrombie & Fitch. Shipp's response? "We need some guys around here," she said. "The guys say 'shut up, sit down, and work.'"

Guys have helped the staff in other ways, too. "We miss the guys perspective on everything," senior Morgan Riessen. "They know if our theme or story angle or any other ideas are too girly." When the guys contributed their ides, it kept the girls from over-feminizing the yearbook or over-exaggerating an issue.

Senior Helen Lagerblade remembered how adventurous former guy members had been. "(Graduated senior) Jake Swesey got some really cool pictures that I wouldn't have even thought of taking," she said. She referenced an industrial tech photo Swesey took last year that showed sparks flying during a welding project. Swesey had to get close to the sparks to get the photo.

As an attempt to get guys on the staff, Shipp made one of the final exam's requirements recruitment of students, with an emphasis on men. "Recruiting guys for yearbook would really make yearbook ten times louder and crazier than it is already, but it would be awesome," Le Page said.

spread by *kelsey acheson and kaitlyn ellerman*



Bundled up with her jacket and scarf, senior Helen Lagerblade talks to swim coach Shari Walling about the swimming season. Lagerblade was working in the cold J-lab over holiday break finishing her deadline two swimming page.
photo by kaitlyn ellerman

[unveiling yearbook]

rejected themes

- Intersection
- Food for Thought
- Fresh Cut
- Glow in the Dark
- Linked
- Reveal
- Life in the Fast Lane
- Corn Fed
- Carnival



"We really wanted the Glow in the Dark theme because we wanted to put glow-in-the-dark ink on the cover. We got some sample books with it, but the ink didn't even glow. We had to hold it up to the light for it to even show up. So that one got thrown out."

-Lisa Friesth '12

"We started out with a good amount of girls, but some ended up quitting, leaving us with five. You can have up to six girls on the mat, so we pulled up another sophomore, to have two sophomores, two juniors and two seniors. It's funny 'cause when we break up into partners we always break up into those pairs with the other girl from our grade."



SENIOR
ashley enger

Performing the fight song, junior Karly Palmer cheers at the first game of the season. "I love my team and cheering because we become so close, like sisters," Palmer said.
photo by anna lam





Sophomore Kelsey Kramer cradles out of a stunt at a football game against Ottumwa. The varsity squad had 26 members. Six of them were flyers.
photo by anna lam



Spiriting after a cheer at the Coaches vs. Cancer basketball game, junior Sarah Lewis smiles at the crowd. The boys' basketball team won against Urbandale 58-54 in double overtime
photo by anna lam



Cheering at the district wrestling meet, senior Kelsie Ferin and sophomores Ashleigh Edwards and Mallorie Goodale perform the 'Victory' cheer. They worked together to make new cheers and used them throughout the season.
photo by helen lagerblade



With shared excitement, members of the varsity football squad gather around the TV camera. The clips were shown on KCCI's "High School Playbook" segment that night. The crowd and cheerleaders were pumped for the first game of the season.
photo by anna lam



With the help of her bases, freshman Sierra Reasoner does a prep at a JV basketball game. Reasoner found new friends quickly on the squad even though she had just moved to Johnston.
photo by clara carlson



Punching into the air, junior Lauren Kimble cheers for the team even with her injury. Kimble could not do stunts due to her broken foot but continued to cheer on and support the team.
photo by anna lam



spirit squares.

The varsity cheerleading squad finds new ways to inspire.

The varsity football cheerleading squad huddles up after the first game of the season against Ottumwa. During the game they had individually cheered as hard as they could in hopes of receiving the newly created "most spirited" cheerleader of the game award.

As they gather around, coach Erin Schumann announces seniors Emma Van Houten and Emilie Githens as the winners. "I was so excited and shocked because there's 30 people on the team and Emilie and I were the two chosen," Van Houten said. The louder and more excited the cheerleader, the better. "I was so obnoxious," Van Houten said, "I loved going over by the student section and seeing how involved they got with the cheers."

After the first game, the squad continued to award the "most spirited" member for every game. The award included a piece of fabric that the winner could decorate however she chose. "I used iron-ons for my name, puff paint, and a bunch of glitter," Van Houten said. Other members chose to write funny sayings, and some wrote out their favorite cheers.

At the end of the season, after everyone who was awarded a spirit square had decorated it, the final product became a blanket composed of all the squares and was awarded to the most spirited member of the squad. "We all voted at the last game, wrote down our top three," senior Ally Tack said, "and at the end-of-the-year banquet Schumann anounced who had won."

At the banquet, Van Houten won. She received the finished product of all the combined spirit squares that were put into a blanket which was made after spring break and then given to Van Houten as a memento for her hard work during the football games.

Tears streamed down Van Houten's mother's face as her daughter received the award. "My mom was just crying because she was so proud," Van Houten said. "She's pretty emotional about everything though."

Most of the team agreed that the spirit award truly made them strive to be the loudest and peppiest they could be. "It made everyone cheer harder at all of the games," Tack said. "It helped us as an incentive to do better."

spread by / ellie minor and anna lam



Juniors Mackinzie Myers and Emily Moe work through cheers as they watch junior Logan Walkup at the district wrestling meet. "It's always fun to watch because the matches get so close," Moe said. "The fans get intense."
photo by helen lagerblade

[unveiling captains]

varsity captains

FOOTBALL
Ally Tack
Emilie Githens
Lyndsey Niebuhr
Brandi Jansen

BASKETBALL
Kelsey Kramer
Brandi Bolken

WRESTLING
Kelsie Ferin



"Their leadership is really helpful. If our squad disagrees on something, it's nice to have someone be able to make the final decision. With captains, we can still have coaches take care of the big issues, but have someone to take care of the small, everyday things."

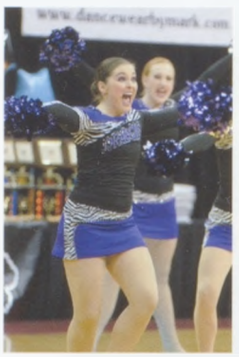
-Mallorie Goodale '14

"The lack of air conditioning in the midst of summer made the 12-hour days unbearable. I will always remember my senior summer camp as one of the most grueling. Because of the of the unexpected intensity of the heat, we had to switch facilities several times during the week of camp."



SENIOR
elin tegels

Performing to the song "Sexy and I Know it" by LMFAO junior Katie Hermanson and senior Alex Cordes dance with their fathers at the Winter Showcase. This dance was first performed at the senior night basketball game on Valentine's Day.
photo by sydney dimarco



Junior Katie Hermanson performs in the pom dance at the state competition, held at Wells Fargo Arena. "It was a challenging routine, and we had to practice really hard," Hermanson said, "but it was worth it when we heard our friends and families supporting us."
photo by bonnie le page



Pumping her fists, freshman Darian Huff dances to a hip hop dance choreoghraphed by alumini Allie Crist. The song was a mix of "Memories" by David Guetta, "On the Floor" by Jennifer Lopez and "'Til the World Ends" by Brittney Spears.
photo by lisa friesth





Shaking their hips sophomore Brianna DeMoss and senior Ally Tack perform during half-time of the Marshalltown football game. "We all bonded a lot throughout the season because of all the activites we did together," Tack said. "I got to meet freshmen I never would have met otherwise."
photo by helen lagerblade



Freshmen Elizabeth Reiher and Alexandra Reiher play bunko at the dance team Christmas party. It was the second annual party. Bunko became a favorite after last year's party, and the dancers asked to play it at other events.
photo by paige plaskitt



Freshman Michaela Davis shakes her poms at a pep assembly for homecoming week. The JV team regularly went out to dinner at El Mariachi's after a performance and bonded during several sleepovers
photo by helen lagerblade



Senior Ally Tack and junior Krister Anderson dance together during the co-ed dance for homecoming week. "I had friends going to do it and it sounded like fun, so I did it too," Anderson said.
photo by helen lagerblade



sweetheart swag.

The dance dads rock out to "Sexy and I Know It"

As the beat drops, dance team dads charge out from the bleachers to the center of the gym floor. "Sexy and I Know It" by LMFAO pulses through the speakers as the fathers wiggle and shake next to their daughters.

The dads learned a dance with their daughters and performed at half-time of the basketball game Feb. 14 and again at the dance team spring show Feb. 29. With two weeks to prepare, the dads attended two one-hour practices and frequently practiced at home. "It wasn't as hard as we thought it would be to teach them," junior Katelyn Lunders said.

Not all the fathers were enthusiastic about dancing. "My dad hated it, and didn't do it the first practice," sophomore Stephanie Phillips said. "I was kind of worried about (the dance), because I was almost 100 percent positive that my dad would never do it." Stand-in dads were available for the girls if their father was unable to participate, but Stephanie's father, Charlie, decided he would rather dance with her than sit and watch someone else dance with his daughter.

Stephanie had some difficulty getting her dad to shake it. "It was hard at first, mainly because I had never danced before," Charlie said. "So, it was a new experience, and it ended up being fun in the end."

The dance was a stretch for freshman Bailey Swift's dad, as the toe-touches proved difficult because of his long legs. He got hung up on the name of the move because of this difficulty. "Whenever someone said toe-touch he would think he had to touch his toes," Swift said. "He didn't like that and he wanted to come up with a less confusing name." The first name he came up with was "high kick," but he thought it would be too misleading. So, "high jumps" became the new name for toe touches.

Other fathers were enthusiastic about the dance. Freshman Karli Killian practiced with her dad 15 minutes-a-day, everyday, for two weeks. She wrote down the steps then ran through the routine with him a couple times. "At first, I didn't know if it would work, considering they are dads, not dancers," Killian said.

While the music fades, the dancers hit their ending pose. The dads gather at one end of the court and make cool, provocative poses, while the girls stay away, embarrassed at their fathers' efforts at appearing "sexy." Killian said, "It was just fun to see all of the dads attempt to dance."

spread by / sydney dimarco



Sophomore Allie Bierle and freshman Cora Weatherford push up in a plank position during the Indianola basketball game. "Performing in front of the whole student body was nerve-racking, but it was still really exciting," Bierle said.
photo by clara carlson

[unveiling state solos]

state placings

SOLO DIVISION I
Katie Hermanson
Darian Huff
Ally Tack
Brooke Stevens

SOLOS

Katie Hermanson	fourth place
Darian Huff	fifth place

GROUP

Lyrical Dance	fifth place
Pom Dance	sixth place
Jazz Dance	seventh place



"While at state, I felt excited and nervous. I always run through the dance in my head over and over. I try to not look at the people before me, so I don't get too nervous. When I go out onstage every nervous and scared feeling I had goes away, because to dance and perform for others is my passion."

-Brooke Stephens '14

"The judges forgot to call our team name (at State) for one of our RC races so for that reason we were 20 laps behind and didn't make finals or semi-finals. CAD (computer aided design) was fine, they basically gave us a drawing with dimensions and said, 'Make this on your modeling software.'"



SOPHOMORE
cameron redshaw

Sophomore Chase Thomas prepares the router to streamline his CO2 car in the Woods Lab after school Feb. 28. Thomas ended up not racing the car he started to make that day.
photo by paige plaskitt





Dodging the plummeting egg, junior Brice Tegeler watches his structure tumble at the Adel DeSoto Minburn meet. Tegeler and sophomore Nick Barker were partners for the Problem Solving event, in which they had 30 minutes to build the tallest structure of 50 straws and three feet of masking tape that could successfully hold an egg for 10 seconds.
photo by paige plaskitt



Flipping a coin into the cancer jar, senior Chase Fiedler contributes to the donation Iowa's TSA chapter made to the American Cancer Society. The chapter donated $498 during the state meet April 2-3.
photo by paige plaskitt



Sophomores Nick Ward, Nate Eggleston and Brandon Gabbert participate in round two of the Technology Bowl at the Perry meet March 5.
photo by paige plaskitt



TSA adviser Mitch Eagles and sophomore Monte Friestad lower a ramp to be used for the remote controlled car races March 9. The boys stayed after school that Friday to set up the home meet at Summit Middle School.
photo by clara carlson



Holding his can over the sink, senior Jose Iregui watches his Coke Zero foam out. Iregui took a 12-pack of the soda to the state convention at Adventureland Inn and the majority of the cans froze overnight.
photo by paige plaskitt



Falling off the truck, sophomore Chase Thomas helps freshman Brandon Ferin and sophomores Brandon Gabbert and Matt Rahm tie down the tubes in the bed of Ferin's truck after tearing down the home meet, which was held at Summit Middle School.
photo by paige plaskitt



zombie attack.

Zombie Apocalypse keeps members entertained over two-day period.

Peering out the entrance of the Palace Theater at Adventureland, "human" senior Jessie Sandmann makes eye contact with "zombie" sophomore Nate Eggleston, who was patrolling the entrance to the building. "You have to come out eventually!" Eggleston called out to Sandmann.

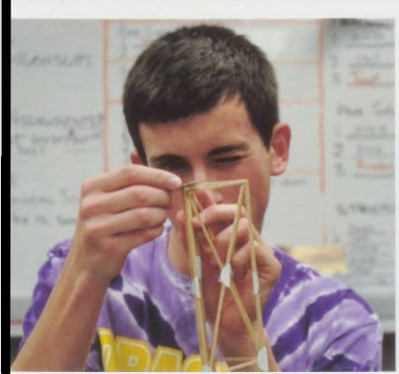
Iowa's State Technology Student Association (TSA) competition was held at Adventureland Inn April 2-3, and roughly 400 members of the chapter attended. Eggleston and Sandmann were amongst the 150-some participants of the "Zombie Apocalypse" that the association led, which took over Adventureland Inn for the two days the chapter was there. The identifier between being human and zombie was a piece of thin, tan fabric that the state officers sold for $1. A band on the arm meant one was human. Around the head, the student had been tagged and zombie-fied. Part of the Zombie Apocalypse's purpose was to raise money for the American Cancer Society, which they achieved by charging for the bands.

The six state officers, two being sophomore Sanjay Koduvalli and junior Austin Busch, were the initial zombies of the night, wearing their bands around their heads. When they would tag another participant, the tag-ee would move their band from their upper arm to around their head, and then go on to tag other "innocent civilians."

"I think I ended up tagging 14 people," Eggleston said. "I was tagged by (sophomore) Phil Hauser. It was after I had run away from Sanjay and our state treasurer, and I was kinda tired so I back went up to where I had been hiding on the train tracks (between Adventureland Inn and the theme park), and Phil came up behind me and tagged me."

Eggleston took the "camping" approach to tagging others after he had been zombie-fied. He waited in one area where others passed through, and tagged them then. Outside the Palace Theater was a good camping location for Eggleston. He waited while Sandmann and senior Catherina Ochoa were inside for their Fashion Design competition. When the girls saw Eggleston loitering outside, they decided not to give in to his seemingly foolproof plan, and so they found their own way out. "We found the back exit and then snuck all the way around by the ferris wheel and the Galleon," Sandmann said. "Then we ran towards the gate, but it was locked and so we ran up the hill over the train tracks. We had to jump down over the brick fence that was there, and then we casually strolled out. We were serious ninjas."

spread by paige plaskitt



Attempting to level his structure, senior Mirza Besic shaves a little wood off the end of his and senior Ben Parsons' tower for the Adel DeSoto Minburn meet. Besic did this within an hour before the bus left.
photo by paige plaskitt

[unveiling state competitions]

PLACE:	EVENT:	STUDENT:
1	Structural Engineering	Joe Sprunger, Nick Ward
2	Desktop Publishing	Austin Busch
2	Extemporaneous Presentation	Sanjay Koduvalli
2	Fashion Design	Catherina Ochoa, Jessie Sandmann
3	Technology Bowl	Austin Busch, Brice Tegeler, Chase Fiedler



"We just ran with a design that got us first place at ADM (Adel DeSoto Minburn). We studied for about a half-hour before the event and looked for errors. It (structural engineering) is a great event and now we're off to nationals to place there. Everybody there tried really hard but we just came out ahead."

-Nick Ward '14

Students

Tim Gerzema
Trinity Zeiger
Joey Honold
Chloe Keeney
Katie Regan
Makayla Mawhinney
Mason Rumpf
Tori Calhoun
Harold Obrecht-Wittick
Misty Miller
Patrick Holz

Peer Helpers

Kelsey Acheson
Morgan Coffey
Shelby Frechner
Paige Grave
Matt Zinselmeier

ROOMS

214, 207, 200



Peeking from backstage, sophomore Jeremy Caracci and junior Carly Crist watch junior Melia Black's performance. For the talent show, Black sang "Set Fire to The Rain" by Adele and was awarded second place.
photo by bonnie le page



Junior Seth Daughhetee, sophomore Shelby Fechner and senior DeDe Ayers wait for their pancakes to be made. The Johnston Kiwanis Club provided unlimited pancakes on late-start Wednesday, Feb. 8 for students who contributed $5 to Johnston's Big Give.
photo by jiahui huang



Teacher Lacey Fulton shares her experience with cancer at half-time of the Coaches vs. Cancer basketball game. Fulton advised the audience to get check-ups regularly, and to learn about family health history in order to be well-educated.
photo by bonnie le page



Piling layers of toppings onto their ice cream sundaes, teachers Brad Jacobson and Gerald Hollingsworth attend an ice cream party for the staff. Seniors Kensie Noble and Abby Dusen served ice cream with syrup, sprinkles and cookies along with other student council members to show appreciation of the staff.
photo by paige plaskitt



Junior Stephanie Wilkinson arranges the drinks at the all-you-can-eat pancake breakfast fundraiser, as a part of Johnston's Big Give. The students could get two drinks with their pancakes, either water or orange juice.
photo by jiahui huang



Working the bake sale at the Coaches vs. Cancer basketball game, sophomores Kate Fjelstad and Kelsey Acheson raise money for JBG. Leftover goods were taken to Overtime, a get-together with food and dodgeball.
photo by anna lam



Senior Matt Zinselmeier and sophomore Kim Hughes announce the winners to the raffle at the Dig Pink volleyball game. The prizes in the raffle were donated by various businesses as well as some personal donations.
photo by helen lagerblade



tearful talent.

Special group of students perform for the talent show.

Senior Matt Zinselmeier, master of ceremonies, stood backstage ready to announce the next act to the nearly full auditorium. "This is your time!" he told the 12 special education students. "Everyone is here to see you! You are rock stars! We are going to dance it out!" Zinselmeier said.

Johnston's Got Talent, hosted by student council as a part of Johnston's Big Give (JBG) occurred on Feb. 27. JBG, a series of various events, raised a total of $10,700 to give to the American Cancer Society. The students of Room 214, 207, and 200 were one of 19 acts that performed at the talent show.

Originally, the six students auditioned individually. Adams was later pulled out of class by student council advisor Chris Beguhn. "She told me the kids were amazing and they were giving them a spot," Adams said. The six students that tried out were asked to perform together with six others who were also interested in performing.

Senior Harold Orbecht-Wittick had never auditioned for anything before. "This was the first time that door had been open to him," Adams said. "For me as a teacher, the try-out process was the win."

Zinselmeier's encouragement kick-started the enthusiasm. "Matt got the magic started in them," special education teacher Lisa Adams said. They sang and danced to a medley of "Firework" by Katy Perry, "Never Say Never" by Justin Bieber, "You Are the Music in Me" from "High School Musical 2," and "King of Anything" by Sarah Bareilles.

Adams' associate, Sara Fitzpatrick, used garage band to put the four songs together. Four peers volunteered to help them learn the songs. "We would practice by breaking down the lyrics and practicing with the music," Adams said.

They practiced in the room and students received CDs to take home. "When I practiced, my sister said I sounded like a movie star," member Misty Miller said.

After watching the singing and dancing performance, the crowd gave the students a standing ovation. "We got the only standing ovation of the entire night," Adams said. "I was extremely astonished and amazed with their performance."

Senior Kensie Noble was also touched. "The performance was breathtaking," Noble said. "I was trying hard to hold back tears. Watching them was worth way more than the $5 I paid."

spread by swathi somisetty and jiahui huang



Seniors Reed Iverson and Adam Jaschen play their original composition at Johnston's Got Talent. They received first place overall at the show with a two-to-one vote.
photo by jiahui huang

[student council officers]

executive board

PRESIDENT: Scott Symka

VICE PRESIDENT: Cally Crist

SECRETARY: Amelia Mertz

ACTIVITIES DIRECTOR: Connor Yocum

class presidents

SENIOR: Kensie Noble

JUNIOR: Katie Marckmann

SOPHOMORE: Jon Caracci



"Student council has been a great way for me to connect with other people. I have gained a lot of new experience and have learned a lot about the different groups of people in our school from this organization. It is also a fun experience to be part of the student council."

-Katie Marckmann '13

"I really love Best Buddies because it gives you an opportunity to make friends with students that you normally might not be able to get to know. It is a lot of fun and there are so many different fun activities to do with your buddy. I get to connect and make friendships with some awesome students."



JUNIOR
paige cramer

Seniors Tori Calhoun and her peer buddy Jenna Francois participate in a game at the Best Buddies Valley-tine's Dance. The objective of the game was to successfully stack candy hearts on your partner's forehead.
photo by kelsey acheson



While at the Best Buddies Matching Party junior Hannah Soyer paints on a bhudda board. As a Best Buddies officer, Soyer helped plan the party with the other officers
photo by paige plaskitt



During a Best Buddies early morning hangout seniors Tim Gerzema and Harold Obrecht-Wittick, junior Sarah Lewis, and senior Jenna Francois participate in a scavenger hunt.
photo by kylie krueger



Senior Austin Feinberg and sophomore Callie Coulter construct holiday cards at a late start hangout. The cards were later sent to senior citizens at the Bishop Drumm Retirement Center.
photo by kelsey acheson



Senior Makayla Mawhinney smiles for the camera at the Best Buddies prom. Mawhinney showed off her new crown after being named Best Buddies prom queen. At the event, students danced, ate snacks and played a variety of games.
photo by kelsey acheson



At the Best Buddies Matching Party senior Harold Obrecht-Wittick goes for a bite of Jell-O. Buddies were put with a peer buddy that shared the same interests. Obrecht-Wittick was paired with senior Brad Gott.
photo by paige plaskitt



Senior Anna Pierce speaks to a health class during disability awareness day. "It is extremely important because it shows that the students with disabilities are their peers and that they should make time to get to know them," Pierce said.
photo by morgan riessen



taking action.

Best Buddies joins a national campaign to end the use of the r-word.

Stupid. Insignificant. Worthless. These words relate to one word—retarded, a word used ignorantly and carelessly in society. Best Buddies decided to join the nationwide campaign "Spread the Word to End the Word," which fought to end the use of the r-word by creating awareness of the word's hurtfulness.

Best Buddies made efforts to reach the student body by going into junior and senior advisories asking students to sign a pledge, vowing to eliminate the use of the r-word. "We told people to only sign it if they really meant it, and were willing to commit to it," junior Hannah Soyer said.

They also made an effort to inform students on how the use of the r-word is offensive to those who have disabilities and to those who know someone with a disability. "That word is really disrespectful to people who have disabilities, and sometimes they aren't able to speak up for themselves," Best Buddies president senior Anna Pierce said, "so we are trying to stick up for them."

During the month of March, Disabillity Awareness Month, Best Buddies educated students in health classes on the concept of "people-first language." "People-first language" is where a person's name is used before the disability. They taught students to say "a boy with autism" instead of "an autistic boy." "We wanted the students to understand that the person is not the disability, they just have it," Pierce said.

The group also performed disability simulations. They wanted to show students that they should treat people with disabilities the same way as everyone else. "People are often hesitant to talk to people with disabilites," Pierce said. "We wanted to show them that they should meet and become friends with them."

Sophomore Chanel Leader was aware that people with disabilities were people that had different struggles than others. "I now have more respect for people who are disabled and look and treat them just like I do everyone else," Leader said.

Since being informed by Best Buddies, Leader has also become aware to how offensive the use of the r-word is to those with disabilities. "They changed my opinion on the r-word," she said. "I honestly haven't said it since, and when I've heard people say it I've asked them not to say it."

spread by / *katie holcomb and kylie krueger*



Sitting at Best Buddies prom senior Jordan Moriarty and his peer buddy sophomore Shelby Costello share a laugh. Later that night, Moriarty was crowned Johnston's Best Buddies prom king.
photo by kelsey acheson

[unveiling events]

events:

- Get-To-Know-You Party
- Matching Party
- Halloween Party
- Ugly Sweater Party
- Valley-Tine's Dance
- Best Buddies Prom
- Friendship Walk



"My favorite event was the matching party. It was great, as an officer, to see how the buddies reacted when they were paired with their peer buddies. All the buddies' faces lit up and they were all eager to get to know someone new and make more friends! I've enjoyed getting to know my buddy this year"

-Abigail Dolan '12

"I think NHS is a great opportunity for kids to get involved in the community and learn to love volunteering. It's a great program because we help raise money to give scholarships to Johnston students. After I got involved in NHS, I realized the value of volunteering."



SENIOR
amanda teel

Juniors Haley Kromminga, Dylan Jones and Dylan Johnson and their fellow NHS inductees recite an NHS pledge after newly-elected president junior Bonnie Le Page. Students attended this ceremony and listened to several speakers, including guidance secretary Sarah Marckmann. *photo by clara carlson*



Senior Kristen Gifford helps out at the Dig Pink Spike Blue bake sale organized by NHS and student council. The bake sale helped raise money for the American Cancer Society. *photo by helen lagerblade*



NHS students pick up trash under a downtown Des Moines bridge and head to the river to pick up more. Volunteering with Joppa, a nonprofit that aided homeless people, was one of the many service projects students could do to fulfill the service requirement of NHS. *photo by swathi somisetty*



Junior Andrew Schultz turns in his NHS application packet for next year. Students accepted into NHS had to show characteristics of leadership, character, academic strength and community service. *photo by morgan riessen*





Junior Erin Conlan paints a person's hand to stamp. Conlan and many other NHS students volunteered at Kids Fest by helping out with various activities and games they had set up. Students volunteered two different days. *photo by swathi somisetty*



Junior Isabella Engblom signs for the first time as an NHS member. Teachers Jessica Dowell and Sarah Moore sponsored the organization. *photo by morgan riessen*



Running for president of NHS, junior Katie Giles gives a speech on why she would be good president. Students who were in NHS as juniors were eligible to run for president. They filled out an application and gave speeches. Juniors and class officers voted. *photo by morgan riessen*



serving double.

NHS students have the opportunity to count hours for Silver Cord.

Gathering eager children for a dice game, senior Sara Reed helps at the annual Purple Party. Reed volunteered to lead several games throughout the night to meet for her National Honor Society (NHS) service requirement. All NHS students were required to complete two service projects during each year of their membership.

However, not only did Reed get credit in NHS, she also enrolled in the school's new Silver Cord program, a program to recognize students for their volunteer work. Students could enroll in the program and turn in hours from volunteer events. Students were required to complete 50 hours each year, to total 150 by the end of their senior year, and received silver cords upon graduation.

NHS adviser Sarah Moore believed counting NHS service hours for the silver cord program was beneficial. "One of the pillars of NHS is service, so it was a natural connection for students who are already highly involved in service to be a part of the program," Moore said. "Students were encouraged to continue service in their community regardless of whether they decided to be a part of the Silver Cord program or not."

Having service hours cross over between the two organizations turned out to be helpful for some, by providing more events and motivation to continue service. "It was nice to have more opportunities through NHS to volunteer," Reed said.

Senior Chris Caracci volunteered at events through NHS such as counting and organizing carnations and Kids Fest. Although Caracci was aware the hours could count towards Silver Cord, he did not complete the program. "I never turned in any of the hours," Caracci said. "I just like volunteering."

Reed thought service itself should remain the focus, rather than where the hours counted. "I would have still done Silver Cord even if NHS hours didn't count," Reed said. "Originally I didn't know that they did count and still wanted to participate in Silver Cord."

Moore agreed. "We have found over the years that students are positively impacted and begin to make more room in their lives to serve others," Moore said. "NHS students have always found that service begins with a small sacrifice, usually of time, and ends up being more meaningful than ever imagined."

spread by / lisa friesth and swathi somisetty



Junior Emily Stoen picks up trash under the bridge by the Des Moines river as part of a service project. NHS students met up at the Red Cross and divided themselves into groups to go around the community and help out at homeless camps and pick up trash. *photo by kylie krueger*

[unveiling nhs]

nhs officers

President:
Evan Gilbert
Vice President of Service:
Kaelyn Aldrich
Vice President of Membership:
Sam Sparland
Secretary:
Kenzie Noble
Treasurer:
Connor Yocum



"The service projects we do allow us not only to help our school but everyone in the Johnston area, as well. It really makes one realize how important it is to get out and make a difference. Even though it's only a few times a year, even the smallest efforts count."

-Bonnie Le Page '12

"My favorite memory is when we sang our ballad ("Louder Than Words") on January 30th (after the unexpected death of two students). It gave a lot of closure and I just felt loved by all the upperclassmen Show choir kids are the best."



SOPHOMORE
kyler coburn



Coming out of a twirl, senior Nolan Martz and junior Laura Smalley partake in a dance break during "Great Balls of Fire." "Singing and dance are two of my great passions," Smalley said. "I've made so many friends and learned so much."
photo by helen lagerblade



Seniors Amanda Teel and Lisa Friesth dance during "True Colors/Just the Way You Are" at the Urbandale competition. For ten years in a row, Innovation placed third at the Urbandale competition.
photo by helen lagerblade



Smiling at the judges and crowd, senior Tayler Murray sings during "Burnin' Love" at Showzam. "I really enjoyed show choir," Murray said. "The best moment was taking grand champs at S.E. Polk. All of our hard work really paid off."
photo by helen lagerblade



Seniors Andrew Overton, Richard Schraeger, and Eric Bridgewater sing "Blueberry Hill" in a quartet with senior Andrew Tubbs. "Blueberry Hill" was a part of the 50s-themed closer which was made up of "Great Balls of Fire/ Blueberry Hill/Burnin' Love."
photo by helen lagerblade



Junior Katie Giles and senior Chase Wallace perform during a dance break in "Divin' In" at Showzam. "Divin' In" was a collaboration of "Come Sail Away " by Styx and "Divin' In" by Steven Curtis Chapman.
photo by helen lagerblade



Sophomore Mikayla Seiler dances during "This is One of Those Moments" at the Urbandale Invitational. Synergy's show was based around moments that students encounter
photo by helen lagerblade



Singing their duet, senior Emma Henry and junior Jacob Gehrke perform "Louder Than Words" during the S.E. Polk daytime competition.
photo by helen lagerblade



inno inventing.

Innovation spends postseason creating a mock show.

Watching Innovation's show, one would pick up on the 50's theme from the leather jackets, polka dot skirts, saddle shoes and song selection. But what the audience doesn't know is where the inspiration came from--a design project. "A lot of the groups had 50's themes last year," Innovation director Sarah Van Waardhuizen said, "and our closer this year was 50's-themed."

The design project involved piecing together their own shows. This was not the first time Innovation had done this project, but from years past it was greatly changed. "I've done it every year but the structure was very loose so I tried to give a better structure and framework this year," Van Waardhuizen said, "so they could do better, productive group work and get more out of the project itself." The added structure included a budget of $30,000, a ten-minute presentation, and being assigned to a group and aspect of the project.

Innovation members described three aspects that they focused on when watching a show. The list then determined what aspect and group they were assigned to. "I was in charge of the band members because I think that the band is one of the most important aspects of a show choir group," junior Emily Scott said. "They set the tempo and give depth to a show." Other members were in charge of song choice, vocal sound and choreography, costumes, performance factors and producers.

The project was assigned for a variety of reasons, one being to better understand the process of putting together a show. "This (project) impacts our class and choir by allowing us to see the different dynamics of creating a show choir," senior Richard Schraeger said. "This realization allows us to expand and grow as a choir because we can see more exact details than before, allowing us to be better musicians."

It also contributed to a way to get ideas for future shows. "I always tell them that it goes into helping me the next year," Van Waardhuizen said. "Every year I have used something that is presented, sometimes many things."

The purpose of the project was evident to the Innovation members, and many were excited to see how the project would impact future shows. "I think it will help VW get an idea of how she can maybe put in some of the students' flavor in her next shows to come," Scott said.

spread by helen lagerblade

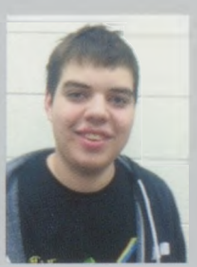


Sophomore Jeremy Caracci does a toe touch during "This is Our Moment" at the spring show. Caracci was one of five that did a toe touch during the closer in Synergy's show.
photo by helen lagerblade

[unveiling show choir]

competitions

VITERBO	7th
GRETNA	3rd Best Vocals
SHOWZAM	Exhibition
URBANDALE	3rd
S.E. POLK	1st Best Vocals Best Band Best Choreography



"It was really hard not making finals at Viterbo, our first competition, but everybody put in a lot of hard work and it felt really good to win grand champion at S.E. Polk, our last competition. We became a huge family over the year and it was a great season."

-Sam Sparland '12

"Band is really fun because everyone laughs, makes fun of each other and it's an opportunity to meet upperclassmen. Even though concert band isn't nearly as fun as marching band, we still find a way to make it enjoyable. A highlight of the year was perfoming at Downtown Disney at Disney World in Florida.""

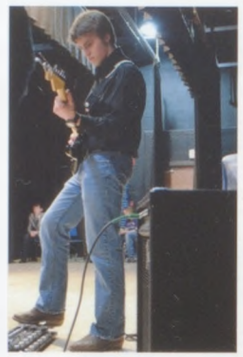


SOPHOMORE

callie alvarez

Sophomore Elizabeth Schraeger navigates through Epcot. Epcot was one of four parks within Walt Disney World Resort, located near Orlando, Florida. It covered about 300 acres and was divided into two parts, Future World and World Showcase.
photo by anne dieseth





During Johnston's Got Talent Show, junior Alex Kaptain plays behind the dancing show choir. Kaptain played for both high school show choirs.
photo by bonnie le page



Practicing his trumpet solo, junior Ammar Pasalic plays "Air Gai" with band teacher Jeff Robilliard. "I've been able to hit higher notes easier and my tone sounds better," Pasalic said. "I can play longer, faster and it's easier to play at different dynamics."
photo by paige plaskitt



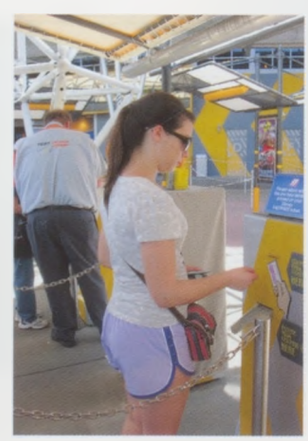
Sophomores Samantha Long and Amy Nihart snap a photograph of Cinderella's castle. "Other than how to play the saxophone, the main lessons I've learned from my time in band are how to be a part of a team and to always strive for excellence," Long said.
photo by abby dockum



Senior Brian Cherrier performs "Godzilla" at the Masterworks concert. Band students even added screams to create the effect of fear. "I've always wanted to be in a screamo band and I guess I got to fulfill my dream for a day," Cherrier said.
photo by bonnie le page



Junior flutists Meghan Jansen and Marissa Holloway concentrate on the final song "The Promise of Living" by Aaron Copland. The entire musical department came together to perform this song.
photo by bonnie le page



Senior Cathleen Dutcher uses her park ticket to get a fast pass for the ride test track in Epcot. The five-minute ride was based upon the safety and quality tests General Motors performed on each of the prototypes made.
photo by anne dieseth



disney disaster.

Band travels to Orlando to participate in Disney Clinic.

Senior Sam Sparland is a little nervous. After waiting in line with senior Elizabeth Mills, the two buckle themselves in the ride and prepare for Sparland's first roller coaster ever, just to get stuck right in the middle. "When we got stuck on Space Mountain, they let us ride the rest of the way with the lights on," Sparland said. "You don't realize how many metal poles are flying past your head."

Due to the difficulties on the ride, the students were offered a chance to experience the full effect with a promise they would not get stuck. As a rule, all riders had to put their bags underneath their feet. Mills had forgotten to hold onto hers, however, causing her purse to fly out of the ride. "(My purse) had my camera, phone and wallet in it so I was pretty anxious to get it back," Mills said. She had to return the following day to pick up her bag. "Thankfully nothing was damaged," Mills said.

As a part of the three-year rotation with show choir and choir, the band students got the chance to go on a spring break trip to Orlando, Florida. All students received passes to Magic Kingdom Park, MGM Studios, Animal Kingdom Park and EPCOT. Each day, the students went to a different park, along with a chance to participate in a clinic with a director of music who directs the recordings that go into Disney films, as well as an opportunity to play at Downtown Disney. "It was fun to play Disney music and mash it up with footage (from movies)," Sparland said.

Band director Patrick Kearney believed the clinic experience was useful. "It was a chance to see what professional musicians do," Kearney said. "It's rare in Des Moines that we get to see what goes on in a professional music studio, playing instrumental music in that way. They also learn how to create music quickly and solve problems musically because that's the nature of what they do as professionals."

For Sparland, the experience was one he would never forget, but by the end of the trip, students were ready to go home with bags full of memories and Mickey Mouse hats. "It was hard for my mom (to let me go to Disney World)," Sparland said. "Mama Sparland is very attached and even not being in the house for a few days gets her a little teary-eyed."

spread by / *mariah wellman and bonnie le page*



After the jazz syndicate at UNI, senior Daniel Kim collapses on the bus. Only a select few students were able to participate at the University of Northern Iowa Tallcorn Jazz Festival. "It was a long day because most of the time we just waited," Kim said. "I was neutral and we tried our best."

photo by ben parsons

[totaling travel cost]

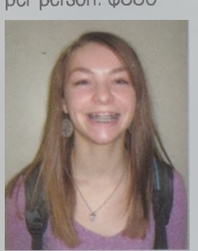
family of four

hotel room: $345.00
parks pass: $1,269.48
gas roundtrip: $471.50
food & drink: $1,240.00
entertainment: $500.00

grand total: $3825.98

johnston students

per person: $880 extra spending: $100 group of 4 total: $3,920.00



"It was a really fun experience overall and it was really inexpensive considering all the parks we were able to go to, the clinic the band participated in and the nice hotel we stayed at. We also had to pay the clinician, pay for the bus driver, and pay to rent the charter bus."

-Brooke Stephens '14

"My favorite memory was at the staff Christmas party at (senior) Taylor Mithelman's house. We would get whipped cream and put it on our hands and bop it and then try to catch it with our mouths. When (senior) Evan Culbert did it, it landed on the ceiling and it just didn't come down."



SENIOR
scott syroka

Senior Zach Winjum interviews senior Tyler Morrissey for a January news story. Winjum uncovered a story about Morrissey selling t-shirts that were banned from the Urbandale basketball game and resulted in $150 going to a student council fundraiser.
photo by helen lagerblade



Sophomore Kenzie Foldes talks to adviser Leslie Shipp about the February "double-truck." The spread was celebrating the 20th anniversary of the "Black and White."
photo by helen lagerblade

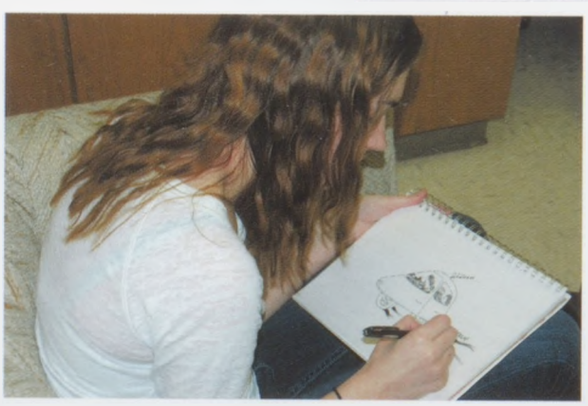


Eating at Zombie Burger, sophomores Sarah Margolin and Mallorie Goodale ventured downtown with other staff members on an early out in March. Senior Ben Parsons was writing a review on the restaurant for the March issue and brought other members with him to try it out.
photo by lauren coffey



Working on the September cover, senior Evan Culbert updates the "In This Issue" section. "I like working on the cover but the index is annoying because it is much more tedious," Culbert said. *photo by nicole gibbons*





Senior Lisa VanWiel draws a sketch to go along with an opinion piece saying that there are other distractions that drivers face besides texting. VanWiel had a monthly editorial cartoon titled "In Plain Sight."
photo by mariah wellman



Freshman Zoe Wilson and junior Paige Kramer converse about Kramer's assignment. During March, Kramer began work on the May issue which was a 20-page issue compared to the typical 16-pages.
photo by ian dunshee



Standing by the English doors, sophomore Sarah Ross looks for students to hand out the January issue. The issue featured a story on custodian Forey Jacobsen and a transgender student.
photo by helen lagerblade



cutting the fluff.

A trip to Minneapolis causes a change in what is covered in the paper.

Sitting at the national journalism convention in Minneapolis, members of the newspaper staff let the news sink in that they did not receive any awards from National Scholastic Press Association. "It was the first year we hadn't won any awards and it was a really big wake-up call for us," managing editor, senior Lauren Coffey said.

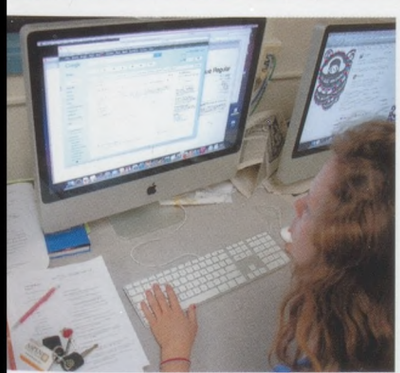
The topics of the winning papers struck a cord in the editing staff to make a change. "I think seeing what other people were covering gave us inspiration to cover the similar events and topics at our school," editor-in-chief Zach Winjum said. "We want to cover things that raise eyebrows."

Returning to the J-Lab the following week brought new challenges. "Before Minneapolis, I think we had a board meeting to decide what to put in the (November) issue," Winjum said. "But after we got back we decided to change like half the issue." These changes included cutting down on "fluff" pieces and covering more important and interesting topics.

Changes were first implemented in November. Topics that may not have been written about in previous years were covered: a student and his father try to stop a robbery and the father is shot, a Summit Middle School teacher arrested for sending obscene material and soliciting sex acts with a minor, and advice about how to grieve from a grief counselor after the suicide of two students in January. "We're doing it because we have the potential to be a really good newspaper," Coffey said, "so we want to cover stuff that is important to the school."

Publishing the story about how the arrest of the middle school teacher impacted students required getting sources. Principal Linda Hansen agreed to an interview only after talking with superintendent Clay Guthmiller. She then allowed the writer of the story, Winjum, access to the teacher's classroom. WInjum interviewed substitute teacher Mary Bramer and some of the teacher's students about the school's response to the arrest. "Zach talked with people many others would not have access to, not even 'The Des Moines Register,'" adviser Leslie Shipp said. "His story took readers to a place where they normally don't get to go — an example of good reporting and writing."

spread by Chelsea Jagerdeale



Emailing a contact for her story covering a plane accident, senior Taylor Mithelman starts on her April page. "Most angles for ideas we come up with are formed after we discuss and debate the topics," Mithelman said. "Sometimes our discussions can get pretty intense."
photo by mariah wellman

[unveiling 2011 awards]

INDIVIDUAL STATE:

2nd place:	3rd place:
Lauren Coffey	Alexa Anderson

Honorable Mention:
Hannah Soyer

INDIVIDUAL NATIONALS:

National Winner:	Honorable Mention:
Lauren Coffey	Mirza Besic
	Lauren Coffey
	Laura Scieszinski



"I didn't know much about sports and when I got into the little room I was really nervous. The information was given so fast and I was viciously scribbling notes. I thought I bombed it so getting an honorable mention was a nice surprise."

-Laura Scieszinski '14

"Choir is a ton of fun. It's great to be able to hang out with friends and do something you love all in one class. At the beginning of the year, I was only in mixed choir, but at semester I got an opportunity to join Synergy show choir and it turned out to be a lot of fun."



SOPHOMORE

jake emblen

Singing "Water Night" by Eric Whitacre, seniors Mariah Wellman, Aly Vukelich, junior Laura Smalley and senior Alayna Spiece perform with Chamber Choir at the spring concert. All choirs within the department sang at this April 26 concert.
photo by morgan riessen





Junior Laura Ausenhus uses a technique to help create more space for singing in Eric Shepard's mixed choir. The hand gestures helped students grasp a better understanding on how to project their voices better.
photo by jordan poore



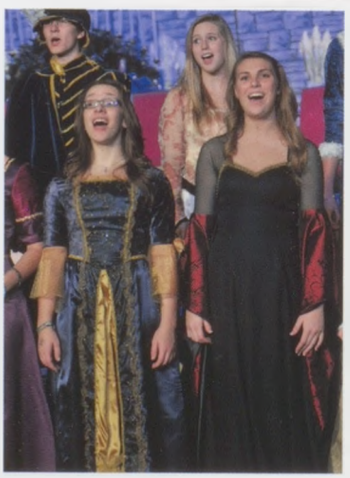
Lighting their candles, seniors Sam Sparland and Alyssa Becker perform their roles as the king and queen during the madrigal show. Choir students entertained the audience that bought tickets for November 30th and December 1st.
photo by paige plaskitt



Sophomore Ally Shoeman looks up from her music at choral director Sarah VanWaardhuizen. The all-girls choir performed in the Masterworks concert on February 21st. Shoeman and the choir sang 'Living in a Holy City'.
photo by lisa friesth



Waiting for their cue, seniors Alissa Campbell, Chase Wallace, Emma Henry and Eric Bridgewater sing in the 'Johnston's Got Talent' talent show. The Chamber Choir sang, "MLK," a song originally dedicated to Martin Luther King.
photo by jiahui huang



Seniors Rachel Minter, Tayler Murray and Erika Gebard belt out their notes during the madrigal performance. Both evening shows were completely sold out.
photo by kaitlyn ellerman



Sophomore Craig O'Keefe takes notes of choir students' presentations on 20th Century composers. Students presented interesting facts about a chosen composer.
photo by morgan riessen



vocal release.

Chamber Choir performs "MLK" as a way of healing.

Silent sobs and sniffles filled the choir room as students in Chamber Choir sat down for a rehearsal. "I was trying to figure out what we could do and we ended up just singing the entire third hour," choral director Sarah VanWaardhuizen said. "There was crying at the beginning, but we ended with a few smiles, so it was definitely a way of healing."

Students returned Monday, Jan. 30 following the death of two district students over the weekend, freshman Cameron Carico and sophomore Spenser Nelson. Senior Sam Sparland approached VanWaardhuizen with the suggestion to sing "MLK" during choir. "I remember singing it during sophomore year and it just seemed like good timing," Sparland said. "It was a good closure piece for people to sing about what they were feeling."

U2 wrote "MLK" as a tribute to Martin Luther King, Jr. "Everyone really connected with the music and the text right away," senior Scott Syroka said. "That is what's so great about music. The same song and lyrics can all be interpreted differently so that each person connects to it in a unique way."

With a total of 30 minutes spent rehearsing "MLK" between Tuesday and Thursday, Chamber Choir recorded the piece. "It wasn't a difficult piece so it wasn't that big of a deal learning-wise," senior Claire Nichols said. "It was more intense emotionally than anything else."

The choir recorded the piece in the gym foyer. "There wasn't any pressure and we really just felt the piece, which made it easier to sing," junior Melia Black said. "When we sang it in the atrium the whole song was surrounding you and you could feel everyone's energy as we sang it."

Chamber Choir also performed the song at the Masterworks spring concert and Johnston's Got Talent. "I had many parents and community members come up to me following Masterworks and tell me how neat the piece was, especially for how it came together in a fairly short amount of time," VanWaardhuizen said.

Nichols agreed with VanWaardhuizen in that it helped others heal. "It's a powerful piece that helped us express our emotions during a difficult time," Nichols said. "The piece represents loss of many kinds, but also has a sense of resolve, which was really important to the message we were trying to portray."

spread by / lisa friesth and jordan poore



Engaging in her performance, junior Ashley Shay sings while Cheryl Lowe plays the piano for the Concert Choir. The Concert Choir performed at the Masterworks concert.
photo by clara carlson

[unveiling madrigal]

royal court cast

King: Sam Sparland	Queen: Alyssa Becker
Spanish King: Reed Iverson	Spanish Queen: Catherina Ochoa
Prince (Philip): Andy Smith	Jester: Matt Zinselmeier
First Lord: Nolan Martz	First Lady: Allie Wignall
Second Lord: Andrew Tubbs	Second Lady: Emma Henry



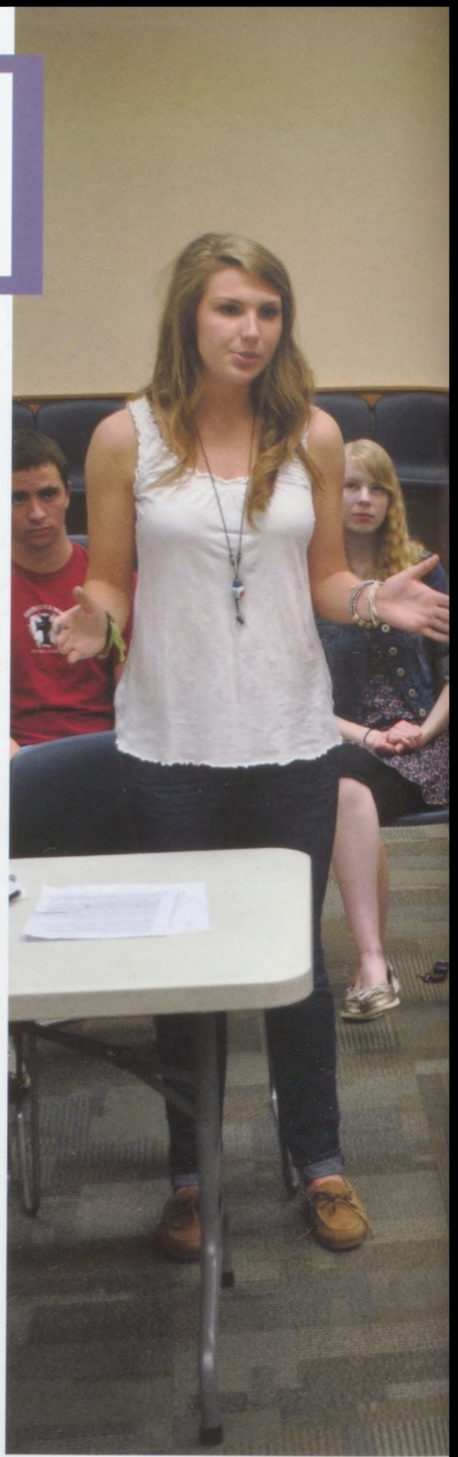
"Madrigal is a very unique experience. It's basically like a concert, but we all have medieval clothing on and serve a feast too. My favorite tradition comes at the end when we all sing 'Silent Night' and the 'castle' is lit only by candlelight."

–Katie Giles '13

"I have done mock trial for three years. Every year has been a blast. The team I'm on is so much fun to hang out with, we've always got something weird and crazy going on. But mock trial has taught me a lot about seeing the two sides of an issue and that the line between what is right and wrong is not always clear."



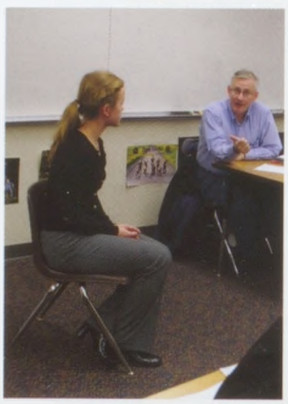
JUNIOR
zea zhu



At a scrimmage with Valley's mock trial team, senior Erika Gebard gives the closing arguments for the government's case. Gebard pointed out that the respondent should be deported back to Freedonia.
photo by taylor mithelman



Repeating his lines over again senior Chase Wallace works hard on trying to get his accent just right for the upcoming runoffs. As the witness in the new immigration law case Chase played Russian immigrant, Jens Kindarhaz.
photo by helen lagerblade



Describing how her family restaurant was forced closed sophomore Melinda Paszkiewicz tries to argue that it was shut down because of the new government. Paszkiewicz said the Knaves, the new party controllers, came in and shut her down because she favored the Spree political party.
photo by kaitlyn ellerman



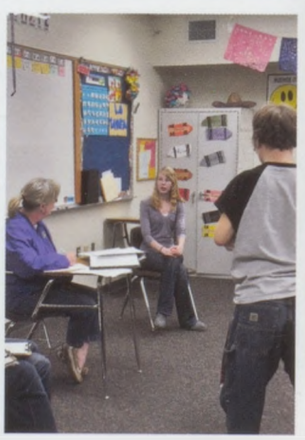
Waiting for the trial to begin at districts, sophomores Sanjay Koduvalli, Natalie Vander Ploeg and juniors Courtney Norelius, Sarah Lewis and Jeff Carley talk strategy. "We practiced some of our parts one last time and went over last minute details," Vander Ploeg said. "Then we waited for the judges to come."
photo by kathy paul



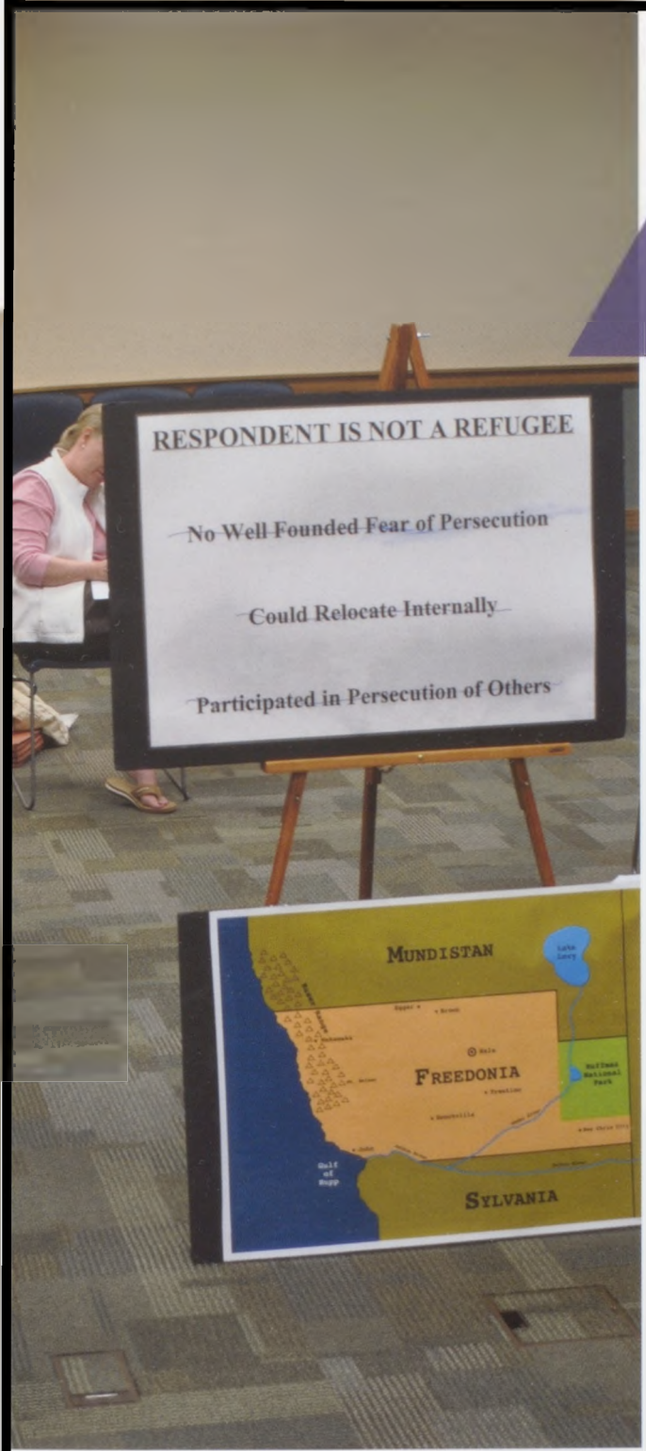
Pointing to the map of the country of Freedonia, senior Grant McDonald, explains why the defendant Jens Kindarhaz should be deported back to Freedonia. As a witness for the government's side of the case, McDonald used the map to show that Kindarhaz was not a refugee when he immigrated to America.
photo by taylor mithelman



On a Sunday afternoon sophomore Millie Varley listens as the witness, sophomore Melinda Paszkiewicz gives her testimony to the panel of volunteer judges. Varely has participated in mock trial for four years and was happy to see her team go on to qualify for state.



Waiting for her question, senior Anna Pierce plays the witness, Jules Leonard, who was the immigration examiner for the case. Pierce's character was trying to prove that the respondent was not a true immigrant.
photo by helen lagerblade



curveball case.

Break in pattern confuses mock trial teams across the state.

As mock trial students know, every other year the case type switches. One year it's a criminal trial and the next it's a civil lawsuit. As varied as the cases get, from arson to bomb threats, the criminal-civil pattern is reoccurring. Last year, it was a civil case. Logically then, this year would've been criminal.

As the students began to read the case, they realized that it was an immigration case. This wouldn't have been a big deal except for the fact that immigration cases have completely different case law. Also, because it was a "mock" trial, the laws differed from real life. "I was a little thrown," senior Kaitlyn Aldrich said. "I really thought it was going to be something criminal."

Immediately, questions were fired at the team coaches, and then passed on to the American Mock Trial Association. There were so many complaints in fact, that a Webinar, or web-based seminar, conference meeting was set up. John Wheeler, the author of the mock trial cases, and Ann Naffier, an immigration attorney with experience in Removal Hearings, explained the immigration law.

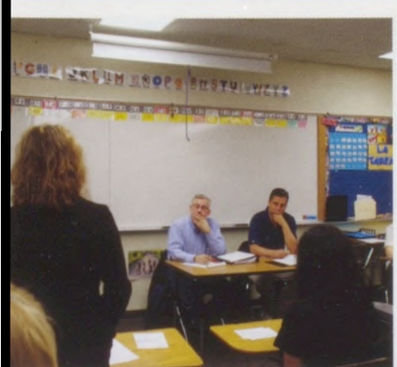
Many mock trial kids prefer criminal cases because they tend to be more exciting to develop and easier to present a case for. "Criminal are always fun," senior Andrew Tubbs said, "mostly because they have more interesting law aspects." This year's senior participants were looking forward to finishing off their mock trial career with a "bang."

Some teams found the immigration case an enjoyable challenge. "It was kind of hard but it was still a lot of fun," sophomore Connor Westlake said. "I mean, I didn't have that much to compare to." Along with the challenges of the new material for the participants, the judges may not have been sufficiently informed to score the teams, at least not at first.

Along with the student Webinar conference, the Mock Trial Association tried to inform the judges about immigration law. "I think John (Wheeler) did a good job teaching the judges," Aldrich said. "The competition day had a lot of potential to get pretty messed up with the judges and everything but (our team) got lucky."

Although there were some drawbacks for everyone involved, Westlake's team made it through runoffs and Aldrich and Tubbs' team, made it to state. "The more we got into the case the more little intricacies we discovered that made the case way more interesting," Aldrich said.

spread by / *kelsey acheson and kaitlyn ellerman*



Sophomore Amy Nihart participates in a scrimmage in Angela Koob's Spanish classroom as she and her team, Big Red Fire Trucks, get ready for upcoming regionals. Nihart had stood up to ask the judge a question as sophomore Melinda Paszkiewicz gives her testimony.
photo by kaitlyn ellerman

[unveiling mock trial]

outstanding witnesses and attorneys

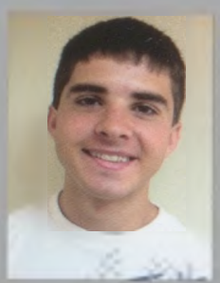
Amanda Judas	Riley Deutsch	Anna Pierce
Jordan Boge	Karen Chen	Sam Sparland
Hannah Berger	Jonathan Caracci	Olivia Guns
Paige Vaden	Carmen Vajgrt	Andrew Boge
Melinda Paszkiewicz	Adam Johanson	Nick Holland
Abby Dockum	Carly Crist	Hannah Wiles
Josh Hjelmaas	Sarah Margolin	John Koopal
Katie Landy	Andrew Tubbs	Millie Varley
Erika Gebard	Jiahui Huang	Lydia Sinclair
Alex Peterson	Monica Gagne	Fatiha Iqbal



"My favorite part of mock trial has always been developing the character of a witness so I was very excited to be awarded outstanding witness. One of the judges even came up to me and talked to me about my part after the trial!"

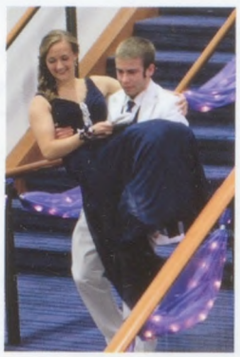
-Amanda Judas '14

"The drive to prom was crazy! My dad offered to take our group downtown in our RV because of the storm. When we looked out the windows, it was hailing hard and there were even mailboxes and trees in the street. The storm hit us the hardest when we got downtown, and the wind was blowing everywhere. I will definitely always remember that about my junior prom."



JUNIOR
andrew evans

Jumping up, senior Andrew Tubbs raises his hand to volunteer to be hypnotized at after prom. Tubbs was one of 17 people to go up on stage to be hypnotized in front of an audience of students.
photo by clara carlson



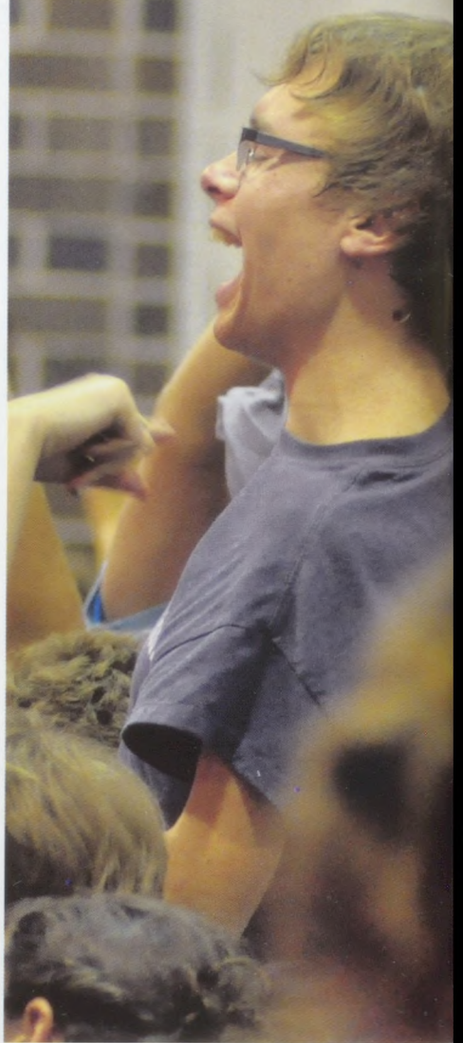
With cameras flashing, Waukee junior Chris Grow carries junior Claire Sevenich down the steps at the Grand March. "I was a little nervous as we were heading down the stairs," Sevenich said, "but as we got to the bottom people started clapping, and instead of being nervous I was just happy we made it down in one piece!"
photo by kelsey acheson



Lifting senior Cassie Hardy, senior Austin Empey dances with her to an upbeat song at the dance. "Cassie's knee started hurting so she didn't want to dance, but I wanted her to enjoy her senior prom," Empey said. "So I picked her up and swung her around to the music."
photo by clara carlson



Swaying back and forth to a slow song, seniors Chase Fiedler and Josh Dell dance. "We were originally with two other guys all circling around (seniors) Adam Jaschen and Catherine Ochoa, but then we split into two groups," Fiedler said.
photo by kelsey acheson





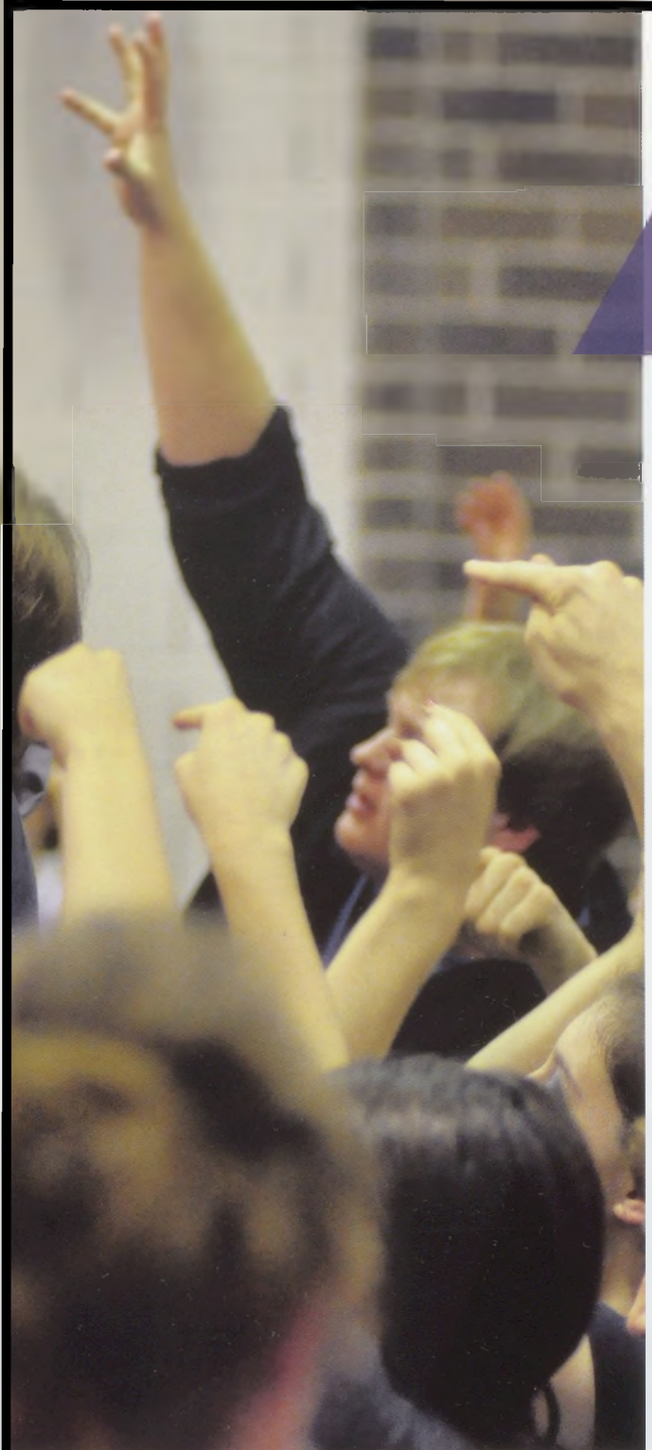
Seniors Brianna Nelson, Francesco Namari, Erika Gebard, Jon Hankins, Maddie Kleve, Shane Abbott, Tyler Morrissey, and Molly Thuente strike a pose for photographer Deena Byrd for their picture as the prom court. This was the first year king and queen were announced at the dance.
photo by clara carlson



Junior Andy Bevis dances with Sioux City Central sophomore Sydney Whalen. The prom was held at Veterans Auditorium on Saturday, April 14 and lasted from 8:30 to 11:30 p.m.
photo by kelsey acheson



Sophomore Claire Timmerman falls off her platform after being hit with the wrecking ball of the Bulldozer Blow-Up inflatable game at after prom. "Since this was a school event, I didn't really expect it to be so fun and energetic," Timmerman said. "I ended up having a blast with all the games and free stuff!"
photo by clara carlson



dinner downpour.

A dangerous storm strikes the night of prom.

Prom night is meant to be one of the highlights of high school. It is a night to dress up, let loose, dance with your friends and celebrate being young. However, senior Amanda Teel and her prom group will remember prom night for more than just the fun.

The day of the prom, a storm was set to hit the area. As the night progressed, the weather worsened and the rain was heavy. The lights at the Latin King restaurant in Des Moines, where Teel and her group were eating, went out with the roar of thunder. "At first, we all thought it was kind of cool," Teel said. "Latin King has candles on their tables, so we all decided to have a good attitude about it and called it a 'candlelight dinner.'"

The manager then told all the prom groups and other guests eating at the restaurant that a tornado had touched the ground. "I'm not going to lie," Teel said. "I did get a bit scared when the manager started yelling, and I too called my dad, although I wasn't crying or in hysterics like some others were."

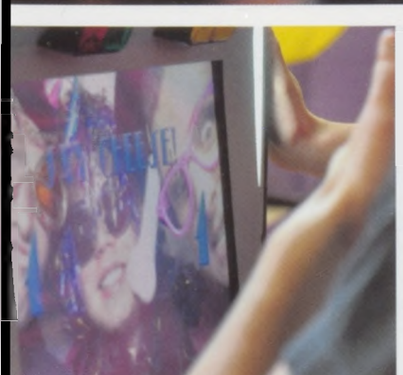
Along with tornado warnings, flash flood warnings and high winds brought dangers to areas in and around the metro. Some streets had so much water covering them that cars were re-routed. Broken trees and debris lay in the middle of streets and blocked the path for many drivers.

Although there were severe storm warnings, many felt the manager could have reacted better. "In situations like that, leaders like him are supposed to stay calm," Teel said. "But he did the exact opposite. He's what caused the panic, not the weather!"

Senior Alex Cordes agreed. "He made it seem a lot worse than it actually was," Cordes said. "I actually called my mom because it was pretty freaky but she explained that the tornado wasn't close and we would be fine. The manager was kind of mean about it and made the situation a lot worse than it was."

The lights came on after about 10 minutes, and the guests of Latin King erupted in applause. The night continued on as normal and many students believed the severe weather did not affect the remainder of their prom night. "We were pretty wet from the rain but other than that we just brushed off the manager's attitude and continued on with the night," Cordes said. "The storm definitely made the night more memorable though."

spread by madison boes

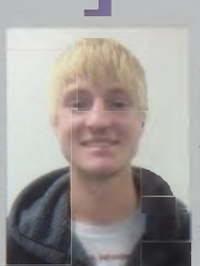


Sitting in the photo booth at after prom, seniors Chase Wallace, Brendan Redshaw and Chris Caracci pose for a picture. A box of props with whacky masks, hats and accessories were provided so that people could dress up for their photos. *photo by clara carlson*

[unveiling prom]

prom court

King:	Queen:
Tyler Morrissey	Molly Thuente
Francesco Namari	Brianna Nelson
Jon Hankins	Erika Gebard
Shane Abbott	Maddie Kleve



"At first I liked how they announced the king and queen before the dance prior to this year, but once we got to the dance and they announced it, I kind of liked it better this way because of the anticipation. When we were walking on the stage before they announced the king and queen, everything just stopped and all eyes were on us. It was a cool experience."

-Jon Hankins '12

"The best part about the musical was seeing all the cast and crew, including myself, determined to make it succeed, and be the best it could be for any person who sees it, family, friends, faculty and lollipop lovers alike. Seeing the inner workings of the musical gave me a new appreciation for stage crew and set builders."



JUNIOR
julia ratekin



Dorothy, senior Emma Henry and Scarecrow, senior Chris Caracci listen to the Emerald City guard as he tells them he will allow them to go see the wizard. "When I found out I was Dorothy I was most excited about wearing the ruby slippers," Henry said *photo by morgan riessen*



At the drama club reunion sophomore Audrey Kaus and junior Mark Brau play the piano. Students reminised about the play over a pop and a pizza party *photo by paige plaskitt*



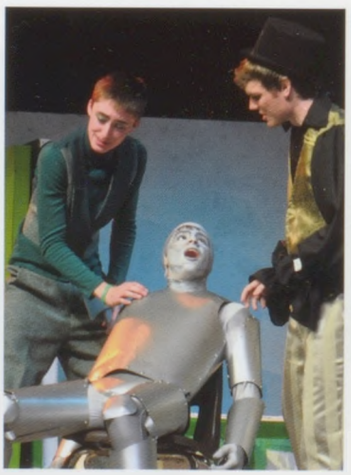
Interacting with munchkins, Glinda, senior Mariah Wellman welcomes Dorothy to Munchkinland. Wellman spent four hours creating the wand she and junior Laura Smalley used. *photo by morgan riessen*



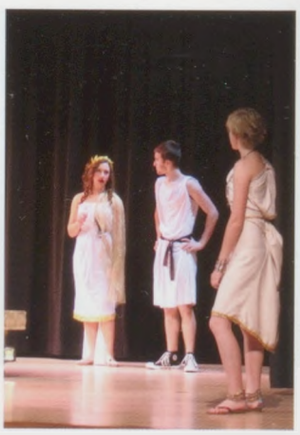
Laughing at the Scarecrow because he doesn't scare them, the Crows, sophomore Michael Minter, junior Jacob Gehrke and sophomore Rory Coniconde approach the Scarecrow and Dorothy. Before the Crows could reach the Scarecrow, Dorothy shooed them away. *photo by paige plaskitt*



Junior Laney Idelman paints the first layer of makeup on senior Catherina Ochoa. Along with the makeup, Idelman had to apply a fake nose and chin before painting the rest of Ochoa's face green, for her role as the Wicked Witch of the West *photo by paige plaskitt*



After arriving in the Emerald City, Oz citizens sophomore Drew Grill and senior Michael Murdock polish the Tinman, junior Alex Kaptain. Kaptain was on his way to see the Wizard to ask him for a heart *photo by anne dieseth*



Senior Rachel Minter, junior Heath Dannon and senior Brandy Pohlman perform in the fall play. The fall play was "The Iliad, The Odyssey, and All Of Greek Mythology in 99 Minutes or Less." *photo by monica gagne*



canine star.

"The Wizard of Oz" musical cast uses a live dog in performances.

"Oh geepers my heart's thumpin so loud I can't hardly breathe. Toto, Toto? Where are you?" Dorothy, senior Emma Henry said. Stage manager, junior Sarah Lewis, pushes Toto (Oscar, the chihuahua) out onto the stage. Oscar runs out, passes Henry and makes his way onto the yellow brick road, a line of platforms protruding out into the audience around the orchestra pit. "I knew he might do it because it was his third performance and he knew Shepard was standing (in the pit)," Henry said. "Luckily he lets you pick him up easily."

The story of the Wizard of Oz would not be complete without Dorothy's furry friend, Toto. When selecting the spring musical, musical director Eric Shepard knew that a live dog would be needed. "If we did use a dog, it was going to be a live dog," Shepard said. "I wanted to do my very best to create the most professional-like atmosphere of theater as I possibly could for everyone." In the beginning, Shepard had decided to use his dog, Charlie. As the musical drew closer, Shepard brought along his sister's dog, Oscar. Both dogs were prepared to be used in the musical and each took a cast picture for the program.

As opening night approached, it was apparent that Oscar was more reliable. "He was just a calmer dog in general and Charlie was kind of spastic," Henry said. The directors decided Oscar would be used for all shows.

Working with a real animal posed complications for the cast members. Charlie got fed up with the amount of people that were constantly around him. "He was biting at people because he was getting handled all the time," Henry said.

Crow and Lollipop Guild member, sophomore Rory Coniconde, had an unfortunate incident with Charlie. During a practice, Charlie had an accident in Coniconde's arms while he was trying to take him offstage. "At first I didn't notice until all the pee soaked into my pants," Coniconde said. "To be honest it was the grossest thing."

Luckily Oscar was much easier to work with. To keep Oscar in line, junior Melia Black, who played Dorothy as well, and Henry would keep treats in their basket they carried and used secretive ways to feed him treats, keeping him happy. "I would put treats in between my fingers, I would hold him and pull one out and give it to him," Black said. "Oscar was fine as long as he had food. He would do anything for a treat."

spread by // morgan riessen and anne dieseth



After being told they can't see the wizard, Lion, sophomore Kyler Coburn tries to comfort Dorothy, junior Melia Black. "I was shocked at the part I got because it was my first time auditioning for a musical and I'd never had to memorize lines," Coburn said. "I was really happy though. It is so much fun to perform."

photo by anne dieseth

[unveiling the musical]

wizard of oz cast

Emerald cast:	Ruby cast:
Dorothy:	Dorothy:
Emma Henry	Melia Black
Glinda:	Glinda:
Mariah Wellman	Laura Smalley
Wicked Witch:	Wicked Witch:
Catherina Ochoa	Ann Robinson
Tin Man (both):	Scarecrow (both):
Alex Naptian	Chris Caracci
Lion (both):	
Kyler Coburn	



"Everyone who was double cast brought a totally new spin to their character. it was nice having several personal spins in one story. I also loved being able to throw apples at (senior) Chris Caracci's head. The last night one apple hit off the set and ended up hitting (senior) Ben Parsons in the band pit."

–Claire Nichols '12

"As my friends and I sat around the table, eating, laughing, and talking, we all naturally gravitated around the subject of high school. Despite finally never having to go there again, it was the place we all got to know each other and make memories. And, I have a feeling that we'll all be talking about it even after college."



SENIOR
victoria rasavanh

Returning to his seat with diploma in hand, senior Dino Omerhodzic is congratulated by a fellow classmate. "I was scared and excited at the same time, knowing all of those people (at the ceremony) were there for us, the class of 2012," Omerhodzic said.
photo by carly crist





Senior Jenna Heil shakes associate principal Randy Klein's hand and receives her braid for the top three percent. Heil also accepted the Marines Distinguished Athlete award and $500 from Dollars for Scholars.
photo by carly crist



Senior Jenna Axtell approaches school board president Marci Cordaro with a smile. "It's scary not having the comfort of high school anymore but exciting to be able to start my new life," Axtell said.
photo by anna lam



While scholarships are being announced during the class day ceremony seniors Shane Abbott and Kyle Arnold look through their programs. The programs contained information from each graduate about activities they were involved in and what their future plans were *photo by carly crist*



Overcome with excitement, senior Joseph Honold crosses the stage with special education teacher Lisa Adams at the commencement ceremony. When he received his diploma, Honold exclaimed "Oh my gosh, this is so exciting!"
photo by carly crist



After accepting a scholarship from DMACC, senior Keaton Gifford returns to his seat at the class day ceremony. Representing DMACC, Kirk Polman was one of many community members who attended the ceremony to present awards.
photo by carly crist



Seniors Scott Syroka and Alyssa Becker add the Chamber Choir quilt to the pile of momentos at the class day ceremony. Each group from the All-State competition got part of it to decorate. "Each quartet decorated it usually with an inside joke or some other saying or drawing that meant something to them," Syroka said.
photo by carly crist



dance out.

A group of friends gathered for a dance party in the parking lot.

2:48...2:49...2:50...Senior Malia Meyer rushed out of class as the last school bell rang for her high school career. With May 11 being the last day for high school seniors, Meyer and her friends decided to cut the chain loose and make their last day of school memorable. "Right after school on Friday a bunch of friends and I decided to have a dance party in the parking lot," Meyer said. "It was so awesome!"

Ten friends gathered together by senior Cory Upton's car as they blasted the radio and jammed out to songs by One Direction, N'SYNC and Carly Rae Jepsen.

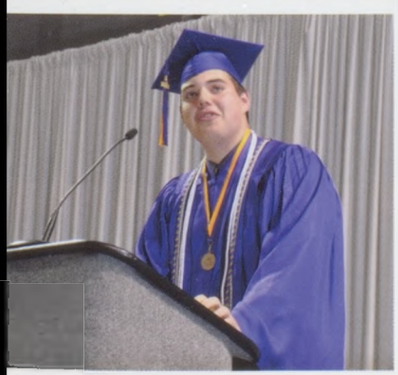
Senior Jenna Francois and Upton came up with the idea for the dance party as they thought that it would be the perfect way to end their high school career. "We just wanted to have fun and be silly because we were celebrating the end of high school," Upton said. "We danced for about 45 minutes and people came and went."

What started as just a small friend gathering grew in size as words got out about the dance party Upton was hosting by her car. "Cory said we should have a dance party because we were done with school and who cares if people think we're strange because we'll never see them again," senior Elaine Kramme said. "So we blasted music and danced in a parking space like fools."

The girls didn't care about what other people thought of them as they rocked out to the blarring radio, because they knew that this was the last time all of them would be leaving school on a Friday afternoon. "We got a lot of stares," senior Jacey Elmer said. "But we knew we weren't going to see many of them ever again, so we decided it was okay to make fools out of ourselves."

Being the last time for the 2012 class to all gather together for a school day, the girls didn't care if they got glares or stares, laughs or cheers, they just wanted to celebrate without a care in the world. "It's so odd yet freeing being graduated," Kramme said, "because then you just don't care what everyone else thinks. It would be interesting if people felt like that all the time."

spread by / jiahui huang and carly crist



As one of the speakers voted on by students, senior Sam Sparland reflects during the commencement ceremony on all the years they had spent together as a class. Sparland spoke after senior Kensie Noble.
photo by carly crist

[unveiling graduation]

top three percent

Taylor Beguhn
Eric Bridgewater
Andrew Dickelman
Jenna Francois
Emma Henry
Sammie Hildreth
Tayler Murray
Alex Peterson
Sam Sparland
Mirza Besic
Alissa Campbell
Jacey Elmer
Jenna Heil
Alex Hershey
Brandi Jansen
Lyndsey Niebuhr
Sara Reed
Matt Zinselmeier



"I can't believe it's time for me to graduate and take the next step in my life. Time has flown by and I can't wait to see what the future brings for me and my classmates! It is crazy that I won't be seeing the people I've spent the last 13 years of school with everyday! I'll never forget the family of 2012"

-Monica DeCarlo '12


20
4
6

reference

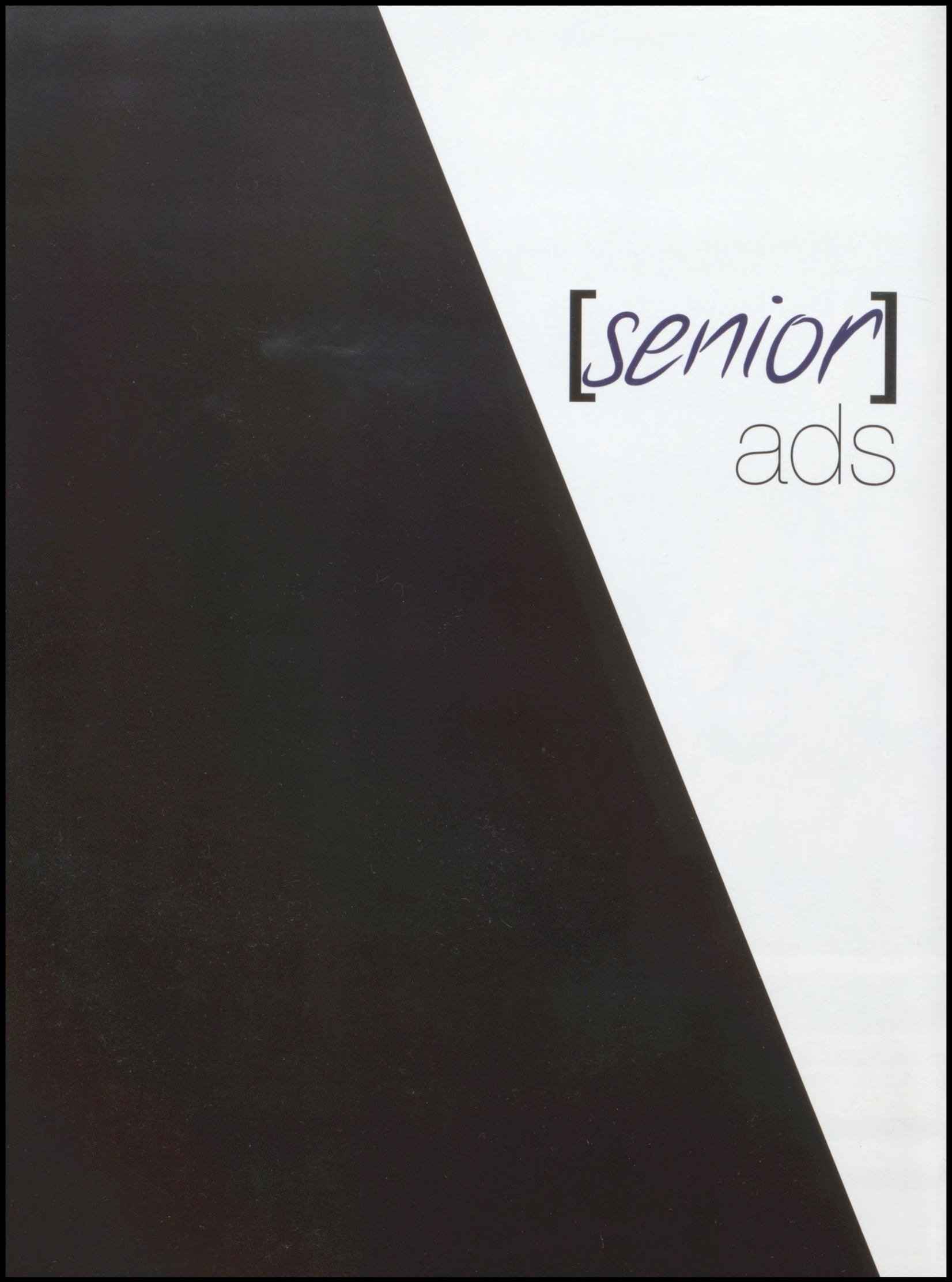
188 senior ads
202 group shots
213 index

Never fear. The Dragon has come to the rescue. With so much information packed into this 224-page book, it would be punishment not to provide you with some organization. Beyond this page you will find senior ads, group shots and an index to help provide some sanity to the recollection of your year.

copy by lisa friesth



Capturing their team group shot, senior Helen Lagerblade snaps a photo of the girls' varsity soccer team. Several photos were taken due to the excessive wind blowing the girls' hair in their faces.
photo by mariah wellman


[senior]
ads



[shane] abbott

Shane, you are a wonderful son. Funny, outgoing, caring, kind and genuine. Your enthusiasm for life is contagious, what a gift. We are proud of you and excited for your University of Iowa journey.

Love,
Mom & Dad



[julia] brown



Remember in life, to fight for what you want, as if you will never get it. If you love something, there'll be times where you'll have to let it go. If the opportunity comes back, it was yours to begin with. If you hang out with those who bring you down, you may not rise beyond what you're actually capable of. Follow your heart and your bunny tracks will lead you back. I love you sweetie, congratulations.





[kaitlyn] aldrich

Kaitlyn,
The years have rushed by in a blur. How could our tiny newborn be ready to graduate and head off to college? Your unique perspective and positive outlook have served you well. You meet challenges head on and welcome each new adventure. We can hardly wait to see what path you take next! No doubt, whatever it is, you will succeed with flying colors! Wherever your life takes you, always remember to call your mother!

We love you!
Forrest, Kathy, Caroline & Marianne



[myra] cabrera

Myra,
What a special gift you are! We love you very much.

Always,
Jackson, Christina, Steph, Moo and Aunt Nancy





[brianna] bradley

Congratulations to my beautiful baby girl. Life hasn't always been easy for you but you have turned out to be such an amazing person. I am so proud of you and know that you will do great things in life. I am so glad that God blessed me with you. I couldn't have asked for a better daughter. Nate, Elijah, Avery, Bandit, your dad and I love you very much!

Love Always,
Mom XOXO



[lauren] coffey

Generation after generation, after generation, after generation. Time is the stuff life is made of. Wishing you the very best upon your graduation!! You are a remarkable, young woman, Lauren. I will always love you.

Dad









[alec] comstock

Alec, we have watched you grow into the fine young man you are today. The laughter and joy you've brought to this family will always be with us. We want to say congratulations. Your drive and determination have finally paid off. Keep moving forward; learn to have as much faith in yourself as we do in you. Never give up on your dreams/desires.

We love you.
Dad



[caiya] couture

Keep those beautiful eyes open. Remember this adventuresome little girl who wasn't afraid to explore new horizons. Hold on to the best moments of life. We are very proud of you!

Love,
Mom & Dad







[cody] conley

Bubba- I am so proud of the man you've become. Stay true to yourself. Do everything in your life with honor and honesty and the universe will shower you with blessings. I love you with all of my heart!

Mom



[ryan] danielson

Ryan, we are so proud of you! You are so smart, kind and such a hard worker, we know you will succeed at whatever you do. We are excited to see what the future holds for you.

Mom, Dad & John





[phoebe] cooper

Phoebe- You have such a bright future ahead of you. We are so proud of you!!

Love,
Mom, Dad & Matthew



[jake] davis

You are an amazing young man, Jake! You have made a habit of setting goals, and achieving them. Your easy-going personality is a blessing to all who know you. As you leave home, we pray the Lord bless you and keep you! May He smile on you all the days of your life and be gracious to you. May you grow to love Him more as you seek His will for your days. Numbers 6:24-25. We love you!

Mom, Dad & Luke







[megan] davis

Megan, we're truly proud of you and the wise, hard working, funny, talented young lady you've become. Our prayer for you is to be confident in the person God made you and to follow the path He has for you! It's a blessing being your parents. We love you so much!

Dad & Mom



[cathleen] dutcher



Cathleen,
For your kindness, which knows no bounds; For the gentle spirit that seems to guide you; For the magic you bring to ordinary days; For the honest wisdom you've amassed beyond your years; For the beautiful soul and young lady you've become…We feel both pride and gratitude beyond measure.

Love,
Mom, Dad, Charlotte & Addie





[anne] dieseth



It seems like only a few short years ago you were a toddler, wearing a baseball cap on backwards and not much more. A few days ago, and you were in kindergarten, setting off on your own and wearing a brave little smile. And today, you are a swirling mix of dance, show choir and color guard, wearing the joyful uniform of each. Tomorrow? The world is yours - dream big dreams, dance each dance, and wear our love in your heart.

Dad, Mom & Liz

[austin] empey



Austin, the time you have been waiting for has finally arrived. We cannot begin to tell you how proud we are of you. You are kind, compassionate, intelligent and have a wonderful sense of humor. Hold all these traits close at heart as you expand your journey of life. Never let your excitement for life fade.

All our love,
Mom, Rhett, Jacob & Benjamin



[sydney] dimarco

Sydney Leigh,
When you were born, I knew that my life had changed forever, but I had no idea how much. I never knew that I would bring into the world someone so bright, caring, and loyal. You have been a joy every day that you have graced this world and I am surely the world's luckiest mother. Words cannot express how proud I am of you. Every single day you delight me with your insightfulness, your integrity, and your strength. I have no doubt that your future is bright and that you will be successful in every endeavor. I love you so much.

Fedelta è genetica

Mom



[lisa] friesth



Lisa Kay, "Success is a journey. not a destination. The doing is often more important than the outcome." (Arthur Ashe) What a journey you are taking. From a shy, kindergarten student to a confident, delightful high school graduate. Best wishes with the next phase of your journey. We love you.

Mom & Dad







[erika] gebard

Known for your big smile as a baby, that same smile today represents the quiet confidence you have in your God-given gifts. We admire your drive for excellence and are excited for your future. Trust God. Uphold your faith and beliefs. Laugh when you can. Apologize when you should. Forgive quickly. Play hard. No regrets. Take chances. Life is too short for anything but happy. Our love and support will be with you always!

Mom, Dad, Kaeleigh & Anelise

[nicole] gibbons



Nicole:
I am delighted to see the thoughtful young woman you have grown into. Please know that I love you and will always support you.

Love, Dad

Maynard,
This little girl is mine, I'll love her all the time...all the time, my little girl, all the time... remember that song we made up together, no matter where or what you do in your life, please know that I will always be there for you. I love you.

Love, Mom





[krista] gerke

It seems like only yesterday that you started school and now you have grown to be such a beautiful young woman. Your future is full of endless possibilities. We are blessed to have you, our little Laynie! Stay strong in your faith and know that we are always there for you!

Love,
Mom & Dad

[emma] henry



Always remember that:
…in the real world you graduate every day, and neither success nor failure is ever final;
…things turn out best for the people who make the best of the way things turn out;
…you haven't lived a perfect day unless you've done something for someone who will never be able to repay you; and there's no place like home!

Love,
Mom, Dad & Sarah





[matthew] gibbons

Go Matt, Ride like the wind!

Megan, Mom & Dad

[brandi] jansen



We couldn't be more proud of the wonderful young lady you have become. You meet every challenge with poise and determination. We can hardly wait to see where God will lead you but whatever you do we know you will be successful.

Love,
Mom, Dad & Jacob





[tyler] koonce

Ty,
Nothing can compare with the feeling of pride we have as we have watched you grow up into the wonderful person you are today. You are such a kind, smart, funny and caring young man. You make us proud each and every day. We know everything you do in the future is going to be a success. Thank you for being the best son in the world! We love you- Always!

Mom & Dad





[malia] meyer

Congratulations, Malia!
We are so proud of you. Your life of discipline, logic, and faith in Christ will bring you much success in life. Continue to adjust your bow into the waves of life and you will sail the perfect line. You are a huge blessing to our lives!

Mom, Dad, Daniel, Sammy & Andrew





[maddie] kreamer

Congratulations, Maddie!
Good luck next year at Iowa!

Love,
Jim, Mom, Josh & Ben





[ellie] minor

Philippians 4:4

To our miracle girl Ellie LaLa. You Rock! You continue to inspire your mom and dad every day with your love of life and your amazing spirit!

We love you,
Mom & Dad





[helen] lagerblade

Helen,
We are so proud of all you have accomplished. You have set goals, worked hard and achieved them! God has given you a special talent, please use it to the best of your ability and reach for all your dreams. I Corinthians 16:13-14 "Be on guard, stand true to what you believe. Be courageous. Be strong. And everything you do must be done with love." We will miss you!

Love,
Dad, Mom, Walter, Eileen, Gretchen & Neil



[rachel] minter

Congratulations! We are so proud of the young woman you have become. We knew from the moment you could speak you would be independent and strong-willed but you have amazed us with your strength and courage as well. We are so blessed to have such a wonderful daughter; we hope you will stay strong in your faith and continue to be passionate about the things you believe in. We know you will do great things in the future and will always be here to love and support you!

Mom, Dad & Michael





[taylor] mithelman

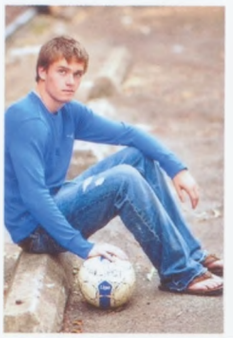




Taylor,
Twelve years ago we watched you climb into a school bus and tearfully waved goodbye as you began kindergarten. We look back with joy in our hearts as we see your many wonderful experiences and accomplishments. God has been with you every step of the way to bring you to this time and place. We love you so much and are so proud of the young woman you have become.
Mom & Dad

[tyler] neumann





Ty,
It's hard to believe it's time for you to graduate and move on to the next phase of your life. We feel extremely blessed to have you as our oldest son (and older brother) and have enjoyed many great memories together. We can't wait to see what comes next. Follow your heart and you will go far.
Love Always,
Mom, Dad, Noodle & Rachel

[brianna] nelson





Bri, You are FANTASTIC! You were a gift from the beginning, and one that continues to give. Remember your values and your potential will be limitless. Keep your beautiful smile! It helps in everything you do. We are lucky to have you as our daughter. In future endeavors always remember:
"For the LORD will be your confidence,
And will keep your foot from being caught."
Proverbs 3:26
Love you much,
Mom & Dad

[claire] nichols





Scare Bear from the dug out
Jazz hands, Sweet Pea!
Bundled football in Dad's arms,
What about that "biiiiite" please?
Blarp is not real,
Big Stistys, don't tease!
Or ports in Europe
and surfing high seas!
Mom's madrigal charms,
Libby's wagging with glee
Past adventures, new journeys...
and our Claire you'll still be!
With lots of love,
Your family

[cathleen] nelson





From day 1 we knew you were meant for great things! There were going to be many, many lives you would touch and change. You are an old soul, wise beyond your years, filled our homes with laughter and entertainment with your sisters that will be missed on that day-to-day basis. My beautiful Cathleen, it has been an honor to have watched you grow into this young woman overflowing with God's grace and love. May you continue to have the ability to see through any darkness with clarity and bring the light that is within you. Congratulations!
Love to infinity,
Mom, Dad, Bob, Abby & Cali

[lyndsey] niebuhr





"Know the beauty inside yourself and always be true to it. Be strong, intelligent, and love with an open heart. Believe in magic and wish on stars. Smile at a full moon! Dance, laugh, cry and sing when the mood hits you. Never be afraid to stand alone and fight for what you feel is right. Always try new things, and never forget that we love you more than any other person in the world."





[taylor] o'bryan

Taylor,
Your life is just beginning with many opportunities ahead. Continue to live your dreams and always know that your family will always be here for you. You can accomplish anything you put your mind to. Remember to trust God – you will never be alone. We wish you the best on your next journey in life. We are very proud of you! You are a special blessing!

Love you always,
Mom, Dad & Kailey



[ben] parsons

When you were six, you asked, "What's life all about?" When we said we didn't know, you replied, "I think life's about taking chances and trying new things." Amazing insight from an incredible little boy... As you grow older we are in awe at the man you are becoming. Ben, you have the capability to make this world a better place. Don't ever lose sight of that. We love you bigger than the universe!

Mom & Dad







[catherina] ochoa

Daughter, we are so proud of the strong, independent young woman you have become. Since the day you were born, you have been our Chispa, "our little spark of energy and happiness!" We are so proud of all your achievements and you have blessed us with so many special memories and your talents have amazed us. Nothing has given us greater joy than watching you in all of your activities. You're the best big sister and we can't wait to see what wonderful things you will accomplish in your future!

We love you! Mom, Dad & Isaac



[izzy] passalacqua

You'll be flying with your own wings now. Remember to always believe in yourself and all your dreams will come true.

Love you so much
Mom & Dad





[cheyanne] parish

Cheyanne, you are a precious gift. You've taught us how the world should be - full of love, kindness and understanding. Your smile, humor and laughter brighten our lives and others. We love your choice of friends - diverse, unique, loving and accepting of all. They are a reflection of you. Time with you has passed like the blink of an eye. We can't wait to see what you do as you dance through life.

Love you.



[jeffrey] pavelka

Dear Jeffrey,
We are so proud of you and the awesome young man you've become. We look forward to watching you grow and accomplish new things in the next exciting stage of your life. Dream big and work hard to make your dreams come true. Keep being the special, thoughtful person that you are. We love you very much and pray for nothing but the best for you always.

Love,
Mom & Dad







[anna] pierce

Anna,
As the parent in charge of discipline, I am disappointed that I didn't have anything to do.

Love, Dad



Anna,
Yes, we had a pretty easy job raising you. We love your smile and your cheerful and kind personality. We look forward to seeing where your talents lead you.

Love, Mom

[sara] reed



Sara,
We have been blessed to watch you grow into the beautiful young lady that you are. This world is a better place because of what you bring to it. Thanks for the joy and happiness! We are so very proud of you and know that you will do great things as you continue down life's path. God bless you and know that we will always love and support you.

Mom, Dad & Loryn





[paige] plaskitt



Never give in, except to convictions of tolerance, honor and good sense. Throw away the map and draw your own. Enjoy the power and beauty of your youth and don't worry about the future. Or do worry, but know that worrying is as effective as trying to solve an algebra equation by chewing bubble gum. Attitude is a little thing that makes a big difference. Don't be reckless with other people's hearts. Don't put up with people who are reckless with yours. Do not let spacious plans for a new world divert your energies from saving what is left of the old.

SGP Mom, Dad, Courtney

[morgan] riessen



It is hard to believe how quickly the years have flown by. We have cherished watching you grow up before our eyes and are so proud of the beautiful young woman that you have become. We are excited to see what plans God has in store for you as you continue to trust Him with your life.

We love you!
Dad, Mom, Grant & Nate





[bryce] plew



I can't believe how fast these 18 years have flown by; watching you grow from a sweet little boy into a handsome young man. I've been truly blessed to have you in my life. Your kindness is infectious - whenever anyone needs a hand, you lend them yours. Whenever anyone is without a smile, you give them yours.

I love you more!
Mom

[adam] shaver



My Adam! Raising you has been an adventure. It seems like just yesterday you were asking everyone for math problems, now college! You have always amazed me. I know with hard work and motivation you'll amaze yourself.

Remember:
Hard work, attitude, motivation = success.
Keep life simple.
Be good to others and yourself.
Think before you act.
Remember there's someone up above.
Your family loves you most.
We are always here for you.

Love always,
"KJDALA"





[makenzie] skarphol



Maky Doodle, where did all the years go?
Seems like yesterday, you were 10 years old.
We're so proud of who you've become -
A kind, loving, fun and creative one!
As you fly free in the coming years,
Be strong, confident and face your fears.
Remember your charm and use your smile,
As you've always done since you were a child!
We love you and will always be there for you!

[scott] syroka

Scotty,
Since you were young we always said you were an "old soul," so compassionate and caring of others with wisdom and knowledge beyond your years. Growing up you tested our authority but we always had the last word. Finally, your time has come to venture out on your own and make your own decisions! As your proud parents we can't wait to see what your future holds.

Love,
Dad, Mom, Stacy
& Mickey





[ben] smith

Ben, in spite of your parents, you've become a strong, intelligent, creative, funny, hardworking and compassionate young man. We are so very proud of you and the values you live by. We love you very much!
P.S. You are also a late night, Panchero's eating, horror movie watching, over-sleeping, sloppy room, raunchy joke telling nomad-who will always be a hero to Jake, Maddie, Caleb, and Lauren

Mom & Dad



[allyson] tack

Congratulations, Allyson. We are so proud of the wonderful young woman you have become. While it's hard to watch you move on to the next stage of your life, we can't wait to see where your amazing work ethic, resilience, compassion, and spirit will take you. You'll always have our love and support along the way.

Mom, Dad & Ben







[sam] sparland

Sam, we are so proud of the talented, kind, intelligent, positive young man you have grown into. Dream big and continue to always work hard for what you want. You will no doubt do great things as you continue your journey, and we will be right behind you every step of the way.

With love always,
Mom & Dad



[elin] tegels

We remember your first day of school; we felt like we were sending you off to face the world. It almost feels like that day's back. Although we'll miss you next year, we know you're ready to take on the world and we're excited to see what your future holds. Focus on your dreams, work hard and stay true to yourself. We love you to the moon and back!

Mom, Dad, Joe,
Mandy, Millie,
Raven & Spot









[dillon] temple

Dillon,
The years have gone so fast! Just seems like yesterday I was taking you to The Farmer And The Dell Preschool. You have grown up to be a wonderful person. You have made life so much fun with your great smile (sometimes ornery) and upbeat personality. Continue to stay positive, smile and laugh a lot and trust in God to help guide you in your future. We love you and are very proud of you!

Love,
Mom, Dad & Derek

[kim] thomas



We've held your hand along our journey and guided you as best we could. Now is the time, though, for us to let you go so you can follow your own dreams. And as you do, always remember to be true to yourself and never lose sight of what is right. We're proud of you and look forward to seeing you grow into an independent, strong young woman.

Love always,
Mom, Dad & Kennedy







[hannah] thayer

Hannah,
Congratulations! We are so proud of you. It has been a joy to see you become the smart, funny, confident, beautiful person you are today. As you travel far and wide, know you always have a place in our home and our hearts. We know you can accomplish anything. Believe in yourself and your abilities as you begin this new chapter in your life.

Love you,
Mom, Dad & Emma

[sammi] trail



Sammi (aka Sparkle),
We are proud of all you've accomplished so far and look forward to watching you accomplish much more as you take the next step. Keep God close to your heart, listen for his guidance, be honest, work hard and play hard! No matter where you go or what you do, we willl always love and support you. Your future's so bright, we gotta wear shades!

Mom, Dad, Steph & Sarah







[brandon] theisen

Brandon, we are so proud of the young man you have become. It's hard to believe you are graduating. Thanks for all the wonderful memories. Remember your family will always be here to support and love you. Enjoy your adventures at college!

With all our love,
Mom & Dad

[emma] vanhouten



Dear Peanut,
It has been so wonderful watching you grow into a beautiful, confident, hard-working, committed and intelligent young lady. Life is what you make it....stay positive!!!!

ALL OUR LOVE,
Mom, Jeff & Connor





[lisa] vanwiel



Lisa,
Congratulations! Your journey has just begun and you have so much to look forward to. We know you will find success in whatever you do. Above all, we wish you much happiness! We will miss you!

Love you, Lisa Bear,
Mom, Dad & Emily

[allie] wignall

Congratulations, Allie!
We couldn't be more proud of your accomplishments and the wonderful young woman you've become.
We love your passion for pursuing your dreams and know you have the talent and work ethic to achieve them. Continue to dream big and work hard, and college and the next chapters in your life will surely bring continued success & happiness!
We love you so much, and will always be here for you!

Mom, Dad & Trent







[chase] wallace

"What lies behind us and what lies before us are tiny matters compared to what lies within us."

Ralph Waldo Emerson



[jj] worley

Don't let what you can't do stop you from what you can do. – John Wooden

We know you will have an amazing life ahead of you, because you are an amazing person. So proud of you, not only for what you have done so far, but also for what we know you will do in the years to come. Make the most of every opportunity and always remember how much you are loved!

Love,
Dad, Mom & Jessica







[mariah] wellman

Mariah – It seems like just yesterday you were standing under the flag pole at Beaver Creek on your first day of school. You have grown into such a confident, beautiful young woman. Your dad and I are very proud of the many things that you have accomplished and the positive way you have affected many people in your young life. You have such a bright, promising future ahead of you and we are excited to watch you continue to grow into your adult life. Remember – You are our Queen!

Love,
Dad & Mom



support ads

[Thank you for your contribution to The Dragon 2011-2012]

Acheson Auto Works
8000 University Blvd.
Clive, IA 50325
(515) 223-4300

Action Accents
5601 Douglas Avenue
Des Moines, IA 50310
(515) 277-7365

Advanced Eyecare Center
5355 NW 86th Street
Johnston, IA 50131
(515) 273-3000

American
5355 NW 86th Street
Johnston, IA 50131
(515) 273-3000

AmericInn
5050 Merle Hay Rd
Johnston, IA 50131
(515) 270-1111

Apex Athletics
5750 NW Beaver Dr #3
Johnston, IA 50131
(515) 276-9137

Ashworth Family Dentistry
2918 Ashworth Rd
West Des Moines, IA 50266
(515) 221-3320

Aspen Athletic Clubs
4100 Merle Hay Rd #6
Des Moines, IA 50310
(515) 270-5860

Baker's Square
1310 NW 114th Street
Clive, IA 50325
(515) 244-0808

Bandit Burrito Catering
5430 Merle Hay Rd
Johnston, IA 50131
(515) 657-3665

Bank Iowa
5525 Merle Hay Rd, Suite 195
Johnston, IA 50131
(515) 727-4484

Bella Salon & Day Spa
8655 N Park Ct
Johnston, IA 50131
(515) 254-9074

Bob Brown Chevrolet
4224 Merle Hay Rd
Des Moines, IA 50310
(515) 278-7800

Bob Brown Collision Center
4224 Merle Hay Rd
Des Moines, IA 50310
(515) 278-7866

Business Performance Group
8345 University Blvd Suite C
Des Moines, IA 50325
(515) 440-4722

Cali Nails
5525 Merle Hay Rd Suite 170
Johnston, IA 50131
(515) 278-5557

Capitol Edge-Public Policy Services
5608 Kensington Circle
Johnston, IA 50131
(515) 971-6769

Charter Bank
5526 NW 86th Street
Johnston, IA 50131
(515) 331-2265

Chicago Speakeasy
1520 W Euclid
Des Moines, IA 50313
(515) 243-3141

ChildServe
5406 Merle Hay Rd
Johnston, IA 50131
(515) 727-8750

China Café
5969 Merle Hay Rd
Johnston, IA 50131
(515) 276-6688

City of Johnston
6221 Merle Hay Rd, P.O. Box 410
Johnston, IA 50131
(515) 278-2344

Climb Iowa
3605 SE Miehe Dr.
Grimes, IA 50111
(515) 986-2565

Community State Bank
6175 Merle Hay Rd. P.O. Box 308
Johnston, IA 50131
(515) 331-3100

Cosi Cucina
1975 NW 86th Street
Clive, IA 50325
(515) 278-8148

Culver's
8660 Plum Dr
Urbandale, IA 50322
(515) 270-8699

Dance Vision
5860 Merle Hay Rd. P.O. Box 679
Johnston, IA 50131
(515) 270_8299

Des Moines Creations Jewelry
7611 Douglas Ave, Suite 27
Urbandale, IA 50322
(515) 727-4815

Drs. Langwith, Hull & Roush
6105 NW 86th Street
Johnston, IA 50131
(515) 253-0911

Doctors Now Walk-in Care
5731 Greendale Rd
Johnston, IA 50131
(515) 270-1000

Doors of Distinction
5781 NW 92nd Ct
Johnston, IA 50131
(515) 277-5993

Dr. John Campbell
5355 NW 86th Street
Johnston, IA 50131
(515) 273-3000

DSM Photo Company
316 SW 5th St Studio 100
Des Moines, IA 50309
(515) 440-1432

Duplication Media
8126 Douglas Ave
Urbandale, IA 50322
(515) 334-3877

Encore Pizza
5775 Merle Hay Rd
Johnston, IA 50131
(515) 276-1625

Felix and Oscar's Restaurant
4050 Merle Hay Rd
Des Moines, IA 50310
(515) 278-8887

Fitness Sports
7230 University Ave
Windsor Heights, IA 50324
(515) 277-4785

Four Corners Feed, Inc.
5919 NW 62nd Ave
Johnston, IA 50131
(515) 276-0791

Frameworks
5800 Merle Hay Rd P.O. Box 858
Johnston, IA 50131
(515) 270-9142

Freidrichs Coffee
2781 99th Street
Urbandale, IA 50322
(515) 278-5050

Generation Next
6109 Merle Hay Rd
Johnston, IA 50131
(515) 252-6109

Gino's
5513 Mills Civic Pkwy Suite 100
West Des Moines, IA 50313
(515) 226-2320

Glazed Expressions
8876 Swanson Blvd
Clive, IA 50325
(515) 224-4700

Grillin Guys at Merle Hay
Merle Hay Mall Food Court
3800 Merle Hay Rd
Des Moines, IA 50310
(515) 276-4640

Hayes Interpreting Services
PO Box 244
Johnston, IA 50131
(515) 669-7817

Heartland Chiropractic
5521 NW 86th Street
Johnston, IA 50131
(515) 252-8668

Herff Jones Yearbooks
1112 Main Street
Adel, IA 50003
(515) 993-3809

Hollywood Nails
Valley West Mall (2nd Floor)
1551 Valley West Dr
West Des Moines, IA 50266
(515) 221-1278

Holmes Chevorlet of Norwalk
2501 Sunset Dr
Norwalk, IA 50211
(515) 256-4015

Hummel's Nissan
4770 Merle Hay Rd
Johnston, IA 50131
(515) 253-0719

Johnston HyVee
5750 Merle Hay Road Box 9
Johnston, IA 50131
(515) 270-9045

Ide Concrete Homes LLC
P.O. Box 268
Johnston, IA 50131
(515) 771-5439

Inspiring Dance
3000 SE Grimes Blvd, Suite 300
Grimes, IA 50111
(515) 321-3370

Iowa Egg Council
8515 Douglas Ave Suite 9
Urbandale, IA 50322
(515) 727-4701

Iowa Health Des Moines
1200 Pleasant St
Des Moines, IA 50310
(515) 241-5767

Johnston Bait & Tackle
6148 Merle Hay Rd
Johnston, IA 50131
(515) 254-1976

Johnston ACE Hardware
5800 Merle Hay Rd
Johnston, IA 50131
(515) 276-2854

Johnston Physical Therapy
5627 NW 86th St, Suite 200
Johnston, IA 50131
(515) 270-0303

Johnston Public Library
6700 Merle Hay Rd
Johnston, IA 50131
(515) 278-5233

Johnston Tailors
5765 Merle Hay Rd
Johnston, IA 50131
(515) 278-0998

Johnston Volleyball Club
6217 NW 95th Street
Johnston, IA 50131
(641) 990-3797

Lifetime Vision
5525 Merle Hay Rd
Johnston, IA 50131
(515) 259-9009

Lithia VW/Audi/Acura of Johnston
5200 Merle Hay Rd
Johnston, IA 50131
(515) 727-7011

Lynn's Nails
1430 22nd Street
West Des Moines, IA 50266
(515) 457-9041

M & M Sales Company
4201 NW Urbandale Dr
Urbandale, IA 50322
(515) 251-1162

Mark's Dancewear
6212 Merle Hay Rd
Johnston, IA 50131
(515) 270-0744

MaxLife Chiropractic
8671 Northpark Ct
Johnston, IA 50131
(515) 278-2782

Mercy Johnston Medical Clinic
5615 NW 86th Street
Johnston, IA 50131
(515) 643-6000

Miller Nursery
5155 NW 57th Ave
Johnston, IA 50131
(515) 276-7505

MPS Iowa
4201 NW Urbandale Dr
Urbandale, IA 50322
(515) 251-1181

Office Installation Services Inc.
6250 NW Beaver Dr Suite A3 P.O. Box 36
Johnston, IA 50131
(515) 278-5525

Orlando's Automotive
5245 NW Beaver Dr
Johnston, IA 50131
(515) 331-1922

Owen Crist Auto Body
1221 Keo Way
Des Moines, IA 50309
(515) 270-1111

Perspective Consulting Partners, LLC
2670 106th Street Suite 240
Urbandale, IA 50322
(515) 251-6375

Pink Hippo
11121 Plum Dr
Urbandale, IA 50322
(515) 276-4322

Pioneer, A DuPont Business
7200 NW 62nd Ave
Johnston, IA 50131
(515) 270-3200

Playmakers
3800 Merle Hay Rd
Des Moines, IA 50310
(515) 276-0447

Plaza Lanes/ Trophy's
2701 Douglas Ave
Des Moines, IA 50310
(515) 255-1111

Portraits by Deena & Co.
6040 Nottingham Dr
Johnston, IA 50131
(515) 276-8178

Prairie Engineering, Inc.
5008 NW 57th Ave
Johnston, IA 50131
(515) 270-1019

Quality Service Corp.
2326 NE Broadway
Des Moines, IA 50317
(515) 265-7266

Renes Greenhouses
9401 NW 70th Ave
Johnston, IA 50131
(515) 986-3716

Rhiner Plumbing, Heating, and Cooling
15201 Hickman Rd
Clive, IA 50325
(515) 987-1800

Salon Tec
1234 Grand Ave
West Des Moines, IA 50265
(515) 222-0200

Scott's Lawn Service
P.O. Box 31070
Johnston, IA 50131
(515) 243-6700

Soleil Tan Spa
8805 Chambery Blvd, Suite 700
Johnston, IA 50131
(515) 276-8267

Springer Home Services
5360 NE 14th Street, Suite A
Des Moines, Iowa 50313
(515) 262-9229

St. Stephen Lutheran Church
3510 72nd Street
Urbandale, IA 50322
(515) 276-4628

Stacey's Prom
11161 Plum Dr
Urbandale, IA 50322
(515) 226-9336

Sun Pharmacy/Sarah's Hallmark
6105 Merle Hay Rd
Johnston, IA 50131
(515) 278-5503

Syroka & Associates, Inc.
8112 Durham Circle
Johnston, IA 50131
(515) 253-0961

The Meyocks Group
6800 Lake Drive Suite 150
West Des Moines, IA 50266
(515) 225-1200

The Radish
5050 Merle Hay Rd
Johnston, IA 50131
(515) 270-1111

The Sage Tree Salon & Spa
6110 NW 86th Street Suite A-104
Johnston, IA 50131
(515) 334-3444

The UPS Store
8805 Chambery Blvd, Suite 320
Johnston, IA 50131
(515) 334-0753

Today Nails
1960 Grand Ave Suite 13
West Des Moines, IA 50265
(515) 222-9013

Top Nails
11111Plum Dr
Urbandale, IA 50322
(515) 334-0838

Trostel's Greenbriar
5810 Merle Hay Rd
Johnston, IA 50131
(515) 253-0124

True Pitch Inc.
620 8th Street
Altoona, IA 50009
(515) 967-2303

Truly Nails
8460 Birchwood Ct, Suite 400
Johnston, IA 50131
(515) 276-9872

Tyson Foods
6402 Wildflower Place
Johnston, IA 50131
(515) 270-1739

VanDee's Ice Cream Shoppe
5915 Merle Hay Rd
Johnston, IA 50131
(515) 276-1040

Veenstra & Kimm Inc.
3000 Westown Parkway
West Des Moines, IA
50266-1320
(515) 270-1111

Venter Spooner Inc.
6500 NW Beaver Dr
Johnston, IA 50131
(515) 331-2800

Village Inn
8510 Birchwood Court
Johnston, IA 50131
(515) 727-6440

Viva La Bamba Inc.
4531 86th Street
Urbandale, IA 50322
(515) 255-8238

VS Properties
6500 NW Beaver Dr
Johnston, IA 50131
(515) 331-2800

Waterhouse State Farm Insurance
5441 NW 86th Street Suite 100
Johnston, IA 50131
(515) 223-5566

Wellman Capital Management Inc.
6165 NW 86th Street
Johnston, IA 50131
(515) 727-1644

Wolfe Machinery Co.
6300 NW Beaver Dr
Johnston, IA 50131-0497
(515) 270-2766

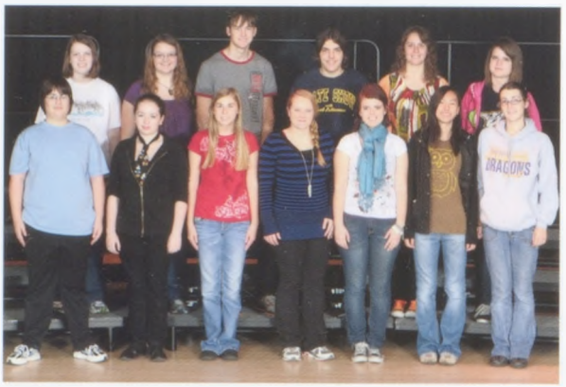
groupshots

academic decathalon



R1: Kirpal Dhugga, Breanna Williams, Fatiha Iqbal, Jiahui Huang, Karen Chen, Elizabeth Mills, Clara Sandoval, Enya Dougherty **R2:** Riley Deutsch, Lauren Coffey, Aditi Dinakar, Kaitlyn Aldrich, Abby Dockum, Andrew Boge, Lisa Van Wiel, Abby Abeyta-Martin **R3:** Josh Boeschen, Bhageerath Menneni, Mirza Besic, Ben Parsons, Grant McDonald, Joe Duan, Austin Busch, Joe Buising, Adam Jaschen.

anime club



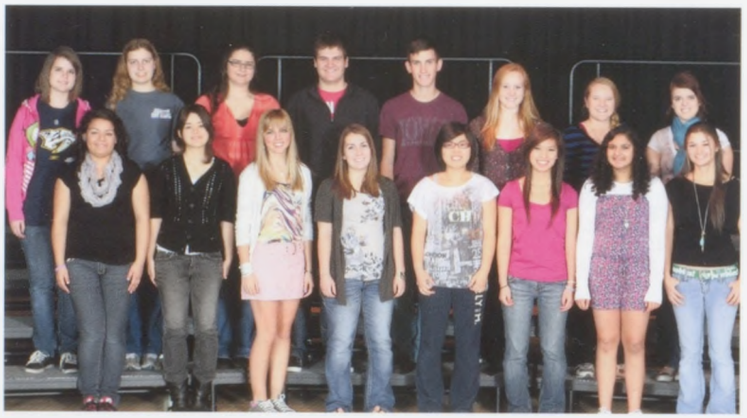
R1: Tyler Benson, Hannah Loiler, Lauren Quinn, Amber Hodapp, Enya Dougherty, Victoria Rasavanh, Taylor O'Bryan **R2:** Elsie Wunn, Ariel Needham, Brayden Conrad, Alex Langenberger, Jacey Elmer, Maddie Adkins.

archery club



R1: Bonnie Le Page, Samrni Trail **R2:** Aly Vukelich, Claire Timmerman, Lauren Quinn, Joy Tan, Jesse Ried, Sarah Trail, Michael Tan **R3:** Joe Bormann, Marc Brault, Andrew Evans, Mitch Corbin, Caleb Gibson, Joe Dailey, Nathan Hasstedt, Dave Beason.

asian cultures club



R1: Karina Swarez, Paura Yuka Himeno, Sami Trail, Cheyanne Parish, Frankie Chyi, Tina Wu, Simrita Varma, Haley Thiel **R2:** Maddie Adkins, Leanna McAllister, Abby Dolan, Ben Smith, Mirza Besic, Alex Cordes, Amber Hodapp, Enya Dougherty.

best buddies



R1: Hannah Soyer, Makayla Mawhinney, Heather Kacmarynski, Austin Feinberg, Thomas Walling, Melissa Brown, Corbett Mitchell, Mason Rumpf **R2:** Harold Obrecht-Wittick, Joey Honold, Mykayla Hayes, Anna Pierce, Katie Regan, Anna Solberg, Paige Cramer, Trinity Zeiger, Sarah Lewis, Kristine Hayes, Abby Dolan, Conner Akin **R3:** Brad Gott, Misty Miller, Shelby Costello, Taylor Kilstrom, Mason Waetke, Ashley Norris, Elizabeth Roach-Lindeman, Kylie Krueger, Laura Schwartz, Kelsey Acheson, Naomi Debaene, Jenna Francois **R4:** Allyson Veach, Delaney Idleman, Hannah White, Travis Krugler, Devon Lyle, Chloe Keeney, Lauren Coffey, Shawn Owens, Elizabeth Schraeger, Brenden Redshaw.

book club



R1: Ariel Needham, Hannah Loiler, Amber Hodapp, Allie Wignall, Victoria Rasavanh, Taylor O'Bryan, Jerin Kreinbring, Taylor Beebe **R2:** Jane Behrens, Lauren Quinn, Corrina Leffler, Elsie Wunn, Kali Van Zee, Jacey Elmer, Hannah Van Zee, Jovana Majstorovic.

bowling



R1: Dustin Thompson, Drew Uding, Levi Clark, Adam Shaver **R2:** Anthony Denny, Clayton Bormann, Chase Fiedler, Erin Selinger, Dani Greig, Lauren Ulm, Abby Dolan, Katy Richardson **R3:** Amy Flavell, Monica Snyder, Amanda Teel, Cody Erickson, Tyler Moriarty, Joe Bormann, Austin Bowen, Jared Verhasselt, Casey Morales, Karina Suarez, Clara Sandoval, Kelli Bormann, Olivia Jenkins.

boys' golf



R1: Adam Jensen, Sam Buckley, Ryan Rubin, Korbin Sesker, Parker Gesiriech, Michael Hanstad, Adam Gardner **R2:** Brett McGinnis, Jared Willson, Nathan Joens, Grant Smith, Andrew Dickelman, Jacob Campbell, Blake Singbush, Matt Ruebbelke, Joe Hawks, Drew Grill **R3:** Andrew Burns, Jacob Tinker, Evan Bergman, Ryan Lowder, Sam McGinn, Chase Kramer, Ben Dewhurst, Alex Burns, Jordan Kleinschmidt.

boys' swimming



R1: Evan Hammer, Justin Nicolet, Andrew Schneider, Jake Davis, Alex Swafford, Brandon Biere, Charlie Haggett, Ross Winget, Sam Gruba, Connor Schurr, Brian Ross, Adam Rieck, Alex Peterson, Joe Farrell, Evan Culbert, Jared Staton, Bakir Hajdarevic **R2:** Reed Molander, Dylan Johnson, Sam Perington, Ethan DeGroot, Tyson Wieland, Tyler Cracraft, Cody Carlson, Hayden Woods, Connor Ward, Kyle Timmerman, Michael Schwaderer, Brandt Swallow **R3:** Teig Loge, Thomas Peter, Jarid Ingebrand, Dalton Handel, Alex Clark, Carter Mehls, Erik Rasmussen, Nathan Grimes, Andrew Schwaderer, John Koopal **R4:** Seth Hammer, Jordan Van Scoy, Jared DeGroot, Ethan Moran, Alex Clark, Carter Mehls, Blake Singbush, Joe Seda, Jordan Nicolet, Michael Eppink, Oryn Weede **R5:** Walter Lagerblade, Eric Schneider, Nick Collison, Dawson Kerr, Justin Winnett, Tim Zuo, Lee Lounsbury, Ashton Cracraft, Sam Jenkins.

boys' cross country



R1: Max Culbert, Jacob Rietz, Alex Nichol, Cole Lafollette, Jeremy Caracci, Connor Westlake, Nikash Pradhan, Tyler Fenton, Alec Kilstrom, Connor Mutch, Enzo Trombino, Jacob Orr, Ben Poss, Nick Saluri **R2:** Collin Laughlin, Casey Briere, Josh Boeschen, Myles Glandorf, Ryan Decker, David Rice, Bryce Plew, Tyson Wieland, Dalton Handel, Taylor Burkhead, Ethan Moran, Jacob Jansen, Daniel Stromgren, Chris Kline, Seth Andrews, Danny Corbin, Matt Larson **R3:** Jordan Boge, James Beasley, Dylan Cottrell, Sam Altier, Ben Renner, Cole Balmer, Sammy Meyer, Kyle Natzke, Nate Grimes, Leon Sun, Andrew Schneider, Chase Wallace, Shane Wiley, Andrew Boge **R4:** Matt Jaschen, Chris Caracci, Lucas Wittman, Elliot Suiter, Erik Salmon, Connor Wunsch, Alex Peterson, Ryan Tigges, Brad Cherrier, Matt Poss, Alex Hershey, Adam Johanson, Jack Catus, Josh Borwick, Pat Mattingly.

boys' track



R1: Taylor Burkhead, Jake Davis, Alex Peterson, Gabe Caldwell, Andre McKay, Marcus McKay, Chris Sexton, Isaac Tuon, J.J. Worley, Tyler McCormick, Cully Maahs, Bryce Plew **R2:** Jeremy Caracci, Adam Johanson, Connor Westlake, Connor White, Travis Theisen, Derek Van Blarcom, Will Hyde, Elijah Kragt, Ben Garlock, Troy Tigges, Logan Beguhn, Hezekiah Applegate **R3:** Thomas Peter, Tyler Davis, Cole Balmer, Collin Laughlin, Alexander Beltrame, Troy Barnes, Andy Bevis, Logan Towers, Matt Larson, Erik Salmon, Logan Clabaugh, Austin Knowlton **R4:** Michael Armstrong, Trent Howard, Anthony Kpedeh, Konnor Gifford, Andrew Mills, Jon Caracci, Jack Bergstrom, Camden Van Brocklin, Kyler Coburn, Cooper Maahs, Matt Tanner, Jonah Kragt, Nikash Pradhan **R5:** Rafael Gilmanov, Brock Hoffman, Jason Kane, Timmy Morrissey, Sam Buckley, Luke Davis, Sam Altier, Kyle Chapman, Nate Standish, Kole Swesey, Connor Wunsch, Ben Renner **R6:** Matt Guyer, Jaryd Lawrence, Matt Benson, Dula Temesgen, David Rice, Ethan Moran, Casey Briere, Chris Cline, Daniel Stromgren, Cole LaFollete, Nick Flodin, Bryon Christensen, Brandon Ferin **R7:** Matt Poss, Tyler Fenton, Leon Sun, Myles Glandorf, Ryan Tigges, Tyson Wieland, Max Culbert, Josh Borwick, Alex Clark, Alec Kilstrom, Sammy Meyer, Jack Catus **R8:** Tate Williams, Cole Jewell, Josh Boeschen, Andrew Boge, Jacob Jansen, Connor Mutch, Kendall Staley, Broderick Stephenson, Shane Wiley, Elliot Suiter, Jordan Weddington, Kyle Timmerman **R9:** Patrick Honocomp, Michael Dana, Pat Mattingly, Matt Jaschen, Brian Woodley.

chamber choir



R1: Andrew Tubbs, Jacob Gehrke, Matt Zinselmeier, Nick Holland, Andrew Schwaderer, Josh Boeschen, Andrew Overton, Alex Kaptain, Adam Jaschen **R2:** Chase Wallace, Scott Syroka, Richard Schraeger, Jeff Carley, Nolan Martz, Eric Bridgewater, Brenden Redshaw, Mitch Corbin, Sam Sparland **R3:** Amanda Teel, Elizabeth Mills, Katie Giles, Aly Vukelich, Karsen Kramer, Melia Black, Vivian Wu, Claire Nichols, Emma Henry **R4:** Alayna Spiece, Erika Gebard, Manda Clark, Alyssa Becker, Laura Smalley, Sanna Rasmussen, Alissa Campbell, Manah Wellman.

chess club



R1: Victoria Rasavanh, Mirza Besic, Taylor O'Bryan, Ben Parsons, Paige Plaskitt, Austin Busch.

colorguard



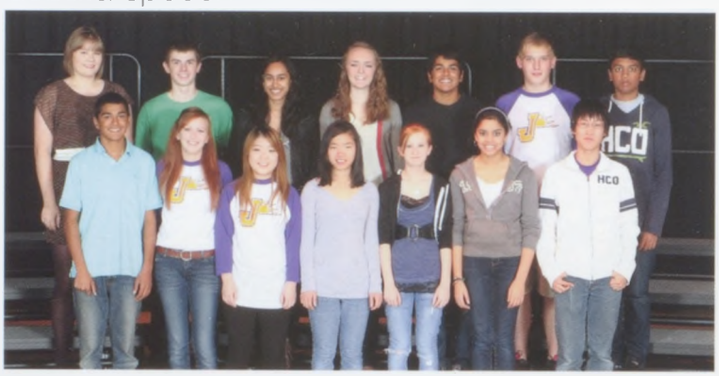
R1: Anne Dieseth, Lauren Stephens, Frankie Chyi, Cathy Nguyen, Elizabeth Miller, Brooke Stephens, Kelsey Kramer **R2:** Sarah Birkett, Cathleen Dutcher, Elizabeth Schraeger, Erin Selinger, Taylor Beebe, Kaitlyn Aldrich, Sydney Sanchez.

concert choir



R1: Amelia Hammond, Katie Marckmann, Ashley Shay, Reid Lefler, Simmone Doswell, Tayler Murray, Anna Johnson, Courtney Norelius, Molly Thuente, Margaret Standish **R2:** Brandy Pohlman, Julia Ratekin, Steph Phillips, Kenzie Johnson, Victoria Trost, Emily Scott, Maddie Kreamer, Katelyn Lunders, Morgan Riessen, Rachel Minter **R3:** Drew Grill, Krister Anderson, Michael Schwaderer, Kyler Coburn, Jackson Heiden, Chase Fiedler, Andy Smith, Joey Iregui, Reed Iverson, Camden Van Brocklin **R4:** Chris Caracci, Lucas Wittman, Alex Juergens, Connor Ward, Craig O'Keefe, Josh Hjelmaas, Luke McDermott, Erik Rassmussen, Luke Stevens, Michael Murdock, Austin Busch **R5:** Emma Dickinson, Michael Minter, Michael Hanstad, Erik Rhodes, Josh Dell, Joe Seda, Jeremy Caracci, Rory Coniconde, Jon Caracci, Andrew Mills **R6:** Lisa Friesth, Chelsea Elming, Lauren Stephens, Kristen Gifford, Taylor Mithelman, Joscey Miner, Joy Tan, Malia Meyer, Ann Robinson, Allie Wignall, Catherina Ochoa, Olivia Guns, Hailey Kromminga, Sarah Lewis.

debate/speech



R1: Jordan Boge, Breanna Williams, Jiahui Huang, Zea Zhu, Megan Gibbons, Pratyusha Bujimalla, Kevin Wu **R2:** Olivia Guns, John Koopal, Aditi Dinakar, Abby Dockum, Andrew Boge, Riley Deutsch, Sai Abbaraju.

drama



R1: Quinn Severs, Kendra Jensen, Zach Peterson, Sanjay Koduvalli, Paura Yuka Himeno, Trinity Zeiger, Morgan Jensen, Summer Bateman, Katie Regan **R2:** Heath Dannen, Catherina Ochoa, Delaney Idleman, Elaine Tilly, Audrey Kaus, Rachel Minter, Madison Case, Paul Miller **R3:** Brandy Pohlman, Andrew Overton, Olivia Guns, Paul Honold, Adam Jaschen, Marc Brault, Brian Turner, Triston Nearmyer.

environmental club



R1: Courtney Norelius, Katelyn Lunders, Dylan Johnson, Amelia Medici, Molly Thuente, Erin Brandsgard, Nicole Hoffman, Abby Dusen, Hannah Soyer **R2:** Haley Souhrada, Carmen Vajgrt, Scott Syroka, Chris Caracci, Kensie Noble, Jenna Heil, Casey Briere, Kirpal Dhugga.

fca leaders



R1: Kerigan Thompson, Karsen Kramer, Ellie Minor, Sloane Vander Zwaag **R2:** Logan Walkup, Eric Bass, Nick Payne, Pete Lashier.

fccla



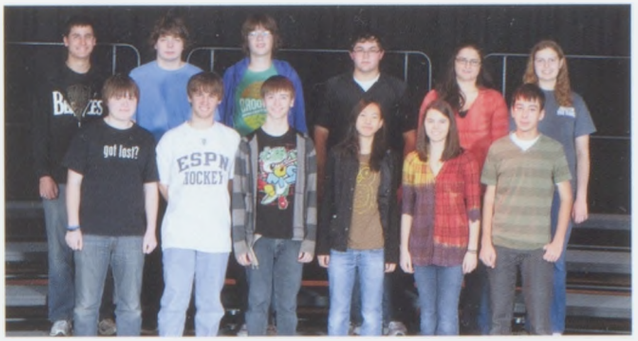
R1: Katy Clay, Courtney Norelius, Cynthia Tice, Fatiha Iqbal **R2:** Kathy Comstock, Jeff Carley, Aditi Dinakar.

fencing



R1: Evan Anderson, Gerrit Lee, Jordan Bailey, Bryce Plew, Sam Maras, Alex Ritchie, Victoria Rasavanh.

film club



R1: Evan Trainer, Joe Bormann, Josh Dell, Victoria Rasavanh, Allie Wignall, Sam Maras **R2:** Andrew McKeighan, Walker Williams, Austin Busch, Jonny Katz, Abby Dolan, Leanna McAllister.

french club



R1: Taylor Beebe, Kirpal Dhugga, Hannah Soyer, Clara Sandoval **R2:** Jerin Kreinbring, Ben Smith, Alissa Campbell, Marissa Holloway, Claire Sevenich.

girls' swimming



R1: Sydney Monahan, Martha Carroll, Phoebe Cooper, Megan Vaughan, Emily Merritt, Megan Martin, Mariah Wellman, Emily Barnes, Molly Thuente, Malia Meyer, Tina Wu, Emma Billerbeck **R2:** Abby Aller, Liz Giesselmann, Peyton Mohfeld, Ann Huyck, Rae Gathercole, Sara Beeler, Cecilia Shutt, Emily Rothfus, Amre Gaskins, Cheyenne Church, Sarah Margolin, Nicole Davis **R3:** Lauren Stenger, Niki Ferguson, Jacqui Galang, Shayla Warrick, Kayla Cary, Claire Timmerman, Paige Dixson, Jensen Means, Kacie Harms, Claire Farrell, Katie Maxcy, Mallone Goodale, Katie Vryhof, Mollie Greenwood, **R4:** Simrita Varma, Selena Young, Kelly Cherrier, Erin Selinger, Carmen Vajgrt, Caylee Shank, Emily Lammers, Shana Hudson, Ari Dalamaggas, Antonia Passalacava, Emily Moore, Victoria Trost, Megan Bradley, Morgan Woods.

girls' cross country



R1: DeDe Ayers, Sammie Hildreth, Kailey Kerr, Jenna Christensen, Maddie Kleve, Taylor Mithelman, Abby Dusen, Lisa Friesth, Megan Davis, Madi Buckley, Monica DeCarlo **R2:** Anna Marie Lawrence, Erica Thacker, Haley Daughhetee, Millie Varley, Kelsey Caffery, Bri Handel, Ali Perman, Anna Rasmussen, Sydney Maras, Kelsey Acheson, Kate Fjelstad, Amanda Jensen, Abby Puk, Rachel DeCarlo **R3:** Amy Keech, Jady Polson, Jordyn Kleve, Ronnoja Ayers, Ivy Wu, Andrea Renner, Allie Bierle, Sandra Kromminga, Ellen Bennett, Georgia Carroll, Kenzie Foldes, Sarah Kromminga, Courtney Mithelman **R4:** Shelby Costello, Nicole Ackerman, Emma Thayer, Bailey Pohlman, Natalie Coomes, Mattie Kipp, Taylor Kilstrom, Ruchi Shekar, Anne Rogers, Lydia Sinclair, Bailey Eppard, Chris Siewert.

girls' golf



R1: Taylor O'Bryan, Brenna Robinson, Allison Kretzinger, Rachel Walljasper, Jessica Tindall, Courtney Nyberg, Kali VanZee **R2:** Cory Upton, Kelsey Kramer, Kelli Bormann, Courtney Norelius, Jenna Francois, Amanda Chance, Betsy Coy, Jessie Sandmann **R3:** Briana Borup, Marcy Chamberlin, Bailey Chamberlin, Hannah Tetmeyer, Veronica Bertelsen, Abby Nelson, Leigha Duckett, Annie Goldsworthy.

girls' track



R1: Makayla Holman, DeDe Ayers, Katie McMillen, Taylor Mithelman, Maddie Kleve, Catherine Erb, Kim Thomas, Tayler Murray, Ashley Gray **R2:** Madeline Boals, Madison Woodfine, Isabella Engblom, Madeline Miller, Kaari Devens, Kenzie Foldes, Taylor Joens, Bri Handel, Mattie Kip, Nicole Ackerman, Ivy Wu, Margaret Standish **R3:** Bailey Eppard, Brooke Stoll, Andrea Renner, Chanel Leader, Tiffany McGregor, Ronnoja Ayers, Hannah Berger, Peyton Koonce, Maren Bettis, Sarah Birkett, Sierra Ballard **R4:** Sarah Kromminga, Sandra Kromminga, Ellen Bennett, Bailey Pierotti, Lydia Sinclair, Kim Hughes, Madison Rice, Bonnie Le Page, Claire Sevenich, Carly Crist **R5:** Hailey Kromminga, Anne Rogers, Haley Daughhetee, Jordyn Kleve, Shana Hudson, Keely Larkin, Megan Buckallew, Jady Polson, Stephanie Graham, Brigette Biley, Mikayla Foster **R6:** Rachel Atkinson, Maddie McGregor, Rebekah Trost, Nicole Spear **R7:** Jodi Buchan, Dave Beason, Pat Hennes, Chris Siewert.

global perspectives



R1: Kirpal Dhugga, Claire Sevenich, Bailey Comegys, Aly Vukelich, Irena Mongare **R2:** Leanna McAllister, Abby Dolan, Marissa Holloway, Ian Dunshee, Aditi Dinakar, Lauren Coffey, Jovana Majstorovic.

gsa



Sarina Waters, Phoebe Cooper, Paige Plaskitt.

history day



R1: Megan Gibbons, Sanjay Koduvalli, Zea Zhu, Jiahui Huang, Natalie Vander Ploeg, Karen Chen **R2:** Aditi Dinakar, Jordan Boge, Alex Clark, Sam Sparland, Kaitlyn Aldrich, Abby Dockum, Andrew Boge.

innovation



R1: Elizabeth Mills, Anne Dieseth, Karsen Kramer, Hailey Kromminga, Emma Henry, Melia Black, Simmone Doswell, Kristen Gifford, Tayler Murray, Amanda Teel, Katie Giles **R2:** Joey Iregui, Jacob Gehrke, Richard Schraeger, Luke McDermott, Andrew Overton, Sam Sparland, Jeff Carley, Chris Caracci, Krister Anderson, Craig O'Keefe, Andrew Tubbs **R3:** Michael Schwaderer, Francesco Namari, Samantha Long, Alyssa Becker, Andrew Boge, Michael Murdock, Mason Waetke, Connor Yocum, Cory Upton, Jordan Boge, Julia Ratekin, Katie Marckmann, Amelia Hammond, R.J. McGrew, Blake Wilson, Ally Vukelich **R4:** Alissa Campbell, Manah Wellman, Taylor Mithelman, Morgan Riessen, Sanna Rasmussen, Lisa Friesth, Emily Scott, Courtney Norelius, Erika Gebard, Laura Smalley, Claire Nichols **R5:** Connor Ward, Nolan Martz, Erik Rasmussen, Kyler Coburn, Lucas Wittman, Andrew Schwaderer, Chase Fiedler, Mitch Corbin, Matt Zinselmeier, Andy Smith, Chase Wallace, Eric Bridgewater.

investment club



Ashley Gray, Chris Sexton, Connor Yocum, Taylor Beguhn, Marcus McKay.

jazz band



R1: Amelia Hammond, Alyssa Becker, Brenden Redshaw, Tim Zuo, Samanatha Long, Catherine Erb, Daniel Kim **R2:** Austin Busch, Andrew Schwaderer, Shane Burgess, Ryan Tigges, Duncan Sinclair, Julia Ratekin, Mason Waetke, Alex Kaptain **R3:** R.J. McGrew, Brian Cherrier, Josh Boeschen, Brandy Pohlman, Ben Parsons, Blake Wilson, Sam Sparland.

jazz lab



R1: Andrew Tubbs, Victoria Rasavanh, Sam Altier, Leanna McAllister, Joe Dailey, Michael Schwaderer, Emma Dickinson, Logan Beguhn, Josiah Mielke **R2:** Joseph Seda, Jake Orr, John Koopal, Sam Maras, Andrew Boge, Naomi Debaene, Casey Briere, Ryan Evans, Taylor O'Bryan, Karen Chen **R3:** Reed Iverson, Alexander Ritchie, Kyle Chapman, Josh Hjelmaas, Jason Koenigsberg, Nick Gearhart, Ammar Pasalic, Adam Jaschen, Riley Deutsch, Chandler Bakken.

junior/senior board



R1: Helen Lagerblade, Elizabeth Mills, Lisa Van Wiel, Cathleen Dutcher, Joy Tan, Alayna Spiece, Megan Vaughan, Courtney Norelius **R2:** Lisa Friesth, Alex Cordes, Kaitlyn Aldrich, Lauren Coffey, Victoria Trost, Ellie Minor, Morgan Riessen, Alissa Campbell.

jv a boys' soccer



R1: Logan Dean, Mirza Besic, Mark Sauber, Ames Elkaz, A.J. Keech, Collin Urquhart, Andrew Schultz, Sam Perington **R2:** Toato Kpor, Richard Rugabisha, Seth Daughhette, Casey Halder, Michael Siebert, Nick Wyman, Jacob Campbell, Adam Rieck **R3:** Jasmin Muratovic, Lucas Wittman, Ryan Ingebrand, Dylan Johnson, Myles Anderson, Jordan Thede, Spencer Moser, Tyler Smaha, Hayden Woods.

jv b boys' soccer



R1: Noah Beebe, Sam Zemhelt, Admir Delahmet, Haris Lilic, Elvin, Deumic, Adam Jensen **R2:** Kyle Natzke, Ryan Evans, Nathan Jurgensen, Michael Hanstad, Cam Brose, Collin Pirie, Chris Witmer, Spencer Thomas **R3:** Erik Rasmussen, Brandon Gabbert, Andrew Evans, Zahid Malic, Ethan DeGroot, Ben Dygert, Nick Gearhart, Nathan Christansen, Kyle Gansemer. *Not pictured: Sai Abbaraju, Adi Dupanovic, David Lamison, Tyler Britton, Andrew Schwaderer, Michael Schwaderer.*

jv baseball



R1: Tyler Losen, Cooper Wilde, Sam Schade, Chase Kramer, Daniel Stroud, Brandon Ruggieri **R2:** Tyler Brenner, Andy Bevis, Alex McCune, Nick Nelson, Trevor McCauley, Craig Kimble, Joe Hawks, Anthony Denny **R3:** Craig Kruger, Trey Onder, Zach Ramsey, Miles Fogelson, Jack Swift, Matt Benson, Adam Richman, Conner Jacobsen, Adam Retzlaff.

jv boys' tennis



R1: Tyer Losen, Andrew McKeighan, Blake Lipzinski, Mitch Jaworski, Corbin Buttrey, Will Rose, Jack Krone, Robert Doan, Richard Wang, Alec Kuehn **R2:** Chris Timmerman, Connor White, Nick Saluri, Casey Taylor, Brian Brass, Jack Dolde, Alex Casten, Nick Pielak, Seth Andrews **R3:** Scott Kruse, Jake Atkinson, Daniel Xu, Kevin Wu, Sam Wendell, Joe Sprunger, Derek Fenton, Joe Lorber **R4:** Teddy Katz, John Mullen, Avery Williams, Grant Shoeman, Brennen Woods, Walter Lagerblade, Chase Langos, James McGowan, Nick Young.

jv dance team



R1: Michaela Davis, Kara Ganzer, Liz Giesselmann, Allie Bierle, Andrea Schultz **R2:** Ashley Dixson, Emi Stevens, Millie Varley, Cora Weatherford, Sydney Houston, Kiley Erin.

jv girls' basketball



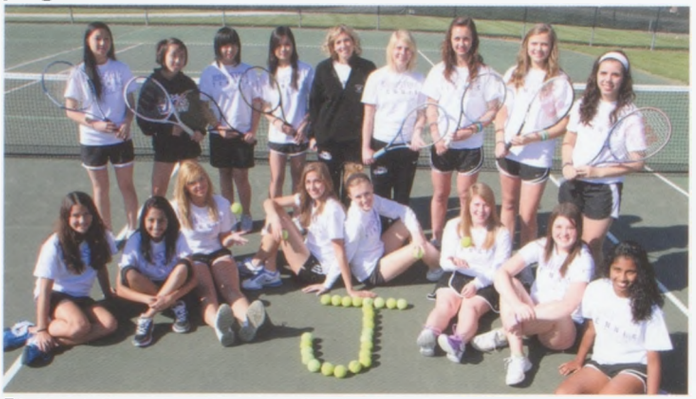
R1: Lauren Thilges, Sidnie Morris, Emily Hanson, Paige Elming, Tiffany McGregor, Courtney Roby, Maren Bettis **R2:** Ines Slomic, Madeline Miller, Kaari Devens, Bri Handel, Kenzie Hewitt, Deepthi Akella, Sara Knee.

jv girls' soccer



R1: Demique Waddell, Reid Lefler, Hannah Sieren, Karli Killian, Tori Pearson, Mikayla Seiler, Sarah Donahue, Shelby Fechner **R2:** Kaylee Stubbs, Jessica Larson, Zoe Wilson, Erica Thacker, Courtney Mithelman, Emily Larson, Kate Fjelstad, Laura Schwartz, Shannon Beierschmitt **R3:** Morgan Woods, Emma Thayer, Amanda Jensen, Lauren Ward, Casey Bockenstedt, Kylie Krueger R4: Rachel Siedenburg, Alison Perman, Addy Evans, Hannah White, Callie Alverez, Lauren Stenger.

jv girls' tennis



R1: Georgia Carroll, Aryaa Regmi, Aida Sarajlija, Alayna Spiece, Emily Van Wiel, Sarah Margolin, Elizabeth Schraeger, Ruchira Shekar **R2:** Karen Chen, Cathy Nguyen, Anna Lam, Brittany Tran, Mitzi Heatherton, Stevie Watts, EmmaGrace Walter, Rachel Godwin, Jenna Tindall.

jv volleyball



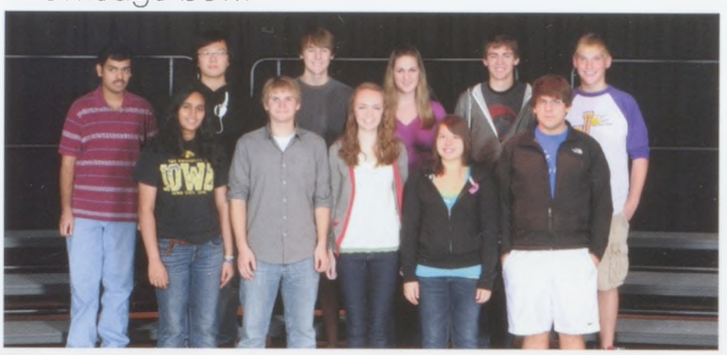
R1: Kaarl Devens, Bailee Nelson, Bella North, Sloane Vander Zwaag, Kayla Smith, Abby Hallman, Dani Lorenz **R2:** Amanda Lynch, Melinda Paszkiewicz, Emily Hanson, Callie Alvarez, Kenzie Hewitt, Madeline Miller, Rachel Walljasper, Alyssa Swan.

jv winter cheer



Emily Stevens, Ashleigh Edwards, Shelby Costello, Libby Bengtson, Haylee Hutchinson.

knowledge bowl



R1: Deepthi Akella, Adam Jaschen, Abby Dockum, Clara Sandoval, Scott Syroka **R2:** Bha geerath Menneni, Joe Duan, Grant McDonald, Alissa Campbell, Ben Parsons, Riley Deutsch.

math club



Austin Busch, Kaitlyn Aldrich, Josh Boeschen, Alysa Cheng, Riley Deutsch, Levi Clark, Ethan Niu, Julie Probst.

mock trial



R1: Stanzy Snyder, Andrew Tubbs, Sanjay Koduvalli, Natalie Vander Ploeg, Monica Gagne, Courtney Norelius, Sarah Margolin, Jiahui Huang, Zea Zhu, Simrita Varma, Elizabeth Mills, Megan Gibbons, Amy Nihart **R2:** Katie Landy, Lydia Sinclair, Andrew Boge, Aditi Dinakar, Shianne Thomas, Fatiha Iqbal, Breanna Williams, Anna Pierce, Helen Lagerblade, Chase Wallace, Laura Scieszinski, Pratyusha Bujimalla **R3:** Jeremy Caracci, Paige Vaden, Bailey Pierotti, Carmen Vajgrt, Carly Crist, Taylor Mithelman, Jordan Boge, Kevin Wu, Sai Abbaraju, Karen Chen, Andrew Mills **R4:** Jon Caracci, Olivia Guns, Jeff Carley, Kayla Jansen, Millie Varley, Deepthi Akella, Erika Gebard, Kaitlyn Aldrich, Tyler Fenton, Nick Holland, Riley Deutsch **R5:** Scott Syroka, John Koopal, Josh Hjelmaas, Abby Dockum, Sam Sparland, Grant McDonald, Alex Peterson, Dylan Johnson, Alex Clark.

musical emerald cast



R1: Jacob Gehrke, Ella Van Waardhuizen, Joscey Miner, Elizabeth Schraeger, Katie Brandon, Mikayla Seiler, Abby Gorsche, Audrey Kaus, Abby Kate Boeschen, Jillian Gabby, Rachel Gabby, Lauren Gabby, Jackson Gabby, Veronica Standish, Drew Hendrickson, Jennifer Standish, Allie Tubbs, Blake Tubbs **R2:** Sarah Lewis, Nick Holland, Amelia Hammond, Nolan Martz, Michael Murdock, Jordan Hansen, Rory Coniconde, Michael Hanstad, Jenna Smith, Erica Thacker, Ellie Marckmann, Elea Kaptain, Paul Honold, Becca Stahr, Emily Van Wiel, Autumn Askew, Sanjay Koduvalli, Remi Coniconde, Grace Henderson, Paige Cramer, Aly Vukelich, Allie Wignal, Morgan Jensen, Meredith Toebben, Drew Grill **R3:** Rachel Minter, Claire Nichols, Eric Shepard and Charlie Brown (dog), Manda Clark, Adam Jaschen, Jake Dalbey, Tommy Fischer, Josh Boeschen, Andrew Tubbs, Margaret Standish, Kyla Grau, Rebekah Trost, Nate Standish, Alex Kaptain, Emma Henry, Kyler Coburn, Mariah Wellman, Sarah Henry, Greta Hammond, Kameron DeMoss, Katherine Crowley, Monica Gagne **R4:** Mollie Greenwood, Sonya Gau, Richard Schraeger, Andrew Overton, Nathan Ferguson, Kayla Jansen, Sam Sparland, Erin Conlan, Sam Thomas, Katlyn Meiners, Chris Caracci, Samantha Long, Abby Dockum, Laura Smalley, Olivia Guns, Alex Juergens, Jeff Carley, Alyssa Becker, Luke McDermott, Delaney Idleman, Ann Robinson, Catherina Ochoa.

musical ruby cast



R1: Sabrie Black, Ali Safris, Marissa Piper, Keri Seibrecht, Anna Janni, Luke Safris, Anelise Gebard, Kade Johnson, Katie Uitenboek, Carsyn Calkins, Andrew Janni, Jacob Janni, Maraena Black, Maggie Miner, Sara Seibrecht, Serena Black **R2:** Kyla Grau, Katie Brandon, Josh Boeschen, Nathan Ferguson, Mollie Greenwood, Olivia Guns, Elizabeth Schraeger, Andrew Overton, Joscey Miner, Katlyn Meiners, Mikayla Seiler, Emily Van Wiel, Remi Coniconde, Meredith Toebben, Elea Kaptain, Ellie Marckmann, Erica Thacker, Autumn Askew, Becca Stahr, Paul Honold, Margaret Standish, Michael Hanstad, Audrey Kaus, Paige Cramer, Jacob Gehrke **R3:** Julia Ratekin, Kayla Jansen, Katherine Crowley, Rachel Minter, Manda Clark, Claire Nichols, Jake Dalbey, Sanjay Koduvalli, Nate Standish, Drew Grill, Alex Kaptain, Kyler Koburn, Melia Black and Oscar de la Rente (dog), Michael Minter, Jenna Smith, Abby Gorsche, Rory Coniconde, Aly Vukelich, Monica Gagne, Morgan Jensen **R4:** Nathan Grimes, Sam Thomas, Sam Sparland, Tommy Fischer, Nick Holland, Amelia Hammond, Rebekah Trost, Laura Smalley, Michael Murdock, Ann Robinson, Chris Caracci, Victoria Trost, Luke McDermott, Alyssa Becker, Jeff Carley, Delaney Idleman, Abby Dockum.

ncyl



R1: Kristen Gifford, Taylor Mithelman, Elizabeth Mills, Tina Wu, Clara Sandoval, Molly Thuente, Alyssa Becker, Ian Dunshee **R2:** Lisa Friesth, Sara Reed, Ben Smith, Kaitlyn Aldrich, Manah Wellman, Kensie Noble, Scott Syroka, Sam Sparland.

newspaper



R1: Lisa Van Wiel, Laura Scieszinski, Kenzie Foldes, Paige Cramer, Monica Gagne, Lydia Sinclair, Mallorie Goodale, Sarah Margolin, Hannah Soyer **R2:** Lauren Coffey, Taylor Joens, Scott Syroka, Ian Dunshee, Zach Winjum, Wes Monroe, Ben Parsons, Mirza Besic, Evan Culbert, Taylor Mithelman.

nhs



R1: Monica DeCarlo, Tina Wu, Maddie Kleve, Katie Marckmann, Courtney Norelius, Cynthia Tice, Elizabeth Mills, Emily Barnes, Cory Upton, Emma Henry, Aly Vukelich, Amanda Teel, Taylor O'Bryan, Madi Buckley **R2:** Emily Merritt, Kelsie Ferin, Kristin Gifford, Brandi Jansen, Chris Caracci, Andrew Schwaderer, Alex Hershey, Evan Culbert, Ellie Minor, Carly Crist, Lisa Van Wiel, Cathleen Dutcher, Alayna Spiece, Helen Lagerblade **R3:** Bonnie Le Page, Erin Yocum, Matt Zinselmeier, Eric Bridgewater, Brian Ross, Kaitlyn Aldrich, Molly Thuente, Kensie Noble, Jenn Kreinbring, Jenna Francois, Sammie Hildreth, Taylor Kavaya **R4:** Matt Ruebbelke, Emily Stoen, Richard Schraeger, Manah Wellman, Jacey Elmer, Ben Smith, Alissa Campbell, Erika Gebard, Ben Parsons, Morgan Riessen, Sara Reed **R5:** Erin Conlan, Kim Hughes, Nate Perkins, Taylor Beguhn, Connor Yocum, Keaton Gifford, Zach Vander Ploeg, Lucas Wittman, Matthew Hanstad, Sam Sparland, Grant McDonald.

paw



R1: Tina Wu, Sammi Trail, Haley Thiel, Hannah Soyer, Kirpal Dhugga **R2:** Jenna Heil, Lauren Coffey, Austin Empey, Paige Plaskitt.

photography club



R1: Claire Timmerman, Jason Koenigsberg, Karina Suarez, Olivia Jenkins, Tina Wu **R2:** Ben Smith, Jacob Henderson, Delaney Idleman, Lauren Coffey, Paige Plaskitt.

sail



R1: Karsen Kramer, Molly Thuente, Abby Dusen, Erin Brandsgard, Reid Lefler, Amelia Medici, Nicole Hoffman, D'Sharri Scott **R2:** Carly Crist, Timmy Morrissey, Blake Miller, Spencer Clock, Will Krone, Adam Richman, Dylan Johnson, Kelsi Larsen.

softball



R1: Stanzy Snyder, Lauren Thilges, Steph Stone, Bernie Willis **R2:** Ellen Espeland, Claire Nichols, Sam Strand, Abby Wilmes, Sammie Hildreth, Hannah Berger **R3:** Katie Newbury, Lauren Goodale, Erica White, Bailey Wilmes, Emma Monthei.

sophomore boys' basketball



R1: Korbin Sesker, Tyler Blackburn, Mark Sauber **R2:** Jordan Kleinschmidt, Joe Fairchild, Sam Zemhelt, Casey Roshek, Nick Neumann, Adam Johanson **R3:** Ryan Ostwald, Joe Stebbins, Grant Parker, Joe McGinn, Ryan Decker, Grant Riessen, Taylor Heitkamp, Jacob Campbell, Ryan Ingebrand, Austin Stiles.

sophomore football cheer



R1: Libby Bengtson, Amy Flavell, Peyton Koonce, Jensen Conant, Cassidy Dean, Jessica Newton, Susan Manning, Jordan Poore **R2:** Elizabeth Schraeger, Hannah Tetmeyer, Becca Suvalsky, Katy Olsen, Brooke Stoll, Madeline Boals, Ally Shoeman, Katie Maxcy **R3:** Mallorie Goodale, Meghan Hart, Maddy Woodfine, Emily Stevens, Ashleigh Edwards, Katie Sterk, Natalie Parker.

sophomore football



R1: Tyler Cook, Jasmin Muratovic, Jake Scanlan, Landon Arnold, Nick Wyman, Drew Woods, Spenser Nelson, Nick Stitzell, Jeremy Caracci, Alex Canny **R2:** Grant Riessen, Derek Van Blarcom, Robert Doan, Travis Theisen, Joe Gomez, Rory Coniconde, Kyle Chapman, Wes Witt, Travis Sorci, Jake Emblen, Adam Bognar **R3:** Zach Brandt, Josh Hjelmaas, Trent Howard, Caleb Bakken, Tyler Bradford, Nick Whittaker, Camden Van Brocklin, Kyler Coburn, Devin Lile, Luke McDermott **R4:** Alex Rice, Drew Uding, Connor Van Houten, Will Bjorholm, Mike Mahanna, Joey DeKok, Pete Lashier, Tate Williams, Andrew Mills, Tyler Nelson **R5:** Bailey Pierotti, Derek Flack, Tony Kruse, Marc Beltrame, Jacob Jacoby, Annie Goldsworthy.

spanish club



R1: Livvy Jenkins, Anna Pierce, Clara Sandoval, Josh Dell, Evan Trainer, Leigha Christenson **R2:** Ana Duarte, Delaney Idleman, Abby Dolan, Erin Conlan, Walker Williams, Jovana Majstorovic, Allison Clark.

student council



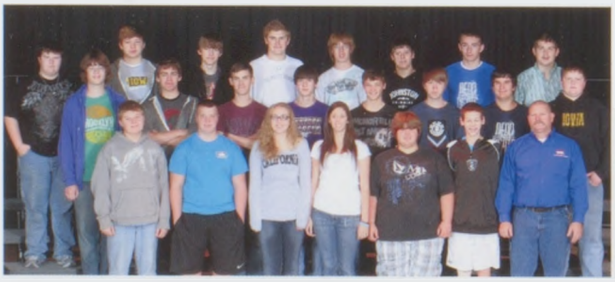
R1: Laura Sciezinski, Shannon Beierschmitt, Ronnoja Ayers, Reid Lefler, Jon Caracci, Amelia Medici, Jeremy Caracci, Matt Zinselmeier, Joscelyn Miner, Kim Hughes **R2:** Lisa Friesth, Brandi Jansen, Katelyn Lunders, Abby Dusen, Emma Henry, Melia Black, Molly Thuente, Kensie Noble, Kaari Devens, Craig O'Keefe, Steph Wilkinson **R3:** Deepthi Akella, Callie Alvarez, Carly Crist, Katie Marckmann, Dylan Johnson, Sam Perington, Charlie Haggett, Blake Miller **R4:** Kelsey Acheson, Kate Fjelstad, Lisa Van Wiel, Hannah Thayer, Scott Syroka, Dalton Handel, Logan Walkup, Will Krone.

synergy



R1: Cassie Hardy, Kendra Jensen, Brooke Stephens, Laura Scieszinski, Mikayla Seiler, Alex Juergens, Reid Lefler, Michael Minter, Sarah Lewis, Michael Hanstad, Aly Vukelich, Margaret Standish, Katie Landy, Julia Ratekin, Cory Upton **R2:** Katie Marckmann, Jon Caracci, Rory Coniconde, Erik Rhodes, Kyla Grau, Lydia Sinclair, Monica Gagne, Kelsey Kramer, Shane Wiley, Luke Stevens, Jeremy Caracci, Casey Briere, Alex Kaptain **R3:** Amy Nihart, Kaitlyn Meiners, Ashley Shay, Natalie Vander Ploeg, Elaine Tilly, Drew Cubit, Brianna DeMoss, Joe Seda, Ally Shoeman, Rachel Minter, Allie Wignall, Dani Lorenz, Alex McCune **R4:** Alyssa Becker, Brandt Swallow, Anna Johnson, Elizabeth Schraeger, Camden Van Brocklin, Jacqueline Gurney, Brandi Pohlman, Adam Jaschen, Joscey Miner, Abby Dockum, Andrew Mills **R5:** Connor Yocum, Michael Schwaderer, Catherina Ochoa, Aaron Gray, Heath Dannen, Justin Ewing, Manda Clark, Josh Dell, Andrew Schwaderer, Andrew Boge **R6:** Jeff Carley, Chandler Bakken, Drew Grill, Laura Schwartz, Samantha Long, Trevor Heiden, Jordan Boge, Ammar Pasalic, Mason Waetke.

tsa



R1: Matt Rahm, Justin Nicolet, Jessie Sandmann, Catherina Ochoa, Nick Barker, Jordan Hansen, Mitch Eagles **R2:** Austin Busch, Ben Parsons, Mirza Besic, Brandon Gabbert, Brice Tegeler, Jayden Bridgeman, Phil Hauser, Monty Friestad **R3:** Austin McGinnis, Nicolas Campbell, Sam Thomas, Chase Fiedler, Cameron Redshaw, Jordan Nicolet, Tyson Wieland, Kyle Hanson.

varsity baseball



R1: Evan Hammer , Matt Zinselmeier, Kale Singleton, Andrew Stiles, Ryan Stapes, Joseph Zahn, Charlie Engblom **R2:** Andy Lovejoy, Derek Winchester, Cory Stapes, Ethan Kumbera, Matt Joslin, Sam Smith, Jeff Pavelka, Michael Kinning, Jon Hankins, Cameron Biondi **R3:** Dennis Stevenson, Michael Barta, D.J. Swift, Mitch Bruckshaw, Jordan Ross, Cody Brenner, Shane Chafa, Sam Shaver, Matt Dippold, Austin Bowen, Nick Siddens, Bret Posegate.

varsity boys' basketball



R1: Adam Johanson, Blake Miller, Dylan Balmer, Spencer Moser, Nathan Joens, Nick Neumann, Matthew Hanstad, Nick Stitzell **R2:** Jon Hankins, Luke Jorgensen, Nick Nelson, Mike Mahanna, Jay Knuth, Grant Smith, Grant Riessen.

varsity boys' soccer



R1: Darius Doswell, Austin Kerr, Calvin Kimrey, Parker Gesiriech, Pete Lashier, Luke Johnson **R2:** Spencer Clock, Jacob Nelson, Dalton Handel, Sam Graving, Andy Smith, Krister Anderson, Joe Fairchild, Ryan Harlow, Matthew Hanstad **R3:** Heath Weeks, Cody Jacobson, Brian Ross, Connor Yocum, Eric Bass, Jon Hankins, Tyler Neumann, Nick Payne, Josh Dicken, Dustin Mead.

varsity boys' tennis



R1: Daniel Kim, A.J. Naanep, Francesco Naman, R.J. McGrew, Justin Atterberg, Charlie Goodwin **R2:** Charlie Haggett, Vaibhav Srikaran, Mason Lee, Duncan Sinclair, Jonny Katz, Chase Fiedler

varsity dance team



R1: Ally Tack, Alex Cordes, Amelia Medici, Elin Tegels **R2:** Brooke Stephens, Steph Phillips, Katie Hermanson, Carly Crist, Katelyn Lunders, Brianna DeMoss, Laura Scieszinski **R3:** Shannon Hartle, Bailey Swift, Karli Killian, Elizabeth Reiher, Alexandra Reiher, Darian Huff, Katie Landy.

varsity football cheer



R1: Ashley Enger, Catherine Erb, Lyndsey Niebuhr, Brandi Jansen, Kelsie Ferin, Tayler Murray, Brooke Vidmar, Lexi Shafer **R2:** Makenzie Skarphol, Maddie Kreamer, Emilie Githens, Kristen Gifford, Emma Van Houten, Ally Tack **R3:** Kelsey Kramer, Sarah Lewis, Cynthia Tice, Reid Lefler, Lauren Kimble, Katie Giles, Mackinzie Myers **R4:** Joscelyn Miner, Cassidy Farnsworth, Karly Palmer, Carly Crist, Mimi Nguyen, Anna Twickler.

varsity football



R1: Joe Buckley, Clayton Bormann, Zach Vander Ploeg, Isaac Laffey, Shane Abbott, Kyle Arnold, Zach Boals, Nate Perkins, Joe Scanlan, Zach Winjum **R2:** Josh Cronin, Adam Shaver, Chris Sexton, Deavon Richards, Tyler Morrissey, Eric Bridgewater, Tyler McCormick, Nick Newton, Dillon Temple, Matt Zinselmeier **R3:** Marcus Devens, Richard Schraeger, Blake Heikes, Jullian Holder, Marcus McKay, Andre McKay, Connor Yocum, J.J. Worley, Mitch Wilson, Eric Bass **R4:** Bonnie Le Page, Blake Miller, Ryan Evans, Brock Hoffmann, Trevor McCauley, Matt Guyer, Matt Benson, Will Krone, Dylan Jones, Fez Bui **R5:** Emily Moe, Jason Kane, Cullen Maahs, Kris Queck, Conner Jacobsen, Sam Schade, Spencer Clock, Craig Kimble, Jordan Mann, Kyle Timmerman, Troy Barnes, Emily Stoen **R6:** Matt Chambers, Miles Fogelson, Brandon Sexton, Semir Bahtagic, Andy Bevis, Logan Towers, Ben Garlock, Mitch Boals, Marcus Montgomery, Marion Graham, Dustin Smith, Kayla Dings **R7:** Jessie Ceraso, Brandon Thrane, Josh Friedel, James Ellis, Michael Kinning, Alex McCune, Jaryd Lawrence, Josh Ried, Jordan Galle, Zeyad Alghool, Will Hyde, Casey Coughlon **R8:** Jacob Jacoby, Derek Flack, Tony Kruse, Mike McCune, Rod Wiebers, Brian Woodley, Brian Lutter, Marc Beltrame, Zac Christenson, Eric Shafer, Jesse Smith.

varsity girls' basketball



R1: Kristin Riley, Kim Thomas, Kailey Kerr, Sara Reed, Sammie Hildreth, DeDe Ayers, Katie McMillen **R2:** Ronnoja Ayers, Erin Yocum, Radha Patel, Taylor Joens, Stephanie Wilkinson, Brenna Robinson, Kelsi Larsen, Kim Hughes.

varsity girls' soccer



R1: Jady Polson, Kenzie Erwine, Lexi Willie, Madison Vestal, Kerigan Thompson, Rachel Wanniger, Mollie Tompkins, Emily Scott **R2:** Susan Manning, Sarah Ross, Katrina Fey, Abby Gorsche, Bailey Wilmes, Haley Morris, Kristen Stucker **R3:** Kenzie Johnson, Payton Thompson, Jenna Smith, Paige Elming, Ellie Wallace, Bailey Bockenstedt, Megan Faley, Emily Hanson. *not pictured Allyson Veatch, Emily Lehman*

varsity girls' tennis



R1: Mitzi Heatherton, Ben Knight **R2:** Martha Carroll, Maddie Kreamer, Kylie Poulson, Liera Bender, Claire Westemeyer, Eisha Nathwani, Payton Kintz **R3:** Jenna Heil, Krista Gerke, Karly Palmer, Emily McDowell, Megan Bradley.

varsity volleyball



R1: Kayla Sullivan, Jenna Heil, Brianna Nelson, Morgan Jungman, Claire Westemeyer, Stephanie Stone **R2:** Emma Monthei, Kayla Baird, Sam Phillips, Taylor Anderson, Nicole Gibbons, Emily Dowell, Kensie Noble, Ellie Scott **R3:** Lacey Fulton, Abby Dolan, Rachel Anderson, Taylor Joens, Sanna Rasmussen, Meghan Osterhout, Laura Ausenhus, Paige Boyer, Karsen Kramer, Rick Brooks.

varsity winter cheer gold



Ally Shoeman, Margaret Standish, Sarah Lewis, Kelsey Kramer.

varsity winter cheer purple



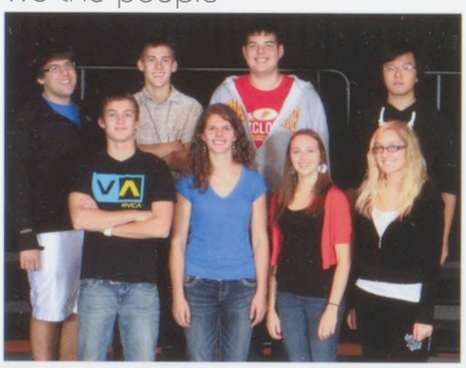
Katherine Bischof Gillete, Sammy Spartz, Jenna Axtell, Brandi Bolken, Franie Talley.

varsity wrestling cheer



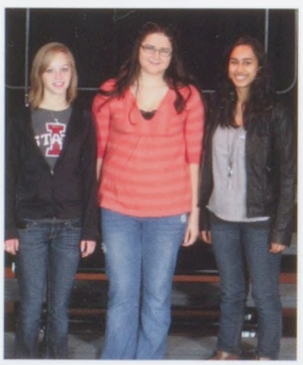
Emily Moe, Kelsie Ferin, Mackinzie Myers, Ashley Enger.

we the people



R1: Dylan Johnson, Kaitlyn Aldrich, Elizabeth Mills, Katelyn Lunders **R2:** Scott Syroka, R.J. McGrew, Sam Sparland, Joe Duan.

webmasters



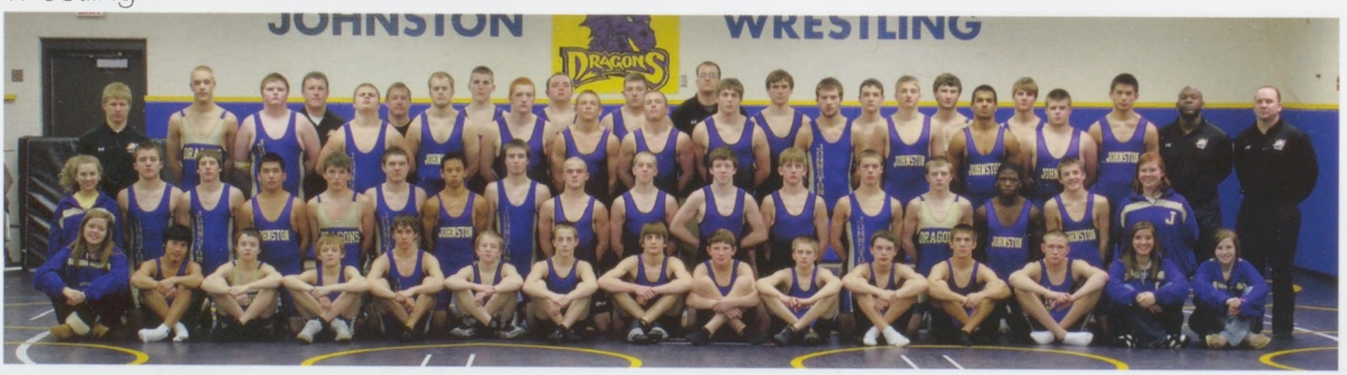
Julia Ratekin, Abby Dolan, Aditi Dinakar

treble clef choir



R1: Amy Nihart, Mikayla Seiler, Brooke Stephens, Kaitlin Landy , Sarah Margolin, Michelle Hall, Sarah Hainline, Paura Himeno **R2:** Monica Gagne, Cassidy Dean, Kyla Grau, Kelsey Kramer, Bailey Ginkens, Katlyn Meiners, Lydia Sinclair, Ashleigh Edwards, Laura Scieszinski, Stanzy Snyder, Cheryl Wells **R3:** Natalie Vander Ploeg, Dani Lorenz, Katherine Crowley, Liz Giesselman, Caitlin Miller, Elaine Tilly, Mollie Greenwood, Paige Cramer, Millie Varley **R4:** Maren Bettis, Taylor Holland, Brianna DeMoss, Ally Shoeman, Jacqueline Gurney, Elizabeth Schraeger, Bailey Pierotti, Laura Schwartz, Kayla Jansen, Abby Dockum, Samantha Long.

wrestling



R1: Clare Farrell, Daven Ngo, Mark Johnson, Shane Vaughan, Travis Kain, Henry Pohlmeyer, Travis Price, Matt Gibbons, Haggen Meyer, Brady Harper, Cole LaFollete, Alec McCombs, Jacob Randall, Bailey Comegys, Bailey Robinson **R2:** Quinn Stigers, Nate Standish, Nathan Christanson, Rory Coniconde, Cam Brose, Noah Lang, Isaac Tuon, Bryan Johnson, Will LeGrand, Logan Walkup, Zack Robinson, Dakota Jackson, Noah Beebe, John Walsh, Anthony Kpedeh, James McGowan, Katy Clay **R3:** Coach Jesse Lyons, Nate Eggleston, Monte Friestad, Cameron Michel, Shane Abbott, Conner Jacobsen, Nick Newton, Sam Schade, Brandon Sexton, Joe Buckley, Clayton Holcomb, Troy Tigges, Brad Nielsen, Robert Doan, Zach Thompson, Shane Goodman **R4:** Tom Griffin, Steve Price, Austin Schenkelberg, Jacob Scanlan, Joe Scanlan, Aaron Tecklenberg, Isaac Laffey, Alexander Beltrame, Jon Dolan, Andy Pargulski.

index

A

Abbaraju, Sai 110, 122
Abbott, Shane 72, 150, 180, 181, 184, 189
Abercrombie & Fitch 157
Abeyta-Martin, Abby 98, 147
Acheson Auto Works 200
Acheson, Kelsey 110. 156, 164
Ackerman, Nicole 98
Action Accents 200
Adams, Lisa 124, 165, 184
Adele 164
Adkins, Madeline 98
Advanced Eyecare Center 200
Ajdimovski, Ena 48, 72, 146
Akella, Deepthi 110
Akin, Connor 72
Aladdin 131
Alaniz, Jazmine 98
Albers, Megan 98
Aldrich Kaitlyn 54, 72, 169, 179 189
Alghool, Zeyad 10, 98
Alic, Dinela 98
Aller, Abby 98
Allison, Alijah 72
Allison, Amy 110
Altier, Sam 98
Altman, Jane 142
Altman, Nick 98
Alvarez, Callie 110, 172
American Cancer Society
American Cancer Society 129, 132, 135, 141, 162
American Mock Trial Association 179
American Red Cross 148
AmericInn 200
Amundson, Tyler 98
Anderson, Alexa 175
Anderson, Evan 98
Anderson, Kevin 72
Anderson, Krister 44, 98, 160
Anderson, Myles 98,131
Anderson, Rachel 98
Anderson, Taylor 12, 72
Andeweg, Erin 98
Antrim, DB 130
Apex Athletics 200
April 146, 147
Arch, Wendy 57, 124
Armstrong, Michael 98
Arnold, Kyle 10, 65, 72, 184
Arnold, Landon 110
Art 48, 49
Ashworth Family Dentistry 200
Aspen Athletic Clubs 200
Atkinson, Jake 98, 143
Atterberg, Justin 37, 98, 144, 145
Ausenhus, Laura 98, 176
Axtell, Jenna 72, 184
Ayers, D'Autre 28, 42, 43, 72, 164
Ayers, Ronnoja 42, 43, 110, 154, 155

B

Babcock, Lauren 72
Backous, Tonia 124
Bailey, Jordan 72, 147
Baird, Kayla 72
Baker, Sue 124
Baker's Square 200
Bakken, Chandler 110
Bald Head 131
Ballard, Sierra 110, 156
Balmer, Cole 40
Balmer, Dylan 98
Band 172, 173
Bandit Burrito 135
Bandit Burrito Catering 200
Bank Iowa 200
Barber, Jennifer 72
Bareilles, Sarah 165
Barker, Nick 110, 162
Barnes, Emily 72
Barnes, Troy 98
Barta, Michael 7
Baseball 6, 7
Basketball, Boys' 26, 27
Basketball, Girls' 28, 29
Bass, Eric 10, 44, 73, 80
Bast, Kass 73
Bateman, Summer 110
Beaderstadt, Jodi 124
Beason, Dave 43, 77, 124
Beck, Nolan 98
Becker, Alyssa 73, 176, 177, 184
Beebe, Noah 110
Beebe, Taylor 73
Beehler, Joshua 64, 66, 98, 136, 139, 151, 165
Beguhn, Taylor 73, 185
Behrens, Jane 124
Beierschmitt, Shannon 110
Bell, Audrey 124
Bella Salon & Day Spa 200
Bender, Liera 38, 39
Bengston, Deb 125
Bengston, Libby 110, 115, 125
Benson, Matthew 98
Berger, Hannah 8, 43, 110, 179
Bergman, Evan 18, 19, 73
Bergstrom, Jack 41
Berry, Jordan 73, 81
Bertelsen, Veronica 20, 60, 110
Besic, Mirza 61, 73, 150, 163, 175, 185,
Best Buddies 166, 167
Bettis, Maren 110
Bevis, Andy 98, 143, 180
Bezverkha, Ira 110
Bieber, Justin 165
Biere, Brandon 73
Bierle, Allie 110, 161
Big Creek 86
Big Horn National Park 130
Billerbeck, Emma 25
Biondi, Cameron 7
Biondi, Carter 73
Birkett, Sarah 42, 110
Bischof Gillette, Katherine 98
Bishop Drumm Retirement Center 166
Bjorholm, Will 110
Bjurstrom, Jan 124
Black Eyed Peas 64
Black, Melia 99, 164, 177, 183
Blackburn, Tyler 110
Blanchard, Jeri 124
Blazevic, Jasna 57, 73
Boals, Madeline 110
Boals, Mitch 10, 110
Boals, Zachary 73
Bob Brown Chevrolet 200
Bob Brown Collision Center 200
Bob Marley 84
Bockenstedt, Bailey 47, 110
Boes, Madison 99, 156
Boeschen, Josh 14, 99
Boge, Andrew 54, 58, 110, 142, 179
Boge, Jordan 58, 110, 179
Boggs, Megan 73
Bognar, Adam 111, 133
Bolken, Brandi 73, 159
Bolles, Jacob 111
Bonaventura, Soleil 73
Borich, Vickie 20, 31, 32, 33, 62, 124
Bormann, Clayton 30, 31, 73
Bormann, Joe 30, 31, 99
Bormann, Kelli 32
Borwick, Josh 40
Boston, Terra 73
Bourne, Amy 73, 147
Bousom, Kayla 50, 51, 100
Bowen, Austin 30, 74, 137
Bowling, Boys' 30, 31
Bowling, Girls' 32, 33
Boyer, Brooke 111, 149
Boyer, Paige 99, 155
Bradford, Amy 138
Bradford, James 138 139
Bradford, Tyler 111, 138
Bradley, Brianna 74
Bradley, Megan 111
Bramer, Mary 175
Brandley, Brianna 189
Brandsgard, Erin 74
Brandt, Mary 46
Brandt, Zack 111
Brau, Mark 182
Brault, Marc 99
Bravard, Bailey 46
Bravo 151
Brenner, Cody 6, 7, 74
Brenner, Travis 6, 99
Bricker, Alex 99
Brickley, Tim 17, 50
Bridgeman, Jayden 111
Bridges, Morgan 99
Bridgewater, Eric 11, 74, 170, 176, 180
Briere, Casey 111
Brimeyer, Katey 99
Britton, Adam 74
Britton, Tyler 99
Brooks, Richard 124
Brooks, Rick 13
Brose, Cameron 74, 137
Brown, Daniel 74
Brown, Julia 74, 156, 189
Brown, Missy 74
Bruckshaw, Mitch 6
Bryant, Barbara 74
Bucher, Tanner 111
Buckley, Joe 55, 74
Buckley, Madi 57, 74
Buffalo Wild Wings 11, 133
Bui, Fez 99, 133
Buising, Anna 74
Buising, Joseph 99
Bujimalla, Pratyusha 111
Bungu, Jetmir 74, 92
Burkhead, Taylor 41, 74
Burle, Hanna 74
Burnic, Samir 98, 99
Burns, AJ 99
Burns, Taner 99
Burop, Briiana 111
Busch, Austin 99, 163
Business 50, 51
Business Performance Group 200
Buttrey, Corbin 99
Byrd, Deena 180

C

Cabrera, Myra 74, 189
Caggert, Brandon 113

Caldwell, Gabe 41
Calhoun, Tori 75, 164, 166
Cali Nails 200
Cameron, Holdan 75
Cameron, London 111
Campbell, Alissa 75, 176, 185
Campbell, Jacob 18, 67, 111
Campbell, Madison 75
Campbell, Nick 111
Canny, Alex 111
Capitol Edge-Public Policy Services 200
Caracci, Chris 14, 75, 169, 181, 182, 183
Caracci, Jeremy 14, 15, 41, 111, 141, 164, 171
Caracci, Jonathan 14, 111, 150, 152, 165, 179
Carico, Brian 141
Carico, Cameron 141, 177
Carico, Dawn 141
Carico, Kaylea 129
Carico, Kourtni 129
Carley, Jeff 99, 152, 178
Carlson, Clara 111
Carlson, Cody 22 23
Carlson, Terry 124
Carroll, Georgia 38
Carroll, Martha 38
Case, Madie 111, 113
Cason, Jamie 69
Central Campus 73
Central College 11
Ceraso, Jessie 75, 139
Cesar, Isaiah 111
Chafa, Shane 75
Chamberlin, Bailey 68, 99
Chambers, Matthew 75
Chambers, Megan 104, 124
Chance, Amanda 20, 111
Chapman, Anah 111
Chapman, Kyle 111
Charlie 183
Charter Bank 200
Cheer 158, 159
Chemanedji, Moncef 99
Chen, Karen 111, 179
Cherrier, Brian 75, 141, 152, 172
Chicago Speakeasy 200
Children and Family Urban Ministries 82
ChildServe 104, 200
China Café 200
Chipp, Taylor 99
Choir 176, 177
Christ, Rachel 111
Christainsen, Teri 124
Christensen, Bryon 40, 41
Christensen, Jenna 75
Christenson, Bryon 99
Christenson, Leigha 99
Christenson, Nate 99, 143
Christianson, Nathan 59, 99
Church, Cheyenne 24, 25, 111, 148, 149
Chyi, Frankie 62, 75
City of Johnston 200
Clabaugh, Logan 40, 41
Clark, Alex 23, 111, 120
Clark, Allison 99
Clark, Levi 30, 31
Clark, Manda 75, 82
Clarkson, Amber 135
Clay, Katy 99, 139
Click Five 120
Climb Iowa 65, 74, 200
Cline, Andreu 99
Cline, Sue 55, 61, 124
Clinton, Neiman 99
Clock, Beth 110
Clock, Spencer 44, 45, 99, 110
Clothier, Lindsey 99, 101
Coburn, Kyler 111, 170, 183
Coffey, Lauren 75, 146, 155, 156, 175, 189
Coffey, Morgan 111, 164
Cole, Dany 75
Coleman, Kelly 61, 124
Collins, Sierra 100
Comegys, Bailey 100, 143
Community State Bank 200
Comstock, Alec 75, 190
Comstock, Kathy 52
Conant, Jensen 111
Coniconde, Rory 111, 182, 183
Conlan, Erin 100, 168
Conley, Cody 75, 190
Conley, Laree 111
Conlon, Nevin 63
Conrad, Brayden 75
Consumer Science 52, 53
Converse 152
Cook, Tyler 112
Cooper, Addie 100, 154
Cooper, Mackenzie 112
Cooper, Phoebe 75, 132, 139, 190
Copland, Aaron 172
Corbin, Mitch 100
Cordaro, Marci 184
Cordes, Alex 76, 133, 160, 181
Cosi Cucina 200
Cosic, Veldin 112
Costello, Shelby 112, 167
Coughlon, Casey 100, 156
Coulter, Austin 76
Coulter, Callie 112, 166
Couture, Caiya 76, 190
Covil, Hunter 135
Coyle, Randy 100
Cracraft, Tyler 22 23
Cramer, Paige 100, 137, 166, 174
Created in Johnston 156
Crist, Allie 160
Crist, Carly 43, 100, 151, 156, 164, 165, 179
Crivaro, Alicia 8
Crone, Shaylinn 76
Cronin, Jack 34,35
Cronin, Josh 10, 50, 76
Cross Country, Boys' 14, 15
Cross Country, Girls' 16 ,17
Crowley, Katherine 60, 112
Cruz, Taio 125
Cubit, Cody 76
Cubit, Drew 112
Culbert, Evan 76, 132, 150, 151, 169, 174
Culver's 200
Cuneo, Karisa 112, 114
Cunningham, Monica 100



junior stephanie wilkinson

D

D'iapico, Dale 124
Dailey, Joe 100
Daly, Troy 112
Dance 160, 161
Dance Vision 200
Daniel, Jami 124
Danielson, Ryan 76, 190
Dannon, Heath 100, 182
Darland, Lindsey 112
Daughhetee, Seth 100, 164
Davis, Jake 76, 190
Davis, Luke 41
Davis, Megan 76, 191
Davis, Michaela 160
Davis, Nicole 25, 112
Dayton, Johnny 114
Dean, Cassidy 112
Dean, Logan 100
Debaene, Naomi 112
Debolt, Kenzie 100
DeCarlo, Monica 76, 131, 151, 185
DeCarlo, Rachel 61, 100
December 138, 139
Decker, Ryan 112
DeFelice, Jordan 76
Defino, Catherine 24
DeGroot, Ethan 100
DeKok, Joey 112, 124
Delahmet, Admir 112
DeLanoit, Matt 87
DeLaria, Tessa 76
Dell, Josh 112, 180
DeMoss, Brianna 112, 154, 155, 160
Denny, Anthony 30, 31, 100, 151
Denny, Grant 112
Des Moines Creations Jewelry 200
Deskin, Jill 76, 89, 143
Despensas, Alaina 100
Deumic, Elvin 112
Deutsch, Riley 112, 142, 143, 179
Devens, Jenna 121
Devens, Kaari 42, 43, 112, 121
Devens, Marcus 100, 121
Devnich, Amanda 46
Dewhurst, Ben 112
Dhugga, Kirpal 59, 100
Dicken, Josh 44, 45, 76
Dickinson, Emma 100
Dieseth, Anne 76, 191
Dig Pink/Spike Blue 12, 135
DiMarco, Sydney 76, 156, 191
Dinakar, Aditi 54, 55, 112
Dings, Champagne 100
Dings, Jon 77, 137
Dings, Kayla 100
Dinikar, Aditi 142
Disney World 99, 131
Dixson, Paige 100
DMACC 16, 81
Doan, Robert 36, 112
Dobkins, Austin 112
Dockum, Abby 112, 142, 143, 179
Doctors Now Walk-in Care 200
Dolan, Abigail 77, 167
Dolic, Semir 112
Dollars for Scholars 184
Donahue, Sarah 112
Donlagic, Mirza 44
Dooley, Chelsea 112
Doors of Distinction 200
Dorrian, Amber 77
Doswell, Simmone 100
Doudin 79
Dougherty, Enya 77, 147, 153
Dowell, Jesse 124
Dowell, Jessica 124, 168
Downey, Hannah 112
Dr. John Campbell 200
Drs. Langwith, Hull & Rousch 200
DSM Photo Company 200
Duan, Joe 77
Duarte, Ana 112
Dubinovic, Sejad 113
Dugan, Nicky 113
Dunshee, Ian 77, 134

Dupanovic, Adi 113
Duplication Media 200
Dusen, Abby 77, 137, 151, 164
Dutcher, Cathleen 77, 172, 191
Dyett, Jaswik 113
Dyett, Nathaniel 77
Dygert, Ben 50, 100

E

Eagles, Mitch 51, 68, 69, 124, 162
Earles, Adam 77
Eckert, Cody 77
Edwards, Ashleigh 113, 135, 158
Eggelston, Nate 112, 113, 162, 163
Eisentrager, Conner 77
El Mariachi 160
Elkaz, Arnez 113
Ellerman, Kaitlyn 77, 156
Elliot, Logan 77
Ellis, James 100
Elmer, Jacey 77, 185
Elming, Chelsea 77
Elming, Paige 28, 46, 47, 113
ELP 54, 55
Emblen, Jake 113, 176
Eminem 6
Empey, Austin 67, 77, 180, 191
Encore Pizza 200
Engblom, Isabella 43, 100, 168
Enger, Ashley 77, 158
English 56, 57
Eppard, Bailey 16, 17, 42, 43, 100
Erb, Catherine 78
Erickson, Ashlee 78
Erickson, Cody 30, 100
Erwine, Kenzie 113
Escoto, Alejandra 100
Espeland, Ellen 113
Evangelical Free Church 130
Evans, Addy 113
Evans, Andrew 101, 180
Evans, Ryan 101
Ewing, Justin 101

F

Fairchild, Joe 45, 113
Faley, Megan 46, 47, 101
Farnsworth, Cassidy 101, 109
Farrell, Joseph 78
Fatic, Maida 113, 137
February 142, 143
Fechner, Shelby 113, 164
Feinberg, Austin 78, 166
Felix and Oscar's Restaurant 200
Fell, Christopher 101
Fenton, Derek 113
Fenton, Tyler 41, 49, 113
Ferguson, Jody 124
Ferguson, Niki 24
Ferin, Brandon 162
Ferin, Kelsey 158 159
Ferin, Kelsie 65, 87
Fey, Katrina 113, 119, 156
Fick, Ben 14
Fiedler, Chase 36, 78, 162, 163, 180
Fiepke, Jonathan 22
Finn, John 101
Fitness Sports 200
Fitzpatrick, Sara 124, 165
Fjelstad, Kate 17, 113, 164
Flavell, Amy 113
Fogelson, Miles 101
Foldes, Kenzie 16, 17, 42, 43, 113, 123, 174
Foldes, Morgan 123
Football 10, 11
Forcan, Dragana 78, 145
Foreign Language 58, 59
Forrest, Brandon 113
Fortune, Russ 124
Forum Chillydog 84
Four Corners Feed, Inc. 200
Frameworks 200
Francois, Jenna 78, 166, 185
Francois, Teresa 49, 124
Frechner, Shelby 164
Freidrichs Coffee 200
French, Maren 113
Frese, Rebekah 54
Friedel, Jake 113
Friedel, Josh 101
Friestad, Monte 113, 162
Friesth, Lisa 78, 151, 156, 157, 170, 191
Fritz, Josh 113
Fritz, Matthew 78
Fulghum, Tess 78
Fuller, Conor 78
Fulton, Lacey 124, 164

G

Gabbert, Brandon 162
Gagne, Monica 63, 113, 133, 179
Galle, Jordan 101
Galloway-Menke, KT 124
Gansemer, Kyle 101
Ganzer, Kara 49, 101
Gardner, Adam 78, 145
Garduno, Tomas 113
Garlock, Ben 41, 101
Garside, Alicia 61, 78
Gathercole, Rae 113
Gau, Sonya 113
Gaumer, Xavier 101
Gavin, Drew 67, 101
Gearhart, Mitch 125
Gearhart, Nick 114
Gebard, Erika 49 78, 145, 176, 178, 179, 180, 181, 192
Gee, Mark 101
Gehrke, Jacob 101, 130, 170, 182
Geilenfeld, Chuckie 69
General Motors 172
Generation Next 200
Gerhardt, Chelsea 129
Gerke, Krista 38, 78, 192
Gertsner, Josh 36
Gerzema, Tim 78, 164, 166
Gesiriech, Parker 67, 114
Gibbons, Matthew 78, 192
Gibbons, Megan 55, 114
Gibbons, Nicole 79, 192
Gibson, Caleb 101
Gidel, Kristen 125, 127
Giesselmann, Liz 101
Gifford, Keaton 79, 184
Gifford, Konnor 114
Gifford, Kristen 79, 134 135, 168
Giles, Katie 66, 101, 168, 170, 177
Ginkens, Bailey 114
Gino's 200
Gipp, Mary 125
Githens, Emilie 79, 159
Giudicessi, Cole 79
Glazed Expressions 200
Glenn, Devon 114
Goldsworthy, Annie 114, 135
Golf, Boys' 18, 19
Golf, Girls' 20, 21
Gollapudi, Sindhu 61, 101
Gonzalez, Ana 114
Gonzalez, Juana 114
Goodale, Lauren 9
Goodale, Mallorie 24, 114, 158, 159, 174
Goodwin, Charles 101
Gordon, Eli 114
Goss, Michael 69, 114



junior brock hoffman

Gott, Brad 79, 88, 166
Gould, Nicole 117
Goux, Brock 114
Gradoville, Rich 29, 125
Graduation 184, 185
Graham, Haley 114
Graham, Marion 101
Grapp, Elli 79
Grau, Kyla 114
Grave, Paige 114, 164
Graves, Whitney 79
Graving, Sam 44, 45, 114, 151
Gravish, Tara 114
Gray, Aaron 114
Gray, Ashley 43, 79, 83
Gray, Joe 77, 79
Gray, Rachel 101
Greenwood, Mollie 25, 114
Greig, Danielle 79
Griffin, Thomas 125
Griffiths, Seth 10
Grill, Drew 114, 182
Grillin Guys at Merle Hay 200
Grimes Sweet Corn 100
Grimes, Nathan 114
Grow, Chris 180
Gruening, Cal 79
Guetta, David 160
Gunhus, Sarah 101
Guns, Olivia 101, 179
Gurney, Jacqueline 114
Guthmiller, Clay 175
Guthrie, Stephanie 125, 147
Guyer, Matthew 101

H

Haas, Matias 79
Hagerla, Marissa 101
Haggett, Benton 79
Haggett, Charlie 79
Hainline, Sarah 79
Hajdarevic, Bakir 79
Halder, Casey 101
Haler, Andrew 79
Hall, Michelle 101
Hallman, Abby 12, 13, 114
Hammans, Kathy 125
Hammer, Evan 80
Hammer, Seth 114
Hammond, Amelia 101

Handel, Bri 114
Handel, Dalton 102, 132
Handy, Lexie 80
Hankins, Jon 26 27, 44, 45, 80, 180, 181
Hans, Zaxston 102
Hansen, Dick 125
Hansen, Emily 12
Hansen, Jordan 102, 108
Hansen, Linda 175
Hanson, Abby 102
Hanson, Emily 47, 114
Hanson, Kyle 114
Hanstad, Matthew 100, 102, 143
Hanstad, Michael 114, 131
Harcharik, Grace 102
Hardy, Cassie 180
Hardy, Catherine 80
Harlow, Ryan 45, 102
Harry Potter World 131
Hart, Meghan 114, 117
Hasstedt, Josh 114
Hasstedt, Nathan 80
Hasstedt, Nicole 114
Hathaway, Anna 52, 80
Hauser, Phil 115, 163
Hawks, Joe 6, 18, 102
Hayes Interpreting Services 200
Hayes, Kristine 80
Hayes, Mykayla 80
Heartland Chiropractic 200
Heiden, Jackson 115
Heikes, Blake 80
Heil, Jenna 38, 39, 80, 85, 184, 185
Heitkamp, Taylor 115
Henderson, Jacob 80, 146
Henderson, Zoe 151
Hennes, Patrick 17
Henry, Emma 64, 80, 170, 176, 177, 182, 183, 185, 192
Henry, Keshia 80
Herff Jones Yearbooks 200
Hermanson, Katie 52, 102, 160, 161
Hershey, Alex 14, 15, 40, 41, 80, 185
Hewitt, Kenzie 63, 115
Heyer, Josh 28, 69, 125
High School Musical 2 165
Hildreth, Sammie 8, 9, 28, 29, 80, 185
Himeno, Yuka 59, 80
History 60, 61
Hitler, Adolf 61
Hjelmaas, Josh 115, 179
Hobbs, Liz 102
Hodapp, Amber 102, 155
Hoddenbagh, Dorinde 102
Hodzic, Karim 80
Hoekstra, Peyton 115
Hoffman, Brock 40, 102
Hoffman, Nicole 80
Holcomb, Katelyn 81
Holder, Julian 11, 81, 133
Holdsworth, Andi 81
Holland, Diana 115
Holland, Nick 81, 179
Holland, Taylor 115
Hollingsworth, Gerald 59, 125, 164
Holloway, Marissa 59, 102, 172
Hollywood Nails 200
Hollywood Undead 96
Holman, Makayla 81
Holmes Chevorlet of Norwalk 200
Holz, Patrick 81, 164
Homecoming 150, 151
Honold, Joey 81, 164, 184
Honold, Paul 115
Hortsman, Heather 115
Hoskins, Allison 53
Hoskins, Allison 53, 125
Hourigan, Betsy 81
Housten, Sydney 115
Hove, Chelsea 81
Howard, Trent 115
Howe, Sara Kate 67, 125
Huang, Jiahui 102, 143, 179
Huettman, Ethan 102
Huff, Darian 160 161
Hughes, Kim 102, 164
Hummel's Nissan 200
Hurst, Brad 125
Hyberger, Alex 115
Hyde, Will 102
Hyperion 18 19

I

Ide Concrete Homes LLC 200
Idelman, Laney 102, 182
Ingebrand, Jarid 57, 102
Ingebrand, Ryan 50, 51, 115
Ingham, Maggie 81
Inspiring Dance 201
Iowa Egg Council 201
Iowa Health Des Moines 201
IPTV 152
Iqbal, Fatiha 102, 179
Iregui, Joey 72, 81, 162
Iverson, Reed 81, 165, 177

J

Jackson, Dakota 34, 63, 102
Jackson, Josh 115
Jackson, Kendrick 102
Jackson, Will 115
Jacobsen, Conner 34
Jacobsen, Forey 174
Jacobson, Brad 164
Jacobson, Bradley 125
Jacobson, Cody 45, 81
Jacobson, Forey 137, 140, 141
Jaeger, Ashley 115
Janousek, Rachel 102
Jansen, Brandi 81, 131, 136, 147, 151, 159, 185, 192
Jansen, Jacob 115, 145
Jansen, Kayla 102
Jansen, Meghan 99, 102, 172
January 140, 141
Jamagin, Kyle 81
Jaschen, Adam 81, 165, 180
Jaschen, Matt 14, 66, 125
Jasmine 131
Jauron, Jason 125
Jenkins, Alex 102
Jenkins, Olivia 32, 59, 115
Jensen, Adam 115
Jensen, Amanda 16, 115
Jensen, Jessica 125
Jensen, Kayla 115
Jensen, Kendra 49, 81, 146
Jensen, Morgan 115
Jepsen, Carly Rae 185
Jepsen, Nick 34
Jester Park 18 19
Jewell, Cole 102, 152
Jobs, Steve 3
Joens, Nate 18, 19, 26, 27, 81
Joens, Taylor 12, 13, 28, 29, 115
Johannesen, Rachel 115
Johanson Adam 40, 179
Johnson, Aaron 82
Johnson, Adam 115
Johnson, Anna 82, 149
Johnson, Beau 102
Johnson, Brianne 115
Johnson, Bryan 82, 96
Johnson, Dylan 23, 102, 154, 168
Johnson, Kylee 82
Johnson, Macenzie 102
Johnson, Marie 125
Johnson, Mary Ann 125
Johnson, McKayla 115
Johnson, Shianne 115
Johnston ACE Hardware 201
Johnston Bait & Tackle 201
Johnston HyVee 200
Johnston Kiwani's Club 164
Johnston Partnership 50
Johnston Physical Therapy 201
Johnston Public Library 201
Johnston Tailors 201
Johnston Volleyball Club 201
Johnston, Caitlyn 103
Jones, Amber 82
Jones, Benjamin 82
Jones, Dylan 103, 168
Jones, Kaelle 103
Jorgensen, Matt 115
Jorgenson, Luke 26, 27, 103
Juarez, Denzel 115
Judas, Amanda 115, 123, 179
Juergens, Alex 103
Jungman, Morgan 12, 82
Jurgensen, Nate 116

K

Kacmarynski, Heather 82
Kaiser, Erin 129
Kane, Jason 103
Kapetanovic, Edin 116
Kaptain, Alex 103, 135, 172, 182, 183
Katz, Jonny 82
Kaus, Audrey 116, 182
Kavaya, Taylor 82, 149
Kawasaki 94
KCCI 158
Kearney, Patrick 125, 152, 153, 173
Keech, A.J. 103
Keeney, Chloe 103, 164
Kelling, Jordan 82
Kendall, Madison 82
Kenny, Emily 125
Kerin, Kelsie 78
Kerr, Austin 116
Kerr, Kailey 82
Killian, Karli 161
Kilstrom, Taylor 116
Kim, Daniel 36, 37, 82, 173
Kimball, Kaytee 116
Kimble, Craig 10, 103
Kimble, Lauren 101, 103, 158
Kimrey, Calvin 116
Kindarhaz, Jens 178
Kinder, Jerry 37, 61, 125
Kinning, Michael 7, 10, 11, 103
Kinsley, Kylie 116
Kintz, Payton 38, 39, 103



sophomore pete lashier

Kipp, Mattie 103
Klaric, Marina 103
Klein, Randy 125, 184
Kleinschmidt, Jordan 116
Kleve, Jordyn 16, 17, 42, 43
Kleve, Maddie 16, 17, 42, 43, 53, 57, 82, 135, 180, 181
Kline, Chris 63, 116
Knapp, Jordan 103, 104
Knee, Sara 63, 116
Knight, Ben 39, 125
Knopf, Jacob 82
Knuth, Jay 26, 27, 116
Koduvalli, Sanjay 116, 139, 163, 178
Koenigsberg, Jason 116
Koepp, Robert 116
Kolubdzic, Venis 116
Komatireddy, Anish 116
Koob, Angela 96, 179
Koonce, Peyton 116
Koonce, Tyler 82, 88, 193
Koopal, John 116, 179
Korkow, Brandon 61, 82
Kosman, Julie 63, 125
Kovacevic, Renata 83
Kpedeh, Anthony 116
Kpedeh, Tony 116
Kpor, Toato 83
Kraai, Smith 116
Kraght, Jonah 40
Kragt, Elijah 103
Kramer, Chase 18, 103
Kramer, Karsen 103
Kramer, Kelsey 20, 116, 158, 159
Kramme, Elaine 50, 83, 152, 185
Kreamer, Maddie 38, 57, 83, 193
Krebs, Susan 125
Kreinbring, Jerin 83
Kretzinger, Alison 20, 21, 116
Kromminga, Hailey 43, 103, 168
Krone, Will 67, 68, 69, 103, 136
Krueger, Jeff 83
Krueger, Kylie 116
Krugler, Travis 103
Kueny, Karrigan 116
Kumbera, Ethan 7
Kunze, Kyrena 116

L

Labertew, James 116
Labertew, Rebecca 103
Laffey, Isaac 34, 83
LaFollette, Brady 103
Lagerblade, Helen 83, 156, 157, 187, 193
Lagerblade, Walter 130
Lake Red Rock 86
Lam, Anna 116
Lamison, David 116
Landy, Katie 116, 179
Lane, Bailey 116
Langenberger, Alex 103
Larkin, Curt 125, 134
Larkin, Keely 12 13
Larpenter, Ben 6, 83
Larsen, Kelsi 62, 103
Larsen, Ryan 133
Larson, Matthew 117
Larson, Sierra 83
Lashier, Pete 45, 117, 151
Lastro, Danijel 83
Latin King 181
Lawrence, Anna Marie 117
Lawrence, Jaryd 103
Lawrence, Rosemary 103
Lazard, Anthony 34
Le Page, Bonnie 59, 103, 168, 169
Leader, Chanel 117, 167
Lechtenberg, Kate 125
Lee, Ashlee 83
Lee, Colin 103
Lee, Gerrit 83
Lee, Mason 83
LeFevre, Clarise 83, 136
Leffler, Con 83
Leffler, Katie 83
Lefler, Reid 104, 131
Legends 76, 133
Legrand, Will 34, 83
Lemon Tree 151
Lemon, Meredith 104
LePage, Bonnie 157
Lewis, Sarah 104, 158, 166, 178, 183
Leysens, Perry 84
Lichty, Adam 104
Lifetime Vision 201
Lile, Devon 117
Lilic, Haris 84
Lindley, Taylor 104
Lindsey, Ashton 84
Lindsey, Monica 103, 104, 131
Linscheid, Kayla 104
Lipzinski, Blake 2, 3, 104
Lithia VW/Audi/Acura of Johnston 201
Liu, Teresa 84
Living History Farms 137, 140
LMFAO 160 161
Lo, Vinson 57
Logsdon, Adam 117
Loiler, Hannah 117
Long, Noah 103
Long, Samantha 117, 172
Lopez, Jennifer 160
Lorber, Joe 117
Lorenz, Dani 117
Loretta's Angels 135
Loretta's Army 135
Lorey, Theresa 126
Losen, Tyler 104
Lowder, Ryan 18, 84
Lowe, Sheryl 177
Luers, Brent 104
Lunders, Katelyn 104, 161
Luu, Danh 84
Luu, Sydney 117
Lyke, Ladell 117
Lynn's Nails 201

M

M & M Sales Company 201
M&M 132 133
Maahs, Cullen 41, 104
Mackey, Connor 104
Mahanna, Mike 26, 117
Main, Eric 117
Majstorovic, Jovana 59, 117
Malic, Zahid 117
Malkic, Haris 104
Mann, Dylan 84
Mann, Jordan 104
Manning, Susan 117
Manteaw, Megan 104
Maras, Sam 84, 152
March 144, 145
Marching Band 152, 153
Marckmann, Katie 104, 165, 168
Marckmann, Sarah 126, 168
Margolin, Sarah 117, 174, 179
Mark's Dancewear 201
Markland, Stuart 84
Marna Lacona's 151
Maronn, Jan 134
Marshall, Ethan 104
Martin, Megan 84, 132, 133
Martz, Nolan 84, 149, 170, 177
Marx, R.J. 84
Math 62, 63



junior lexi willie

Matthies, McKenna 117
Mauk, Gage 104
Maurer, Nick 104
Mawhinney, Makayla 84, 164, 166
Maxcy, Katie 117
MaxLife Chiropractic 201
May 148, 149
Mayer, John 6
McAlister, Leanna 104
McAvaddy, Daisha 114, 117
McCauley, Trevor 104
McCormick, Tyler 41, 84, 133
McCune, Alex 104, 155
McDermott, Luke 117
McDonald, Grant 84, 178
McDowell, Emily 12, 84
McFall, Austin 117
McGinn, Joe 26, 117
McGinn, Sam 84, 131
McGinnis, Austin 68, 104
McGinnis, Brett 84
McGinnis, Christopher 117
McGregor, Madeline 43
McGregor, Tara 113
McGregor, Taylor 113
McGregor, Tiffany 113, 117
McGrew, RJ 36, 37, 56, 85, 139, 154
McGuire, Liz 117
McKay, Andre 85
McKay, Marcus 11, 41, 83,85
McKeighan, Andrew 104
McMains, Ariana 104
McMillen, Katie 42, 43, 85, 135
McMulin, Alexa 135
Mead, Dustin 67, 126
Meadows, Dakota 85
Medici, Amelia 85, 150, 151, 155, 165
Mehls, Carter 117
Meier, Dalton 117
Meiner, Katlyn 117
Mejia, Francisco 104
Mejia, Victor 104
Meng, Ethan 85
Menneni, Bhageerath 85
Mentele, Jacob 104
Mercy Johnston Medical Clinic 201
Merical, Todd 9
Merritt, Emily 24, 25, 85
Merritt, Kayla 117
Messer, Charlie 117
Mestad, Holly 104, 143
Metro Waste Field Station 15

Meyer, Dennis 51
Meyer, Emma 85
Meyer, Haggen 118
Meyer, Malia 24, 25, 85, 185, 193
Meyer, Sammy 59, 118
Mielke, Josiah 50, 118
Miles, Luke 53, 85
Millard, Dylan 118
Miller Nursery 201
Miller, Blake 104, 151
Miller, Caity 118
Miller, Elizabeth 118
Miller, Kayla 85
Miller, Mac 131
Miller, Madeline 42, 43, 118
Miller, Misty 85, 164, 165
Mills, Andrew 118
Mills, Elizabeth 85, 134, 173
Miner, Joscey 104, 132, 155
Minor, Ellie 85, 131, 193
Minter, Michael 118, 182
Minter, Rachel 85, 176, 182, 193
Mischke, Kalan 85
Mitchell, Corbett 86
Mithelman, Taylor 16, 17, 43, 86, 174, 175, 194
Mock Trial 178, 179
Moe, Emily 105, 159
Moermond, Mary 58, 59, 126
Mohrfeld, Keegan 105
Molander, Reed 23
Monahan, Sydney 86
Monroe, Ashton 118
Monroe, Wesley 105
Monson, Maren 86
Montgomery, Marcus 11, 51, 78, 105
Monthei, Emma 9, 105
Moore, Emily 25
Moore, Owena 86
Moore, Sarah 56, 111, 126, 168, 169
Morales, Casey 30, 86, 150
Moran, Ethan 22, 60, 118
Moriarty, Jordan 86, 156, 167
Moriarty, Tyler 84, 86, 95
Morris, Haley 105
Morris, Rachel 86
Morris, Sidnie 118
Morris, Sydney 150
Morrissey, Tyler 86, 141, 149, 174, 180, 181
Moser, Spencer 26, 105
Moulton Extended Learning Center 82
MPS Iowa 201
Mr. JHS 150
MTV 127
Mull, Rory 86
Munanira, Yvonne 86
Munch, Connor 118
Mundy, Kristi 126
Muranovic, Haris 105
Muratovic, Jasmin 10, 118
Murdock, Michael 86, 182
Murray, Tayler 43, 73, 86, 170, 185
Myers, Mackinzie 105, 159



senior austin empey

N

N'SYNC 185
Naanep, AJ 36, 37, 105
Nahoza, Solange 105
Namari, Francesco 36, 86, 90, 154, 155, 180, 181
National Journalism Conference 156
National Scholastic Press Association 175
Natzke, Kyle 118
Navrkal, Jordan 105
Ndayikengurukiye, Leonard 118
Nearmyer, Triston 118
Nebel, Clayton 105
Needham, Ariel 115, 118, 145
Needham, Pam 115
Nelson, Abby 118
Nelson, Bailee 118
Nelson, Brianna 13, 86, 180, 181, 194
Nelson, Cathleen 86, 146, 194
Nelson, Curtis 141
Nelson, Diane 126
Nelson, Jacob 118
Nelson, Jennifer 105
Nelson, Jordon 86
Nelson, Nicholas 105
Nelson, Spencer 40, 118, 141, 177
Nelson, Tammy 141
Nelson, Tyler 118
Neumann, Tyler 44, 45, 87, 194
Newbury, Katie 8, 9, 87
Newspaper 174, 175
Newton, Nick 34, 87, 118
Nguyen, Anh 118
Nguyen, Brenda 118
Nguyen, Cathy 118
Nguyen, Mimi 105
Nguyen, Oanh 118
NHS 168, 169
Nichols, Claire 9, 87, 177, 183, 194
Nicholson, Deb 64, 126
Nickelback 96
Nicolet, Jordan 118
Nicolet, Justin 22, 87
Niebuhr, Lyndsey 87, 91, 159, 185, 194
Nihart, Amy 118, 172, 179
Nikolai, Mariette 126
Niu, Andy 118
Niu, Kevin 118
Niyifasha, William 87
Niyonkuru, Modeste 87
Noble, Kensie 87, 164, 165, 169, 185, 224
Norelius, Courtney 56, 105, 178
Norris, Ashley 105
Norris, Janie 87
North, Isabella 119
Northey, Destiny 119
November 136, 137
Nowak, Gabe 105
Nyberg, Courtney 105

O

O'Brien, Connor 105
O'Bryan, Taylor 20, 21, 87, 195
O'Keefe, Craig 66, 119, 145, 147, 176
Obrecht- Wittick, Harold 87, 164, 165, 166
Ochoa, Catherina 87. 163, 177, 180, 182, 183, 195
October 134, 135
Odegaard, Zach 105
Office Installation Services Inc. 201
Olguin, Kevin 119
Olguin, Norah 59, 126
Olive Garden 81
Olsen, Katy 119
Olsen, Lauren 61, 87
Olson, Megan 87
Omerhodzic, Dino 87, 184
Onder, Trey 105
One Direction 185
Orlando's Automotive 201
Ortiz, Shelby 119
Oscar 183
Osterhour, Meghan 105
Ostwald, Dylan 51, 87
Ostwalk, Ryan 119
Overton, Amy 87
Overton, Andrew 88, 170
Owen Crist Auto Body 201
Owens, Shawn 88

P

Pagliai, Peyton 105
Palmer, Jennifer 126
Palmer, Karly 38, 53, 105, 135, 158
Parish, Cheyanne 67, 88, 195
Parker, Natalie 119
Parsons, Ben 74, 88, 150, 152, 163, 174, 195
Pasalic, Ammar 105, 172
Passalacqua, Isidora 62, 88, 195
Paszkiewicz, Melinda 4, 5, 119, 151, 178, 179
Patel, Radha 105, 107
Pattschull, Heath 126
Paulson, Amanda 120, 126
Pavelka, Jeff 6, 65, 88, 195
Payne, Nick 44, 45, 80, 88, 131
Payton, Brianna 33
PE 64, 65
Pender, Addy 8
Pennington, Haley 88
Perington, Sam 44, 105
Perker, Grant 119
Perkins, Jake 119
Perkins, Nate 88
Perman, Ali 105
Perotti, Bailey 119
Perry, Katie 165
Perspective Consulting Partners, LLC 201
Pessolano, Olivia 88
Peter, Thomas 105¬
Peterson, Alex 22, 88, 179, 185
Peterson, Bailey 106
Peterson, Zach 114, 119
Petry, Donna 88
Philiph, Sam 12, 13, 88
Phillips, Charlie 161
Phillips, Stephanie 106, 161
Pielak, Nick 36, 119
Pierce, Anna 88, 93, 166, 167, 178, 179, 196
Pierick, Lyndsey 106
Pietan, Josh 88
Pilcher, Madisen 106
Pink Hippo 201
Pioner, A DuPont Business 201
Pippert, Danielle 126
Pirie, Collin 119
Plaskitt, Paige 88, 157, 196
Play 182, 183
Playmakers 201
Plaza Lanes/Trophy's 201
Plew, Bryce 88, 196
Pohlman, Brandy 88, 182
Pollak, Zach 106
Polman, Kirk 184
Polson, Jady 17
Poore, Jordan 119, 156
Poore, Lucas 119
Pope, Nikia 42, 43
Portraits by Deena & Co. 201
Poss, Ben 14
Poss, Matt 14, 15, 40, 41, 63, 89, 150
Poulsen, Kylie 106
Poulson, Jack 119
Prairie Engineering, Inc. 201

Pray, Jessica 141
Preston, Dylan 106
Probst, Julie 126
Prom 180, 181

Q

Quality Service Corp. 201
Queck, Kris 102, 106
Queck, Linda 102
Quinn, Lauren 119
Qwan, Jim 24

R

Race for the Cure 135
Radio City Rockettes 99
Rahm, Matt 119, 162
Rahm, Megan 89
Rajic, Ena 89, 136
Ramsey, Paige 89
Ramsey, Zachary 106
Randall, Jacob 106
Ranken, Gabe 89
Rasavanh, Victoria 89, 184
Rasmussen, Emily 119
Rasmussen, Erik 106
Rassmussen, Sanna 5, 12, 13, 106
Ratekin, Julia 106, 182
Reaman, Kayla 119
Reasoner, Sierra 158
Reat, Nya 119
Red Ribbon Week 134 135
Redshaw, Brendan 89, 181
Redshaw, Cameron 119, 162
Reed, Sara 28, 29, 89, 151, 169, 185, 196
Reese, Chelsea 106
Reeves, Aaron 119
Regan, Katie 49, 106, 164
Reiher, Alexandra 160
Reiher, Elizabeth 160
Renes Greenhouses 201
Renner, Andrea 16, 17, 106
Retzlaff, Adam 126
Reyes, Miguel 106
Reynolds, Maddie 42
Rhiner Plumbing, Heating, and Cooling 201
Rhodes, Becca 89
Rhodes, Erik 119
Ribordy, Adam 89
Rice, Alex 119
Rice, David 119
Rice, Madison 42, 106
Rice, Trey 87
Richards, Deavon 89
Richardson, Katy 32, 106
Richman, Adam 106
Ridenour, Kelly 106
Rieck, Adam 23, 89
Rieck, Alyssa 119
Ried, Jesse 77, 89, 143
Ried, Joshua 106
Riessen, Brent 126
Riessen, Grant 119, 141
Riessen, Morgan 89, 156, 157, 196
Riley, Ashleigh 89
Riley, Kristen 28, 29, 89
Rissler, Sydney 106
Rissman, Jessie 106
Ritchie, Alexander 119
Rivera, Israel 106
Roach-Lindeman, Elizabeth 106
Roach-Lindeman, Julie 119
Robilliard, Jeff 126, 172
Robinson, Ann 183
Robinson, Brenna 20, 29, 106
Robinson, Zack 106
Roby, Courtney 120
Rock Around the Clock 150
Rock in Prevention 134
Rodenberg, Isaac 126
Rogers, Caroline 46
Rogers, Patrick 53, 89
Rogers, Reanna 106
Rollison, Alicia 60, 126, 154
Rosburg, Faith 106
Rose, Will 120
Roshek, Casey 120
Ross, Brandan 120
Ross, Brian 22, 23, 44, 45, 89, 151
Ross, Gary 39
Ross, Jordan 7
Ross, Sarah 120, 174
Rubin, Ryan 120
Ruchti, Makayla 106
Ruebbelke, Matt 86, 90
Rugabisha, Richard 106
Ruggieri, Brandon 107
Rumpf, Mason 90, 164
Rushing, Tyler 107
Rynning, Amanda 127



senior malia meyer

S

Sadikovic, Amila 90
Sage Tree 135
SAIL 154, 155
Salmon, Erik 40
Salon Tec 201
Sanchez, Sydney 120, 153
Sandmann, Jessie 90, 163
Sandoval-Cooper, Clara 90
Sandoval, Clara 32, 75, 135
Sandquist, Bobby 27
Sanford, Regan 107, 144
Santiago, Gabriela 107
Sapp, Jackie 127
Sarajlija, Aida 53, 120
Sauber, Mark 120
Sauer, Makinzie 107
Saylorville Lake 86, 98
Scanlan, Jacob 34, 120
Scanlan, Joe 34, 35, 90, 137
Scarff, Derick 120
Schade, Sam 6, 107
Schenkelberg, Austin 90
Schillerstrom, Mark 57, 127
Schneider, Andrew 90
Schneider, Max 120
Schneider, Zach 87
Schraeger, Elizabeth 120, 172
Schraeger, Richard 90, 171
Schultz, Alissa 107
Schultz, Andrew 107, 154, 155, 168
Schultz, Julie 107
Schumaker, Lexis 90
Schwaderer, Andrew 107
Schwaderer, Michael 107
Schwartz, Laura 120, 155
Science 66, 67
Scieszinski, Laura 120, 175
Scott, D'Sharri 90, 155
Scott, Elle 107
Scott, Emily 46, 47, 107, 171
Scott, Lee 44
Scott's Lawn Service 201
Seay, Jared 40
Seda, Joe 120
Sehic, Muhamed 120
Seibert, Megan 90
Seiler, Mikayla 120, 170
Selberg, Katherine 107
Selinger, Erin 107
September 132, 133
Serdarevic, Belmin 90
Sesker, Korbin 18, 19, 120
Seven Oaks Recreation 95
Sevenich, Claire 43, 74, 107, 135, 149, 180
Severs, Quinn 120
Seward, Taylor 120
Sexton, Brandon 10, 34, 120
Sexton, Chris 11, 90
Shank, Caylee 25
Shaver, Adam 31, 90, 196
Shaver, Sam 69, 90
Shay, Ashley 107, 133, 177
Shearon, Jordan 120
Shellenberger, Collin 120
Shepard, Eric 127, 176, 183
Shepherd, Trae 120
Shipp, Leslie 37, 123, 157, 174, 175
Shoeman, Ally 120, 176
Shore, Alex 90
Shore, Jake 120
Show Choir 170, 171
Siddens, Nick 90, 94
Siebert, Michael 120
Siedenburg, Ryan 51, 107
Siewert, Chris 16, 17, 127, 140, 141
Simmons, Phillip 107
Sinclair, Duncan 36, 37, 91
Sinclair, Lydia 16, 120, 179
Sindlinger, Lilly 91
Singbush, Blake 120
Singleton, Cott 26
Singleton, Kale 76, 91, 144
Singleton, Kirby 76
Sissel, Joshua 91
Skarphol, Makenzie 91, 197
Skartvedt, Lauren 91
Skeledzic, Zoran 107
Slack, Taylor 107
Slomic, Ines 120
Smaha, Tyler 107
Smajlovic, Hava 53, 120
Smalley, Laura 107, 131, 170, 176, 182, 183
Smidt, Taylor 91
Smith, Alexander 91
Smith, Andy 44, 45, 91, 177
Smith, Ben 62, 91, 197
Smith, Dustin 107, 144
Smith, Eva 121
Smith, Grant 19, 107
Smith, Hadassah 121
Smith, Hezekiah 91
Smith, Jennifer 53
Smith, Kayla 121
Smith, Mattie 47
Smith, Patti 147

Smith, Samuel 91
Smith, Steve 19, 127
Smoldt-Saenz, Austin 91
Snyder, Monica 32
Snyder, Stanzy 9, 121
Soccer, Boys' 44, 45
Soccer, Girls' 46, 47
Softball 8, 9
Solberg, Anna 121
Soleil Tan Spa 201
Somisetty, Swathi 121
Sorci, Travis 121
Souhrada, Haley 107
Soyer, Hannah 107, 166, 167, 175
Sparland, Sam 54, 91, 147, 152, 169, 171, 173, 176, 177, 179, 185, 197
Spartz, Sammy Jo 107
Spears, Britney 160
Spice Girls 154
Spiece, Alayna 91
Spiegeler, McKayla 121
Spring, Carolyn 91
Springer Home Services 201
Sprunger, Joe 36, 121, 163
Srikaran, Vaibhav 121
St. Stephen Lutheran Church 201
Stacey's Prom 201
Stahr, Tyler 91
Standish, Margaret 107
Stapes, Cory 7
Stapes, Ryan 7
Start, Adency 91, 95
Stebbins, Joey 121
Stenger, Lauren 121, 132, 148, 149
Stephen Hawking 92
Stephens, Brooke 121, 161, 173
Stephens, Lauren 107
Stephens, Taylor 121
Sterk, Katie 121
Steuber, Tyler 121
Stevens, Abby 121
Stevens, Emily 121
Stevens, Luke 107¬¬
Stiles, Andrew 51, 86, 92, 95
Stiles, Austin 68, 121
Stitz, Kaitlyn 107
Stitzel, Nick 10, 26, 27, 121
Stoen, Emily 108, 111, 168
Stoker, Michelle 127
Stoll, Brooke 42, 43, 121
Stone, Stephanie 108
Stoutenberg, Kyle 92, 96
Straavaldson, Nicole 92, 97
Strand, Samantha 108
Strand, Teddy 92
Stratton, Jerry 127
Streli, Edmond 92
Stromgren, Christine 92
Stromgren, Daniel 121
Stroud, Daniel 108
Stroud, Megan 108
Student Council 164, 165
Studer, Jorden 10
Stukenholtz, Sierra 115, 121
Suarez, Karina 32, 92
Subasic, Belmin
Subasic, Eldin 98
Subasic, Lejla 108
Sullivan, Kayla 108
Summer 130, 131
Sun Pharmacy/Sarah's Hallmark 201
Supper Club 82
Susic, Linda 61
Suvalsky, Becca 121
Swafford, Alex 92
Swallow, Brandt 108
Swanson, Brent 121
Sweeney, Cassie 92
Swesey, Jake 157
Swift, Bailey 161
Swift, DJ 6 7
Swift, Jack 108
Swimming, Boys' 22, 23
Swimming, Girls' 24, 25
Symber, Madison 121
Syroka & Associates, Inc. 201
Syroka, Scott 92, 151, 165, 174, 177, 184, 197

T

Tack, Ally 52, 92, 159, 160, 161, 197
Tan, Joy 92
Tanner, Matt 40
Tanveer, Zainab 57, 121
Tatum, Channing 157
Tayloe, Jenna 121
Technology 68, 69
Tecklenburg, Aaron 35
Teel, Amanda 32, 33, 92, 136, 168, 170, 181
Tegeler, Brice 108, 162, 163
Tegels, Elin 92, 133, 160, 197
Temesgen, Dula 108
Temple, Dillon 92, 131, 198
Tennis, Boys' 36, 37
Tennis, Girls' 38, 39
Terronez, Ethan 121, 147
Tetmeyer, Hannah 121
Thamke, Amanda 121
Tharrington, Chanhom 127
Thayer, Hannah 92, 149, 198
The Beatles 152
The Meyocks Group 201
The Radish 201
The Sage Tree Salon & Spa 201
The UPS Store 201
The Wanted 41
Thede, Jordan 108
Theisen, Brandon 92, 198
Thiel, Haley 93
Thierer, Stephanie 122
Thigles, Lauren 9, 122
Thimmesch, Sara 108
Thomas, Bryon 93
Thomas, Chase 65, 114, 133, 122, 162
Thomas, Kim 43, 93, 198
Thomas, Shianne 108
Thomas, Spencer 108
Thompkins, Molly 154
Thompson, Dustin 93
Thompson, Kerigan 46, 47, 93, 151
Thompson, Payton 46
Thrane, Brandon 108
Thuente, Molly 24, 93, 132, 133, 180, 181
Tibbetts, Hunter 93, 96
Tibbetts, Paige 122
Ticconi, Bri 122
Tice, Cynthia 108
Tie Dye for Tolerance 135
Tigges, Ryan 14, 40, 41, 108
Tilly, Elaine 122
Timber Ridge Elementary 134 135
Timmerman, Chris 108, 143
Timmerman, Claire 122, 180
Timmerman, Kyle 41, 106, 108, 155
Timmerman, Leslie 106
Timmons, John 93
Tindall, Jessica 108
Tinker, Jacob 19, 122
Tinnermeier, Chase 122
Today Nails 201
Tommy 152
Tompkins, Mollie 47, 108
Top Nails 201
Towers, Logan 108
Towne, Priscilla 122
Townes, Dakota 108
Track, Boys' 40, 41
Track, Girls' 42, 43
Trail, Sammi 70, 71, 77, 93, 198
Trail, Sarah 77
Trail, Stephanie 77
Trainer, Evan 116, 122
Trainers, Evan 156
Tran, Brittany
Trost, Victoria 25, 61, 108, 145
Trostel's Greenbriar 201
True Pitch Inc. 201
Truly Nails 201
Trump, Donald 131
TSA 162, 163
Tubbs, Andrew 93, 177, 179, 180
Tuon, Isaac 41, 69, 78, 93
Tumadzic, Adelisa 122
Turner, Brian 93
Turner, Shannon 122
Twickler, Anna 108
Tyler, Cory 57, 93
Tyson Foods 201

U

Uding, Drew 30, 122
Ulm, Lauren 32, 108
Universal Studios 131
University of Northern Iowa 133
Upton, Cory 20, 21, 93, 185
Upton, Nancy 152
Urquhart, Collin 108

V

Vaden, Paige 122, 179
Vajgrt, Carmen 24, 25, 122, 179
Valencia, Ana Karen 93
ValleyFest Showdown 152 153
Van Blarcom, Derek 122
Van Brocklin, Camden 40, 122, 141
Van Dis, Leigh 117
Van Houten, Connor 122
Van Houten, Emma 93, 198
Van Langen, Jared 122
Van Wiel, Lisa 93, 174, 199
Van Zee, Hannah 122
Van Zee, Kali 20, 21, 93
VanDee's Ice Cream Shoppe 201
Vander Ploeg, Natalie 122, 130, 178
Vander Ploeg, Zach 94
Vander Zwaag, Sloane 122
Vandygriff, Seth 94
VanScoy, Jordan 22
VanWaardhuizen, Sarah 127, 171, 176, 177
Varley, Millie 55, 122, 178, 179
Varma, Simi 122
Vaughan, Megan 94
Veatch, Allyson 47, 105, 108, 150
Veenstra & Kimm Inc. 201
Vejzovic, Aldin 122



sophomore casey briere

Venter Spooner Inc. 201
Vergera, Nicholi 108
Verhasselt, Jared 30, 31, 86, 94
Vestal, Maddie 47, 94
Vidmar, Brooke 94, 155
Vines, Spencer 108
Vlach, Alex 94
Volesky, Kristine 51
Volleyball 12, 13
Von Hagen, Sharon 127
VS Properties 201
Vukelich, Aly 94, 176

W

Waddell, Bree 108
Waetke, Mason 88, 94, 152
Waite, Steph 94
Walker-King, Bolton 122
Walker-King, Michael 94
Walkup, Logan 109, 159
Wallace, Chase 94, 170, 176, 178, 181, 199
Wallace, Ellie 28, 46, 47, 122, 150
Walling, Shari 23, 24, 25, 132, 157
Walling, Thomas 94
Walljasper, Rachel 122
Walnut Ridge 14
Walsh, Casey 94
Walsh, John 122
Walton, Emmily 109
Wanderscheid, Grant 122
Wanderscheid, Lindsey 50
Wang, Richard 109
Wannabe 154
Wanninger, Rachel 47, 123
Ward, Connor 109, 133, 148
Ward, Derek 109
Ward, Josh 123
Ward, Lauren 123
Ward, Nick 123, 162, 163
Ware, CJ 123
Warnell, Lizzy 123
Warren, Stephanie 94
Waterhouse State Farm Insurance 201
Waters, Sarina 94, 147
Watts, Stevie 123
Weatherford, Cora 161
Weaver, Roz 127
Weddington, Jordan 41
Weeks, Heath 45
Weeter, Dakota 109
Weibers, Rod 10
Weiss, Daniel 48, 49, 72, 147
Wellman Capital Management Inc. 201
Wellman, Mariah 24, 94, 132, 133, 182, 183, 199
Wells, Cheryl 123
Wells, Raven 109
Wendell, Sam 94, 95
Wessling, Sarah 127
Westemeyer, Claire 12, 95
Westlake, Connor 14, 123, 145, 179
Whalen, Sydney 180
Wheeler, Noah 51, 123
Whitacre, Eric 176
White, Connor 123
White, Erica 8 9
White, Hannah 109
White, Tyler 123
Whitlow, Olivia 109
Whitney, Mikayla 95
Whittaker, Nick 123, 147
Whittaker, Riley 95
Wiebers, Dave 126
Wiebers, Doug 126
Wiebers, Gordon 126
Wiebers, Rod 51, 126
Wieland, Tyson 14, 22, 23, 41, 109
Wignall, Allie 95, 177, 199
Wignall, Rylan 95
Wilde, Cooper 109
Wiles, Hannah 55, 109, 149, 179
Wiley, Shane 14, 109
Wilkins, Brandi 95
Wilkinson, Steph 28, 29, 103, 109, 164
Williams, Breanna 109, 142
Williams, Jeremy 123
Williams, Leticia 118
Williams, Selena 123
Williams, Steve 137
Williams, Tate 118, 123
Williams, Walker 123
Williamson, Alison 123
Willie, Lexi 46, 47, 109
Willis, Bernadette 8, 9, 109
Willson, Jared 18, 19, 95
Wilmes Abbey 8, 9, 95
Wilmes, Bailey 8, 9, 46, 47, 109
Wilson, Blake 109
Wilson, Lauren 109
Wilson, Mitch 95
Wilson, Tiffany 111
Wilson, Zoe 174
Winchester, Derek 6, 7, 95, 144, 145
Winget, Ross 23, 95
Winjum, Zach 88, 95, 174, 175
Winnet, Justin 22, 23, 123, 148
Witmer, Chris 123
Witt, Lindsey 95
Witt, Wesley 123
Wittman, Lucas 95, 130, 131
Wolfe Machinery Co. 201
Wolfe, Zach 123
Woodfine, Maddy 42, 43, 123
Woodley, Brian 11, 127
Woods, Brennen 109
Woods, Drew 123
Woods, Hayden 109, 132
Woods, Lynn 132
World Trade Centers 133
Worley, J.J. 40, 95, 199
Wray, Zach 95
Wrestling 34, 35
Wright, Maurice 95
Wu, Ivy 109
Wu, Kevin 123
Wu, Tina 79, 95, 139
Wu, Vivian 64, 109
Wunn, Elsie 115, 123, 145
Wyman, Nick 68, 123, 131
Wymer, Erik 109
Wymore, Meghan 65, 96

X

Xue, Cherry 109
Xue, Le 64

Y

Y-Camp 155
Yakubu, Aminu 123
Yearbook 156, 157
Yenger, Jeremy 61, 127
Yocum, Connor 10, 11, 56, 96, 109, 146, 151, 165, 169

Z

Zeiger, Trinity 96, 164
Zenor, Noah 131
Zemhelt, Sam 123
Zemhelt, Tess 97
Zhu, Zea 109, 142, 178
Zinselmeier, Matt 10, 97, 150, 151, 164, 165, 177, 185
Zombie Burger 174



senior dylan oswald


NW 100TH
NW 68TH AVE
STOP

[in]visible

It is the collection of all these moments, whether easily-perceived or hidden, that define your year. As you look back on your experiences, you may come to terms with mistakes that were made. You may find satisfaction as you reminisce on your past accomplishments. And as you look through this collection, we hope some events are unveiled to further depict your year as you continue to establish the reality of what is your life.

copy by lisa friesth



Plans for a new high school, to open in the fall of 2015 pending a September 2012 voter approval election, fluttered through the halls at JHS. Some students were chosen to offer input toward the design of the new building. Parents, teachers, administrators and community members also played a role in this process.
photo by lisa friesth



Speaking to her peers, senior Kensie Noble reflects on her years at JHS. Fellow students chose Noble and senior Sam Sparland to speak at the graduation commencement ceremony.
photo by carly crist

"*Is the tassel worth the hassel?*....If you do the math, with 435 of us being in school for 13 years, 180 days a year, seven hours a day, we have collectively spent at least seven million hours in school together. Those seven million hours are just the bare minimum, coming from the first bell of the day, to the last bell of the day. It doesn't count time spent in extra-curricular activities. It doesn't count time spent with one another away from school. And it doesn't count the other seven million hours we spent stuck together in traffic on 62nd Avenue....In the process, we have become a family. We have created connections that are just as important as any diploma. These connections got us through high school and these connections made it a joy....But the diploma we will be receiving today is not just a symbol of the education we have achieved; it's a symbol of our time together. The tassel was clearly worth the hassle."

as said by senior kensie noble, commencement speaker

awards & recognition

State

2011 IHSPA Yearbook Sweepstakes - 1st place

Individual Awards

First place

Carly Crist - organizations writing
Sydney DiMarco - feature writing
Katie Lashier - sports writing
Paige Plaskitt - environmental photo
Paige Plaskitt - organizations writing
Paige Plaskitt - academic writing
Morgan Riessen - feature writing
Monika Sehic - advertising design
Monika Sehic - academics photo
Monika Sehic - typography
Monika Sehic - reader services
Monika Sehic - organizations writing
Monika Sehic - feature writing
Monika Sehic - theme
Molly Ward - feature photo
Mariah Wellman - organizations writing
Erica White - sports action photo

Second place

Faisal Alabsi - feature photo
Helen Lagerblade - sports action photo
Kofi Manteau - environmental portrait
Monika Sehic - closing spread
Monika Sehic - opening spread
Monika Sehic - sports design
Mike Shi - feature photo

Third place

Helen Lagerblade - sports writing
Paige Plaskitt - environmental portrait
Monika Sehic - chronological spread
Monika Sehic - cover
Monika Sehic - typography

Honorable Mention

Faisal Alabsi - academics photo
Sydney DiMarco - academics writing
Emma Henry - feature presentation
Paige Plaskitt - feature presentation
Paige Plaskitt - organizations photo
Morgan Riessen - feature presentation
Monika Sehic - feature presentation
Monika Sehic - academics design
Monika Sehic - people design
Emily Welch - academics writing

National

Individual Awards

Best of Show

Paige Plaskitt - 4th place, environmental portrait

Honorable Mention

Morgan Riessen - sports writing
Helen Lagerblade - sports photography
Anna Lam - cover/endsheets design

Excellent

Kaitlyn Ellerman - student life writing

Book Awards

2011 Pacemaker finalist
2011 Crown finalist
2011 NSPA Best of Show - 5th place
2009 Pacemaker finalist

colophon

High school is a crazy time. Academics, sports, clubs, social life, eating, and most importantly, sleep. Overall, there is a lot to absorb within a couple years. But, never fear, your yearbook is here to help. The 65th edition of The Dragon is all about revealing what you see and what you don't see. This book's ideas began flowing end of August after we collectively decided our initial theme would not fulfill our expectations. And so, [in] visible was set in place and the work began to unveil.

Tradition seemed to be key this year. The Dragon was once again brought to you in full color, for the second year. Once you go full color, we figured you just can't go back. We also stuck with the size 9 book. Bigger book means more room, so why not? Our cover is a litho finish complete with the UV lamination. Inside the book, we have 224 pages of glossy 100-pound paper. The cost of the yearbook remained $52, or $57 with a snazzy nameplate. In addition, the staff raised $9,435 in ad sales from local businesses, contributing to the production of our book. These businesses are represented on signs in the large gym, made by Kness Signs and hung beautifully for your viewing pleasure thanks to custodians Dan Golbuff and Jay Nikolish.

Even though we kept with many traditions, we had one major change. For the first time ever, we started out the year with an all-girl staff. Although drama could be a negative factor, we managed the gender imbalance well. A typical day included some gossip, Justin Bieber music, and, of course, food (Sorry Tom Porter). This all took place within our very own J-lab. And don't worry folks, the crumbling couch stuck around for yet another year, despite rumors of retirement. Besides the couch, which was home to many interviews, naps, and countless Jimmy John's lunches, we have 14 20" Mac OS X computers for getting our actual work done.

Speaking of computers, our tech guy, Tom Porter, always came to the rescue with all our technical difficulties or minor freak outs. Tom did lots of work, updating our computers and installing Adobe InDesign CS5 on all 14 computers. He also coaxed our sassy printer whenever it malfunctioned. Much thanks to Mr. Porter for tolerating our constant requests.

In addition to the fancy computers and programs, we have a Nikon D90, 2 Nikon D70s and multiple lenses to capture all those pretty pictures you see in the book. Oh, and all that grammatical stuff? Yeah, we have our superstar Koth to thank for that. She graciously volunteered her time to look over our work and help us avoid any major embarrassing errors. And hopefully she experienced some good J-lab spirit along the way, complete with singing, of course.

Another big shout-out goes to our Herff Jones heroes. Big thanks to Terri Schnell, all the way in Utah, for being patient with our questions and requests. We'd also like to thank the man himself, Marc Havnen. Marc encourages us to pursue our own unique ideas and always has such enthusiasm when he visits. Maybe it's from the two bags of Twizzlers he consistently brought in, which was always an added plus.

Our last thank you goes to Shipp. Scheduling master. Current event guru (along with Kinder). Peanut dispenser. Our adviser. We may drive you nuts with our endless questions, but we really do appreciate your comments and enthusiasm to help us create a quality book.

Our blood, sweat and tears lies in your hands. You see our photos and our words reflecting and revealing your year. We try to give you the best book we can and hope that The Dragon helps you recollect on memories from this great year.

written by lisa friesth

[the] dragon

yearbook staff

Editors



Lisa Friesth
head editor



Helen Lagerblade
head editor



Paige Plaskitt
photo editor



Morgan Riessen
ads editor

Sub-editors



Carly Crist
organizations



Sydney DiMarco
photoshop



Bonnie Le Page
month



Ellie Minor
spotlight



Mariah Wellman
sports
academic

Staff writers



Kelsey Acheson



Sierra Ballard



Madison Boes



Clara Carlson



Callie Coulter



Anne Dieseth



Kaitlyn Ellerman



Katrina Fey



Nicole Gibbons



Katie Holcomb



Jiahui Huang



Kylie Krueger



Anna Lam



Ashley Norris



Bailey Pierotti



Jordan Poore



Swathi Somisetly